

**Community Service Network 7 Meeting
DHHS Offices, Biddeford
January 8, 2009**

Minutes

Members Present:

<ul style="list-style-type: none"> • Lois Jones, Counseling Services, Inc. • Jennifer Goodwin, Counseling Services, Inc. • W.C. Martin, CSI-Common Connection Club & CCSM • Mark Jackson, CSI-Harmony Center & CCSM 	<ul style="list-style-type: none"> • Barb Murray, MMC Emp Spec, CSN 7 • Deborah Rousseau, MMC Vocational Employment Coordinator • Jeanne Mirisola, NAMI-ME Families • Chris Souther, Shalom House 	<ul style="list-style-type: none"> • Jean Ellis, SMMC • Mary Jane Krebs, Spring Harbor • Jen Ouellette, York County Shelter Programs
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Members Absent:

<ul style="list-style-type: none"> • AIN (excused) • Creative Work Systems • CSI-Center for Life Enrichment (vacant) 	<ul style="list-style-type: none"> • Goodall Hospital (excused) • Riverview Psychiatric Center 	<ul style="list-style-type: none"> • Saco River Health Services • York Hospital
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Others/Alternates Present:

<ul style="list-style-type: none"> • Dennis King, Spring Harbor 	<ul style="list-style-type: none"> • Kelly Shaughnessy, Volunteers of America 	
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Staff Present: DHHS/OAMHS: Carlton Lewis and Don Chamberlain. Muskie School: Scott Bernier

Agenda Item	Discussion
I. Welcome and Introductions	Carlton opened the meeting with introductions around the table.
II. Review and Approval of Minutes	November minutes were approved.
III. Feedback on OAMHS Communication	No feedback provided this month.
IV. Employment—Report from CSI on Employment Initiative	<p>CSI is hosting Barb Murray, the Employment Specialist for CSN 7. Consumer responses to the survey have been significant. Forty-seven percent of those who have responded would like to be employed. Barb is meeting with individuals who wish to work or pursue continuing education. She has started some vocational support groups off-site that are open to anyone. The first hour is an open structure. The second hour is a mini-workshop. An example of one of the workshops she has provided is on how to/when to disclose that you are a consumer to the employer. She spends roughly half her time in job development—cold calling employers looking for available positions for consumers.</p> <p>Questions/Comments:</p> <ul style="list-style-type: none"> • Question: Is this service available just for CSI clients? • Answer: No. Anyone can use the service. I am currently working with both CSI and non-CSI clients. • Question: Is outreach part of what you do? How do people know about your support group? • Answer: We're in the process of determining how to provide services CSN-wide. Additional response from Deborah: We could arrange to do a presentation at your agency.

Agenda Item	Discussion
	<ul style="list-style-type: none"> • Question: Who funds this? • Answer: DHHS. • Question: What are you going to do as the high demand for this service continues to increase? • Answer from Don: First a little history. Originally, the only source for this service was Department of Labor's Bureau of Vocational Rehabilitation, which had an extensive waiting list. So, DHHS developed the Employment Service Network to provide an employment specialist in each CSN to help reduce the wait list. As wait lists are developed with these employment specialists, we can show that there is an unmet need for this service and maybe obtain more funding for this in future budgets. • Question: Identifying employment opportunities for people is helpful.
<p>V. <u>Crisis Planning Update</u> – Report from Crisis providers on planning in the CSN for March system changes</p>	<p>Background: Across the state, crisis providers and hospitals need to have working agreements in place around crisis work and commit to resolve issues as they arise. They have been doing this informally and resolving agreement formalizes it. The planning is still in process. They only need one more signature, which they hope to have tomorrow (Friday, 1/9/09).</p>
<p>VI. Maine Mental Health Partners</p>	<p>Don introduced this topic. There has been discussion and requests for information related to MaineHealth to develop a network of providers that already have relationships with hospitals in the southern part of the state. Don has asked Dennis King of Spring Harbor to attend this meeting to present their plan to all the CSN's in the southern part of the state.</p> <p>Dennis provided some background: MaineHealth is the parent company of Maine Medical Center and Spring Harbor. Their trustees began planning a year and a half ago and were asked to be the gate keeper for the southern part of the state for inpatient services. They saw an increase in demand around Maine Health, found that some people were getting stuck in the system, and saw funds were being cut while financial demands would have required them to be more efficient in providing services. They concluded they couldn't do this alone.</p> <p>Dennis provided a handout on their proposal for Maine Mental Health Partners: MaineHealth.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Integrated delivery system for the MaineHealth region-CSN's 3, 4, 5, 6, & 7 (Kennebec, Somerset, Knox, Lincoln, Sagadahoc, Waldo, Oxford, Androscoggin, Franklin, Cumberland, and York Counties) • Coordinated regional care continuum <ul style="list-style-type: none"> ○ Services delivered close to home, without ability to pay ○ Fullest possible continuum ○ Enhanced flow across continuum • Quality & cost benefits <ul style="list-style-type: none"> ○ Clinical integration ○ Access to SHH/MMC psychiatry/telepsychiatry ○ Shared services organization for economies of scale • The service area would cover the same CSN's for which Spring Harbor Hospital is the designated "safety net" psychiatric hospital.

