

**Community Service Network 7 Meeting  
DHHS Offices, Biddeford  
March 12, 2009**

**DRAFT Minutes**

**Members Present:**

<ul style="list-style-type: none"> <li>• Common Connection Club (in CSI), W.C. Martin</li> <li>• Goodall Hospital, Deanna Mullins</li> <li>• Harmony Center (in CSI), Mark Jackson</li> </ul>	<ul style="list-style-type: none"> <li>• NAMI-ME Families, Jeanne Mirisola</li> <li>• Shalom House, Chris Souther</li> <li>• SMMC, Jean Ellis</li> </ul>	<ul style="list-style-type: none"> <li>• Spring Harbor, Mary Jane Krebs</li> <li>• York County Shelters, Jen Ouellette</li> </ul>
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**Members Absent:**

<ul style="list-style-type: none"> <li>• Center for Life Enrichment (in CSI)</li> <li>• Consumer Council</li> <li>• Creative Work System</li> </ul>	<ul style="list-style-type: none"> <li>• Job Placement Services</li> <li>• Riverview Psychiatric Center</li> <li>• Saco River Health Services</li> </ul>	<ul style="list-style-type: none"> <li>• Sweetser Peer Center</li> <li>• Volunteers of America</li> <li>• York Hospital</li> </ul>
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**Others/Alternates Present:**

<ul style="list-style-type: none"> <li>• AIN, Don Burns</li> <li>• CCSME, Kate Chichester</li> </ul>	<ul style="list-style-type: none"> <li>• MMC- Emp Spec.-CSN 7, Barbara Murray</li> </ul>	<ul style="list-style-type: none"> <li>• MMC-Vocational Services, Deborah Rousseau</li> </ul>
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**Staff Present:** DHHS/OAMHS: Carlton Lewis and Ron St. James. Muskie School: Scott Bernier

<b>Agenda Item</b>	<b>Discussion</b>
I. Welcome and Introductions	Carlton opened the meeting with introductions around the table.
II. Review and Approval of Minutes	January minutes were approved.
III. Feedback on OAMHS Communication	No feedback provided this month.
IV. COD Discussion	<p>Carlton introduced Kate Chichester of the Co-Occurring Collaborative of Southern Maine (CCSME). Kate provided an update on the five-year grant on Co-Occurring State Integration Initiative (COSII) that CCSME has been overseeing. The grant provides support for the integration of mental health and substance abuse services within agencies. She provided a handout on the grant.</p> <ul style="list-style-type: none"> <li>• The grant is a five-year federal project funded by SAMHSA through the Maine Office of Substance Abuse. Its goal is to help the state to develop infrastructure that will make it possible for providers to offer integrated, co-occurring treatment services.</li> <li>• The grant focuses on areas of State government and policy that include Licensing, Reimbursement, Screening and Assessment, Workforce Development and Data Development.</li> <li>• It funds 9 agency pilot sites to implement new co-occurring approaches over three years of the grant and work with many more agencies to develop and enhance their services.</li> <li>• The initial three years are followed by two years of evaluation activities.</li> <li>• This is the final year of the grant.</li> <li>• The grant enabled CCSME to help pilot agencies change their infrastructure to provide services</li> </ul>

