

**Community Service Network 3 Meeting  
Riverview Psychiatric Hospital, Augusta  
April 5, 2010**

**Minutes APPROVED**

**Members Present:**

<input checked="" type="checkbox"/> <b>Allies Inc</b> – Kim Lane (alt.)	<input type="checkbox"/> Hope Recovery Center at Maine General – Carla Beaulieu	<input type="checkbox"/> Mount St Joseph – Karen Fatz
<input type="checkbox"/> Alternative Services Inc – Dick Willauer	<input type="checkbox"/> Kennebec Behavioral Health – Cheryl Davis (alt.) - <b>EXCUSED</b>	<input checked="" type="checkbox"/> <b>NAMI-ME</b> – Carol Carothers
<input checked="" type="checkbox"/> <b>Assistance Plus</b> – Annalee Polley	<input type="checkbox"/> LINC Club – Dee Nilsen	<input type="checkbox"/> NAMI-ME Families – Ann Lang
<input checked="" type="checkbox"/> <b>Care &amp; Comfort</b> - Joe Tinkham	<input checked="" type="checkbox"/> <b>ME Children’s Home For Little Wanderers</b> – Sharon Abroms	<input checked="" type="checkbox"/> <b>Redington-Fairview Hospital</b> – Lori Michaud
<input checked="" type="checkbox"/> <b>Catholic Charities of Maine</b> – Bob Colby (Alt.)	<input checked="" type="checkbox"/> <b>MaineGeneral HealthReach Network</b> – Emilie van Eeghen	<input checked="" type="checkbox"/> <b>Riverview Psychiatric Center</b> – Mary Louise McEwen
<input checked="" type="checkbox"/> <b>Charlotte White Center</b> – Charlie Clemons (alt.)	<input checked="" type="checkbox"/> <b>MaineGeneral Medical Center</b> – Emilie vanEeghen	<input checked="" type="checkbox"/> <b>Sebasticook Valley Hospital</b> – Sharon King
<input type="checkbox"/> Community Care – Tracy MacDonald – <b>EXCUSED</b>	<input checked="" type="checkbox"/> <b>Merrymeeting Behav. Services</b> – Bonnie York (Alt.)	<input type="checkbox"/> Spring Harbor Hospital – Ric Hanley - <b>EXCUSED</b>
<input checked="" type="checkbox"/> <b>Consumer Council</b> - Elaine Ecker	<input type="checkbox"/> Motivational Services Inc. – Richard Weiss	<input type="checkbox"/> Sweetser – Bob Fowler
<input type="checkbox"/> Cornerstone Behavioral Care – Donna Ruble		<input checked="" type="checkbox"/> <b>Youth and Family Services</b> – Lora Wilford-McManus
<input checked="" type="checkbox"/> <b>Crisis &amp; Counseling</b> – Lynn Duby		
<input checked="" type="checkbox"/> <b>ESM</b> – Karina Patton (alt.)		
<input checked="" type="checkbox"/> <b>Graham Behavioral Services</b> – Jen Raymond (alt.)		

**Others Present:**

- **AIN** – Monica Elwell; **MMC/ESN** – Deborah Thibodeau, Voc. Emp. Coord/Spec

**Staff Present:**

**DHHS Team** –Don Chamberlain, DHHS/OAMHS; Sharon Arsenault, DHHS/OAMHS; Wanita Page, DHHS/OAMHS; **Muskie** – Julia Mason

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome, Introductions and Reminder to sign in</b>	Introductions were made by the group.
<b>II. Minutes – Review &amp; Approval of previous meeting minutes</b>	Minutes were reviewed and accepted with following change included: – Emilie van Eeghen was present at the previous meeting.
<b>III. Continuity of Care Work Group</b>	There was discussion on improvements to the assessment process, possibly achieving this through the use of the APS portal. Don C. agreed to take this idea to Eric Meyer of APS. Don added that If it is feasible, there would most likely be questions of confidentiality, and there might be a cost. It was suggested that if there is a question of confidentiality, Eric Meyer from APS could be invited to attend the next CSN 3 meeting to discuss. Don has spoken to Attorney General Janet Mills who informed him that the sharing of personal information for the purpose of continuity of care would trump Maine privacy laws. Don asked if use of the APS portal is not feasible, what are some other suggestions for achieving continuity of care.

