

OIT CONNECTION

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Leadership Corner

CIO Leadership Interview

The logo for StateScoop, with "state" in pink and "scoop" in black.

StateScoop interview of Jim Smith, CIO:

<https://www.youtube.com/watch?v=QLehDFpuWtM>

OIT Managing in State Government Training

Coming in November!

NEW OIT PILOT STUDY

See page 4 and 5 for details

Governor Praises Opening of New Cyber Security Lab

August 26, 2014

Lab is the product of public and private partnerships

AUGUSTA – State of Maine Chief Information Officer Jim Smith attended the ribbon-cutting ceremony of the new Cyber Security Lab today at the University of Southern Maine, Portland campus. The new lab is the product of the Maine Cyber Security Cluster, a collaboration of state executive branch agencies, state universities and private industry. The Office of Information Technology, Maine National Guard and Maine Emergency Management Agency are all members of the Cluster.

“Cyber security is a fast-growing industry,” said Governor Paul R. LePage. “The completion of the Cyber Security Lab will allow students to train for high-paying, in-demand jobs right here in Maine.”

With his background in the private sector, Governor LePage has long recognized the importance of securing electronic data from unauthorized access. In an effort to highlight the significance of securing this data, the Governor issued, [“An Order Establishing the State of Maine Information Protection Working Group and For Other Purposes.”](#)

“Cyber threats are a serious economic issue,” said Governor LePage. “The citizens of Maine trust the State with a massive repository of personal information. I am fully committed to protecting information in the State’s custody from unauthorized use.”

The Governor’s Executive Order requires the newly established working group to regularly examine threats and vulnerabilities of State information assets; develop cost effective defenses, best practices, and risk management against threats to State information; and develop state-wide policy and procedures. It also directs cyber security training for all state personnel.

“Maine already has measures in place to protect itself from cyber threats,” said Jim Smith, CIO for the State of Maine. “However, with the growing threat of cyber attacks worldwide, it is critical that the State remains constantly vigilant about cyber security. Over the last three years, the Governor has enthusiastically supported our efforts to partner with other states, the National Guard, Maine Emergency Management Agency, Homeland Security and private industry to protect the information of the citizens of the State of Maine.” The initial goal of the Maine Cyber Security Cluster is to build a central clearinghouse for cyber education and awareness in Maine. The first part of that project, the Cyber Security Lab at USM, was realized with grant funding. Future plans for the lab include providing cyber testing directly to Maine businesses, allowing the lab to become self-sustaining.



Training Highlights



We would like those who are interested in the below classes to let us know as soon as possible. Leaders, if you want an employee to attend a class for development, please let us know.

NEW Time Management



The session will discuss an overview about time management. Participants will learn how to:

- ◆ Plan time effectively and efficiently
- ◆ Tips and tricks to stay on task
- ◆ How to focus on priorities
- ◆ How to increase job performance and accomplish goals

October 29, 10am–12pm, MRS, Room 136, Limited to 12
1pm–3pm, OIT, Room 317 A/B, Limited to 14

Customer Service and Effective Communication Training Coming Soon!

OIT Managing in State Government/Supervisory Training

Nov. 13 & 20 and Dec. 4 & 11. 9am –3:30 pm. Here: 51 Commerce Rooms

This 4 –day session will include the basic requirements for the Managing in State Government and more!!

We will cover additional areas to assist those entering or refreshing skills in a leadership role. Customer service, interviewing skills, effective communications, time management and goal setting, and team building to name a few.

Additionally, we will have professional speakers and leaders in the field to enhance the learning experience, sharing real case studies and tips.

Space is limited to new leaders who are required to complete the training. We know we will have a few additional slots. Please let your immediate supervisor know if you are interested in attending for development purposes. Those required to take the training will be notified.

Seeking IT Leadership to join the OIT Pilot Study Selection and Recruiting for Top Talent

What does this involve? A team of leaders dedicated to assist as we make changes to modernize our recruitment and selection process using innovative best practices.

**Required competencies and level of commitment expected?*

Must be willing to invest time to learn new processes, and think about, “what can be done” and **not** about “what can’t be done.”

Be willing to learn and assist as we develop recruitment/business process steps to make sense in our fast-paced and ever changing “agile” workplace.



Be willing to “consistently” use new recruitment and selection processes without shortcuts.

Be willing to be accountable, share opportunities, and keep focused to improve processes.

Be willing to share ideas, learn innovative ways to recruit and interview candidates and measure results.

Attendance at a few informational meetings will be required.

Self-motivated and open-minded and “can do it” attitude

Ability to work in a highly collaborative setting with individuals focused on making a difference

Understanding of OIT’s future career paths (or vision of) and desire to learn/know IT talent needs for today and the future.

This Pilot Study has been approved for a trial basis. OIT will lead the way to demonstrate our new innovative recruitment process can strengthen the ability to recruit and retain quality talent.

