

The Maine Youth Suicide Prevention Program,
an initiative led by the Maine Center for Disease Control & Prevention,
Maine Department of Health & Human Services

presents

Beyond the Basics of Suicide Prevention VI

April 9, 2010

Augusta Civic Center, Augusta, ME

Early Registration Deadline: March 26th
After March 26th, a late registration fee will be charged.



John E. Baldacci, Governor

Brenda M. Harvey, Commissioner



Maine Youth Suicide Prevention
Education, Resources and Support—Its Up to All of Us.



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Who Should Attend the Conference?

This conference is designed for any adult who is interested in prevention education and wishes to expand his/her ability to support youth who are dealing with difficult issues. Clinicians, educators including college staff, nurses, school personnel and parents would benefit from attendance.

CEUs and Certificates

Social Worker

Psychologist

ANA

Certificates of attendance provided for all participants

Agenda at-a-Glance

- 8:00—8:30 Check-in & continental breakfast
- 8:30—8:45 Welcome
- 8:45—10:00 Keynotes
- 10:00—10:15 Break
- 10:15—12:15 Concurrent morning sessions
- 12:15—1:15 Lunch
- 1:15—1:30 Break
- 1:30—3:30 Concurrent afternoon sessions

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MORNING SESSIONS- SELECT ONE

Please register for one morning session AND one afternoon session.

SESSION 1

The CAMS Approach to Working with Suicidal Youth
David Jobes, Ph.D.

This presentation will explore the “Collaborative Assessment and Management of Suicidality” (CAMS) model. This is an evidence-based best practice for effectively assessing, treating, and tracking suicidal risk with a range of suicidal populations and in various settings. This presentation will provide an initial overview to the CAMS philosophy and clinical techniques for working with suicidal youth.

Intended audience: mental health clinicians

SESSION 2

Clinicians as Survivors
Kristine Bertini, Ph.D.

This presentation will address the impact of a patient suicide on the clinician. A model of psychological autopsy for the clinician’s recovery from a patient suicide will be presented. Additionally, the impact of patient suicide and the responsibility of the supervisor and system/agency will be explored.

SESSION 3

Suicide and Eating Disorders: Is There a Connection?
Kitty Westin

This presentation will explore the connection between eating disorders and suicide risk; the role of the caregiver and/or professional in preventing suicide and suicidal behaviors; and identifying the suicide risk factors in eating disorder patients.

Intended audience: educators

SESSION 4

High Risk Behaviors Related to Fatalities Among Youth,
Thomas Andrew, M.D.

This presentation will identify the emerging drugs of abuse among youth, their likely sources and what dangers they pose; risks inherent in various asphyxial behaviors; distinguish “body art” from bodily alterations; relate the epidemiology of youth suicide to assessment of risk in individual youth and review the current controversy over the use of selective serotonin re-uptake inhibitors (SSRIs) in youth with depression. **This workshop addresses fatalities related to high risk behaviors as seen by a forensic pathologist. Some images presented are graphic and may be disturbing to some viewers. The images are not intended to be exploitative, but to demonstrate the real consequences of behaviors when they go awry.**

Intended audience: general audience

SESSION 5

Childhood Adverse Experiences and Trauma: A Core Factor in Suicide Prevention,
Anne Jennings, Ph.D. & Mary Patten

This presentation will review research findings related to the relationships between childhood adverse experiences and adolescent and adult suicide. It will also cover the basic neurobiology of childhood trauma, its potential relationship to suicidality over the lifespan, and some implications for treatment and the importance of early intervention.

Intended audience: clinicians

SESSION 6

Counseling on Access to Lethal Means (CALM),
Elaine Frank & Mark Ciocca

This presentation offers practical skills for talking to those at risk for suicide and their families about limiting their access to firearms, medications and other lethal means.

Intended audience: clinicians or general audience

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AFTERNOON SESSIONS- SELECT ONE

Please register for one morning session AND one afternoon session.

SESSION A

Suicide and Rock and Roll: Empirical Research on Suicidal Music Lyrics
David Jobes, Ph.D.

This presentation will review the results of four lab-based experiments investigating the impact of rock and roll music with suicidal lyrics on perceptions, thoughts, and attitudes about suicide. These rigorously conducted experiments have yielded some interesting and counter-intuitive findings about the potentially negative impact of this music on youthful listeners with implications for larger youth suicide prevention efforts.

