

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
K/3 Survey

<i>What language is spoken most often at home? (qn5)</i>				
<i>Percentage of parents who answered something other than 'English'</i>				
	Total	Female		Male
State Average:	1.6%	2.2%		1.1%
By Grade:		Kindergarten	3rd	
		0.7%	2.6%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	0.5%	0.9%	4.3%	1.4%

<i>How would you describe your child's health status? (qn6)</i>				
<i>Percentage of parents who answered 'Excellent', 'Very good' or 'Good'</i>				
	Total	Female		Male
State Average:	99.4%	99.5%		99.3%
By Grade:		Kindergarten	3rd	
		100.0%	98.7%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	100.0%	100.0%	98.8%	98.6%

<i>Has a doctor or nurse ever told you that your child has diabetes? (qn7)</i>				
<i>Percentage of parents who answered 'Yes'</i>				
	Total	Female		Male
State Average:	0.5%	0.3%		0.7%
By Grade:		Kindergarten	3rd	
		0.2%	0.8%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	0.0%	0.5%	0.6%	0.9%

<i>Has a doctor or nurse ever told you that your child has asthma? (qn8)</i>				
<i>Percentage of parents who answered 'Yes'</i>				
	Total	Female		Male
State Average:	15.0%	12.0%		17.5%
By Grade:		Kindergarten	3rd	
		12.7%	17.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	11.1%	14.1%	13.4%	21.0%

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<i>Does your child still have asthma? (qn9)</i>				
<i>Among parents who reported their child had asthma in kn8, percentage of parents who answered 'Yes'</i>				
	Total	Female	Male	
State Average:	66.1%	73.2%	61.6%	
By Grade:	Kindergarten		3rd	
	75.5%		57.8%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	85.0%	69.0%	60.0%	55.8%

<i>Symptoms of asthma include coughing, wheezing, shortness of breath, chest tightness or phlegm production when your child does not have a cold or respiratory infection. During the past 30 days, how many</i>				
<i>Among parents who reported their child had asthma in kn8, percentage of parents who answered at least 1 day</i>				
	Total	Female	Male	
State Average:	51.8%	48.8%	52.8%	
By Grade:	Kindergarten		3rd	
	58.3%		48.4%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	50.0%	64.3%	50.0%	46.5%

<i>During the past 30 days, on how many days did his or her asthma make it difficult for your child to stay asleep? (qn11)</i>				
<i>Among parents who reported their child had asthma in kn8, percentage of parents who answered at least 1 day</i>				
	Total	Female	Male	
State Average:	28.9%	26.8%	29.2%	
By Grade:	Kindergarten		3rd	
	35.4%		25.0%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	35.0%	35.7%	20.0%	25.6%

<i>During the past 12 months, how much did your child limit his or her usual activities due to asthma? (qn12)</i>				
<i>Among parents who reported their child had asthma in qn8, percentage of parents who answered at least 1 day</i>				
	Total	Female	Male	
State Average:	40.9%	50.0%	34.8%	
By Grade:	Kindergarten		3rd	
	44.7%		39.3%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	50.0%	40.7%	52.6%	31.7%

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During the past 12 months, about how many days of school did your child miss because of his or her asthma? (qn13)
Among parents who reported their child had asthma in kn8, percentage of parents who answered 'One or more times per week' or 'Almost daily'

	Total	Female	Male
State Average:	6.1%	4.9%	5.6%
By Grade:	Kindergarten		3rd
	6.3%		6.3%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	5.0%	7.1%	5.0%
			Male, 3rd
			4.7%

Has a doctor, nurse, or asthma educator ever taught you what to do when your child has an asthma episode or attack? (qn14)
Among parents who reported their child had asthma in kn8, percentage of parents who answered 'Yes'

	Total	Female	Male
State Average:	84.8%	92.7%	80.0%
By Grade:	Kindergarten		3rd
	89.6%		80.6%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	95.0%	85.7%	90.0%
			Male, 3rd
			75.6%

