

Maine Inhalant Abuse Prevention Web Training

"I wish I had known about inhalants before my children did."

Now You Can Learn

Visit

<http://www.inhalantabusetraining.org>
and select the Maine Parent Training

What You Will Learn

- What is Inhalant Abuse?
- Products to be Concerned About
- How Products are Abused
- Who is at Highest Risk of Abusing Inhalants
- The Dangers of Inhalant Abuse
- How Inhalants Can Cause Death
- What to Teach Your Child about Inhalants
- When and How to Get Your Child Help

The training takes about 15 – 20 minutes to complete.



All children are at risk for inhalant abuse...

- Inhalants are often the first substance to be abused by youth.
- Inhalants, along with tobacco and alcohol, are one of the substances abused by younger children.
- Because inhalants can cause death the first time they are tried, any experiment is dangerous.



For more information about inhalant abuse contact the *Maine Office of Substance Abuse Information and Resource Center* at:
41 Anthony Ave.
#11 State House Station
Augusta, ME 04333-0011
1-800-499-0027 (in-State only)
207-287-8900
TTY: 1-800-606-0215
Fax: 207-287-8910
Email: osa.ircosa@maine.gov



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