Agenda Item	Discussion
	<p>Proposed Relationships:</p> <ul style="list-style-type: none"> • Contract: least organizational alignment required, but higher cost • Affiliation: greater organizational alignment required, lower cost • Membership: Maine Mental Health Partners subsidiary/best value <p>Membership benefits:</p> <ul style="list-style-type: none"> • Local oversight & control—members retain their own boards, executive directors, staff, etc. • Seat on the MMHP oversight table-members may have trustees serve on MMHP's board • Seat at the MMHP management table—Member Executive Director sits on MMHP's Senior Management Team. • Opportunity to participate in contracting as part of an organization with over \$1 billion in assets • Part of system serving the psychiatric care needs of MaineHealth's Inpatient Units & Emergency Departments. • Part of system that relies on step-down services for 150+ youth & adult psychiatric hospital beds • Access to MMHP's specialty services. <p>Questions/Comments:</p> <ul style="list-style-type: none"> • Question: Is MMC's vocational services a part of the Spring Harbor Affiliate? • Answer: It isn't on the charts in the handout, but it is there. However, it is not officially part of Spring Harbor, but it is supervised by Spring Harbor • Comment: SMMC's emergency room has been following best practice standards developed by MaineHealth. It has provided consistent care for patients. There has also been a second initiative that tackled managing out-of-control patients in the emergency department. We now have standard protocols to teach non-psychiatric staff. <p>Dennis King let members know that they may contact him at Spring Harbor Hospital with further questions.</p>
<p>VII. Budget Update</p>	<p>Don reported on the budget. The impact of the curtailments in the current budget included the following, that are being reviewed by the legislature:</p> <ul style="list-style-type: none"> • \$350K eliminated for WRAP, Community Integration (CI) and ACT. DHHS anticipated this. As a result, some other CSN's can't accept any new admissions. • Roughly \$62K was cut from three other contracts. • Riverview and Dorothea Dix Psychiatric Centers each were cut \$100K. DDPC also dropped 4 open positions and cut 4 filled positions. None of the filled positions were people who worked directly with patients. <p>The 2010-11 budget will be announced tomorrow, Friday, January 09, 2009. As part of that budget, OAMHS included increases for BRAP, CI, and outpatient medication management based on anticipation that the Court Master would rule that DHHS is responsible for a broader population of consumers than those defined in the AMHI consent decree. Since they submitted that request in, the Court Master made that broader ruling.</p> <p>Questions/Comments:</p> <ul style="list-style-type: none"> • Comment: Rates are another piece of this. If they decrease, it will be viewed as a cut. • Question: How much money does the state have in the rainy day fund? • Answer: I don't know.

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	<ul style="list-style-type: none"> • Question: Is there any assurance/discussion around the Deloitte services? • Answer: The Deloitte review would say the comparison is apples to apples.
VIII. Psychiatric Consultation	<p>Don provided a handout. DHHS has contracted with the Maine Association of Psychiatric Physicians for a part-time practitioner to provide matches between volunteer psychiatrists and primary care physicians in rural parts of the state.</p> <p>The project was started in 2004, in response to the lack of psychiatric resources in rural areas of Maine. Currently 25 psychiatrists are consulting to over 40 primary care practices. For more information, you can contact either Cindy Paradis at cindy_fox_paradis@yahoo.com (the spaces in her address are Underscores) or David Molz, MD at dmoltz2@gmail.com.</p> <p>DHHS is also looking into how to pay for face-to-face consultations.</p>
IX. Consumer Council System Update	Elaine is enjoying her new job. New councils are forming across the state. The Statewide Consumer Council has open seats.
X. WRAP Process	<p>The contract has been written with a start date in February. The amount will be the same as the first 6 months. The state WRAP policy is being tweaked to match each CSN's process. Don reported that the delay in the contract was a result of the fact that the Department of Administration & Financial Services (DAFS) had called a halt to the process as they thought payments should be made by the state controller, which could have delayed payments by several weeks. DHHS explained the process to their satisfaction.</p> <p>Questions:</p> <ul style="list-style-type: none"> • Question: Do you have the appeal process in writing somewhere that we can use? • Answer: We can send you and Lois something. • Question: Is the Westbrook issue all set? • Answer: WRAP funds are by CSN and not agency. This has been cleared-up for those agencies involved. <p>ACTION: Carlton will send the appeal process to Lois Jones of CSI and Jen Ouellette of York County Shelters Program.</p>
XI. Other	There were no other items discussed this month.
XII. Public Comment	None.
XIII. Meeting Recap and Agenda for Next Meeting	<p>See ACTION items above.</p> <p>Legislative & Budget Update Consumer Council System Update Employment Specialist Update</p>