*Hoping to gain participation from all OIT leaders. More information will be shared at team meetings. Contact Kelly to be on the initial phase estimated to begin in Nov/Dec so, let’s get this “party” started.



MAINE

DIGITAL GOVERNMENT SUMMIT

GOVERNMENT TECHNOLOGY

11.18.2014
 AUGUSTA CIVIC CENTER
 AUGUSTA, ME

12th Annual Maine Digital Government Summit

"I am very excited to invite you to the 2014 Maine Digital Summit. As those of you who have joined us in the past know, this is a great, one-day opportunity to network with peers from all levels of public service, to attend meaningful industry break-out sessions, and to hear national renowned speakers. This summit is tailored for Maine government workers, but it covers industry-wide topics.

I believe that we as an industry understand more than ever the need to work together in this rapidly changing world and the Digital Summit is a great way to start and continue these important discussions. I hope you will join us for this year's summit as we together visualize the future and build the partnerships that will get us there. Together, we have built the roadway for rapidly changing IT services; please join us to help continue the journey."

- Jim Smith, Chief Information Officer, State of Maine

Don't miss our exciting keynote!



***From Analyst to Hero:
 How Big Data Led to Bin Laden***

Cynthia Storer, Former CIA Senior Analyst

Cindy was part of a team of CIA intelligence analysts – dubbed "The Sisterhood" – who discovered obscure data patterns signaling that Al-Qaeda was a coordinated and highly dangerous threat. Though the team raised the alarm, few people listened. Then 9/11 changed the world. Cindy became a key strategic analyst, helping the nation's policymakers frame their understanding of terrorism and Al-Qaeda. Her pioneering work helped lay the foundation for the efforts of the analysts and targeting officers who eventually found Bin Laden's hideout, as depicted in the movie Zero Dark Thirty.

Visit the event [website](#) or [register online!](#)

November 18, 2014

**Augusta Civic Center
 76 Community Drive
 Augusta, ME 04330**

***Registration is free for
 government employees!***

EVENT HOME

REGISTER

ADVISORY BOARD

For questions or if you need assistance registering, contact:

Jeremy Smith
 Government Technology
 800.917.7732 ext. 1402
jsmith@govtech.com

To view a list of our current sponsors, please [click here](#).

Save the date for the first Maine Digital Festival: December 13

Save the date for **Project>Login's Maine Digital Festival** at the FIRST Lego Robotics Championship on **Saturday**, December 13, from 10-2, at the Augusta Civic Center.

Project>Login will be organizing fun activities, games, and workshops for students, parents, teachers, and coaches, including:

- ⇒ A DIY Hour of Code room to explore new online learning games (ages 6 to 80)
- ⇒ Group design activities and challenges
- ⇒ Lightning presentations by professionals, educators, and students



Save the date, and let us know if you can volunteer: <http://goo.gl/XNvfCq>

BACKGROUND ABOUT THE EVENT

In the fall of 2013, Project>Login promoted the national [Hour of Code](#) campaign throughout Maine during Computer Science Education Week. The national campaign raised awareness of computing and digital technologies and, in Maine, schools provided time for over 17,000 students to try out Code.org's online learning games and get a flavor of the principles of Computer Science.

At the same time, Maine's FIRST Lego League Championship was scheduled. Each year, the event brings over 2,000 students, parents, coaches, and spectators to the Augusta Civic Center to compete, play, and learn with Lego robotics.

Given the coincidence of these two national initiatives, Project>Login hosted its first "Hour of Code Dojo" room at the Maine robotics championship, with over a dozen computers set to the Hour of Code's online maze game for students and the adults who guide them. With limited promotion, over 200 people — 1st graders to grandparents — came across the Civic Center to play and learn together with us.

This year, the national Hour of Code campaign — again during the second week in December — will be even bigger, with a larger national promotion campaign. Since the Robotics Championship will again be held during that week, it was only natural to bring Project>Login's partners and friends together to expand our event this year. Thus was born the Maine Digital Festival.

Innovative IT Project Challenge



INNOVATIVE IT PROJECT AWARD

Take a moment to recognize the work accomplished on IT projects. Celebrate accomplishments and milestones by nominating those who worked to make a difference in IT!

Nominations may be submitted by any IT employee for a team milestone or a specific project completed with many involved. The goal is to recognize our IT work.

