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Monthly Reports

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Report Number: 3
Discharges from Inpatient Psychiatric Services
(Includes MaineCare members and Courtesy Reviews done by APS)
Report Dates: 07/01/2012 To 05/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient Psychiatric Services** - Inpatient psychiatric services in any of three types of facilities: community hospitals with inpatient psychiatric units, private psychiatric hospitals and state psychiatric facilities. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: Year to date number of discharges from inpatient psychiatric facilities, including community hospitals with inpatient units, private psychiatric hospitals and state hospitals. Members may be discharged more than once.

Total Members = 287,493

Members Discharged from Inpatient Psychiatric Services = 4,083

% of Total Members Discharged from Inpatient Psychiatric Services = 1.4%

Rate per 1000 Total Members Discharged from Inpatient Psychiatric Episodes = 14

<u>Gender</u>	<u>Children</u>	<u>Adult</u>
Female	586	1,468
Male	567	1,462
Total	1,153	2,930
<u>Age Groups</u>	<u>Children</u>	<u>Adult</u>
0-3	3	0
4-5	12	0
6-12	406	0
13-17	692	0
18-20	40	229
21-24	0	241
25-64	0	2,392
65-74	0	56
Over 75 Years Old	0	12
Total	1,153	2,930
<u>Child/Adult</u>	<u>Children</u>	<u>Adult</u>
Children (ages 0 -17)	1,113	0
Adult (ages 18+)	40	2,930
Total	1,153	2,930

<u>SMI</u>	<u>Children</u>	<u>Adult</u>
SMI	22	1,687
Not SMI	1,131	1,243
Total	1,153	2,930
<u>AMHI Class</u>	<u>Children</u>	<u>Adult</u>
AMHI Class N	1,153	2,404
AMHI Class Y	0	526
Total	1,153	2,930
<u>District</u>	<u>Children</u>	<u>Adult</u>
District 1/ York County	177	309
District 2/ Cumberland County	173	634
District 3/ Androscoggin, Franklin, and Oxford Counties	273	507
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	137	369
District 5/ Somerset and Kennebec Counties	164	480
District 6/ Piscataquis and Penobscot Counties	136	308
District 7/ Washington and Hancock Counties	42	103
District 8/ Aroostook County	49	162
Unknown	2	58
Total	1,153	2,930
<u>Providers</u>	<u>Children</u>	<u>Adult</u>
Acadia Hospital	384	240
Anna Jacques Hospital	3	0
Brattleboro Retreat	1	0
Dorothea Dix Psychiatric Center	0	176
Hampstead Hospital	28	0
Maine General Medical Center	0	420
Maine Medical Center	0	14
Mid Coast Hospital	0	235
Northern Maine Medical Center	55	196
PenBay	0	208
Riverview Psychiatric Center	0	68
Southern Maine Medical Center	0	161
Spring Harbor Hospital	446	769
St. Marys Regional Medical Center	236	443
Total	1,153	2,930

Report Number: 4b
Average Length of Stay for Adult Inpatient Psychiatric Services
(Includes MaineCare members and Courtesy Reviews done by APS)

Report Dates: 05/01/2013 To 05/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **ALOS** - average length of stay in days of stay of members discharged in CareConnecton® from inpatient psychiatric services during this month.
- **Median** - The median is defined as the middle number in a series of numbers ordered from lowest to highest. For example the median of 1,9, & 80 days = 9 days, while the average is 90/3 = 30 days.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: The average length of stay and the median length of stay of members discharged from all types of adult inpatient psychiatric facilities. Members may be discharged more than once.

