

Department of Health and Human Services (DHHS)
Office of Substance Abuse and Mental Health Services (SAMHS)
Report on Unmet Needs and Quality Improvement Initiatives
August, 2015

Attached Report:

Statewide Report of Unmet Resource Needs for Fiscal Year 2015 Quarter 3

Population Covered:

- Persons receiving Community Integration (CI), Community Rehabilitation Services (CRS), Assertive Community Treatment (ACT) and Behavioral Health Homes (BHH)
- Class and non-class members

Data Sources:

Enrollment data and RDS (resource data summary) data collected by APS Healthcare, with data fed into and reported from the DHHS EIS data system

Unmet Resource Need Definition

Unmet resource needs are defined by ‘Table 1. Response Times and Unmet Resource Needs’ found on page 17 of the approved DHHS/OAMHS Adult Mental Health Services Plan of October 13, 2006. Unmet resource needs noted in the tables were found to be ‘unmet’ at some point within the quarter and may have been met at the time of the report.

Quality Improvement Measures

The Office of Substance Abuse and Mental Health Services is undertaking a series of quality improvement measures to address unmet needs among the covered population for the Consent Decree.

The improvement measures are designed to address both specific and generic unmet needs of consumers using the established array of needs:

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|----------------------------------|------------------------------|
| A. Mental Health Services | H. Financial Security |
| B. Mental Health Crisis Planning | I. Education |
| C. Peer, Recovery and Support | J. Vocational/Employment |
| D. Substance Abuse Services | K. Living Skills |
| E. Housing | L. Transportation |
| F. Health Care | M. Personal Growth/Community |
| G. Legal | |

Ongoing Quality Improvement Initiatives

SAMHS Website – Redesign. A taskforce has been formed to design and implement a new SAMHS website. SAMHS currently has the legacy websites for Adult Mental Health Services and Office of Substance Abuse. Changes to the website will be incremental based on a schedule that is being developed. The redesign will assist the public in accessing information regarding unmet needs. All aspects of the new site should be rolled-out in July 2016.

Identified Need: A, B, C, D, E, F, G, H, I, J, K, L, M

Contract Performance Measures. SAMHS has instituted contract performance measures for twenty seven direct services which include but are not limited to Community Integration, ACT, Community Rehabilitation Services, Behavioral Health Homes, Daily Living Support Services, Skills Development, Medication Management, Residential Treatment and Gero-Psych Nursing Homes. Where appropriate, the measures are in alignment with standards under the Consent Decree Plan. All direct services contracts have measure in FY16. SAMHS will be implementing measures for indirect services in FY17.

Identified Need: A, B, C, D, E, J, K, L.

Contract Review Initiative. The Data/Quality Management staff worked with field service teams to ensure they have up-to-date, accurate service encounter data when they review progress toward meeting contract goals and establishing benchmarks for new contracts. SAMHS has built an easy query tool to help office staff identify service utilization patterns across three sources of funding. Also, a tool was built to assist providers in sending their data to SAMHS. This entire project has been completed, but Data/Quality Management staff will continue to monitor to assure providers' data is being sent successfully.

Identified Need: A, B, D, E, I, J, L

Mental Health Rehabilitation/Crisis Service Provider Review. The Mental Health Rehabilitation/ Crisis Service Provider (MHRT/CSP) certification was developed by the crisis providers (Maine Crisis Network) over the past several years in collaboration with DHHS (adult mental health and children's behavioral health) and the Muskie School. The MHRT/CSP is now ready to be implemented with providers. A review team consisting of two representatives from the Maine Crisis Network, two representatives from Children's Behavioral Health and two representatives from SAMHS worked together to conduct reviews at contracted agencies. Muskie staff collected the data, produced a summary report and made recommendations with plans to implement those recommendations.

Identified Need: B

Mental Health Rehabilitation Technician- SAMHS, Muskie School, providers and consumers have formed a group to redesign the certification of the Mental Health Rehabilitation Technician/Community. The group has worked over the last several months to come up with ways to redesign the certification. To achieve more opinions and ideas a survey was sent out to providers for their input. The results from the survey will be reviewed and recommendations will be made to the group.

Identified Need: A, B, C, D, E, F, G, H, I, J, K, L, M

Consent Decree Process Improvement Quality Improvement Initiative

- Agencies will soon be getting their Waitlists directly from APS Healthcare. The Field Service Managers and Field Service Specialist will still be following up weekly with the agencies regarding their Waitlists. This was delayed due to discussions between APS and MaineCare. The project is now back on track and expected to be completed soon.
- SAMHS staff called all consumers who have been on the Waitlist for 30 days or longer, and if they were unable to reach the consumer then the consumer was sent a letter. SAMHS staff waited for 14 days, and if there was no response APS Healthcare was asked to administratively close them. There was little response from those waiting 30 days or longer. If SAMHS staff is able to reach the consumer, the consumer has the option of having SAMHS staff assist them in getting services immediately or they can stay on the agency's Waitlist. Individuals unable to be reached will be discharged from the APS Waitlist.
- Staff will follow up to see that those individuals are either in service or were discharged.

Identified Need: A, B

SAMHS Quality Management Plan 2015-2020- The **DRAFT** Quality Management Plan has been completed. The Plan has been given to Disability Rights Center, the Attorney General's office and the Court Master for review. The Plan has been disseminated to all of SAMHS staff for updates and corrections. Currently the Quality Field Specialist from Portland is doing an extensive review and update. The Quality Management Plan will be updated on a regular basis.

Identified Need: A,B,C,D,E,F,G,H,I,J,K,L,M

AMHI Consent Decree-History, Requirements and Related Topics- A new Power Point was developed to provide in depth assistance to agencies regarding the history, the requirements and other related topics. This Power Point can be found at the link below along with other relevant topics. <http://www.maine.gov/dhhs/samhs/resources.shtml>

Identified Need: A, B, C, E, G, I, J

Adult Needs and Strengths Assessment (ANSA)- The ANSA is currently being used by the residential providers and the data is being submitted through a portal in Enterprise Information Systems (EIS). The ANSA has a field for intake, discharge, annual and 90 day review. There is a field that distinguishes between forensic and non-forensic clients. SAMHS is slowly implementing a pilot across services. We currently have one provider ready to submit their data and expect to have all those participating in the pilot to be able to submit their data by August 31, 2015. This pilot is to help SAMHS determine the correct level of care of each consumer.

A, B, C, D, E, F, G, H, I, J, K, L, M

Resource Data Summary- A combined project with SAMHS, APS Healthcare and providers to assess what would be helpful for providers in entering and discharging unmet needs in APS Healthcare. APS Healthcare is still working with their technical staff to determine the best approach. They will be reporting back to SAMHS regarding the recommendations. SAMHS will be contacting providers directly regarding employment and peer services to assure that the RDS in APS Healthcare is correct.

A, B, C, D, E, F, G, H, I, J, K, L, M