The rules are very simple:

Submit a nomination about an **Innovative IT Project** that your team is working on or that has been completed in the last year. **NO DEADLINE TO SUBMIT**

1. Title Page (one page)

- a. Name of Project or Work Process/Implementation
- b. Category (example individual, team based, cross-functional with agency)
- c. Contact info -names of those involved or name of the team
- d. Project initiation and/or completion dates

2. Executive Summary – (one page)

3. Business/IT Problem and Solution Description

This section may include:

- Problem or Purpose Statement
May include a statement about relative importance or priority to users
- Barriers, challenges and opportunities
- Issue or problem context, including programs, resources and activities
- Assessment and decision process
- Elements of the solution
- Baseline and changes in metrics (if any)
- Innovative characteristics, including type of problem addressed, use of technology or the nature of the project itself

4. A picture of the project or the team members (optional)

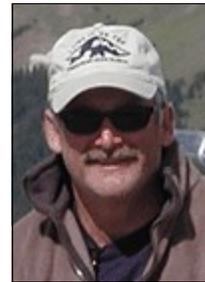
We will highlight the nominations for the **Innovative IT Project Award** in the next newsletter. There will be a very semi-fabulous prize for the winners as well!!

Email all materials to: Kelly.Rickert@maine.gov for a review from the OIT Innovative IT Project judges.

Lunch 'n Learn by Dan Hotka

Free Oracle Webinars

Mondays at 12:15 Dan Hotka will be delivering quick Oracle Tips and Techniques sessions.



Lunch 'n Learn Schedule

Oct 13: **Oracle12 Identity columns**

Recordings and slides from previous sessions can be found on Dan's website at:

www.DanHotka.com

Past Sessions Include:

- Oracle12 New Optimizer Features
- Oracle12c Pluggable DB Tips and Techniques
- Examine CBO Trace (10053 Trace)

Want email announcements about upcoming sessions? [Click here](#) to be added to the email announcement list.

Dan Hotka is a Training Specialist and an Oracle ACE Director who has over 35 years in the computer industry, over 29 years of experience with Oracle products. His experience with the Oracle RDBMS dates back to the Oracle V4.0 days. Dan enjoys sharing his knowledge of the Oracle RDBMS. Dan is well-published with 12 Oracle books and well over 200 printed articles. He is frequently published in Oracle trade journals, regularly blogs, and speaks at Oracle conferences and user groups around the world.

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Employee Highlights

New Hires:

Courtney Alley	Management Analyst I
Heather Bailey	Office Associate II
Benjamin Bergeron	Programmer Analyst
Brian Boudreau	Information Sys. Support Specialist I
Kevin Castner	Sr. Info. Sys. Support Specialist
John Driscoll	Information Technology Consultant
Katherine Eggleston	Office Specialist I
Thomas Flaherty	Senior Programmer Analyst
Robert Franklin	Sr. Tech. Support Specialist
LaRee Funston	Programmer Analyst
Quillin Lutz	Business Analyst
Solomon Nethers	Information Sys. Support Specialist I
Michael Ralings-Sekunda	Management Analyst I
Joanie Rhoda	Computer Programmer
Nate LaClaire	Intern– Workforce Development
Victoria Tuggle	Office Assistant II



CONGRATULATIONS

Employee Highlights

Promotions:

Daniel Bassford	Information Sys. Support Specialist II
Wendy Christian	Systems Analyst
Howard Clary	Technology Business Consultant
Roger Gagnon	Computer Facilities Manager
Jeffrey Jordan	Systems Group Manager
Joshua Karstens	Program Manager
Susan Marr	Senior Programmer Analyst
Scott Mercier	Computer Programmer
Jayadev Nutakki	Systems Section Manager
Russell Poulin	Programmer Analyst
Shawn Robichaud	System Team Leader
John Scott	Infrastructure Architect
Kevin St. Thomas	Enterprise Security Officer
Roland Wales	Sr. Programmer Analyst

Internal Transfers:

Paul Bailey	Senior Programmer Analyst
Heidi Sherburne	Agency Application Architect

Congratulations To Our Certified ScrumMasters!

Julie Donohue
 Joshua Howe
 Pam Isham
 Karen Knox
 Quillin Lutz
 JoAnn McElvaine



Scott McNeill
 Diana Olore
 Stephanie Parker
 Roger Quirion
 Steven Sutton
 Leigh Wilkinson

CONGRATULATIONS

Upcoming Training

Oct. 20-22	Oracle Reporting: Dealing with Complex Queries Virtual
Oct. 24	Test Driven Development Using NUnit and C# Virtual
Oct. 27-31	Oracle SQL Optimization Virtual
Oct. 27-31	SharePoint 2010 Site Collection and Site Administration Live in Portland, VTEC Training Facility
Oct. 29	Time Management – 2 Sessions 10:00-12:00, Room 136 OIT 1:00-3:00, Room 317A/B OIT
Nov. 13, 20, Dec. 4, 11	Managing in State Government/Supervisory Training (4 Days) Live in Augusta
Dec. 1	Managing Agile Projects Executive Session 8:30-12:00 or 1:00-4:30 Cross Building, Room 300
Dec 2-5	Managing Agile Projects – Space Limited Cross Building, Room 300

Other Training, Dates TBD

- BCDR Strategy Development/ Business Impact Analysis (BIA)
- CA Workload
- Customer Service – Level One
- Database Modeling
- Effective Communication
- Kanban
- Team Building and working effectively in Small Groups
- PowerBuilder, Intermediate/Beginner (Two Classes)
- PowerShell Scripting
- Time Management – partnering with Thomas College faculty



Employee Highlights

Joshua Karstens, Kayla Cole and Steve Sutton successfully completed and received the Certified Pega Business Architect (CPBA) certification.