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	<ul style="list-style-type: none"> <li>• Through the grant, CCSME worked with license regulations to alter substance abuse licensure to include integration language</li> <li>• The grant has helped them push for universal drug screening within the pilot agencies.</li> <li>• Agencies were used as pilot programs to help determine how to make those mental health agencies more integrated.</li> </ul> <p>Jennifer Ouellette of York County Shelters (YCS) reported on how being a pilot site has helped her agency.</p> <ul style="list-style-type: none"> <li>• YCS became a pilot site in late 2002 or early 2003.</li> <li>• YCS serves as a homeless shelter first. However, up to 90% of those they serve have co-occurring disorders</li> <li>• The opportunity of becoming a pilot program enabled them to move in serving their clients.</li> <li>• They now plan to devote more energy on staff training so that all staff members are “on the same page” in regards to integrated services.</li> <li>• One of the benefits of becoming an integrated provider has been they have been able to provide better and more cost effective care.</li> </ul> <p>Questions/Comments:</p> <ul style="list-style-type: none"> <li>• <b>Comment:</b> The information on this program needs to be given to the client in addition to the staff.</li> <li>• <b>Response:</b> It does filter through to the client.</li> <li>• <b>Question:</b> I received a pamphlet on this grant in a different CSN meeting. It’s great and I encourage everyone to read it. Do you have any with you to distribute?</li> <li>• <b>Answer:</b> Kate did not have any with her. She will email it to Muskie for distribution to all CSNs.</li> <li>• <b>Comment:</b> Spring Harbor thought they were already sensitive to co-occurring disorders. However, they have learned so much from using this model. Despite the grant running out, they plan to continue ot use the model. They are also using motivational interviewing training.</li> <li>• <b>Comment in response:</b> Kate stated that you need to know how to be welcoming and supportive of an individual. It’s nice to hear this has helped the agencies it has been piloted in. As agencies make these changes, it will take a commitment from both the state and the agencies to continue to use it.</li> <li>• <b>Question:</b> Wouldn’t this work continue after the grant ends if it’s determined to be a best practice by APS?</li> <li>• <b>Answer:</b> That’s a good question, as it is a best practice.</li> <li>• <b>Question:</b> Has a relationship been found between co-occurring disorders and denial?</li> <li>• <b>Answer:</b> No. It all depends on the individual and the provider.</li> <li>• <b>Question:</b> As I present this information to an agency, how does it look different?</li> <li>• <b>Answer:</b> A client should be welcomed rather than turned away. The client should still receive treatment for their issues. The work/treatment plan should contain both mental health and substance abuse objectives/goals. However, not all agencies can handle all issues.</li> <li>• <b>Question:</b> So if someone needs a service we don’t offer, a part of this is that we should work with the individual to connect them with someone who does provide the needed service?</li> <li>• <b>Answer:</b> Yes.</li> <li>• <b>Question:</b> What is motivational interviewing?</li> <li>• <b>Answer:</b> We look at things that we both want to and don’t want to change. We help the individual explore/encourage change. It helps the individual to come to the conclusion that they do have a problem.</li> <li>• <b>Question:</b> On ACT teams, who gets trained in using motivational interviewing?</li> </ul>

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	<ul style="list-style-type: none"> <li>• <b>Answer:</b> All members should have some training in it.</li> <li>• <b>Comment:</b> Motivational interviewing is built into the training used by MMC.</li> <li>• <b>Question:</b> With the grant ending, will it make it more difficult for agencies to check themselves?</li> <li>• <b>Answer:</b> Yes</li> <li>• <b>ACTION:</b> Kate Chichester will email the information pamphlet to Muskie for distribution to all CSNs.</li> </ul>
<p>V. Employment – Report from CSI on Employment initiative</p>	<p>CSI representatives were excused from this month’s meeting. Barbara passed around a report on what she has been doing at the employment specialist for CSN 7. The report included a pie chart summary.</p> <ul style="list-style-type: none"> <li>• She is working with 36 individuals. The pie chart percentages do not add up to 100% because some individuals are engaged in multiple activities. Pie chart figures: <ul style="list-style-type: none"> <li>○ 17 are in career exploration</li> <li>○ 26 are actively searching for a job</li> <li>○ 7 are enrolled in school</li> <li>○ 1 is volunteering</li> <li>○ 7 are employed</li> <li>○ 2 are in Outreach/Other</li> </ul> </li> <li>• She is certified in MBTI (Meyers-Briggs) and is using it as a career exploration assessment tool.</li> <li>• Employed participants are employed in fields such as social services and retail. The volunteer is located at SMMC</li> <li>• Those enrolled in school are enrolled at York Adult Education, Saco/Biddeford Adult Education, Medi-Tech, Chamber of Commerce, and Literacy Volunteers in Sanford.</li> <li>• Over the next few months, she will be compiling an employment and educational directory for the region. A training module in job development has been developed for use within CSN 7 to assist with this process. Over 100 employers in York &amp; Cumberland Counties have been contacted and entered into a database. This includes contacts with employers from the List of Working Together Business partners. The Chambers of Commerce in York, Saco/Biddeford and Portland have all been contacted.</li> <li>• Joseph Seger, Employment Manager at SMMC, has volunteered to become our business champion for this CSN.</li> <li>• In an effort to accommodate individuals who are waiting to meet with her, Barbara has begun to offer two vocational service groups per week. The groups have been meeting since December.</li> </ul> <p>Questions/Comments:</p> <ul style="list-style-type: none"> <li>• <b>Question:</b> What is the time frame of your chart?</li> <li>• <b>Answer:</b> As of last weekend.</li> <li>• <b>Question:</b> What does a business champion do?</li> <li>• <b>Answer:</b> He has offered to do mock interviews at our group meetings. He will talk about the industry and help open doors for clients.</li> <li>• <b>Question:</b> Are any of these meetings held in Sanford?</li> <li>• <b>Answer:</b> Not at this time. Currently, meetings are held in Biddeford.</li> <li>• <b>Comment:</b> Barbara hopes to start opening slots for people from outside the host agency in the near future.</li> </ul>

