

Best Practices in HIV Prevention Education Fact Sheet

Curriculum Implementation Training

—Skills for Sexual Health that Work with Adolescents

For those trained or untrained in any evidence-based sexuality curriculum

New Training Format: a series of 3 webinars and 1 one-day training

Webinars will be conducted using Adobe Connect (**If you have never attended a Connect Pro meeting before:** Test your connection: https://admin.na4.adobe.com/common/help/en/support/meeting_test.htm Get a quick overview: http://www.adobe.com/go/connectpro_overview). Participants will earn 15 contact hours or 1.5 CEUs from the Department of Education upon completion of the training. Webinars will be archived for later viewing for individuals with scheduling conflicts.

Webinar Format

- 1) Participant Prep: Pre-learning activities to be done on your time prior to webinar training (approximately 1 hour). For example, watch Advocates for Youth's [Teens & Sex in Europe](#) video
- 2) Webinar Training: 1-hour interactive session
- 3) Participant Follow Up: Post-learning activities to be done before the next webinar session (approximately 1 hour)

Learning Objectives

Webinar #1:

Participants will:

- Increase their comfort level in discussing sexuality,
- Increase understanding of parent and teen perspectives on sexuality education,
- Better understand the importance of teaching comprehensive sexuality education
- Understand the benefits of using group agreements to set a safe tone for their classrooms.

Webinar #2:

Participants will:

- Gain a deeper understanding of abstinence as a method of birth control,
- Increase their knowledge on what students want to know about sex, love, and relationships
- Become familiar with some of the Best Practices activities
- Identify sexual messages from the media, peers, and parents

Webinar #3:

Participants will:

- Identify behaviors that put Maine youth at risk for HIV and STDs
- Identify behaviors that protect Maine youth from HIV and STD infection
- Identify basic facts about HIV and STDs
- Become familiar with some of the Best Practice activities related to risk levels and condom skills

One-day Training:

Participants will:

- Reflect on the challenges of teaching condom use skills
- Learn strategies to become more successful working with parents, administrators, and community members
- Practice teaching back a partial Best Practices lesson
- Develop action plans for implementing evidence-based sexuality curricula

Upon completion of the full training, participants will receive a copy of the Best Practices in HIV Prevention Education curriculum, a teacher's kit including all the activities from the curriculum, and technical assistance.

Call or email for more information about how we might meet your individual needs:

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