Total Number of Members Discharged = 282

Average Length of Stay (ALOS) in days = 14

Median Length of Stay in days = 7

<u>Gender</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
Female	142	12	7
Male	140	17	6
Total	282	14	7
<u>Age Groups</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
18-20	23	8	6
21-24	33	15	7
25-64	221	15	7
65-74	4	8	7
Over 75 Years Old	1	50	50
Total	282	14	7
<u>SMI</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
SMI	176	9	7
Not SMI	106	22	7
Total	282	14	7
<u>AMHI Class</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
AMHI Class N	224	11	6
AMHI Class Y	58	25	12
Total	282	14	7

<u>District</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
District 1/ York County	34	7	6
District 2/ Cumberland County	63	19	8
District 3/ Androscoggin, Franklin, and Oxford Counties	49	8	6
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	26	10	6
District 5/ Somerset and Kennebec Counties	53	15	7
District 6/ Piscataquis and Penobscot Counties	26	28	11
District 7/ Washington and Hancock Counties	11	19	10
District 8/ Aroostook County	16	7	5
Unknown	4	21	7
Total	282	14	7

<u>Providers</u>	<u>Members</u>	<u>ALOS in Days</u>	<u>Median LOS In Days</u>
Acadia Hospital	25	16	11
Dorothea Dix Psychiatric Center	16	62	57
Maine General Medical Center	47	9	6
Mid Coast Hospital	17	7	6
Northern Maine Medical Center	18	5	5
PenBay	10	7	6
Riverview Psychiatric Center	9	80	68
Southern Maine Medical Center	15	7	5
Spring Harbor Hospital	93	9	6
St. Marys Regional Medical Center	32	8	7
Total	282	14	7

Report Number: 31a
Adult Inpatient Psychiatric Services - Step Down Services
(Includes MaineCare members and Courtesy Reviews done by APS)
05/01/2013 To 05/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units.
- **Outpatient** - In this context, outpatient therapy only includes clinic based visits, individual therapy with a single clinician. Outpatient services does not include, Community Support, PNMI, or Inpatient services.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: When a hospital is discharging a patient from adult inpatient psychiatric services, the hospital is asked to enter the dates of appointments for various "step down" services. This shows how many people being discharged had any appointments scheduled and what kind of appointments these were.

Total number of members discharged = 282

Total number of members discharged for whom any step-down service was entered = 51

Percent of members discharged for whom any step-down service was entered = 18%

Step-down Services

<u>Gender</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
Female	21	8	11	1	0	142
Male	18	9	6	3	0	140
Totals	39	17	17	4	0	282

<u>SMI</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
SMI	24	10	12	1	0	176
Not SMI	15	7	5	3	0	106
Totals	39	17	17	4	0	282

<u>AMHI Class</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
AMHI Class N	38	17	16	4	0	224
AMHI Class Y	1	0	1	0	0	58
Totals	39	17	17	4	0	282

Step-down Services

<u>District</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
District 1/ York County	3	2	1	0	0	34
District 2/ Cumberland County	5	3	1	0	0	63
District 3/ Androscoggin, Franklin, and Oxford Counties	4	3	0	0	0	49
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	3	3	2	2	0	26
District 5/ Somerset and Kennebec Counties	3	0	1	0	0	53
District 6/ Piscataquis and Penobscot Counties	5	3	2	1	0	26
District 7/ Washington and Hancock Counties	3	2	1	0	0	11
District 8/ Aroostook County	13	1	9	1	0	16
Unknown	0	0	0	0	0	4
Totals	39	17	17	4	0	282

<u>Providers</u>	<u>Medication Management</u>	<u>Outpatient</u>	<u>Case management</u>	<u>Substance Abuse Tx</u>	<u>Crisis Unit</u>	<u># of discharges</u>
Acadia Hospital	5	4	1	1	0	25
Dorothea Dix Psychiatric Center	0	0	0	0	0	16
Maine General Medical Center	0	0	0	0	0	47
Mid Coast Hospital	9	7	4	2	0	17
Northern Maine Medical Center	16	2	11	1	0	18
PenBay	0	0	0	0	0	10
Riverview Psychiatric Center	0	0	0	0	0	9
Southern Maine Medical Center	0	0	0	0	0	15
Spring Harbor Hospital	9	4	1	0	0	93
St. Marys Regional Medical Center	0	0	0	0	0	32
Totals	39	17	17	4	0	282

Report Number: 38a

**Members Discharged from Adult In-Patient Psychiatric Services who are Readmitted in 2 to 30 days
(Includes MaineCare members and Courtesy Reviews done by APS)**