The CPBA exam validates that when a Certified Pega Business Architect participates in the design and construction of a Pega Rules Process Commander (PRPC) application they possess the fundamental, essential PRPC skills and knowledge that must be applied to ensure success.



**Congratulations
Josh, Kayla and Steve!!**

On August 9, 2014

*Alysha Begin
&
Chris Soule*

*Were married on his
family farm where they
built their home last year.*



*Congratulations
Alysha & Chris!*

Employee Highlights



Temple Hill, Senior Computer Operator,
was selected as the DAFS' employee of the month for **June.**
Congratulations Temple!

Client Technologies Marshmallow Challenge



And the winners are:
Alan Desilva, Brenda Norcross, Roger Clark, Susan Zayac



Employee Highlights

Previous Cook Off Winners & Recipes

It is with pleasure that we announce the winners of the
OIT Pasta Salad Cook-off.....

1st Place – Tina Turcotte, *Roast Beef Summertime Pasta Salad*

2nd Place- Mark Toulouse, *Caprese Pasta Salad*

3rd Place- Jan Welch, *Smoky Heirloom Tomato and Grilled Peach Pasta Salad with Basil Vinaigrette*

People's Choice: Barbara Buck, *Spaghetti Salad*

Roast Beef Summertime Pasta Salad

- Coarse salt
- 1 pound pasta of your choice
- 1 1/4 cups frozen petite peas thawed (do not cook!)
- 2 celery stalks, thinly sliced crosswise
- 3 scallions, white and pale-green parts plus 1 inch of dark-green part, thinly sliced diagonally
- Shaved Roast Beef (I used about ½ pound)
- 1 cup mayonnaise
- 1/2 cup sour cream
- 1 teaspoon white wine vinegar
- 3/4 teaspoon sugar
- 1/4 teaspoon ground nutmeg
- Freshly ground pepper

DIRECTIONS

STEP 1

Bring a large pot of water to a boil; add salt. Add pasta; cook until al dente. Drain. Rinse with cold water, and drain. Transfer to a large bowl. Cover with plastic wrap; refrigerate until cool.

STEP 2

Thaw peas under cold running water. Drain. Toss with celery, scallions, and Roast Beef in a bowl. Add to pasta; toss.

STEP 3

Whisk mayonnaise, sour cream, vinegar, sugar, nutmeg, and 1/4 teaspoon salt; fold into pasta mixture. Season with salt and pepper. Salad can be refrigerated in an airtight container, up to 3 hours.

Caprese Pasta Salad

- 2 cups dried Orecchiette Pasta, cooked as directed on the package
- 1 pint Grape Tomatoes, quartered
- 1 container Fresh Mozzarella Pearls {or 1 ball fresh mozzarella, cubed small}
- 1 cup Fresh Basil, sliced into ribbons
- Kosher Salt and Black Pepper

VINAIGRETTE:

- 2 Cloves of Fresh Garlic, squeezed through a garlic press
- 1/3 cup Balsamic Vinegar
- 3 tablespoons Olive Oil

DIRECTIONS

STEP 1

In a small bowl squeeze two cloves of garlic through a garlic press. Pour in balsamic vinegar and whisk. Continue to whisk while slowly, pouring in the three tablespoons of olive oil in a steady stream.

STEP 2

Cook orecchiette pasta according to package directions. Drain and then rinse with cold water. Add the cold pasta to a bowl along with the quartered tomatoes, fresh mozzarella pearls and basil ribbons.

STEP 3

Season with kosher salt and black pepper and drizzle with desired amount of the balsamic vinaigrette. Taste and adjust seasonings to your taste preference before serving!

Smoky Heirloom Tomato and Grilled Peach Pasta Salad with Basil Vinaigrette

- 1 pound whole wheat pasta, like ziti or rigatoni
- 2 ears sweet corn
- 2 peaches, sliced in half and pits removed
- 1 tablespoon olive oil
- 4 medium heirloom tomatoes, cut into wedges or chunks
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 4 ounces feta cheese, crumbled
- 4 green onions, sliced
- 4 slices thick-cut bacon, cooked and crumbled

VINAIGRETTE:

- 1/2 cup fresh basil leaves
- 2 tablespoons red wine vinegar
- 1/3 cup olive oil
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

DIRECTIONS

STEP 1

Bring water to a boil and prepare pasta according to directions.

