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Monthly Reports

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Report Number: 3
Discharges from Inpatient Psychiatric Services
(Includes MaineCare members and Courtesy Reviews done by APS)
Report Dates: 07/01/2013 To 10/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient Psychiatric Services** - Inpatient psychiatric services in any of three types of facilities: community hospitals with inpatient psychiatric units, private psychiatric hospitals and state psychiatric facilities. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: Year to date number of discharges from inpatient psychiatric facilities, including community hospitals with inpatient units, private psychiatric hospitals and state hospitals. Members may be discharged more than once.

Total Members = 280,988

Members Discharged from Inpatient Psychiatric Services = 1,471

% of Total Members Discharged from Inpatient Psychiatric Services = 0.5%

Rate per 1000 Total Members Discharged from Inpatient Psychiatric Episodes = 5

<u>Gender</u>	<u>Children</u>	<u>Adult</u>
Female	201	546
Male	223	501
Total	424	1,047
<u>Age Groups</u>	<u>Children</u>	<u>Adult</u>
4-5	10	0
6-12	131	0
13-17	250	0
18-20	32	81
21-24	1	93
25-64	0	855
65-74	0	15
Over 75 Years Old	0	3
Total	424	1,047
<u>Child/Adult</u>	<u>Children</u>	<u>Adult</u>
Children (ages 0 -17)	391	0
Adult (ages 18+)	33	1,047
Total	424	1,047

<u>SMI</u>	<u>Children</u>	<u>Adult</u>
SMI	13	616
Not SMI	411	431
Total	424	1,047
<u>AMHI Class</u>	<u>Children</u>	<u>Adult</u>
AMHI Class N	423	858
AMHI Class Y	1	189
Total	424	1,047
<u>District</u>	<u>Children</u>	<u>Adult</u>
District 1/ York County	72	126
District 2/ Cumberland County	66	213
District 3/ Androscoggin, Franklin, and Oxford Counties	87	195
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	46	138
District 5/ Somerset and Kennebec Counties	39	166
District 6/ Piscataquis and Penobscot Counties	69	111
District 7/ Washington and Hancock Counties	22	42
District 8/ Aroostook County	21	47
Unknown	2	9
Total	424	1,047
<u>Providers</u>	<u>Children</u>	<u>Adult</u>
Acadia Hospital	142	117
Dorothea Dix Psychiatric Center	0	46
Hampstead Hospital	4	0
Maine General Medical Center	0	142
Maine Medical Center	0	5
Mid Coast Hospital	0	84
Northern Maine Medical Center	3	57
PenBay	0	77
Riverview Psychiatric Center	0	33
Southern Maine Medical Center	0	46
Spring Harbor Hospital	197	271
St. Marys Regional Medical Center	78	169
Total	424	1,047

Report Number: 4b
Average Length of Stay for Adult Inpatient Psychiatric Services
(Includes MaineCare members and Courtesy Reviews done by APS)

Report Dates: 10/01/2013 To 10/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **ALOS** - average length of stay in days of stay of members discharged in CareConnecton® from inpatient psychiatric services during this month.
- **Median** - The median is defined as the middle number in a series of numbers ordered from lowest to highest. For example the median of 1,9, & 80 days = 9 days, while the average is $90/3 = 30$ days.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbbk, TREM, or DBT.

What This Report Measures: The average length of stay and the median length of stay of members discharged from all types of adult inpatient psychiatric facilities. Members may be discharged more than once.

Total Number of Members Discharged = 266

Average Length of Stay (ALOS) in days = 15

Median Length of Stay in days = 8

<u>Gender</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
Female	138	11	7
Male	128	19	8
Total	266	15	8

<u>Age Groups</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
18-20	18	12	9
21-24	21	19	7
25-64	223	14	8
65-74	3	7	5
Over 75 Years Old	1	84	84
Total	266	15	8

<u>SMI</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
SMI	157	11	7
Not SMI	109	20	8
Total	266	15	8

<u>AMHI Class</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
AMHI Class N	214	14	7
AMHI Class Y	52	18	10
Total	266	15	8

<u>District</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
District 1/ York County	34	12	6
District 2/ Cumberland County	48	12	8
District 3/ Androscoggin, Franklin, and Oxford Counties	57	11	7
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	26	14	7
District 5/ Somerset and Kennebec Counties	42	21	11
District 6/ Piscataquis and Penobscot Counties	33	22	8
District 7/ Washington and Hancock Counties	10	16	9
District 8/ Aroostook County	12	13	7
Unknown	4	12	10
Total	266	15	8

<u>Providers</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
Acadia Hospital	33	10	8
Dorothea Dix Psychiatric Center	13	82	83
Maine General Medical Center	34	9	6
Maine Medical Center	1	84	84
Mid Coast Hospital	22	9	7
Northern Maine Medical Center	14	7	7
PenBay	13	7	5
Riverview Psychiatric Center	7	53	42
Southern Maine Medical Center	10	4	4
Spring Harbor Hospital	58	13	9
Spring Harbor Hospital-IMD	10	7	6
St. Marys Regional Medical Center	51	10	7
Total	266	15	8

Report Number: 31a
Adult Inpatient Psychiatric Services - Step Down Services
(Includes MaineCare members and Courtesy Reviews done by APS)
10/01/2013 To 10/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units.
- **Outpatient** - In this context, outpatient therapy only includes clinic based visits, individual therapy with a single clinician. Outpatient services does not include, Community Support, PNMI, or Inpatient services.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: When a hospital is discharging a patient from adult inpatient psychiatric services, the hospital is asked to enter the dates of appointments for various “step down” services. This shows how many people being discharged had any appointments scheduled and what kind of appointments these were.

