

# Maine's Continuum of Care for Aging and Long Term Care Services and Supports

DHHS-Office of Aging and Disability  
Services

October 2014

# Strategic Plans

The Maine Continuum of Care for Aging and Long Term Care Services and Community Supports is guided by comprehensive planning as follows:

- The Department of Health and Human Services Strategic Plan
  - The Office of Aging and Disability Services Strategic Plan
    - Strategic Plan : Long Term Services and Supports for Elders and Adults with Physical Disabilities
    - State Plan on Aging
    - State Plan for Alzheimer’s Disease and Related Dementia in Maine
    - OADS Strategic Housing Plan
    - Olmstead Plan
    - Senior Community Service Employment Strategic Plan

# The Aging Landscape in Maine

- In Maine, the number of people over age 65 increased 15% from 2000 to 2010; and the percent of people over age 65 using a nursing home declined 26%
- From 2010 to 2014, the % of people over age 65 continued to increase (16%) and the percent of people using a nursing home continued to decline

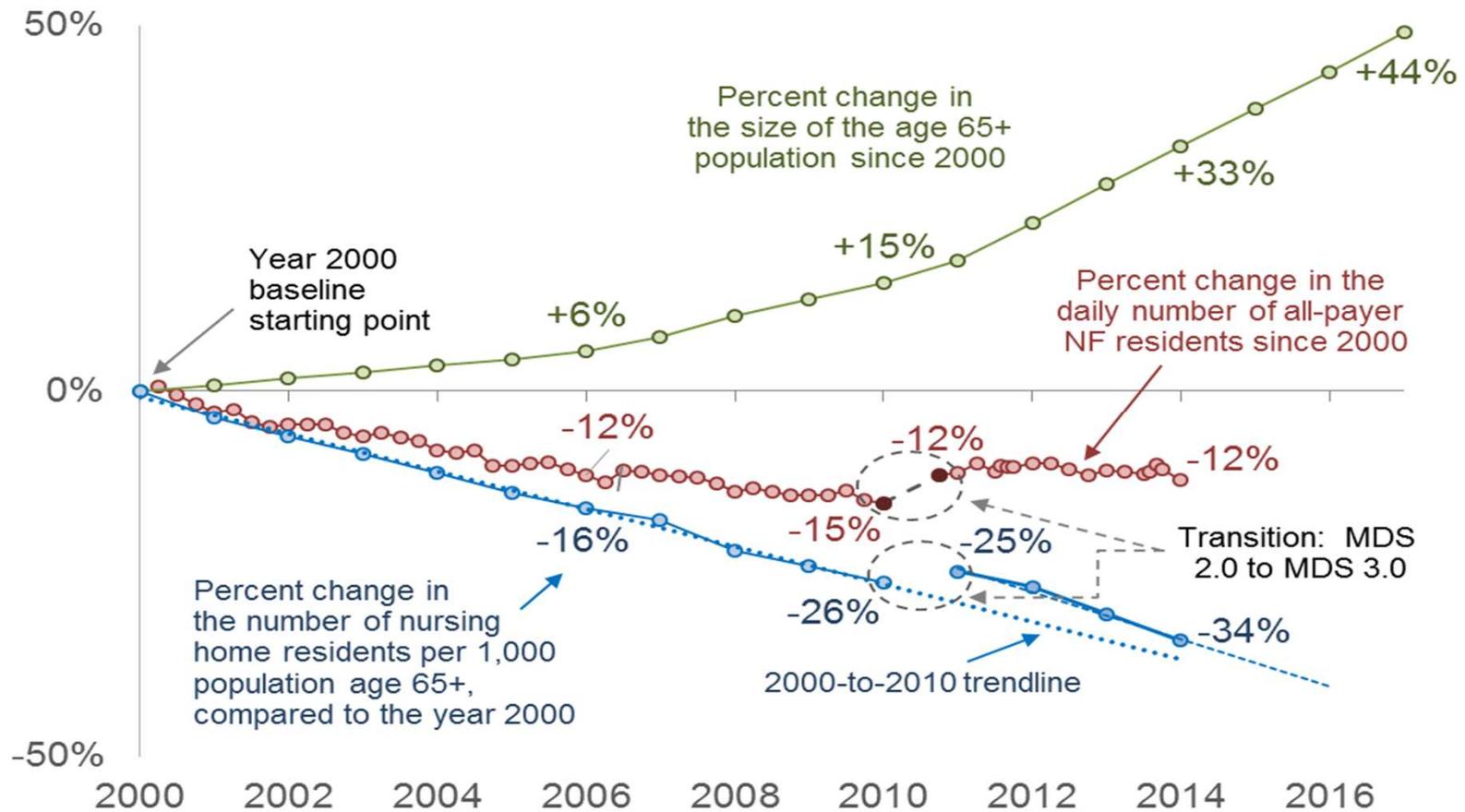
Source: Muskie October 2014

# Aging Landscape Continued

- In Maine, the percent of people over age 65 using a nursing facility declined from 3.9% in 2000 to 2.6% in 2014; a decline of 34%
- Nationally, the percent of the population over 65 using a nursing facility declined from 4.45% to 3.11% from 2000 to 2010. This represents a 30% decline in the use rate for nursing facilities nationally