An asthma management plan is a printed form that tells when to change the amount or type of medicine, when to call the doctor for advice, and when to go to the emergency room. Has a doctor, nurse, or asthma educator ever taught you what to do when your child has an asthma episode or attack? (qn15)
Among parents who reported their child had asthma in kn8, percentage of parents who answered 'Yes'

	Total	Female	Male
State Average:	45.1%	41.5%	46.5%
By Grade:	Kindergarten		3rd
	41.7%		47.6%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	40.0%	42.9%	40.0%
			Male, 3rd
			50.0%

Have you ever taken a course or class on how to manage your child's asthma? (qn16)
Among parents who reported their child had asthma in kn8, percentage of parents who answered 'Yes'

	Total	Female	Male
State Average:	17.9%	19.5%	16.9%
By Grade:	Kindergarten		3rd
	16.7%		19.4%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	30.0%	7.1%	10.0%
			Male, 3rd
			23.8%

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Does your child currently have autism, PDD-NOS, Asperger's Disorder, or atypical autism? (qn17)
Percentage of parents who answered 'Yes'

State Average:	Total	Female	Male
	2.9%	1.2%	4.0%
By Grade:	Kindergarten	3rd	
	3.0%	2.6%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	1.2%	4.6%	1.4%
			Male, 3rd
			3.6%

Does your child receive special education services for autism, PDD-NOS, Asperger's Disorder, or atypical autism at school? (qn18)
Among parents who reported their child has some form of autism in kn17, percentage of parents who answered 'Yes'

State Average:	Total	Female	Male
	95.2%	100.0%	93.8%
By Grade:	Kindergarten	3rd	
	100.0%	88.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	100.0%	100.0%	100.0%
			Male, 3rd
			85.7%

What kind of health care coverage does your child have? (qn19)
Percentage of parents who answered 'No health insurance'

State Average:	Total	Female	Male
	3.5%	3.3%	3.7%
By Grade:	Kindergarten	3rd	
	2.2%	4.8%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	1.0%	3.3%	6.2%
			Male, 3rd
			3.8%

About how long has it been since your child last visited a dentist? Include dental hygienists as well as all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists. (qn20)
Percentage of parents who answered less than 1 year

State Average:	Total	Female	Male
	85.6%	85.9%	85.4%
By Grade:	Kindergarten	3rd	
	83.5%	87.5%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd
	81.9%	84.6%	90.2%
			Male, 3rd
			86.1%

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During the past 12 months, was there a time when your child needed dental care but could not get it at that time? (qn22)
Percentage of parents who answered 'Yes'

State Average:	Total 8.9%	Female 9.3%	Male 8.5%
By Grade:	Kindergarten 6.9%		3rd 10.8%
By Gender, Within Grade:	Female, K 7.3%	Male, K 6.7%	Female, 3rd 10.5% Male, 3rd 10.7%

Do you have any kind of insurance that pays for some or all of your child's DENTAL CARE? Include health insurance obtained through work or purchased directly, as well as government programs like MaineCare.
Percentage of parents who answered 'Yes'

State Average:	Total 78.1%	Female 78.3%	Male 77.6%
By Grade:	Kindergarten 81.0%		3rd 75.4%
By Gender, Within Grade:	Female, K 85.8%	Male, K 76.6%	Female, 3rd 69.3% Male, 3rd 79.6%

Has your child ever had dental sealants placed on his or her teeth at either your dental office or through a school program? Sealants are a clear or white material placed on the chewing surface of teeth to
Percentage of parents who answered 'Yes' (at a dental office or through a school program)

State Average:	Total 49.1%	Female 51.8%	Male 46.6%
By Grade:	Kindergarten 27.4%		3rd 73.2%
By Gender, Within Grade:	Female, K 29.8%	Male, K 25.2%	Female, 3rd 78.1% Male, 3rd 69.2%