STEP 2

While pasta is cooking, preheat the grill to medium-high. Brush the corn and peach halves with the olive oil, then place them directly on the grates. Grill the peaches for 1 to 2 minutes, until grill marks appears, and rotate the corn until the kernels are golden, about 5 to 6 minutes. Remove the corn and peaches and sprinkle them and the tomatoes with salt and pepper. Cut the corn off of the cob.

STEP 3

Make the vinaigrette by adding the basil and vinegar to a food processor and blending until the basil is in tiny pieces and the mixture is combined. Stream in the olive oil and puree until combined. Season with salt and pepper and blend to mix.

STEP 4

Add the pasta to a large bowl and pour the vinaigrette on top. Mix thoroughly until the pasta is coated, then stir in the tomatoes, peaches and corn. Add in the feta, onions and bacon, mixing until combined. Add a few basil leaves on top if desired and serve. This works if the pasta is still warm, but I like sticking it in the fridge for 20 minutes or so until the pasta is chilled.

Spaghetti Salad

- 1 lb. of cooked spaghetti
- 1 16oz. Bottle of Italian Dressing
- 1 small can sliced black olives
- 1 bottle McCormick's Salad Supreme Seasoning
- 1 small onion (thinly sliced)
- Diced sharp cheese
- Any other veggies you want

DIRECTIONS

Mix together and enjoy!



Getting to Know U

Featuring Employees from OIT

Name: Victoria

Job Position in OIT: Office Assistant II



1. What is your “hometown” or place of birth? **Charleston, SC.**
2. What is your favorite food? **Steak.**
3. What is the most embarrassing thing you have ever done? **Trying to get into someone else’s car thinking it was mine. I walked away thinking no one saw me and there was a guy that saw the whole thing.**
4. What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live? **Google.**
5. What is your favorite restaurant in Maine? **Texas Roadhouse.**
6. Where is your favorite vacation spot? **Florida Keys on the beach with a fruity drink in a pineapple.**
7. What is your favorite “dream” car? **Audi R8 (Pink)!**
8. Who is your favorite actress or actor and why? **Jonah Hill, Extremely Funny.**
9. What is it you like most about working for OIT? **Everyone is so nice. I felt like I was at home.**
10. If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why? **Seagull. Because you can eat McDonalds, fly where you want and not get shot at and go to the beach and sneak food from sleeping people. I would be the fastest bird ever.**
11. If you could be on any TV game show, which one would it be? **Knockout.**
12. If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why? **Roger from American Dad. He is the most random, funny alien ever!**

Name: Heather Bailey

Job Position in OIT: Office Associate II - Admin

1. What is your “hometown” or place of birth? **Augusta, ME**
2. What is your favorite food? **Mac & Cheese.**
3. What is the most embarrassing thing you have ever done? **My jeans ripped between the back pocket and middle seam (about a 6 inch rip) as I climbed onto a stool at the bowling alley. I was watching my father bowl and a bunch of his friends were all standing behind me when it happened.**
4. What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live? **Solar energy – using solar panels in homes and businesses.**
5. What is your favorite restaurant in Maine? **Red Barn.**
6. Where is your favorite vacation spot? **Moxie Pond.**
7. What is your favorite “dream” car? **Deep purple Dodge Charger.**
8. Who is your favorite actress or actor and why? **Gerard Butler. His smile and his accent.**
9. What is it you like most about working for OIT? **How we work as a team.**
10. If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why? **A PENGUIN! They are cute, smart and they’re good swimmers!**
11. If you could be on any TV game show, which one would it be? **Wheel of Fortune.**
12. If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why? **My great aunt Joan, who passed away when I was a teenager. She was a wonderful woman, a great role model and she helped guide me down the right path in my early teenage years. She always knew the right thing to say or do.**



Getting to Know U

Featuring Employees from OIT

Name: Deborah French

Job Position in OIT: Information Systems Support Specialist 1 (recent promotion!) – Call Center, Customer Support

1. **What is your “hometown” or place of birth?** Born in Waterville, ME; grew up in Vassalboro, Maine
2. **What is your favorite food?** Fresh venison or wild trout, real mashed potatoes & gravy, and greens – fiddleheads, spinach, or such.
3. **What is the most embarrassing thing you have ever done?** At a yard sale, I asked a woman in a large, roomy dress when she was due – she wasn’t pregnant, and furthermore, she wasn’t impressed.
4. **What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live?** Vaccines – medical advances that prevent serious illnesses that, as recent as 50 years ago, could injure or cause death in wide areas of population.
5. **What is your favorite restaurant in Maine?** Since Danny D’s closed, Red Barn, with Café de Bangkok a close 2nd.
6. **Where is your favorite vacation spot?** Anywhere family is... but dream vacation would be to the Sedona region of the southwest.
7. **What is your favorite “dream” car?** Fully tricked out **Peterbilt semi truck!** – but since I don’t have a CDL... the classic ’73 **Corvette Stingray** from the movie “Corvette Summer” (1978) – *WITH* Mark Hamill in the passenger’s seat, LOL, just because!
8. **Who is your favorite actress or actor and why?** Whoopi Goldberg – I like her humor, her attitude, and the way she can pull off the “no eyebrows” look, LOL. She seems real and honest, and I can respect that in her.
9. **What is it you like most about working for OIT?** The people – OIT has such variety!
10. **If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** A Bengal Tiger – the biggest, most powerful feline – graceful, intense, beautiful... plus, it’s my Chinese zodiac symbol.
11. **If you could be on any TV game show, which one would it be?** It’s a toss-up between “Wheel of Fortune” and “Jeopardy!” – Love word games and trivia, but not quite confident enough to really be a “Jeopardy!” contestant.
12. **If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why?** I can’t think of just one person – can we rent the whole bus? I’d want my kids & their spouses, my parents, my sisters & brother & their families... because I love to hang out with my family.