#### IV. Meeting/Activity Reports

- **Consumer Council of Maine: local and statewide**
- **Employment Service Network**
- **Crisis Quarterly Meeting**

#### • **Consumer Council of Maine (CCSM)**

- There has been an increase in participation, partly due to outreach efforts. Fifty people attended the Consumer Council Spring Fling Survivors Celebration held on March 25<sup>th</sup> in Rumford.
- The Augusta Council will be having a Pizza Party on April 27<sup>th</sup> for local outreach.
- Elaine explained the criteria for establishing a local chapter.
- There was a brief explanation on the current status of LD-1360, An Act to Allow Law Enforcement and Family Members to Petition the District Court to Initiate Assisted Outpatient Treatment, and the efforts of the Consumer Council to have the bill defeated. Don C. added some details on the fiscal note.
- Elaine gave a report on the Crisis System Redesign proposal that was presented by Scott Metzger and the CCSM at the Feb 18<sup>th</sup> meeting. The proposal was met with a lot of enthusiasm, and the HHS representative, Mark Eaves, took it back to the HHS committee. The Dept. liked it and is looking forward to it becoming a model. There are incentives in the budget to move towards this model. The primary barrier is how to fund the peer support initiatives. Carol Carothers added that she hopes that the language of the bill will be expanded to give family members assistance when a loved one is in crisis.
- Elaine announced that the CCSM has a new website and invited all attendees to check it out. The address is <http://www.maineccsm.org/>. They are in the process of hiring 2 outreach coordinators, and Melissa Caswell is becoming the Office Coordinator. The CCSM is also finishing up work on their 5-year Strategic Plan. This meeting to discuss the plan will be held at the UNUM offices in Portland on May 4<sup>th</sup>.
- Emilie van Eeghen asked Don what happened to the RFP to develop peer support services at the MaineGeneral Emergency Department. She knew OAMHS had discussed it, but it had never been issued. Don responded that there had been discussion on the RFP, but it had come up against some walls.
- Troy opened a discussion about peer services being reimbursable.

#### • **Employment Service Network**

- Deborah Thibodeau informed the attendees that someone from Kennebec Behavioral Health will be joining the CSN-3 meetings, as they are the ESN Host Agency. She gave a brief report about the ESN, the local groups and meetings, things that they do. ESN-3 minutes are posted on the DHHS CSN website.
- Elaine asked Deborah Thibodeau how many people who use the ESN services have progressed on to school or employment.
- **Actions:** Deborah Thibodeau will produce and make available a report on the number of people who use the ESN services that have transitioned on to school or employment.

#### • **Crisis Quarterly Meeting**

- Lynn Duby informed the group that these meetings are held monthly at Maine General. They are currently working on:
  - A proposal for the use of 3 beds that are being set aside for MH crisis patients that are being underutilized.