Report Dates: 05/01/2013 To 05/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Inpatient psychiatric services** - Inpatient psychiatric services in state psychiatric hospitals, private psychiatric hospitals or community hospitals with inpatient psychiatric units. Hospitals designate whether they are providing child or adult inpatient psychiatric services to a member. Thus, a 18 year old may be authorized for adult inpatient services or a 20 year old may be receiving children's inpatient services.
- **Readmission:** A readmission occurs when a MaineCare member is discharged in CareConnecton® from any adult inpatient psychiatric service and is then admitted into a same or different inpatient psychiatric facility within 2 - 30 days.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **SMI - Serious Mental Illness.** A proxy for serious mental illness (SMI) is the use of specific services. All active adult members who used Section 17 (Community Support) or resided in a PNMI setting within 12 months of the date of this report. Section 17 services include: Community Integration (CI), Assertive Community Treatment (ACT), Community Rehabilitation Services (CRS) as well as Daily Living Support Services, Day Supports-Day Treatment, Skills Development-Group Therapy, Skills Development-Ongoing Support to Maintain Employment, and the Specialized Group Services of WRAP, Recovery Wkbk, TREM, or DBT.

What This Report Measures: Monthly count of members discharged from adult inpatient psychiatric facilities who are readmitted to the same or a different hospital. The first column shows members who were readmitted within 30 days. The second column shows members not readmitted within 30 days and the third column is the total number of discharges. Members may have more than one discharge.

Total number of discharges:** 272

Total number of members readmitted within 30 days: 32

% of members discharged from inpatient psychiatric facilities that are readmitted within 30 days: 11.8%

	<u>Members Readmitted</u> <u>within 30 days</u>	<u>Members Not Readmitted</u> <u>within 30 days</u>	<u>Total # of</u> <u>Discharges</u>
Gender			
Female	11	126	137
Male	21	114	135
Total	32	240	272
Age Groups			
18-20	3	20	23
21-24	5	26	31
25-64	24	189	213
65-74	0	4	4
Over 75 Years Old	0	1	1
Total	32	240	272
SMI			
SMI	25	146	171
Not SMI	7	94	101
Total	32	240	272

*Note: Discharges and authorizations can be processed retroactively causing numbers to fluctuate when rerunning reports.

**Note: Members readmitted in 0 or 1 days are excluded from this report. These are likely either transfers or continued stays, not true readmissions. Beginning in FY 13, these discharges are not counted in the total number of discharges or in the count of those readmitted.

***Members age 17 & younger reported as receiving adult inpatient psychiatric services are removed from this report. These were most likely data entry errors.

AMHI Class	<u>Members Readmitted</u> <u>within 30 days</u>	<u>Members Not Readmitted</u> <u>within 30 days</u>	<u>Total # of</u> <u>Discharges</u>
AMHI Class N	23	193	216
AMHI Class Y	9	47	56
Total	32	240	272
District	<u>Members Readmitted</u> <u>within 30 days</u>	<u>Members Not Readmitted</u> <u>within 30 days</u>	<u>Total # of</u> <u>Discharges</u>
District 1/ York County	6	28	34
District 2/ Cumberland County	5	54	59
District 3/ Androscoggin, Franklin, and Oxford Counties	10	38	48
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	3	21	24
District 5/ Somerset and Kennebec Counties	4	49	53
District 6/ Piscataquis and Penobscot Counties	1	24	25
District 7/ Washington and Hancock Counties	2	8	10
District 8/ Aroostook County	1	14	15
Unknown	0	4	4
Total	32	240	272
Providers	<u>Members Readmitted</u> <u>within 30 days</u>	<u>Members Not Readmitted</u> <u>within 30 days</u>	<u>Total # of</u> <u>Discharges</u>
Acadia Hospital	4	19	23
Dorothea Dix Psychiatric Center	1	14	15
Maine General Medical Center	5	42	47
Mid Coast Hospital	2	15	17
Northern Maine Medical Center	1	15	16
PenBay	0	10	10
Riverview Psychiatric Center	0	7	7
Southern Maine Medical Center	1	14	15
Spring Harbor Hospital	14	77	91
St. Marys Regional Medical Center	4	27	31
Total	32	240	272