Getting to Know U

Featuring Employees from OIT

Name: John T. Driscoll

Job Position in OIT: Business Continuity/Disaster Recovery Manager



1. **What is your “hometown” or place of birth?** New Gloucester, ME.
2. **What is your favorite food?** Thai Food.
3. **What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live?** Smart Phones and Tablets.
4. **What is your favorite restaurant in Maine?** DaVinci’s in Lewiston.
5. **Where is your favorite vacation spot?** I go somewhere different every time, I like to travel to new places.
6. **What is your favorite “dream” car?** Lamborghini Gallardo.
7. **Who is your favorite actress or actor and why?** Robert Downey Jr., his ability to play a diverse number of characters and film types.
8. **What is it you like most about working for OIT?** Professional people & nice working Environment.
9. **If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** Wolf, because it is athletic, handsome, and aggressive; no one messes with a wolf.
10. **If you could be on any TV game show, which one would it be?** Survivor because even if I didn’t win I could cash in on the book deal and TV appearances!
11. **If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why?** My wife, because if I didn’t bring her along to California I’d never hear the end of it!

Name: Joseph Young

Preferred Nickname: Just don’t call me late for dinner
Job Position in OIT: Executive Director of the Maine Library of Geographic Information, Coordinating GeoSpatial data acquisition

1. **What is your “hometown” or place of birth?** Fayette.
2. **What is your favorite food?** Fresh baby peas, and tomatoes from the garden I’m sorry that is two.
3. **What is the most embarrassing thing you have ever done?** There are so many like children it is impossible to choose just one.
4. **What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live?** Web Mapping apps that help you find our way in strange places.
5. **What is your favorite restaurant in Maine?** Sarah’s Cafe in Wiscasset.
6. **Where is your favorite vacation spot?** The Allagash Wilderness Waterway.
7. **What is your favorite “dream” car?** Prius.
8. **Who is your favorite actress or actor and why?** Jimmy Stewart he was a good guy.
9. **What is it you like most about working for OIT?** The Support Staff are terrific!
10. **If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** A fox. They have pretty tails?
11. **If you could be on any TV game show, which one would it be?** Wait Wait... Don’t tell me.
12. **If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why?** Mahatma Gandhi I think he had a very intelligent view of life.



Getting to Know U

Featuring Employees from OIT

Name: Eric Reynolds

Job Position in OIT: Systems Analyst - DOL

1. **What is your “hometown” or place of birth?** Winslow, Maine.
2. **What is your favorite food?** Anything my mom cooks.
3. **What is the most embarrassing thing you have ever done?** I was at a wedding reception when I was 20 and I briskly walked by the DJ station and tripped over and ripped out all the cords and wires plugged into the equipment. The music stopped and everyone looked at me.....and it took about 20 minutes for the DJ to get the music back on.
4. **What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live?** Penicillin. Globally, it stopped many diseases. Personally, it's benefitted my life, my children's lives and my family's lives.
5. **What is your favorite restaurant in Maine?** Fore Street in Portland
6. **Where is your favorite vacation spot?** Acadia National Park
7. **What is your favorite “dream” car?** 1963 Corvette
8. **Who is your favorite actress or actor and why?** Marlon Brando. He broke molds and avoided conformity.
9. **What is it you like most about working for OIT?** Serving the State of Maine in my chosen profession. For me it's more rewarding than when I worked for private companies.
10. **If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** A dog. Their social tendencies and physical capabilities.
11. **If you could be on any TV game show, which one would it be?** Wheel of Fortune
12. **If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why?** Benjamin Franklin. His wisdom, experience and humor.

