

InterCoast
Career Institute

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INTERCOAST

Addendum to Request for Degree Granting Authorization

Submitted in Accordance with State of Maine Rules 05-071 CMR 149 and 170

Additional Academic Program

AAS DEGREE IN NURSING (submitted for approval concurrently to the Maine Board of Nursing)

Program Description

This Program is designed for students seeking employment immediately upon graduation rather than providing credits to transfer to a four-year degree. Emphasis is placed on courses which enable the student to gain theoretical knowledge important for working in the field and to apply concepts to meet their occupational objectives. Upon completion of all requirements the student will be awarded an AAS (Associates in Applied Sciences) Degree.

The Associates Degree in Nursing prepares an individual to provide direct nursing care and manage care for clients within a variety of health care settings and to manage the care of clients. The nursing curriculum incorporates concepts that allow the student to develop a base of understanding of the individual client and the relationship within the family, groups, and the community.

69 SEMESTER CREDIT HOURS

CIP CODE: 34.0104

O*NET: 21-1093

MAXIMUM STUDENT/TEACHER RATIO LECTURE - 45:1 CLINICAL - 8:1

SOC CODE: 21-1011

DEGREE REQUIREMENTS

21 General Education Credits

ENG 101 College English	3 credits
BIO 203 A & P I	3 credits
BIO 204 A&P I Lab	1 credit
BIO 205 A & P II	3 credits
BIO 206 A&P II Lab	1 credit
BIO 201 Microbiology	4 credits
PSY 101 Introduction to Psychology	3 credits
PSY 201 Developmental Psychology	3 credits

48 Core Credits

NUR 101 Fundamentals of Nursing	8 credits
NUR 102 Pharmacology I	2 credits
NUR 103 Law & Ethics in Nursing	2 credits
NUR 201 Adult Health Nursing I	4 credits
NUR 202 Geriatric Nursing	3 credits
NUR 203 Pharmacology II	2 credits
NUR 204 Nutrition & Diet Therapy	3 credits
NUR 301 Leadership in Nursing	2 credits
NUR 302 Adult Health Nursing II	6 credits
NUR 303 Psychiatric Nursing	4 credits
NUR 401 Maternal/child Nursing	3 credits
NUR 402 Pediatric Nursing	3 credits
NUR 403 Rehabilitation Nursing	6 credits

SCHEDULE OF COURSES

Semester I (15 Weeks)	Semester II (15 Weeks)																												
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Nursing Program Objectives

The graduate of the InterCoast Colleges AAS Degree Nursing Program is prepared to test for licensure as a registered nurse. The graduate will be prepared to:

1. Use the nursing process to assist clients to meet multiple unmet needs in a variety of health care settings.
2. Use critical thinking and problem solving techniques to plan, manage and provide care for clients in various health care settings.
3. Demonstrate caring behaviors when providing care for clients with physiological and psychosocial unmet needs.
4. Use effective communication techniques with clients, families and members of the health care team.
5. Integrate principles of culture /diversity and transcultural nursing into nursing care of clients in various health care settings.
6. Use the nursing process to integrate client health teaching into delivery of nursing care.
7. Demonstrate core value of integrity while recognizing legal implications of nursing actions.
8. Use management skills and concepts to plan and coordinate care for a group of clients in a variety of health care settings.
9. Assume the role of the Professional Registered Nurse responsible for lifelong learning.
10. Assume accountability and responsibility for one's own practice as a registered nurse, as a member of the health care team, a member of the nursing profession and as a contributing member of society.

Curricula Content

Course syllabi are included in this proposal for approval and contain the content required in the Board of Nursing Regulations. Content is delivered in a systematic manner to prepare the student for the NCLEX-RN and for the highest level of clinical practice.

NCLEX-RN

Licensure and employment are two primary goals for the Associates Degree student nurse. To this end, the faculty has integrated throughout the program of study review for the NCLEX-RN licensure exam. Each content area within the curriculum includes instruction using NCLEX- type questions along with assigned computerized-testing content. The nursing program has contracted the services of ATI for use throughout the Program.

At the beginning of Semester 1 (Semester 3 for Bridge students), students are registered with ATI and given a list of assessments which must be completed during their Program of Study. Each nursing course syllabus lists the ATI assessments assigned and required to be completed for that course.

Along with registration for ATI, each student is also registered to take an individual NCLEX-RN Review Course. This course is available for student use after completion of the 4-semester Program of Study.

During Semester 4, all students complete an ATI comprehensive predictor assessment which simulates NCLEX-RN testing in practice and readiness for the licensure exam.

The final weeks of Semester 4 are devoted to intensive NCLEX-RN review and practice tests to assist the student in preparation for licensure testing and to build confidence in test-taking ability.

LPN to RN Associate Degree Program

Bridge Program

Admission Requirements and Process

Students who are LPN's (LVN's) are required to complete 17 credits of general education courses before beginning LPN to RN nursing classes.

The nursing classes can be completed within one year (Semesters 3 and 4 of the 4-semester AAS Program-See Curriculum Plan.)

This program is designed to recognize the common abilities of practical (vocational) nurses and to bridge the difference between LPN and RN knowledge base to complete an AAS Associates Degree within a one-year period.

Admission Requirements:

1. Have an active license as a practical (vocational) nurse, in good standing with a Board of Nursing, at the time of application and time of admission, with either recent (within 5 years) PN school or recent (within 5 years) employment as a LPN (LVN).
2. Completion of 21 credits of general education course required for graduation from nursing program. Courses must be successfully completed with a grade of "C", 75%, or better in each course.

BIO 102 Anatomy and Physiology I With lab	4 credits
BIO 103 Anatomy and Physiology II With lab	4 credits
ENG 101 College English	3 credits
BIO 104 Microbiology with lab	4 credits
PSY 101 Introduction to Psychology	3 credits
PSY 201 Developmental Psychology	3 credits

General Education courses may be taken at Community Colleges or at any nationally or regionally accredited degree-granting institution which offers equivalent courses. General Education Credits may also be satisfied through CLEP exams, ACE credits, or DANTE credits (For questions about a specific course meeting a general education course requirements, student will contact the InterCoast registrar)

3. High school graduate or GED
4. 2 professional references
5. Must be at least 18 years old at the time of admission
6. Completion of all Semester I & II ATI's and NCLEX review assignments.
7. Successful completion of Semester I drug calculation exam with a score of 80% or better.
8. Prior to enrolling in clinical nursing classes, the student must meet the following requirements.
 - a. Current CPR (must include adult and baby)
 - b. Criminal background check; with no negative history which will prevent students from

attending scheduled clinical experiences. (Some of InterCoast's clinical affiliated sites have internal policies which do not accept students who have a criminal history of theft, assault or abuse. The program may not be able to place these students for clinical training.)

- c. Health screening to allow students to perform clinical skills necessary to meet clinical learning objectives.
- d. Proof of immunization or titers for: MMR, varicella, negative current (within last year) TB test or negative chest x-ray, hepatitis B shot, flu shot and tetanus shot.

After successfully meeting admissions requirements, the student must complete:

NUR 50 Transition Course / Bridge Course (8 Weeks – 5 Credits)

The Bridge Course and 17 General Education courses must be completed before enrolling in Semester III Nursing course work.