

**Community Service Network 4 Meeting
DHHS Rockland Office, Rockland
December 14, 2009**

DRAFT Minutes DRAFT

Members Present:

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| <input type="checkbox"/> Allies Inc. | <input checked="" type="checkbox"/> Merrymeeting Behav Svcs (MBHA)-
Marilyn Mullens, Dawn Ward | <input type="checkbox"/> Spring Harbor Hospital |
| <input type="checkbox"/> Break of Day, Inc. MH Group –
Kimberly Greenleaf, Murlyn Greenleaf | <input checked="" type="checkbox"/> Mid-Coast Mental Health Ctr
(Pen-Bay) – Patti Isnardi | <input checked="" type="checkbox"/> St. Andrews/Miles Hospital –
Stephanie Field, |
| <input type="checkbox"/> Community Care | <input type="checkbox"/> NAMI-ME – Families | <input checked="" type="checkbox"/> Sweetser – Leslie Mulhearn |
| <input checked="" type="checkbox"/> Consumer Council –Melissa Caswell | <input type="checkbox"/> Riverview Psychiatric Center
-Steven Thebarga | <input checked="" type="checkbox"/> Sweetser Peer Center – Scott Metzger |
| <input checked="" type="checkbox"/> ESM – Peggy Rice | <input type="checkbox"/> | <input type="checkbox"/> Waldo County General Hosp |
| <input type="checkbox"/> | | <input type="checkbox"/> |

Others Attending:

- | | | |
|---|--|--|
| <input checked="" type="checkbox"/> AIN – Monica Elwell | <input checked="" type="checkbox"/> Family Member – Tammy Swasey-
Ballor | <input type="checkbox"/> Oceanway Manor |
| <input type="checkbox"/> APS Healthcare | <input checked="" type="checkbox"/> Mid-Coast DBSA – Bill Shephard | <input type="checkbox"/> Schaller Anderson |
| <input checked="" type="checkbox"/> Assistance Plus – Eric Albee | <input checked="" type="checkbox"/> MMC/Empl Svcs Network – Deborah
Rousseau & Mary Campbell | |

Staff Present:

DHHS/OAMHS: Sharon Arsenault, Leticia Huttman, Cecilia Leland

Muskie School: Linda Kinney

Agenda Item	Discussion
I. Welcome, Introductions and Reminder to sign in	Sharon welcomed the group and introductions were made. She told everyone that the issue of agencies not attending the CSN meetings was being addressed, but had no further information at this time. She let the group know that Ron Welch, Don Chamberlain and Marya Faust were not able to attend today.
II. Minutes – Review & Approval of previous meeting minutes	Scott Metzger requested that Peer Support be added to the agenda under Meeting/Activity Reports. Action: Linda Kinney will add Peer Support to the agenda.
III. Continuity of Care Workgroup • Improved Access to Service	Leslie Mulhearn reported that getting people to join the Continuity of Care Workgroup has been a challenge. So far there have not been enough people to have a meeting and she asked the group what is needed to get people to attend. The requirement of having 3 consumer representatives is also a problem as only one has attended so far. They also don't have anyone offering a voice for providers. Though providers are not required to attend, getting their input would be beneficial. Sharon reminded everyone that people on this workgroup do not have to be members of the CSN. This workgroup gives people a chance to address particular needs in the CSN 4 area. The problem of getting consumers to attend may be a transportation issue so Leslie felt there might be a multi-media way to access the meetings. It was agreed they will give it another try to get a workgroup together and if only 2 or 3 show up, those individuals will make all of the decisions. Action: Monica will contact consumers to see if she can develop strategies to increase consumer attendance.