Total number of members discharged = 266

Total number of members discharged for whom any step-down service was entered = 56

Percent of members discharged for whom any step-down service was entered = 21%

Step-down Services

<u>Gender</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
Female	18	6	6	3	0	138
Male	19	12	9	2	1	128
Totals	37	18	15	5	1	266

<u>SMI</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
SMI	24	10	11	2	1	157
Not SMI	13	8	4	3	0	109
Totals	37	18	15	5	1	266

<u>AMHI Class</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
AMHI Class N	32	14	14	5	1	214
AMHI Class Y	5	4	1	0	0	52
Totals	37	18	15	5	1	266

Step-down Services

<u>District</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
District 1/ York County	0	0	0	0	0	34
District 2/ Cumberland County	2	1	1	1	0	48
District 3/ Androscoggin, Franklin, and Oxford Counties	4	2	2	0	0	57
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	6	2	2	1	0	26
District 5/ Somerset and Kennebec Counties	2	3	0	1	1	42
District 6/ Piscataquis and Penobscot Counties	11	7	5	1	0	33
District 7/ Washington and Hancock Counties	3	2	0	0	0	10
District 8/ Aroostook County	7	0	5	0	0	12
Unknown	2	1	0	1	0	4
Totals	37	18	15	5	1	266

<u>Providers</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
Acadia Hospital	14	15	3	0	0	33
Dorothea Dix Psychiatric Center	0	0	0	0	0	13
Maine General Medical Center	0	0	0	0	0	34
Maine Medical Center	0	0	0	0	0	1
Mid Coast Hospital	8	2	2	3	1	22
Northern Maine Medical Center	13	0	9	2	0	14
PenBay	0	0	0	0	0	13
Riverview Psychiatric Center	0	0	0	0	0	7
Southern Maine Medical Center	0	0	0	0	0	10
Spring Harbor Hospital	2	1	1	0	0	68
St. Marys Regional Medical Center	0	0	0	0	0	51
Totals	37	18	15	5	1	266

Report Number: 38a

**Members Discharged from Adult In-Patient Psychiatric Services who are Readmitted in 2 to 30 days
(Includes MaineCare members and Courtesy Reviews done by APS)**

Report Dates: 10/01/2013 To 10/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **Readmission:** A readmission occurs when a MaineCare member is discharged in CareConnecton® from any adult inpatient psychiatric service and is then admitted into a same or different inpatient psychiatric facility within 2 - 30 days.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: Monthly count of members discharged from adult inpatient psychiatric facilities who are readmitted to the same or a different hospital. The first column shows members who were readmitted within 30 days. The second column shows members not readmitted within 30 days and the third column is the total number of discharges. Members may have more than one discharge.

Total number of discharges:** 255

Total number of members readmitted within 30 days: 29

% of members discharged from inpatient psychiatric facilities that are readmitted within 30 days: 11.4%

	<u>Members Readmitted</u>	<u>Members Not Readmitted within 30</u>	<u>Total # of Discharges</u>
All Members			
Total MaineCare	29	226	255
Total	29	226	255
	<u>Members Readmitted</u>	<u>Members Not Readmitted within 30</u>	<u>Total # of Discharges</u>
Gender			
Female	12	120	132
Male	17	106	123
Total	29	226	255
	<u>Members Readmitted</u>	<u>Members Not Readmitted within 30</u>	<u>Total # of Discharges</u>
Age Groups			
18-20	2	16	18
21-24	2	19	21
25-64	24	189	213
65-74	1	1	2
Over 75 Years Old	0	1	1
Total	29	226	255

*Note: Discharges and authorizations can be processed retroactively causing numbers to fluctuate when rerunning reports.

**Note: Members readmitted in 0 or 1 days are excluded from this report. These are likely either transfers or continued stays, not true readmissions. Beginning in FY 13, these discharges are not counted in the total number of discharges or in the count of those readmitted.

***Members age 17 & younger reported as receiving adult inpatient psychiatric services are removed from this report. These were most likely data entry errors.

	<u>Members</u> <u>Readmitted</u>	<u>Members Not</u> <u>Readmitted within 30</u>	<u>Total # of</u> <u>Discharges</u>
SMI			
SMI	20	150	170
Not SMI	9	76	85
Total	29	226	255
	<u>Members</u> <u>Readmitted</u>	<u>Members Not</u> <u>Readmitted within 30</u>	<u>Total # of</u> <u>Discharges</u>
AMHI Class			
AMHI Class N	21	186	207
AMHI Class Y	8	40	48
Total	29	226	255
	<u>Members</u> <u>Readmitted</u>	<u>Members Not</u> <u>Readmitted within 30</u>	<u>Total # of</u> <u>Discharges</u>
District			
District 1/ York County	4	28	32
District 2/ Cumberland County	4	43	47
District 3/ Androscoggin, Franklin, and Oxford Counties	3	53	56
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	3	22	25
District 5/ Somerset and Kennebec Counties	8	31	39
District 6/ Piscataquis and Penobscot Counties	6	26	32
District 7/ Washington and Hancock Counties	0	10	10
District 8/ Aroostook County	1	9	10
Unknown	0	4	4
Total	29	226	255
	<u>Members</u> <u>Readmitted</u>	<u>Members Not</u> <u>Readmitted within 30</u>	<u>Total # of</u> <u>Discharges</u>
Providers			
Acadia Hospital	4	27	31
Dorothea Dix Psychiatric Center	2	11	13
Maine General Medical Center	2	31	33
Maine Medical Center	0	1	1
Mid Coast Hospital	5	17	22
Northern Maine Medical Center	0	13	13
PenBay	1	12	13
Riverview Psychiatric Center	0	5	5
Southern Maine Medical Center	0	10	10
Spring Harbor Hospital	12	53	65
St. Marys Regional Medical Center	3	46	49
Total	29	226	255