During the past 4 weeks, how many days of school has your child missed because of dental problems? Do not include routine dental/orthodontist visits. (qn26)
Percentage of parents who answered at least 1 day

State Average:	Total 2.1%	Female 1.9%	Male 2.0%
By Grade:	Kindergarten 2.4%		3rd 1.8%
By Gender, Within Grade:	Female, K 1.0%	Male, K 3.2%	Female, 3rd 3.0% Male, 3rd 0.9%

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When your child is outside for more than one hour on a sunny summer day, how often does he or she wear sunscreen with an SPF of 15 or higher? (qn27)
Percentage of parents who answered 'Most of the time' or 'Always'

State Average:	Total 77.8%	Female 78.5%	Male 77.3%
By Grade:	Kindergarten 84.4%		3rd 71.3%
By Gender, Within Grade:	Female, K 83.4%	Male, K 85.5%	Female, 3rd 72.2% Male, 3rd 70.2%

On a sunny summer day, when your child is outside for more than 15 minutes between 11 a.m. and 3 p.m., how often does he or she do one of the following: stay in the shade, wear clothes covering most of his
Percentage of parents who answered 'Most of the time' or 'Always'

State Average:	Total 37.7%	Female 35.5%	Male 39.5%
By Grade:	Kindergarten 42.2%		3rd 33.0%
By Gender, Within Grade:	Female, K 39.9%	Male, K 43.8%	Female, 3rd 31.1% Male, 3rd 34.9%

During the past 12 months, has your child had any sunburns? A sunburn is any reddening or burn of the skin that lasts until the next day. (qn29)
Percentage of parents who answered 'Yes'

State Average:	Total 23.0%	Female 20.2%	Male 25.1%
By Grade:	Kindergarten 17.6%		3rd 28.7%
By Gender, Within Grade:	Female, K 16.7%	Male, K 18.6%	Female, 3rd 23.3% Male, 3rd 32.2%

How many people living in the same household as your child smoke cigarettes, cigars, or pipes inside the house? (qn30)
Percentage of parents who answered at least 1 person

State Average:	Total 10.4%	Female 11.2%	Male 9.7%
By Grade:	Kindergarten 9.2%		3rd 12.1%
By Gender, Within Grade:	Female, K 10.4%	Male, K 8.3%	Female, 3rd 12.3% Male, 3rd 11.6%

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<i>How often does your child ride in a booster car seat? (qn31)</i>				
<i>Percentage of parents who answered 'Never' or 'Rarely'</i>				
	Total	Female	Male	
State Average:	41.6%	39.2%	43.5%	
By Grade:	Kindergarten		3rd	
	7.4%		79.2%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	6.2%	8.6%	78.7%	79.3%

<i>When your child rides in a car, truck, or van, how often does he or she sit in the backseat? (qn32)</i>				
<i>Among those who have a backseat available, percentage of parents who answered 'Never sits in the backseat' or 'Sometimes sits in the backseat'</i>				
	Total	Female	Male	
State Average:	9.0%	9.3%	8.4%	
By Grade:	Kindergarten		3rd	
	4.4%		13.7%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	4.8%	4.2%	15.2%	12.2%

<i>How often does your child ride with teenage drivers, such as older brothers or sisters, relatives, or older friends? (q33)</i>				
<i>Percentage of parents who answered 'Often' or 'Always'</i>				
	Total	Female	Male	
State Average:	1.5%	2.4%	0.4%	
By Grade:	Kindergarten		3rd	
	0.7%		2.1%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	1.6%	0.0%	3.0%	0.9%

<i>How often does your child wear a helmet when riding a bike? (qn34)</i>				
<i>Among those whose child rides a bike, percentage of parents who answered 'Never' or 'Rarely'</i>				
	Total	Female	Male	
State Average:	8.6%	6.8%	10.0%	
By Grade:	Kindergarten		3rd	
	5.1%		12.0%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	5.4%	4.5%	8.2%	15.0%