Name: Scott Sloan

Job Position in OIT: Project Manager

1. **What is your “hometown” or place of birth?** Cleveland, Ohio.
2. **What is your favorite food?** Buffalo Wings or Pizza – it's a coin toss.
3. **What is the most embarrassing thing you have ever done?** Having my swim trunks come off while going down a waterslide at a water park.
4. **What do you believe is a significant technology, scientific or creative advancement that has let to improve the way we live?** The Aglet.
5. **What is your favorite restaurant in Maine?** Conundrum, Freeport.
6. **Where is your favorite vacation spot?** The North Shore.
7. **What is your favorite “dream” car?** BMW 6 series.
8. **Who is your favorite actress or actor and why?** Robin Williams – Dead Poets Society, The Fisher King, Patch Adams... that's why.
9. **What is it you like most about working for OIT?** The all you can eat free air. No PMO is a great group to be a part of.
10. **If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** I don't believe in wizards, but what about the other two wishes? But to answer the question – An African Swallow, it seems that they can migrate from Africa to England while carrying a 3lb coconut.
11. **If you could be on any TV game show, which one would it be?** Press your luck – no whammies.
12. **If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living, or yet to live) and why?** Tough one – my father or my wife. They are both such great traveling companions and we always find adventures no matter where we go. The people we meet along the way make the trip.

OIT Employee Picnic 2014



Workplace Reminders & Updates

51 Commerce Drive Trash Dumpsters

In the interest of building security best practices, effective Monday August 11, all the trash dumpsters are now locked. The trash area is secured with padlocks that have common keys, so all containers can be accessed with the same key. The Building Security office holds the keys, so if you need to access one of the dumpsters please stop by Security and request the key.

Thank you for your cooperation.

Reminder: if you have cardboard, the easiest way to dispose of it is to mark it as “trash” and the cleaning staff will take it out.



OIT Policy Updates

OIT recently made updates to the Change Management, Waiver and Major Incident Procedure Policies.

Below are the links to the updated documents:

- [Change Management Policy](#)
- [Major Incident Procedure](#)
 - [Waiver Policy](#)

The Future of Work - Can Technology Really Change Your Habits?

Hate to break it to you but downloading an app won't get you to your habits. Here's the science of what will.

By Vivian Giang

If you want to lose weight, improve your memory, even stop using technology so much, as the saying goes: there's an app for that. There are hundreds if not thousands of apps designed to help you change behaviors and drop bad habits.

There's the Freedom app, which blocks you from the Internet so you can focus on work; the Fitocracy app, which uses gamification to reward you with points, and allows you to accept challenges from other users and advance to other levels; the Lift app, which allows users to choose what behavior they want to achieve, such as "run" or "eat breakfast." Once the behavior is completed, users can check-in and track their progress.

These apps are efficient when delivering "rewards" to users, whether that's a simple check-in or seeing the progress you've made on a graph. Many of these technology companies are teaming up with psychologists to understand what kind of rewards drive people to use their products.

Rewards are key to long-lasting behavior changes. "What we've learned in the last 10 to 15 years is that there's an automatic behavior and then there's a reward after, which is really important because that's how our brains latch on to behaviors," says Charles Duhigg, business reporter at the *New York Times* and author of the book *The Power of Habit*.

A habit forms because you have repeatedly practiced an activity and your brain creates a neural pathway, made up of neurons, and this exists for the rest of your life. These behaviors become unconscious habits and only when you stop practicing the behavior does your brain destroy the connecting cells that formed that original pathway.

What types of rewards work

To change a behavior, you need to receive an even greater reward than the one you get with the old habit. For example, when you exercise and you give yourself a reward like a piece of chocolate, that behavior, after some time, becomes automatic. But if your schedule changes and exercise makes you late, then the reward of not exercising (not being late) becomes greater than the reward of exercising.

They're not changing you. They're training you to do something differently, so once you've trained yourself, you can stop using the app.

A reward will lose its effect over time so to make your behavior long-lasting, the reward needs to be intrinsic, not extrinsic. An intrinsic reward is a sense of achievement that comes from within you, such as the endorphins and pride you feel after exercising. It's a conscious satisfaction that can't be taken away. On the other hand, an extrinsic reward is something that is tangible or physically given to you for doing something, such as that piece of chocolate you eat after exercising or the trophy you get for winning a race.

If technology can provide the rewards needed to change your behavior, what happens to your behavior after you stop using the app or program?

Do Apps Work?

The answer comes down to the behavior you were originally trying to change, says Arun Sundararajan, a professor at NYU's Stern School of Business whose research program focuses on how information technologies transform business and society.

According to Sundararajan, **there are three kinds of behavioral changes.**

The first includes changing behaviors that you learned through experience, such as the way you manage your time.

The second involves retraining your biomechanical system to behave differently, such as not pressing the breaks constantly while you're driving.

The third has to do with physiological behaviors such as smoking and exercising.