Source: Muskie October 2014

# Nursing Facility Utilization



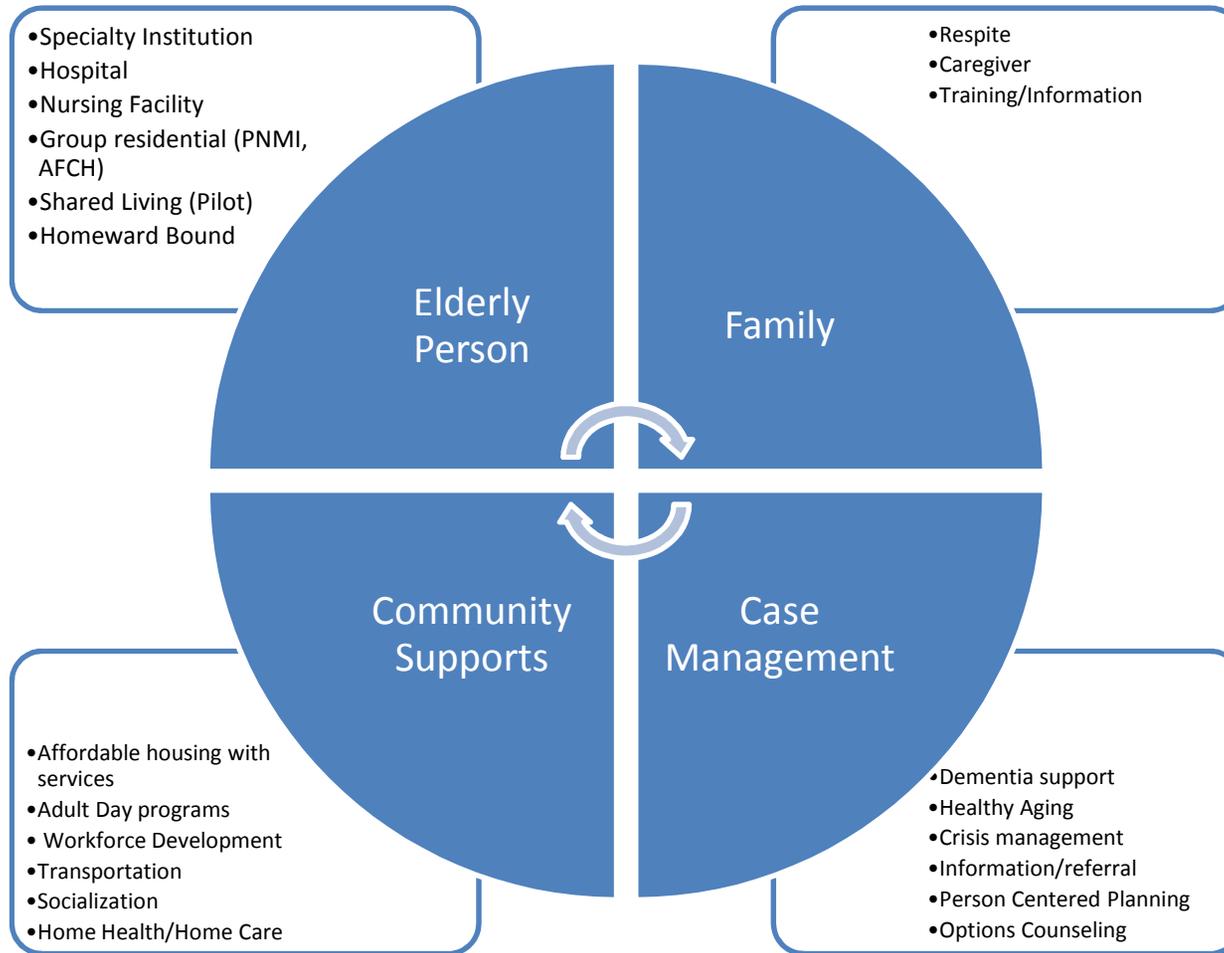
Source: Muskie October 2014

# Nursing Facility Occupancy

County	SFY 2012	SFY 2013	SFY 2014	Change SFY 2012 to 2014
Maine	91.3%	91.2%	91.0%	-0.3%
Androscoggin	95.2%	95.0%	95.6%	+0.4%
Aroostook	92.1%	90.4%	93.2%	+1.1%
Cumberland	92.0%	91.9%	91.7%	-0.3%
Franklin	87.2%	90.5%	92.2%	+5.0%
Hancock	87.1%	87.3%	86.1%	-1.0%
Kennebec	94.7%	93.5%	92.9%	-1.8%
Knox	81.1%	83.9%	91.3%	+10.2%
Lincoln	95.0%	92.2%	94.5%	-0.5%
Oxford	88.9%	88.2%	89.7%	+0.8%
Penobscot	89.1%	89.0%	87.3%	-1.8%
Piscataquis	87.5%	91.5%	91.8%	+4.3%
Sagadahoc	95.1%	95.3%	90.5%	-4.6%
Somerset	91.1%	90.6%	86.6%	-4.5%
Waldo	91.8%	91.6%	89.1%	-2.7%
Washington	83.1%	89.5%	85.9%	+2.8%
York	92.2%	91.9%	91.1%	-1.1%

Source: Muskie October 2014

# Continuum of Care Model



Source: OADS October 2014

# The Maine Continuum of Care

Presently the State of Maine has an evolving continuum of care:

✓ Nursing Facilities:	107
✓ Private Non-medical Institutions:	187
✓ Adult Family Care Homes:	42
✓ Assisted Living:	7
✓ Independent Housing With Services:	13
✓ Adult Day Services:	34
✓ Home & Community-Based Services:	Statewide

Source: DLRS October 2014

# Continuum of Care Capacity by County

	Nursing Facilities	PNMI	AFCH	ALF	IHSP	Adult Day
	Beds	Slots	Slots	Units	Units	Slots
Androscoggin	540	301	-	-	-	-
Aroostook	474	220	12	-	8	16
Cumberland	1651	839	7	30	64	71
Franklin	133	46	-	-	-	-
Hancock	218	42	80	-	-	79
Kennebec	774	455	4	31	-	75
Knox	184	154	6	30	6	-
Lincoln	136	34	42	-	-	-
Oxford	370	34	-	-	-	12
Penobscot	859	333	71	59	-	38
Piscataquis	93	61	5	-	-	2
Sagadahoc	72	32	-	-	10	48
Somerset	298	105	-	-	-	42
