PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH

A newsletter for health educators working with school aged youth VOL #2, MAY 2012

THE COLLEAGUE CORNER

Comprehensive Sexuality Education Works!

I was very delighted to welcome one hundred and fifty-three participants to the 7th annual Comprehensive Sexuality Education Conference held on April 5, 2012. This conference is a great time to listen to nationally known speakers regarding CSE, network, stay up with current trends, and gather additional resources.

Elizabeth Haller, keynote speaker, provided a national perspective on sexual health education and also discussed Maine's current status. While we do have many successes, she did point out that only 42% of Maine middle schools and 78% of Maine high schools taught all of the specific HIV, other sexually transmitted diseases, and pregnancy prevention topics deemed necessary to help reduce risk behaviors in students.

I encourage you to look at what you are currently teaching to determine if you are covering all of the recommended topics (see pg. 2).

Sincerely,

Jean Zimmerman, Program Coordinator

HEALTH DATA

Now available

State and county level data from the Maine Integrated Youth Health Survey (MIYHS) can be found at the following website: www.maine.gov/dhhs/osa/data/miyhs/admin.htm

Please note: Full data is not yet available on official MIYHS website.

CALLING ALL ACTORS

Project AWARE needs you

The Family Planning Association of Maine and Project AWARE are looking for teen boys and girls and adults interested in taking part in a short dramatic film and several short educational videos addressing teen sexual health issues.

Click HERE to read entire post on FPA's site.

TRAINING OPPORTUNITIES

May 3, 2012: Comprehensive School Health Education Spring Conference, Morgan Hill Event Center, Hermon, Me

May 9-10, 2012: Reducing the Risk/Making Safer Choices curriculum training (7/8th grades), Augusta, Me

May 23, 2012: Skill Builder Booster session (7/8th grades), Augusta, Me

Click **here** for complete list.

Funding provided by the U.S. Centers for Disease Control and Prevention, Division of Adolescent School Health and the State of Maine.

MAY IS HEPATITIS AWARENESS MONTH

Hepatitis Awareness Month is a nationwide observance coordinated by the U.S. Centers for Disease Control and Prevention, Division of Viral Hepatitis. The goal is to raise awareness of the facts about viral hepatitis and to promote screening, testing and vaccination.

In Maine, an estimated 21,000 to 26,000 Mainers are living with chronic Hepatitis C infection. Without testing for infection, many chronically infected persons are unaware of their infection until symptoms of advanced liver disease appear. This means they are missing critical opportunities to access treatment and to learn how to prevent spreading the infection to others.

For more information visit: www.mainepublichealth.gov/hep *or* http://cdcnpin.org/scripts/hepatitis/index.asp

2012 Summer Institute

Navigating Girl World: Connecting the Dots… Changing the Culture

June 13-15, 2012, Colby College, Waterville, Me, led by Lyn Mikel Brown, EdD. CEU's available. Learn more HERE.

All US CDC recommended topics at middle school level include:

- differences between HIV and AIDS
- how HIV and other STDs are transmitted
- how HIV and other STDs are diagnosed and treated
- health consequences of HIV, other STDs, and pregnancy
- benefits of being sexually abstinent
- how to prevent HIV, other STDS, and pregnancy
- how to access valid and reliable health information, products, and services*
- influences of media, family, and social and cultural norms on sexual behavior
- communication and negotiation skills*
- goal-setting and decision-making skills*
- compassion for persons living with HIV or AIDS

*related to HIV, STDs, & pregnancy

All US CDC recommended topics at high school level include:

- relationship among HIV, other STDs, and pregnancy
- relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy
- benefits of being sexually abstinent
- how to prevent HIV, other STDs, and pregnancy
- how to access valid and reliable health information, products, and services*
- influences of media, family, and social and cultural norms on sexual behavior
- communication and negotiation skills*
- goal-setting and decision-making skills*

*related to HIV, STDs, & pregnancy

CONTACT INFO

HIV Prevention Education Program
Me. Department of Education
23 State House Station
Augusta, Me 04333-0023
(Physical address: 111 Sewall St)
http://www.maine.gov/education/hiv
Phone: (207) 624-6692
Email: hiv.doe@maine.gov

QUICK LINKS

Family Planning Association of Me

HIV/AIDS Info Resource

HIV, STD, and Viral Hepatitis Program, MCDC

Maine Integrated Youth Health Survey

Teen and Young Adult Health Program, MCDC