fact sheet

STATE INNOVATION MODEL

For Providers

WHAT IS SIM?

Maine's State Innovation Model (SIM) award is a $33 million grant from the US Centers for Medicare and Medicaid Innovation that seeks to bolster work currently underway in our state to **reduce healthcare costs**, **strengthen healthcare quality**, and **improve patient experience**.

SIM
HEALTHCARE SYSTEM TRANSFORMATION
A Collaborative Partnership led by Maine DHHS
Paul R. LePage, Governor Mary C. Mayhew, Commissioner

Organizations around the state like the Maine Health Management Coalition, Maine Quality Counts, HealthInfoNet and the Maine Center for Disease Control and Prevention are working together to make sure that healthcare works for Maine patients.

SIM IS STRONG PRIMARY CARE

DID YOU KNOW?

EACH YEAR WE WASTE AN ESTIMATED **$55 BILLION** ON MISSED PREVENTION OPPORTUNITIES[1]

Primary care is the backbone of a strong healthcare system. When primary care services are safe, effective and coordinated with hospital and specialty care they have the greatest potential to cut costs and keep patients healthy. That's why the SIM award is dedicating resources to the following projects aimed at strengthening primary care.

PATIENT & PROVIDER PORTALS Part of the problem with our healthcare system is that the people trying to improve often don't have the information they need to get better. Doctors have trouble telling which patients need extra support and resources, patients have trouble remembering their care plans, and both struggle to keep track of what doctors outside the primary care system have recommended.

To help make this kind of information easier to get, the SIM award is helping to create online portals, or websites, where patients and providers can log on to see important information about their care. Patients will see their medical history, prescription information, and recommended care plans. Doctors will see which patients need extra attention, and they will be able to devote their time and resources more strategically.

INTEGRATING MENTAL AND PHYSICAL HEALTH Primary care doctors around the state do a great job at providing healthcare for the body, but all too often the patient's mental health is left out of the equation. Mental health conditions can have a serious impact on physical health and are associated with higher rates of chronic disease and unhealthy behaviors, so in an effort to provide truly high quality care, the SIM award is helping practices to integrate mental health services into Maine primary care practices.

One way that the SIM award is working to integrate mental health is through the MaineCare Behavioral Health Homes Initiative. Nearly 80 practices have already signed up to participate, and they will receive additional funds to help bring mental health providers into the primary care practice. The initiative also helps to pay for practices to connect their electronic medical records with mental health practices so that your doctor and mental health provider can better coordinate your care.

SIM IS COMMUNITY HEALTH

A key goal of the SIM initiative is to create healthy communities across Maine. The State Innovation Model seeks to accomplish this by allocating important resources to a variety of projects that help to prevent chronic illnesses, link individuals and communities with local health resources, and engage the public in health system reforms aimed at lowering the cost of healthcare. The following are just a few of the projects that the SIM award is supporting.

COMMUNITY HEALTH WORKERS The Maine Community Health Workers Initiative is a program being run by the Maine CDC that is working to set up a network of community health workers to help under-served populations get access to needed healthcare services. Four pilots will be working to provide culturally appropriate health education and outreach; to link individuals, communities and healthcare providers with social services; and to assure people can access the services they need. Learnings from the pilot will help Maine to move forward.

DIABETES PREVENTION The National Diabetes Prevention Program (NDPP) is a proven program that helps to prevent Type 2 diabetes by encouraging individuals to make modest lifestyle changes. Maine CDC and SIM grant partners are working with insurers, employers and health systems to demonstrate how this program can improve health outcomes and reduce healthcare costs in a number of different contexts around the State.

PUBLIC EDUCATION Engaging patients in payment and delivery system reform is crucial. As the people who use our healthcare system, patients are critical partners in a transformed health system. The SIM award is dedicating resources to educating the public about the benefits of the work going on in our state.

DID YOU KNOW?

