

Excellence in Coordinated  
School Health  
Recognition Awards Program

Health Promotion and Wellness  
and  
School Counseling, Physical  
and Behavioral Health Services



*Maine Department of Education*

2005

**A Message from Maine's First Lady and Chairperson,  
Coordinated School Health Program Recognition Awards Committee  
and  
Maine Commissioner of Education**

**Karen M. Baldacci**



It is our pleasure to congratulate the recipients of the first annual Excellence in Coordinated School Health Awards. We celebrate their support of quality school health promotion programs and school counseling, physical and behavioral health services in an environment that supports and reinforces academic achievement for all students.

**Susan A. Gendron**



We applaud these award winning school systems for their ongoing efforts and commitment to enhance the health and well being of their students and staff. We know that as positive role models they will provide expertise and leadership in the area of coordinated school health at local, state and national levels.

Coordinated School Health Program Recognition Committee

Karen Baldacci, First Lady of Maine  
Chairperson

Susan A. Gendron, Commissioner Department of Education  
Co-Chairperson

Mary Black Andrews, State Senator  
Cheryl Beyeler, Maine Dairy & Nutrition Council  
Michael Brennan, State Senator  
Steve Culver, Hannaford Bros. Co.  
Peter Doran, American Lung Association of Maine  
Dale Douglass, Maine School Management Association  
Jaki Ellis, Bureau of Health  
Caren Epstein, Hannaford Bros. Co.  
Jeremy Fischer, State Representative  
Judy Gatchell, Maine Nutrition Network  
Peary Goodwin, PKG Associates  
DeEtte Hall, Maine Department of Education  
Andrew Harmon, American Cancer Society, NE Division  
George Hill, Family Planning Association of Maine  
Carrie Horne, National Alliance for the Mentally Ill  
Saskia Janes, Maine Cardiovascular Health Program  
Dennis Kamholtz, University of Maine at Farmington  
Barbara A. Leonard, Bureau of Health

Sandy Lovell, Family Planning Association of Maine  
Carla Marcus, Governor's Council for Physical Fitness, Sports, Health and Wellness, WinterKids  
Terry McCabe, Maine School Management Association  
Marge Medd, Community Representative  
Dora Mills, Director, Bureau of Health  
Mary Moody, Maine Department of Education  
Grace Morgan, Maine Department of Education  
Dean Paterson, HealthCare Solutions  
Shelley Reed, Maine Department of Education  
Lee Scott, American Lung Association of Maine  
Lauren Sterling, Governor's Children's Cabinet  
David Stockford, Maine Department of Education  
Lucy Stroble, University of Maine at Presque Isle  
Jeff Sturgis, Maine Principals Association  
Stephanie Swan, Maine Department of Education  
Katherine Wilbur, Maine Department of Education  
Tracy Wilson, Hannaford Bros. Co.

# **Outstanding Leadership Awards in Health Promotion and Wellness**

## **Waterville Public Schools Outstanding Leadership Award Winners:**

Stacey Caruso Vannah – Former School Health Coordinator  
Kristen Gilbert – School Health Coordinator  
Michelle Fowler - Physical Education Teacher

## **SAD 22 Outstanding Leadership Award Winners:**

Chris Greenier & Jo-Ann Barrows – Co-Leaders for Wellness Team  
John Plourde – Health Education Teacher  
Richard Lyons - Superintendent

## **SAD 29 Outstanding Leadership Award Winners:**

Lynn Brown - School Health Coordinator  
Tess Buswell – Principal and Teacher  
SAD 29 Wellness Team – Trish Fogarty, Team Leader

## **SAD 43 Outstanding Leadership Award Winners:**

Kathy Sutton - School Health Coordinator  
Chris Decker – Assistant Principal  
Jim Hodgkins – Superintendent

## **SAD 75 Outstanding Leadership Award Winners:**

Karen Kilmer – Health Benefits Specialist  
Moe St. Pierre – School Food Service Director  
Colleen Rioux – Physical Education Specialist

## **Union 42/CSD 10 Outstanding Leadership Award Winners:**

Nancy Moorman – Volunteer Coordinator  
Sharon Chaplin – School Nurse  
Nancy Martin – Physical Education Teacher

# **Outstanding Leadership Awards in School Counseling, Physical and Behavioral Health Services**

## **Kittery School Department Outstanding Leadership Award Winners:**

Wendy Gilbert – Director of School Nursing  
Beth Allen – Guidance Counselor  
Alethea Cariddi – School Health Coordinator

## **Old Orchard Beach School Department Outstanding Leadership Award Winners:**

Jackie Tselikis – School Health Coordinator  
Karen Ledew – School Nurse  
Matt Michaud – School Social Worker

## **SAD 75 Outstanding Leadership Award Winners:**

Michael Barrett – Guidance Counselor  
Robin Beltramini – Nurse Practitioner  
Patrick Moore – Director of Special Services

## **Union 42/CSD 10 Outstanding Leadership Award Winners:**

Joan Mohlar – School Nurse (Retired), School Services Volunteer  
Cindy Flye – Maranacook Student Health Center Coordinator  
John Reinsborough – Guidance Director (Retired)

## **Union 74 Outstanding Leadership Award Winners:**

Maureen Lamb – School Health Coordinator  
Erica Waltz – Director School-Based Health Center K-12  
Dr. Steve Feder, M.D. – School Physician, Medical Director for the School-Based  
Health Center

# Recognition Awards Program

May 27, 2005

Hall of Flags

*Welcome*

Moderator

Kathleen Shannon

Co-anchor "207" WCSH 6's 7:00 p.m. Magazine Show

*Opening Remarks*

Karen Baldacci

Maine's First Lady

Susan Gendron

Maine Department of Education's Commissioner

John Gibson

Hannaford Supermarkets Representative

*Awards Ceremony*

Excellence in Coordinated School Health Awards

## **HEALTH PROMOTION AND WELLNESS**

SAD 22 (Hampden, Newburgh, and Winterport)

SAD 29 (Houlton, Hammond, Littleton, and Monticello)

SAD 43 (Mexico, Rumford, Bryon, and Roxbury)

SAD 75 (Topsham, Bowdoin, Bowdoinham, and Harpswell)

Union 42/CSD 10 (Readfield, Manchester, Mount Vernon, and Wayne)

Waterville Public Schools

## **SCHOOL COUNSELING AND PHYSICAL AND BEHAVIORAL HEALTH SERVICES**

Kittery School Department

Old Orchard Beach School Department

Union 74 (Damariscotta, Bristol, Bremen, Newcastle, Nobleboro, and South Bristol)

SAD 75 (Topsham, Bowdoin, Bowdoinham, and Harpswell)

Union 42/CSD 10 (Readfield, Manchester, Mount Vernon, and Wayne)

*Join us at the Blaine House to congratulate the Award Winning Schools and Outstanding Leadership Award Winners*



## Working Together for a Healthy Maine

Co-Sponsors  
Maine Bureau of Health, Department of Health and Human Services  
and  
Maine Governor's Children's Cabinet  
Governor's Council for Physical Fitness, Sports, Health and Wellness

*Many thanks to our presenting sponsor for supporting this awards program:*

Hannaford Supermarkets