

**Public Education- Standard 34  
April-June 2007**

Topic	Type	Date(s)	Level of Participation	Information Packets/Publications
RECOVERY				
Intro to Peer Support	1-1 1/2 hour training for providers and other interested parties	3/16 Midcoast Hosp Brunswick; 4/12 Bangor CHCS; 5/4 DDPC Bangor; 6/6 OAMHS Augusta	77 total participants	Hard and e-copies available
Peer Support 101	Half-day workshop for peers considering being trained as peer supporters; & for other stakeholders interested in learning about peer support services	4/4 Dover-Foxcroft; 4/11 Portland; 4/12 Bangor; 4/27 Kittery; 5/4 Bangor	60 total participants	Hard and e-copies available
Intentional Peer Support	Intensive 58 hour training for peers interested in becoming certified as Peer Recovery Specialists. Blended learning consisting of face-to-face training, web based & distance learning.	May-July 2007	16 participants	Hard copies available

Intentional Peer Support Continuing Education	Continuing Education sessions (4 hrs each) for Peer Recovery Specialists	3/21 Augusta: Conflict Resolution; 5/16 augusta Documentation		
HOPE Recovery Conference	Keynote speakers Daniel Fisher and Rene Kopache and variety of workshops: Living w/a Purpose; Living the 4 Agreements; Laughter Yoga; Worldview in Int. Peer Support; WRAP Plans; Creating a Well Being Group; The Medicine Within; Negotiation in Int. Peer Support; Transformation; Recovery through Haiku; Power of Healing Ceremonies; Person Centered Planning and Community Inclusion, etc.	6/21-22 Augusta	Day One 123; Day Two 118; Total 141 individuals	Hard copies available
Person Centered Planning Leadership Institute	1 1/2 day institute designed to bring PCP philosophy to the adult mental health field	5/20-21 Augusta	30 total participants	Hard copies available
BEST PRACTICES				

Mediator Training	3 one hour sessions (Consumer Perspectives, Grievance Procedures; Overview of Adult Mental Health Services) as part of Community Mediation training of mediators	6/20 Augusta	20 total participants	Hard and e-copies available
"Substance Use Disorders"	Co-Occurring Collaborative of So. Maine video class	4/3/07 Bangor-DDPC	6 participants	Hard and e-copies available
"Developing Effective Treatment Strategies for the Patient with Mental Health and Mental Retardation Diagnoses"	Workshop-Barbara Asnes MSW, JD	6/20/07 Bangor-DDPC	50 participants	Hard and e-copies available
"Covert Co-Morbid Adult ADHD: Stimulant Effectiveness and History of Trauma"	Psychiatric Grand Rounds-Dr. Tom Rusk	4/6/07 Bangor-DDPC	35 participants	Hard and e-copies available
"Emergent Side Effects"	PsychLink Webcast	4/11/07 Bangor-DDPC	5 participants	Hard copies available
"First Episode Psychosis: A Window of Opportunity for Best Practices"	Webcast	4/17/07 Bangor-DDPC	3 participants	Hard copies available
"Energy Psychology"	Psychiatric Grand Rounds-Mia Beale, RN, CS, EdM, HNC, DMin	4/20/07 Bangor-DDPC	35 participants	Hard and e-copies available
"New Options for Antipsychotics"	MedTalk Lunch & Learn-James Blanchard	4/25/07 Bangor-DDPC	25 participants	Hard copies available
"The High Burden of Chronic Health Conditions for Persons with Serious Mental Illness"	Psychiatric Grand Rounds-Dr. Elsie Freeman	4/27/07 Bangor-DDPC	35 participants	Hard and e-copies available
"Overview of M.H. Conditions & Terminology"	Co-Occurring Collaborative of So. Maine video class	5/1/07 Bangor-DDPC	6 participants	Hard copies available
"Women & Stroke"	Teleconference	5/2/07 Bangor-DDPC	2 participants	Hard copies available