THE CDC ESTIMATES **1 IN 9 PEOPLE** ARE LIVING WITH DIABETES IN MAINE

SIM IS PAYMENT REFORM

Reforming the way we pay for healthcare in Maine is essential to improving the quality of care and lowering cost. Under the current fee-for-service system, providers are financially rewarded for each test and procedure they perform, regardless of the outcomes. In many cases this leads to unnecessary care and poorer patient outcomes.

Maine's State Innovation Model work will seek to move the state's health-care payment system away from fee-for-service and replace it with payment mechanisms that incentivize appropriate, safe, high-value care. Payment systems based on patient outcomes hold significant potential for improving both the cost and quality of healthcare in our state.

STIMULATING VALUE-BASED INSURANCE DESIGN Value-Based Insurance Design (VBID) is a form of health benefits that provide incentives to consumers/ patients that opt for care that is both high quality and low cost. It also incentivizes healthcare providers to choose lower cost care options when a range of equally effective approaches to care are available for a given patient.

The SIM award has allocated resources to explore VBID in more detail and assess its potential for increasing healthcare

value in Maine. To do this, the Maine Health Management Coalition (MHMC) convenes the VBID Workgroup, which is charged with examining VBID examples around the country and identifying best practices in value-based insurance design. They are also responsible for creating a means to rank insurance plans according to adopted VBID metrics, and encouraging Maine businesses to adopt the new benefit model.

MAKING COST AND QUALITY TRANSPARENT We know that what gets measured gets improved, so in an effort to strengthen the quality and lower the cost of healthcare in Maine, the State Innovation Model award will provide additional funding to develop new quality and cost metrics that will be publicly reported on the Maine Health Management Coalition's website, www.getbettermaine.org. Patients will be encouraged to use the information to find top performing doctors and hospitals, and employers and payors will be encouraged to use the information in their benefit designs.

SIM IS COLLABORATION

If the SIM award is about nothing else, it is about working together to create connections and common solutions to some of the biggest problems facing our communities today. The following are opportunities for you to get involved with SIM work currently underway in Maine.

Accountable Care Implementation Workgroup
Contact: Frank Johnson
Email: fjohnson@mehmc.org

Behavioral Health Home Learning Collaborative
Contact: Anne Connors
Email: aconnors@mainequalitycounts.org

Community Health Worker Initiative
Contact: Barbara Ginley
Email: bginley@mainemigrant.org

Data Infrastructure Subcommittee
Contact: Katie Sendze
Email: ksendze@hinfonet.org

Delivery System Reform Subcommittee
Contact: Lisa Tuttle
Email: ltuttle@mainequalitycounts.org

Healthcare Cost Workgroup
Contact: Lisa Nolan
Email: lnolan@mehmc.org

Health Home Learning Collaborative
Contact: Lisa Tuttle
Email: ltuttle@mainequalitycounts.org

Measure Alignment Workgroup
Contact: Frank Johnson
Email: fjohnson@mehmc.org

Pathways to Excellence (PTE) Behavioral Health Steering Committee
Contact: Patti Ross
Email: pross@mehmc.org

Pathways to Excellence (PTE) Physicians Steering Committee
Contact: Lorrie Marquis Potvin
Email: lmarquispotvin@mehmc.org

Pathways to Excellence (PTE) Systems Steering Committee
Contact: Lorrie Marquis Potvin
Email: lmarquispotvin@mehmc.org

Payment Reform Subcommittee
Contact: Frank Johnson
Email: fjohnson@mehmc.org

Value-Based Insurance Design (VBID) Workgroup
Contact: Robin Allen
Email: rallen@mehmc.org

FOR MORE INFORMATION, VISIT MAINE.GOV/DHHS/SIM

1. *Institute of Medicine. Best Care at Lower Cost: The Path to Continuously Learning Health Care in America. Institute of Medicine. Published September 6, 2012. p 30-31. Retrieved (April 2014) at http://www.propublica.org/documents/item/422075-iom-report-on-cost.html#document/p32/a70964*
2. *Maine Diabetes Prevention and Control Program. Health Fact Sheet: Diabetes in Maine. Published August 2011. Retrieved (June 2014) at http://www.maine.gov/dhhs/mecdc/population-health/dcp/documents/factsheet.pdf*