Waldo	93	42	12	-	-	37
Washington	184	93	45	-	-	-
York	739	327	6	30	6	78
Capacity	6818	3118	290	180	94	498

Source: DLRS October 2014

# HCBS Aging Data

State-Funded Programs	Clients Served	Waitlist (As of Sep 2014)	Average PP Annual Cost (State Funds only)	Annual State Cost to Fund Waitlist	Federal Cost to Fund Waitlist
Consumer-directed Home Based Care	110	146	\$18,900	\$2,759,400	
Home Based Care	805	122	\$8,856	\$1,080,432	
Homemaker (Independent Support Services)	1,791	852	\$1,428	\$1,216,656	
<b>Annual State-Funded Program Needs Totals</b>	<b>2,706</b>	<b>1,120</b>		<b>\$5,056,488</b>	
<b>MaineCare Programs</b>					
Section 12, Fiscal Intermediary	559	0	\$720	\$0	\$0
Section 19, Elderly and Adults w/ Disabilities Waiver	1,033	0	\$52,092	\$0	\$0
Section 22, Physically Disabled Waiver	142	70	\$27,719	\$746,057	\$1,940,330
Section 96, Private Duty Nursing	1,827	0		\$0	\$0
<b>Annual Maine Care Totals (State Funds only)</b>	<b>3,561</b>	<b>70</b>		<b>\$746,057</b>	
<b>Total Funding Needed</b>	<b>6,267</b>	<b>1,190</b>		<b>\$5,802,545</b>	<b>\$1,940,330</b>

Source: OADS October 2014

# Challenges for Continuum of Care System Capacity

- Develop and implement an equitable distribution of resources, institutional and community-based, across Maine for frail elderly who are aging in place
- Implement comprehensive, integrated, case management, and person centered planning services across Maine to support aging in place and healthy aging
- Engage in strategic workforce development for direct care workers to assure the availability of qualified staff across the spectrum of services
- Assure access to safe, affordable housing, with support services for elderly aging in place