	<ul style="list-style-type: none"> <li>○ Lynn and Emilie are part of the Network for the Improvement of Addiction Treatment (NIATx) benchmarking project, Accelerating Reform Initiative (ARI).</li> <li>○ How to reduce the number of people being assessed in hospital emergency departments?</li> <li>○ The use of peers in emergency departments (related to CCSM proposal). A meeting will be held with CCSM regarding their proposal. This effort includes educating consumers and staff about the proposal.</li> </ul> <ul style="list-style-type: none"> <li>– They are working on a proposal to have a trained Certified Intentional Peer Support Specialist in the Emergency Department. Monica Elwell mentioned that Amistad and Sweetser Peer Centers are the only two centers who currently have a trained Certified Intentional Peer Support Specialist working in the hospital settings.</li> <li>– Don reported that legislation has been submitted that would set a higher rate of Medicaid reimbursement for integrated crisis services, and a lower rate for providers that are not as integrated.</li> </ul>
<p><b>V. Other</b></p>	<ul style="list-style-type: none"> <li>● <b>PNMI Visits</b> <ul style="list-style-type: none"> <li>– Cindy McPherson will be taking over the task of overseeing PNMI visits. She and Stephanie George-Roy will be visiting PNMI's statewide to see what they look like and to determine what services they specialize in. They will be looking at their CSPs and their treatments plans.</li> </ul> </li> <li>● <b>Contract Reviews</b> <ul style="list-style-type: none"> <li>– Sharon Arsenault is half way through reviewing the agency contracts. Lynn Duby said that she found her agency contract review to be helpful.</li> </ul> </li> <li>● <b>Rate Cuts</b> <ul style="list-style-type: none"> <li>➤ <b>Action:</b> Don will send out a note with specific information on the rate cuts.</li> </ul> </li> <li>● <b>Statewide Medicaid MCO</b> <ul style="list-style-type: none"> <li>– The RFP is due in a few weeks.</li> </ul> </li> </ul>
<p><b>XI. Public Comment</b></p>	<ul style="list-style-type: none"> <li>● NAMI-ME is participating in a nation-wide partnership with Glenn Close's BringChange2Mind foundation by hosting the 2010 NAMI Maine Walk. The 5K walk is being held on May 8<sup>th</sup> on the Back Cove in Portland. To learn more about this event, please go to the NAMI-ME website: <a href="#">NAMI-ME Walk</a>. <ul style="list-style-type: none"> <li>➤ <b>Action:</b> Carol Carothers will send information about the NAMI walk to Muskie for distribution.</li> </ul> </li> <li>● The Advocacy Initiative Network of Maine, along with the support of the CSN 4 Peer Support Without Walls Staff and Committee, is hosting the Coffee Talk Series on Mental Health and Recovery where peers will share with peers on self-help and recovery. For more information, this is a link to the event flyer: <a href="#">Rockland Coffee Talks Flyer</a> <ul style="list-style-type: none"> <li>➤ <b>Action:</b> Monica Elwell will send information about the Coffee Talk Series on Mental Health and Recovery to Muskie for distribution.</li> </ul> </li> <li>● Julia announced that as of July 1<sup>st</sup>, 2010, the Muskie School would no longer be involved in the CSN project. The attendees were advised that until then, they can continue to forward information to Linda Kinney or Julia Mason at the Muskie School. Once the new contacts and/or procedures have been determined, that information will be distributed to all CSN members.</li> <li>● Elaine made a suggestion that provider agencies could make brief presentations such as good news, community news, what's working, etc. at future CSN meetings, and to have this added as an agenda item. There was little interest in this,</li> </ul>

	<p>and following a brief discussion, it was decided that this is not one of the purposes of the CSN meetings.</p> <ul style="list-style-type: none"> <li>• The next CSN 3 meeting is scheduled for July 5<sup>th</sup>, which is a holiday, so that there needs to be a change to the schedule. It was decided that the tentative rescheduled date would be the first Monday in June, which would be the 7<sup>th</sup>. Don said he would get the word out when the official date is determined.</li> <li>➤ <b>Action:</b> Sharon Arsenault will get information about the next meeting to Muskie for distribution.</li> </ul>
<p><b>VII. Meeting Recap &amp; Agenda for Next Meeting</b></p>	<ul style="list-style-type: none"> <li>• Things are moving forward on the Continuity of Care work, with it being submitted to the AG's office.</li> <li>• Kennebec Behavioral Health is hosting a Community Craft Fair from 9:30 a.m. to 2:30 p.m. on May 1st at the Green Street United Methodist Church, in Augusta.</li> <li>• Deborah Thibodeau will produce and make available a report on the number of people who use the ESN services that have transitioned on to school or employment.</li> <li>• Carol Carothers will send information about the NAMI walk to Muskie for distribution.</li> <li>• Monica Elwell will send information about the Coffee Talk Series on Mental Health and Recovery to Muskie for distribution.</li> <li>• Sharon will distribute information about her PNMI visits.</li> <li>• Don will send out a note with specific information on the rate cuts.</li> <li>• Sharon Arsenault will get information about the next meeting to Muskie for distribution.</li> </ul> <p><b>The next meeting is tentatively scheduled to take place on June 7th, 2010, from 9:00 am to 11:00 am, at Riverview Psychiatric Hospital, Augusta.</b></p>