"Intentional Peer Support"	Psychiatric Grand Rounds-Katharine Storer and Kelly Staples	5/4/07 Bangor-DDPC	35 participants	Hard and e-copies available
"Efficacy Studies for Sensory Modulation Approach to Treatment"	Psychiatric Grand Rounds-Tina Champagne & Karen Moore	5/18/07 Bangor-DDPC	40 participants	Hard and e-copies available
"Principles of Integrated Treatment"	CO-Collaborative of Southern Maine video class	6/5/07 Bangor-DDPC	5 participants	Hard and e-copies available
"Endocrine Adverse Effects"	I3CME Webcast	6/5/07 Bangor-DDPC	4 participants	Hard copies available
"Translating the Role of Neurotransmitter Systems into Clinical Outcomes"	I3CME Audioconference	6/11/07 Bangor-DDPC	10 participants	Hard copies available
"Schizophrenia"	MedTalk Lunch and Learn-Dr. Monen Elnesr	6/15/07 Bangor-DDPC	25 participants	Hard copies available
"Case Studies in Bipolar"	I3CME Webcast	6/19/07 Bangor-DDPC	5 Participants	Hard copies available
"Assistive Technology"	Lunch & Learn- Lynn Gitlow	6/21/07 Bangor-DDPC	30 participants	Hard copies available
"Schizophrenia"	MedTalk Lunch & Learn	6/28/07 Bangor-DDPC	23 participants	Hard copies available
Sleep and ADHD	Psychiatric Grand Rounds	4/10/07 RPC	7 Participants	Hard copy available
Update on ECT: 2007	Psychiatric Grand Rounds	4/17/07 RPC	3 Participants	Hard copy available
Preventing Depression in Age-Related Macular Degeneration	Psychiatric Grand Rounds	4/24/07 RPC	7 Participants	Hard copy available
Mental Health Specialist Training	In-service	4/17,23&27/0 7 RPC	62 Participants	Hard copy available
A New Age in Mild TBA	Psychiatric Grand	5/8/07	8	Hard copy available

	Rounds	RPC	Participants	
Cognitive and Biological Dimensions of Chronic Insomnia: Theory and Practice	Psychiatric Grand Rounds	5/15/07 RPC	8 Participants	Hard copy available
Mental Health Specialist Training	In-service	5/21&30/07 RPC	58 Participants	Hard copy available
Proactive Communications	In-service	5/21/07 RPC	9 Participants	Hard copy available
Adventures in Quality Improvement: Adult Depression Care in the Dartmouth-Hitchcock Resident Psychopharmacology Clinic	Psychiatric Grand Rounds	6/5/07 RPC	6 Participants	Hard copy available
The Neurobiology of Child Abuse: Treatment Implications	Psychiatric Grand Rounds	6/12/07 RPC	10 Participants	Hard copy available
Bi-Polar Disorder	In-Service	6/19/07 RPC	20 Participants	Hard copy available
Mental Health Specialist Training	In-Service	6/4,5,11/07 RPC	69 Participants	Hard copy available
Jail Suicide: Special Issues	Forensic Grand Rounds	6/ 7 Augusta and satellite sites in Bangor and Portland.	125 participants	Hard copies available
Peer to Peer	Workshop provided through a contract with NAMI Maine	3/ 26 – 5/ 21 Machias	6 participants	Hard copies available
CIT Training (Corrections)	Workshop provided through a contract with NAMI Maine	4/ 23-27 DoverFoxcroft; 4/30-5/4 Farmington; 5/14-18 Two Bridges Corr. Fac; 5/21-15 Portland; 6/25-29 Machias	81 participants	Hard copies available
Resource Workshop: MYSPP Beyond the Basics	Workshop provided through contract with NAMI Maine	4/4 Portland	50 participants	Hard copies available

Effects of Divorce and Separation on Children	Workshop provided through a contract with NAMI Maine	4/11 Rockland	13 participants	Hard copies available
De-escalation Strategies	Workshop provided through a contract with NAMI Maine	4/26 South Portland	12 participants	Hard copies available
Good Mental Health	Workshop through contract NAMI Maine	5/17 Monmouth	100 participants	Hard copies available