



Maine Department of Corrections

A Snapshot of the Intensive Mental Health Unit (IMHU)

The IMHU opened on February 15, 2014

- Original legislation included sunset provision for August 1, 2017
- LD 1223 (2017) removed sunset provision – now in effect

Daily Population

Since opening, the average daily population of the IMHU has been:

2014: **23**
2015: **22**
2016: **24**
2017: **25**
2018: **27**
2019 (January 1st thru February 25th): **24.22**

Referrals

From 2014 to present the IMHU has had **250** referrals (DOC and County Jail referrals)

2014: **46**
2015: **34**
2016: **57**
2017: **24**
2018: **81**
2019: **8**

Referrals from within DOC: **126**

Referrals from Riverview/County Jails: **124**

Referrals by County:

- Androscoggin: **11**
- Aroostook: **12**
- Cumberland: **21**
- Franklin: **1**
- Hancock: **1**
- Kennebec: **19**
- Knox: **2**
- Oxford: **1**
- Penobscot: **16**
- Piscataquis: **2**
- Somerset: **9**
- Two Bridges: **6**
- Washington: **3**
- York: **20**

A portion of referrals are for past graduates of the IMHU.

Referral process is quicker given prior knowledge of the client.

Length of Stay

Of those admitted to the IMHU, the average length of stay for those discharged from the unit (to General Population (GP), release, or other placement): **52 days**

Average stay for unsentenced residents: **52 days**

Average stay for sentenced residents: **78 days**

This is skewed by the residents who are not able to be discharged due to their illness.

Residents in the IMHU since it was opened: **9**

Forced Medication

Through February 2019, the IMHU has received **29** residents who have needed involuntary medication (**5** in 2018).

Client Acuity

The IMHU essentially functions as three units in one, with the following three populations housed in the unit:

- **Acute** - Typically the group requiring a hospital level of care due to functional deficits related to their mental illness.
- **Sub-acute** - Some improvement in functioning usually follows a period of med compliance wherein the individual is able to safely participate in the milieu of the unit to some degree.
- **Chronic** - Inmates with extended histories of functional impairment that requires extensive skill building and/or treatment. Improvement may result in a return to population though some will never be able to do so.

The residents of the IMHU most often are diagnosed with mood disorders, schizoaffective disorder and addiction.

- Many of the short termers have schizophrenia and we are often able to get them into the mental health system;
- However, the **majority** of the residents have co-occurring disorders.
 - Substance abuse
 - Head Injuries
 - Major Medical Issues

Maine DOC - MH Staffing Cost		
Site	Position	FTE
Maine DOC Regional Office	BH Coordinator	1
Maine DOC Regional Office	Dir of MH and Community Linkage	1
Maine DOC Regional Office	Lead Psychiatrist	0.2
		2.2
Long Creek YDC	Psychiatrist	0.2
Long Creek YDC	Psychiatric Mid-Level Practitioner	0.4
Long Creek YDC	MH Director - Psychologist	1
Long Creek YDC	MH Counselor	4
Long Creek YDC	MH Secretary	1
Long Creek YDC	MH Technician	4
		10.6
Mountain View Correctional Facility	Psychiatric Mid-Level Practitioner	0.4
Mountain View Correctional Facility	MH Director - Psychologist	1
Mountain View Correctional Facility	MH Counselor	5
Mountain View Correctional Facility	MH Secretary	1
Mountain View Correctional Facility	SA Behavioral Health Professional	1
		8.4
Maine State Prison	Psychiatrist	0.9
Maine State Prison	MH Director - Psychologist	1
Maine State Prison	MH Counselor	4
Maine State Prison	MH Secretary	2
Maine State Prison	MH Coordinator	1
Maine State Prison	SA Behavioral Health Supervisor (OP)	1
Maine State Prison	SA Behavioral Health Professionals (OP)	3
		12.9
Maine Correctional Center	Psychiatrist	1
Maine Correctional Center	Psychiatric Mid-Level Practitioner	0.8
Maine Correctional Center	MH Director - Psychologist	1
Maine Correctional Center	MH Counselor	6
Maine Correctional Center	BH Coordinator	1
Maine Correctional Center	SA Treatment Coordinator (CRC)	1
Maine Correctional Center	SA Administrative Assistant (CRC)	1
Maine Correctional Center	SA Behavioral Health Professionals (CRC)	4
Maine Correctional Center	SA Behavioral Health Professionals (OP)	4
Maine Correctional Center	Psych RN	1
		20.8
Bolduc	Psychiatrist	0.1
Bolduc	SA Behavioral Health Professionals (OP)	1
Bolduc	MH Counselor	0.5
		1.6
Women's Re-entry Center	Psychiatric Mid-Level Practitioner	0.2
Women's Re-entry Center	MH Counselor	1
Women's Re-entry Center	SA Behavioral Health Professional (OP)	1
		2.2
Maine State Prison- Intensive Mental Health Unit	Program Administrator	1
Maine State Prison- Intensive Mental Health Unit	Psychiatrist	1
Maine State Prison- Intensive Mental Health Unit	Master Social Workers	2.4
Maine State Prison- Intensive Mental Health Unit	MH Technician	4.2
Maine State Prison- Intensive Mental Health Unit	RN	5.6
		14.2
	Total FTE MH	72.90