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*During the past seven (7) days, how many times did your child drink 100% fruit juices such as orange juice, apple juice or grape juice? Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.
Percentage of parents who answered at least once in the past week*

State Average:	Total 89.5%	Female 88.6%	Male 90.1%
By Grade:	Kindergarten 90.8%		3rd 87.9%
By Gender, Within Grade:	Female, K 88.9%	Male, K 92.3%	Female, 3rd 88.1% Male, 3rd 87.5%

*During the past seven (7) days, how many times did your child eat fruit? Do not count fruit juice. (qn36)
Percentage of parents who answered at least once in the past week*

State Average:	Total 97.5%	Female 98.3%	Male 97.1%
By Grade:	Kindergarten 97.1%		3rd 97.9%
By Gender, Within Grade:	Female, K 97.9%	Male, K 96.4%	Female, 3rd 98.8% Male, 3rd 97.7%

*During the past seven (7) days, how many times did your child eat vegetables, such as carrots, green salad, corn, or green beans, but not including French fries or other fried potatoes? (qn37)
Percentage of parents who answered at least once in the past week*

State Average:	Total 96.6%	Female 98.6%	Male 95.1%
By Grade:	Kindergarten 95.9%		3rd 97.1%
By Gender, Within Grade:	Female, K 98.4%	Male, K 93.7%	Female, 3rd 98.8% Male, 3rd 96.3%

*During the past seven (7) days, how many times did your child drink a can, bottle, or glass of soda, sports drinks, Kool-Aid, or sweetened ice tea? Do not include diet drinks. (qn38)
Percentage of parents who answered at least once in the past week*

State Average:	Total 59.4%	Female 52.0%	Male 65.5%
By Grade:	Kindergarten 50.0%		3rd 70.6%
By Gender, Within Grade:	Female, K 44.6%	Male, K 54.8%	Female, 3rd 61.7% Male, 3rd 77.0%

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During the past seven (7) days, how many glasses of milk did your child drink? Include the milk your child drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal Percentage of parents who answered three or more glasses per day

State Average:	Total 29.1%	Female 27.8%	Male 30.7%
By Grade:	Kindergarten 33.2%		3rd 26.0%
By Gender, Within Grade:	Female, K 32.3%	Male, K 34.4%	Female, 3rd 24.5% Male, 3rd 27.4%

In the last 12 months, how often did you (or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food? (qn40)
Percentage of parents who answered at least once

State Average:	Total 16.7%	Female 16.8%	Male 16.6%
By Grade:	Kindergarten 14.0%		3rd 19.1%
By Gender, Within Grade:	Female, K 14.0%	Male, K 14.2%	Female, 3rd 18.2% Male, 3rd 19.6%

In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food? (qn41)
Percentage of parents who answered at least once

State Average:	Total 19.0%	Female 19.5%	Male 18.5%
By Grade:	Kindergarten 18.0%		3rd 19.7%
By Gender, Within Grade:	Female, K 18.2%	Male, K 18.1%	Female, 3rd 19.4% Male, 3rd 19.7%

In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food? (qn42)
Percentage of parents who answered at least once

State Average:	Total 12.2%	Female 13.5%	Male 11.2%
By Grade:	Kindergarten 9.9%		3rd 14.4%
By Gender, Within Grade:	Female, K 11.6%	Male, K 8.5%	Female, 3rd 14.7% Male, 3rd 14.4%

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<i>On an average school day, how many hours does your child watch TV? (qn43)</i>				
<i>Percentage of parents who answered 3 or more hours</i>				
	Total	Female	Male	
State Average:	9.0%	8.9%	8.7%	
By Grade:	Kindergarten		3rd	
	9.8%		7.8%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	9.7%	9.6%	7.4%	8.3%