<p>IV. Meeting/Activity Reports</p> <ul style="list-style-type: none"> • Employment Service Network <p>CCSM</p> <p>Crisis Quarterly Meeting</p> <p>Peer Support</p>	<p>ESN: Mary Campbell reported that the ESN 5 group is running well. There are currently 10 members. They are looking for more business champions. There are 2 Disability Program Navigators (DPS) on the board now. ESN 4 has been focusing on transportation, as there is no public transportation available other than for medical reasons and cabs are often too expensive. Others, including the police chief in Rockland, are taking interest in the business community. There is currently a 19 person caseload.</p> <p>Local: Melissa Caswell reported that the local participation has been low. They are trying to find ways to remedy this such as having a movie night or a meeting at the Maine Lighthouse Museum. When they have the next meeting scheduled, Melissa will pass the information on.</p> <p>State: Melissa reported the following: CCSM has a seat on the MeHAF steering committee for Peer Services Grant. CCSM sent 8 members to the Alternatives 2009 conference this year with everyone attending different workshops. They met with peers around the country to talk about efforts in uniting the consumer voice. Melissa informed the group that the CCSM will have one seat on the committee that Sen. Nutting is putting together in regards to LD1360. The CCSM is against this bill as it takes away consumer rights. Some members attended a workshop at the Statehouse and learned how to speak and write what's on their minds, working with community members and lobbying public policy makers. She said the CCSM/AIN conference was held in October and had national speakers discussing how to move the consumer movement in Maine forward. The monthly MAPSRC group met and agreed to work on legislative issues. She also informed everyone there was a webinar on November 6 with Pat Deegan and Laurie Curtis.</p> <p>Action: Melissa will pass on meeting information as soon as she gets it.</p> <p>Patti Isnardi said Sweetser and Mid Coast Mental Health Crisis Services went over the stats of the last 3 to 4 months. They are finding the people using the ER more than they would like to see. A crisis plan discussion was held. If anyone knows of someone who may benefit from rapid response, please keep this group in mind. They are also working on getting protocols together, such as: what is the purpose? Who do you call? And What is the "issue of the day"?</p> <p>Scott Metzler informed everyone that Mid-Coast Peer Services is one of only 2 in the state that has Peer Support Specialist representatives in the Emergency Department. There are 72 hours in the week where you can elect to have a Peer with you and support you while at the hospital. The hours where they are available is being examined as they are trying to follow data and make this support more readily available at peak times. The hope is to start new hours sometime in January. They estimate about 50% of folks ask for a peer when they enter the hospital. The time spent with them may vary from 15 minutes to 6 or 8 hours. These are paid positions and Peers need to be State certified through 56 hours of training. They are funded through grant money.</p>
<p>V. Other</p>	<p>Leslie posed a question, referring to the letter from Don Chamberlain entitled: <i>Adult Mental Health Services: Frequently Asked Questions - Contact for Service Notification & Wait List Report</i>. She wanted to know how the data is being used. She said it was acknowledged that part of the data is not accurate. She also wondered why this letter had been sent now when the Department has asked the CSNs to look at this issue.</p> <p>Action: Sharon will talk with Don who will answer in writing. He will send this to Linda Kinney who will in turn send it to the CSN 4 members.</p>

	<p>Monica told the members she will be starting a recovery group on Wednesday evenings. Information on this will be in the local papers.</p> <p>Action: Monica will send more information as she gets it to Linda Kinney who will send it out to the CSN 4 members.</p>
<p>VI. Public Comment</p>	<p>There were no public comments.</p>
<p>VII. Meeting Recap & Agenda for Next Meeting</p>	<ul style="list-style-type: none"> • Continuity of Care Workgroup – please ask everybody to contact someone who can be part of this committee. As of now the meeting will be at Sweetser on Monday, the 11th of January at 17 Walnut St., Rockland. If you need to call in to be part of this meeting, telephone or email Leslie Mulhearn or Linda Kinney and let them know. They will be deciding on a goal at this meeting. • Linda is to add Peer Support to the Agenda Meeting Reports on future agendas. • The next CLASS meeting will be tomorrow at 221 State St., Augusta, from 1:00 pm to 4:00 pm. • Leslie will send questions to Don about his letter and he will send Linda Kinney the answers to forward to the CSN 4 members. • The next ESN 4 meeting will be on Dec. 22nd at this location from 1:00 pm to 3:00 pm. • The next Quarterly crisis meeting will be at noon on Feb. 15 in this same room just prior to the CSN 4 meeting. • Sharon wished Happy Holidays to everyone.