Intended audience: general audience

SESSION B

Campus Based Suicide Prevention: Two Approaches
Doug Johnson, Ph.D. & Jane Wiggins, Ph.D.

This presentation will highlight the opportunities and the challenges in campus based suicide prevention and offer descriptions of programs and strategies used on two different campuses. Development and implementation of the components of UMaine's suicide prevention program will be described and the strategies and resources used in a statewide campus suicide prevention program in Virginia will be outlined.

Intended audience: college faculty, staff, counselors, social workers, psychologists, administrators and support staff

Intended audience: clinicians

SESSION C

Using Multiple Data and Surveillance Systems to Explain Youth Suicide in Maine
Joseph Riddick

This presentation will familiarize participants with standard criteria for abstracting manner and cause of deaths; what data are collected and how data are analyzed. It will review terminology used to classify deaths; explore risk factors/warning signs; and teach how morbidity and mortality data can be used to design suicide prevention programming.

Intended audience: general audience

SESSION D

Suicide & Eating Disorders: Is There a Connection?
Kitty Westin

This presentation will explore the connection between eating disorders and suicide risk; the role of the caregiver and/or professional in preventing suicide and suicidal behaviors and identifying the suicide risk factors in eating disorder patients.

Intended audience: clinicians

SESSION E

Effective Interventions with Suicidal Veterans,
Peter MacMullan, Ph.D.

This presentation will review the risk factors & treatment interventions needed in working with veterans of all ages. Demographics and ways to adjustment outpatient services to meet the needs of veterans will be covered.

Intended audience: clinicians

SESSION F

Intergenerational Trauma and Resiliency: What to do with this legacy?
Arabella Perez

This presentation will address the effects of trauma and resiliency on child outcomes via youth stories; explore the difference between trauma informed and trauma specific services and help the participant learn about the trauma informed domains and how these transform the traditional service model.

Intended audience: general audience

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Registration Form

Registrations Due by March 26th

Registrations accepted on first come, first served basis. Registration fee includes tuition, meals, & handouts.

Registration Options:

Register Online: www.mcdregistration.org

Fax: 207-622-3616

Mail Form to: Maine Youth Suicide Prevention Program
c/o Medical Care Development
Joanne De Campos
11 Parkwood Drive
Augusta, ME 04330

Name _____
(as it should appear on certificate)

Job Title _____

Organization _____

Work Address _____

Work Phone _____ Fax _____

E-mail _____

Payment Options: \$75 by March 26th (registrations received after this date will incur a \$10 late fee)

Check enclosed for \$ _____ payable to **Maine Youth Suicide Prevention Program**

Charge \$ _____ to: _____ MasterCard _____ Visa

Card Number _____

Expiration Date _____ Three Digit CVV Code: _____

Signature _____

Registration Questions: Joanne De Campos (207) 622-7566, ext. 202 or jdecampos@mcd.org

Conference Content Questions: Linda Williams (207) 622-7566, ext. 243 or lwilliams@mcd.org

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Accessibility

Locations are handicapped accessible. Call Joanne De Campos at 622-7566 x202 in advance if you require special accessibility, accommodations, or a sign language interpreter.

Substitution/Cancellation/Refunds

Substitution may be made without additional charge. Please call Joanne at (207) 622-7566, ext. 202 to notify us of the change in person attending. Cancellation refunds available if notified 7 days prior to conference. "No shows" are subject to the full fee.

Augusta Civic Center
76 Community Dr., Augusta, ME
(207) 626-2405

Directions

FROM THE SOUTH: Merge onto I-295 N toward Falmouth (portions toll), I-295 N becomes I-95 N (portions toll). Take the ME-8 N/ME-11 N/ME-27 N exit, EXIT 112B, toward Augusta/Belgrade, turn slight right onto ME-11/ME-27/ME-8/CIVIC CENTER DR. Turn left onto Summerhaven Rd., turn slight left onto Community Dr., 75 Community Dr is on the left.

FROM THE NORTH: Merge onto I-95 S via the ramp on the left, take the ME-11/ME-27/ME-8 exit, EXIT 112, toward Belgrade, turn slight right onto CIVIC CENTER DR/ME-11/ME-27/ME-8. Turn left onto Summerhaven Rd., turn slight left onto Community Dr., 76 Community Dr is on the left.

We wish to thank
our conference sponsors:

- AdCare Educational Institute
- Medical Care Development, Inc.
- Mainly Girls
- AFSP-Maine



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