

Name_____

Date_____

Before We Eat: From Farm to Table

by Pat Brisson

- 1 As we sit around this table
let's give thanks as we are able
to all the folks we'll never meet
who helped provide this food we eat.

- 2 They plowed the ground and planted seeds,
tended fields, removed the weeds.
They picked the food at harvest time,
working in the heat and grime.

- 3 They grazed the cattle, fed the sows,
gathered eggs, and milked the cows.
They fished from boats out on the seas;
raised wheat and nuts and honey bees.

- 4 Thank the ones who packed the crates,
sorted boxes, checked the weights.
Thank the drivers on the roads
in their trucks with heavy loads.

- 5 And all the clerks at all the stores
who did the grocery-selling chores.
Thank the ones who bought this food,
the ones who teach me gratitude.
- 6 Sitting at this meal we share,
we are grateful and aware,
sending thanks upon the air...
to those workers everywhere.