## CEH Requirements by License Level

Established by Maine EMS Rules effective May 1, 2013
Chapter 5 § 5 (5)(C)(2)(F) starting on page 5-7 (55)

<table>
<thead>
<tr>
<th>License Level</th>
<th>EMR</th>
<th>EMT</th>
<th>AEMT</th>
<th>Paramedic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preparatory, Operations</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Airway, Breathing, Circulation</td>
<td>8</td>
<td>8</td>
<td>12</td>
<td>16</td>
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<tr>
<td>Assessment</td>
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<td>4</td>
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<tr>
<td>Medical</td>
<td>4</td>
<td>8</td>
<td>8</td>
<td>12</td>
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<tr>
<td>Trauma</td>
<td>4</td>
<td>6</td>
<td>6</td>
<td>8</td>
</tr>
<tr>
<td>Obstetrics, Pediatrics</td>
<td>4</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>BLS Psychomotor Skills</td>
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<td>8</td>
<td>4</td>
<td>4</td>
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<tr>
<td>ALS Psychomotor Skills</td>
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<td>4</td>
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<tr>
<td>Further Continuing Education</td>
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<td>8</td>
<td>8</td>
<td>10</td>
</tr>
<tr>
<td><strong>Total Hours</strong></td>
<td><strong>32</strong></td>
<td><strong>52</strong></td>
<td><strong>56</strong></td>
<td><strong>72</strong></td>
</tr>
</tbody>
</table>

### FAQ:
- Maine EMS rules does not establish a maximum number of hours that can be completed online.
- Online courses must be CECBEMS or Maine EMS approved.
- Skills hours cannot be completed online.
- A standardized list of CEH courses can be found on the Maine EMS website ([www.maine.gov/ems](http://www.maine.gov/ems)) under “Publications and Forms”
- A CEH calculation tool to help providers reconcile standardized courses into CEH hours. This tool also available under “Publications and Forms”.
### Maine EMS Continuing Education Category Definitions

#### Preparatory & EMS Operations

#### Airway, Breathing & Cardiac
- Airway Management, Shock & Resuscitation, ACLS, CPR, ECG Interpretation, 12-Lead, Respiratory & Cardiac Emergencies, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

#### Patient Assessment
- Scene size-up, Primary assessment, History Taking, Physical examination, Secondary assessment.

#### Medical
- Medical patient assessment methods, Neurology, Stroke, Seizure, Headache, Syncope, Diabetes, Endocrinology, Gastroenterology, Renal & Urology, Infectious Disease, Behavioral & Psychiatric, Hematology, Non-Traumatic Pain, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

#### Trauma

#### Obstetrics & Pediatrics
- Obstetrics, Gynecology, Neonatology, Pediatrics, related anatomy & physiology, pathophysiology, pharmacology, and medication administration.

#### Instructor Coordinator
- Instructor Roles and responsibilities, Classroom & Program Administrative issues, Educational Legal issues, Teaching resources, Educational Research, Goals and objectives, Lesson plans, Evaluation techniques, Student Motivation, Ethics, Learning Environment, Learning Styles, Domains of Learning, Presentation Skills, Facilitation techniques, Communication, Feedback, Teaching psychomotor skills, Affective Domain, Remediation, Teaching critical thinking skills, Discipline, and Culture

#### BLS Skills

#### ALS Skills
- ECG lead placement, Manual defibrillation, Synchronized cardioversion, Transcutaneous pacing, Endotracheal intubation, Blind insertion airway, CPAP, Surgical airway management, Chest decompression, End-Tidal Carbon Dioxide Monitoring, NG/OG Tubes, IV access, IO access, PIFT and other medical devices, Medication Administration (IV/IO push, IV/IO infusion, IM/SQ, Nebulized, Nasal, Transdermal)

#### Further Continuing Education
- THIS IS NOT A CATEGORY! This represents additional training to be received by the provider in the aforementioned categories.