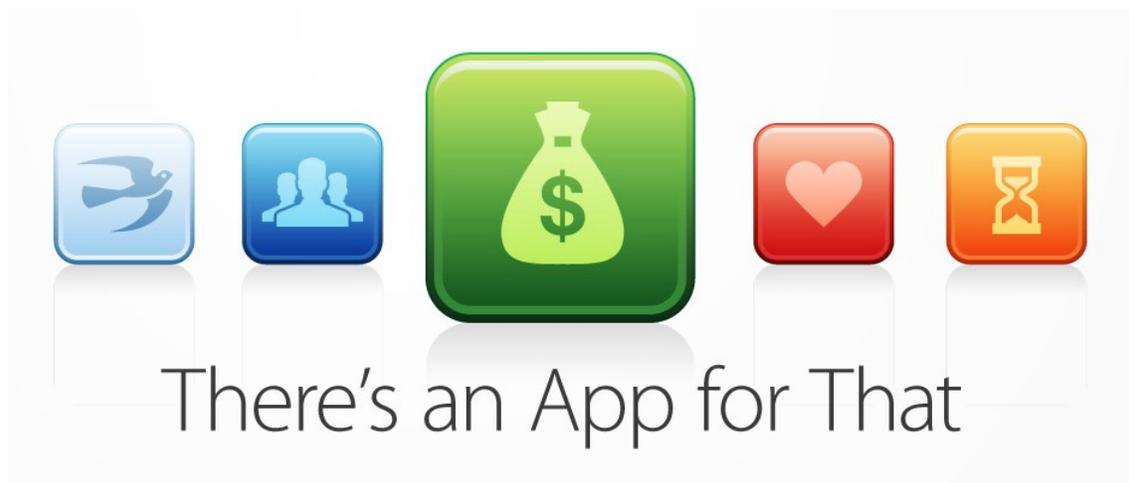
The behaviors that have the highest chance of changing even after app usage are the second and third. Why? "Because they're not changing you. They're training you to do something differently, so once you've trained yourself, you can stop using [the app]," says Sundararajan. When it comes to learned behavior (the first one), there's a greater chance you'll revert back to your old behavior after using the app."

If the app only changes your reaction to feedback, such as reprimanding you for checking your social media, then there's a good chance you're only changing your behavior because you're using the app. When it comes to changing, Sundararajan says your best bet is to not put too much stock in the digital and technology.

"Over the last decade, we've started to overestimate the power of technology and we reduce the importance of things like community," he says. "A big part of behavior change has to do with changing the environment that you're in and changing the interactions that you have with people."

There's no pill or app that will stop you from gambling or stop you from checking Facebook every hour. Technology can certainly help you track your progress and remind you when things need to be done, but, at the end of the day, we're complex people and the only way you can really change is to do it yourself.

<http://www.fastcompany.com/3033986/the-future-of-work/can-technology-really-change-your-habits>



State Record Preservation Policy

As public employees we all have an obligation to properly retain and preserve the records we create and receive in the course of our official duties. With that in mind, please review the [new policy](#) regarding retention of public records; both paper and those that originate in electronic form.

The Secretary of State's message set the expectation that all State employees would read and acknowledge this policy. It is important to note that OIT is not responsible to ensure Agencies follow the policy; however, OIT has a unique role in this process as we are caretakers of the electronic information for State Agencies. To ensure that we understand our role and the intent of the policy, it is imperative that we have a good working understanding of records preservation requirements that all State Agencies, including DAFS (OIT) must comply with. Therefore, we are asking that within the next 30 days, each OIT employee, who has not already done so, take a few minutes to complete the required tasks listed below:

ACTIONS:

Required: Read "[Policy on Preservation of State Government Records](#)"

Required: Sign the [acknowledgement form](#) on the State Archives website after reviewing the links listed in the acknowledgment checklist:

- How to archive e-mail
- General Records Schedules
- State Agency Schedules (specific to some agencies)
- E-mail Retention Guide
- Basics of Records Management Guide

Required: [Records Policy Quiz](#) – Take the 10-question quiz to reinforce your understanding of the Records Policy.

The optional materials and videos that are listed below is an attempt to help educate ourselves and our customers further on records retention etiquette. The video tutorials demonstrate the process of setting up archive folders using the tools currently available to us. Each individual is responsible for understanding the policy and taking the appropriate actions to be in compliance. These tutorials are designed to help achieve that goal.

Optional:

VIDEO: [Overview of Records Preservation and FOAA](#) (1 minute)

VIDEO: [Introduction to Training Series](#) (3:43) – 3 learning objectives; and *Maine State Government - the Important Work We Do*"

VIDEO: [Mailbox and archive folders, and how they work together](#) (8:07)

VIDEO: [Overview of e-mail archiving](#) (2:27) - 7 key things you can do

More resources available as interested: <http://inet.state.me.us/foaa/AllEmployees.aspx>

QUESTIONS: Contact OIT's Records Officer, Eric.Stout@maine.gov, 624-9981.

Thank you for the good work you do each day in support of the technology needs for Maine State Agencies.