

## Overview of Training

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This class will provide an overview of topics designed to teach and develop work zone traffic control practices in a public way regardless of whether it is *in* or *off* the road. *This class meets ME BLS requirements for Work Zone Safety training!*

## Who Should Attend?

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Water and wastewater system operators, superintendents, managers, owners, public works employees and municipal officials.

## Instructor

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**Peter Coughlan, P.E.**, *Director of Maine Local Roads Center, MaineDOT* has been the primary trainer for work zone trainings since 1993. Thousands of municipal personnel, in addition to State, utility and private personnel, have taken these classes which concentrate on the practical, legal and common sense aspects of work zones in Maine. He is directly involved with training programs for Federal OSHA, the Maine Bureau of Labor Standards, the Associated Constructors of Maine (ACM), several major utilities, and the MaineDOT. He also developed and administers the DOT's Flagger Certifier program.

*If you would like MRWA to hold a training class at your facility please contact Cindy Wade at 207-737-4092 or via email at [cwade@mainerwa.org](mailto:cwade@mainerwa.org)*

*Maine Rural Water Association represents water and wastewater systems through technical, financial and managerial support.*

Maine Rural Water Association  
254 Alexander Reed Road  
Richmond, Maine 04357



**MUST** - Training for All  
Water, Wastewater, and  
Public Works Personnel

# Work Zone Safety & Traffic Control

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Class #1609 A-B



March 10, 2016 - Kittery  
March 16, 2016 - Hampden

*Sponsored by:*

Maine Rural Water Association  
254 Alexander Reed Road, Richmond, Maine 04357  
Tel: 207-737-4092, Fax: 207-737-7150  
[www.mainerwa.org](http://www.mainerwa.org)

# Work Zone Safety & Traffic Control (#1609 A-B)

## Overview

- ◆ The latest 2009 minimum standard of the MUTCD
- ◆ Your legal liability
- ◆ Proper uses of cones, signs and flaggers
- ◆ The “parts” of a typical work zone
- ◆ New standards on retro-reflective warning garments
- ◆ How to deal with common problems
- ◆ Proper use of Stop/Slow paddles (or flags)
- ◆ The importance of avoiding complacency



## Class Fee

\$ 75per MRWA member  
\$100 per Non-member

Please continue to visit MRWA's website for the latest training updates, delays, and cancellations.

## Dates and Locations

**March 10, 2016 (#1609A)**  
Kittery Water District  
17 State Road  
Kittery  
207-439-1128



**March 16, 2016 #1609B)**  
Hampden Public Safety Building  
106 Western Avenue  
Hampden  
207-862-4000

## Class Time

Registration: 8:00 am - 8:15 am  
Class: 8:15 am - 3:15 pm  
*(includes two fifteen-minute breaks and a half hour lunch break)*

## Agency Approval

ME WOB: 6.0 Contact Hours  
ME DEP: 6.0 Credit Hours  
*(excludes registration, breaks and lunch)*

***This class meets ME BLS requirements for Work Zone Safety training!***

### CONSENT TO USE OF PHOTOGRAPHIC IMAGES:

*Registration and attendance at, or participation in, MRWA meetings, trainings and other seminars constitutes an agreement by the attendee to MRWA's use and distribution (both now and in the future) of the attendee's image or voice in photographs, videotapes, electronic reproductions and audio tapes of such events and activities.*

MRWA is a fully approved ME Department of Environmental Protection and ME Drinking Water Program training provider.



Work Zone Safety & Traffic Control (#1609 A-B)

Name(s): \_\_\_\_\_

System/Company Affiliation: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

City: \_\_\_\_\_

Fax #: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Location (Please circle one): Kittery (#1693A) Hampden (#1609B)

Fee: \$75 per MRWA Member \$100 per Non-member



To register, mail, fax, or phone in to: MRWA • 254 Alexander Reed Rd • Richmond, ME 04357 • Tel: 207-737-4092 • Fax: 207-737-7150 • [www.mrwa.org](http://www.mrwa.org)