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VI. Crisis Planning Update	Carlton reported that the MOU's are in. DHHS is in the process of amending the contracts, which should be completed over the next couple of weeks.
VII. Consumer Council System Update	<p>Members have formed committees to help get CCSM's work done. A disability rights lawyer visited and spoke at one of their meetings.</p> <p>Question/Comments:</p> <ul style="list-style-type: none"> <li>• <b>Comment:</b> Carlton passed on praise from Ron Welch on how well the consumers who presented at legislative hearings conducted themselves and how they spoke.</li> </ul>
VIII. Legislative Update	<p>Carlton reported he had little to pass on as Ron Welch was at a consent decree meeting. There is a bill in the works on the Progressive Treatment Program (PTP) and a bill in the works on Involuntary Medication. Locus score will be integrated into eligibility requirements.</p> <p>Questions/Comments:</p> <ul style="list-style-type: none"> <li>• <b>Question:</b> Do you know the status of LD 576 on housing?</li> <li>• <b>Answer:</b> Carlton was not sure, but would look into it.</li> <li>• <b>Question:</b> Do you know the status of BRAP funding?</li> <li>• <b>Answer:</b> Carlton didn't know the status of any current legislation. He knows there are currently over 100 on the waiting list. Again, he will look into it.</li> <li>• <b>Question:</b> What about ACT Teams? Will those who are age 18 be allowed to use this service?</li> <li>• <b>Answer:</b> That is the current practice. Those who are 18 can access this service.</li> </ul> <p><b>ACTION:</b> Carlton will look into the two bills asked about above and get back to the group with information on their status.</p>
IX. APS Healthcare	This agenda item was tabled as Don Chamberlain could not attend the meeting.
X. Other	<p>Questions/Comments:</p> <ul style="list-style-type: none"> <li>• <b>Question:</b> In reviewing the minutes from January, what is this about Maine Mental Health Partners?</li> <li>• <b>Answer from Spring Harbor's Representative:</b> It is a proposal from Spring Harbor that was discussed at the January meeting. The representative from Spring Harbor gave a brief overview of the presentation.</li> <li>• <b>Question:</b> In regards to this proposal, have you managed to combine any billing or HR services yet?</li> <li>• <b>Answer:</b> We have not partnered with anyone yet. However, there are some interested agencies.</li> </ul>
XI. Public Comment	None.
XII. Meeting Recap and Agenda for Next Meeting	<p>See <b>ACTION</b> items above.</p> <p>APS Healthcare: Administrative Burdens Report</p> <p><b>The next meeting is scheduled for Thursday, April 9, 2009.</b></p>