**Does Your Wellness Policy Measure Up**?

Local Wellness Policy Triennial Assessment

A local school wellness policy is a written plan that includes methods to promotes student health and wellness. This optional assessment form can be used to complete the assessment of the policy, which must be conducted at least once every three years. The required components of the assessment include:

1. Compliance with the local school wellness policy;
2. How the local school wellness policy compares to model local school wellness policies; and
3. Progress made in attaining the goals of the local school wellness policy.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **General Information** | | | | |
| District Name: | | | | |
| Names of schools included in this assessment: | | | | |
| Date: | | | | |
| The local wellness policy can be found online: enter web address here | | | | |
|  | | | | |
| **Leadership** | **Yes** | **No** | **NOTES** | |
| Does the policy identify at least one school official with the authority and responsibility to ensure that each school within the district complies with the policy? |  |  | *(Insert the name of designated leader)* | |
| **Public Involvement & Notification** | **Yes** | **No** | **In Progress** | **NOTES** |
| Does the policy allow parents, students, school food Service, Teachers of Physical Education, School Health Professionals, School Administrators, School Board Members, and the General Public to participate in the development, implementation and evaluation of the policy? |  |  |  | *(Insert names of Wellness Committee Members)*  Parent:  Student:  School Food Service:  Physical Education Teacher:  School Health Professional:  School Administrator:  School Board Member:  General Public:  Other: |
| Annually, the public is informed about the content and implementation of the policy & the progress towards meeting the goals. |  |  |  |  |
| **Assessment:** Enter the goals from the LWP below. Indicate if they are being met, partially met, or not being met. Use the ‘notes’ section to indicate how the goals are being met and additional work that is needed. | | | | | |
| **Nutrition Education Goals:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| **Nutrition Promotion Goals:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| **Physical Activity Goals:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| **Other school-based activities that promote student wellness Goals:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| *Insert goal* |  |  |  |  |
| **Nutrition Standards for foods SOLD to students:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert standards* |  |  |  |  |
| **Nutrition standards for foods NOT SOLD/provided during the school day:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| *Insert standards* |  |  |  |  |
|  | | | | |
| **Food & Beverage Marketing:** | **Meet** | **Partially Meet** | **Do Not Meet** | **NOTES** |
| Does the policy only permit the marketing of food and beverage that meet federal smart snack guidelines? |  |  |  |  |
| **Triennial Assessment:** | **Yes** | **No** | **NOTES** | |
| Every three years the policy has been evaluated for compliance |  |  |  | |
| The policy has been compared to model policies (i.e. Alliance for a Healthier Generation, Rudd Center’s WellSAT 3.0) |  |  | *(Indicate what model policy was used for comparison and the results of the comparison such as strengths of current policy and areas of improvement.)* | |
| A copy of the assessment is made available to the public. |  |  |  | |

Comments: