

Public Education- Standard 34
Jan - March 2013 (See Note Below)

Note: Contracted agencies are allowed one month after the quarter to submit performance indicator data.

As a result, NAMI Maine is submitting performance indicator data for Oct - Dec 2012

**Psychiatric & Forensic Grand Rounds, and Lunch and Learn, are open to the public and advertised by use of stakeholder email distribution lists.

Measure Method One:

<i>Date & Location of Public Education Program</i>	<i>Audience: Public Service Agency</i>	<i>Audience: RPC and/or DDPC staff</i>	<i>Audience: Community Members</i>	<i>Audience: Other (Please Specify)</i>	<i>Total # of Participants</i>	<i>Topic: Addressing Myths & Stigma</i>	<i>Topic: Promoting Community Integration</i>	<i>Topic: Rights of MH Consumers and/or their Families</i>	<i>Topic: Other (Please Specify)</i>	<i>Total # Presentations/ # Participants This Quarter</i>
02/22/13-Acadia Bangor	x		x		24	x	x	x	Eating Disorders: An Update	24/ 380
03/08/13-Acadia Bangor	x		x		28	x	x	x	Invisible Wounds of War	
03/22/13-Acadia Bangor	x		x		40	x	x	x	Trauma Informed CBT	
1/8/13-RPC Augusta		x	x		11				PGR: Neuroscience of Major Depressive Disorder: Focus on Anhedonia	
1/15/13- RPC Augusta		x	x		13				PGR: The Risk of Menopausal Depression Based on Estrogen Exposure	
1/22/13 - RPC Augusta		x	x		5				PGR: Spirituality and Mental Health Research	
1/29/13- RPC Augusta		x	x		12				PGR: Effects of Collision Sports on the Brain	

2/12/13- RPC Augusta		x	x		11				PGR:Improving Integrated Care for Complex Patients with Physical and Mental Illness	
3/12/13 - RPC Augusta		x	x		9				PGR: Using a Tele- health Device to Improve Psychiatric Illness Management: Results of a Pilot Study Project	
3/26/13-RPC Augusta		x	x		10				PGR: Using Mobile Technologies in the Assessment and Treatment of Serious Mental Illness	
1/14/13 Lewiston	x		x	Consumers	16	x	x	x	Peer Support 101	
1/23/13 Biddeford	x		x	Consumers	12	x	x	x	Peer Support 101	
1/25/13 Augusta	x		x	Consumers	4	x	x	x	Peer Support 101	
1/29/13 Augusta			x	Consumers	11	x		x	Crisis & Intentional Peer Support	
2/4/13 Portland	x		x	Consumers	17	x	x	x	Peer Support 101	
2/11/13 Augusta	x		x	Consumers	5	x	x	x	Peer Support 101	
2/22/13 Bangor	x		x	Consumers	10	x	x	x	Peer Support 101	
3/4/13 Augusta			x	Consumers	16		x	x	Self-Care	
3/13/13 Augusta			x	Consumers	12	x	x	x	Peer Support Fidelity	
3/28/13 Augusta			x	Consumers	17	x	x	x	CIPSS Training	
10/22/12- 10/26/12 Kennebec County Sheriff's Office	x			Law Enforcement	10	x	x	x	40 hour CIT training	
11/5/12 - 11/9/12 Warren Maine State Prison	x			Law Enforcement	15	x	x	x	40 hour CIT training	

11/15/12 Vassalboro Me Crim Just Acad	x			Law Enforcement	60	x	x	x	8 hour CIT training	
12/3/12 - 12/7/12 Sanford PD	x			Law Enforcement	12	x	x	x	40 hour CIT training	

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TOPIC of Info Packet, etc. Distributed to Public Audiences	TYPE of Info Packet, Publication, Press Release, etc. (Please Specify) Distributed to Public Audiences	TOTAL # Info Packets, Publications, etc Distributed This Quarter
		191
Peer Support	Brochures, Articles	
PGR: The Neuroscience of Major Depressive Disorder: Focus on Anhedonia	Attendance & Eval form	
PGR: The Risk of Menopausal Depression Based on Estrogen Exposure During the Reproductive Years	Attendance & Eval form	
PGR: Spirituality and Mental Health Research: Implications for Patient Care	Attendance & Eval form	
PGR: Effects of Collision Sports on the Brain: Should Everyone Worry?	Attendance & Eval form	
PGR: Improving Integrated Care for Complex Patients with Physical and Mental Illness	Attendance & Eval form	
PGR: Using a Tele-health Device to Improve Psychiatric Illness Management: Results of a Pilot Study Project	Attendance & Eval form	
PGR: Using Mobile Technologies in the Assessment and Treatment of Serious Mental Illness	Attendance & Eval form	

Family Support Services- Standard 23-25

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<i>Total # Presentations/ #Participants This Quarter</i>	<i>% Families Referred to FSS from MH Agencies Reporting Satisfaction w/Referral Process This Quarter</i>	<i>Educ on terms of Settlement Agreement</i>	<i>Educ on services, MI from varying perspectives</i>	<i>Educ on tx, meds, dx, prog, care</i>	<i>Family Group Meeting Facilitator</i>	<i>Group Counseling</i>	<i>Psycho-educational Programs</i>	<i>Respite Services (# of days)</i>	<i>Other (Please Specify)</i>
<p>Three Family to Family classes with 27 participants. Fifteen Family and Combined Support Groups with 704 people attending. Seven veterans groups with 67 people attending. All group locations: Augusta, Bangor, Dover-Foxcroft, Ellsworth, Machias, Norway, Old Orchard Beach, Portland, Raymond, Rockport, Rumford, Sanford, South Paris, Skowhegan, Waterville, York</p>	<p>n/a-no referrals reported</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">x</p>	<p style="text-align: center;">2946 hours to 363 families</p>	