<i>How often do you feel that your child is safe in your community or neighborhood? (qn44)</i>				
<i>Percentage of parents who answered 'Usually' or 'Always'</i>				
	Total	Female	Male	
State Average:	92.3%	92.7%	92.2%	
By Grade:	Kindergarten		3rd	
	91.4%		93.5%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	92.8%	91.0%	93.3%	93.6%

<i>How often do you feel that your child is safe at home? (qn45)</i>				
<i>Percentage of parents who answered 'Usually' or 'Always'</i>				
	Total	Female	Male	
State Average:	99.3%	99.2%	99.6%	
By Grade:	Kindergarten		3rd	
	99.5%		99.0%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	99.5%	100.0%	98.8%	99.1%

<i>How often do you feel that your child is safe at school? (qn46)</i>				
<i>Percentage of parents who answered 'Usually' or 'Always'</i>				
	Total	Female	Male	
State Average:	96.0%	96.2%	96.4%	
By Grade:	Kindergarten		3rd	
	95.7%		96.6%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	95.9%	96.4%	96.3%	96.8%

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<i>QNOWT</i>				
<i>Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>				
	Total	Female	Male	
State Average:	16.8%	19.1%	14.9%	
By Grade:	Kindergarten		3rd	
	16.2%		16.3%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	17.7%	15.0%	19.2%	14.1%

<i>QNOBESE</i>				
<i>Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>				
	Total	Female	Male	
State Average:	16.5%	15.8%	17.1%	
By Grade:	Kindergarten		3rd	
	12.6%		20.2%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	14.6%	10.9%	16.7%	22.9%

<i>QNFRUIT</i>				
<i>Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days</i>				
	Total	Female	Male	
State Average:	54.3%	54.4%	53.9%	
By Grade:	Kindergarten		3rd	
	57.9%		50.3%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	54.3%	60.3%	55.4%	46.5%

<i>QNVEG</i>				
<i>Percentage of students who ate vegetables three or more times per day during the past seven days</i>				
	Total	Female	Male	
State Average:	9.2%	10.9%	7.9%	
By Grade:	Kindergarten		3rd	
	10.3%		7.9%	
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	8.8%	11.8%	13.7%	3.7%

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<i>QNFVRG</i>				
<i>Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days</i>				
	Total	Female		Male
State Average:	25.9%	27.0%		25.2%
By Grade:		Kindergarten		3rd
		26.9%		24.9%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	24.7%	28.9%	29.9%	21.4%

<i>QNCARIES</i>				
<i>Presence of Decay Experience (Observed during oral health assessment)</i>				
	Total	Female		Male
State Average:	23.6%	20.8%		26.2%
By Grade:		Kindergarten		3rd
		18.0%		29.7%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	15.9%	20.0%	27.2%	31.6%

<i>QNCAVIT</i>				
<i>Presence of Untreated Cavities (Observed during oral health assessment)</i>				
	Total	Female		Male
State Average:	17.8%	17.1%		18.6%
By Grade:		Kindergarten		3rd
		15.9%		19.7%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	17.6%	14.8%	16.6%	22.3%

<i>QNSEAL</i>				
<i>Presence of Sealants (Observed during oral health assessment)</i>				
	Total	Female		Male
State Average:	35.2%	35.5%		34.5%
By Grade:		Kindergarten		3rd
		14.4%		59.3%
By Gender, Within Grade:	Female, K	Male, K	Female, 3rd	Male, 3rd
	14.3%	14.3%	62.3%	56.9%

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<i>QNTREAT</i>				
<i>Early / Urgent Dental Care Needed (Observed during oral health assessment)</i>				
State Average:	Total 16.1%	Female 15.3%	Male 16.7%	
By Grade:	Kindergarten 14.2%		3rd 17.4%	
By Gender, Within Grade:	Female, K 15.9%	Male, K 12.9%	Female, 3rd 14.6%	Male, 3rd 19.9%