

Office of Substance Abuse

Treatment Services

Maine Department of Health and Human Services

The Issue:

- ❑ 10 million Americans need treatment for co-occurring mental health and substance abuse disorders (COD) in any given year
- ❑ Of those with COD, about 70% do not receive treatment and of those treated, only 19% receive treatment for both conditions

The OSA Treatment Data System reported in SFY 2010:

- ❑ Primary drug for treatment admission in 2010 was 44% Opiates and 41% Alcohol.
- ❑ 31% of the individuals in treatment were women whereas 69% were men. Women report in focus groups lack of participation in treatment due to access to services and stigma associated with being a female with an addiction.
- ❑ 68% of individuals in treatment reporting their age at first use of substances being under the age of 18 years old, with 48% beginning use between the ages of 14 and 18.



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An Office of the
Department of Health and Human Services

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The Maine Office of Substance Abuse (OSA) is the single state administrative authority responsible for the planning, development, implementation, regulation, and evaluation of substance abuse services.

The Office provides leadership in substance abuse prevention, intervention, and treatment. Its goal is to enhance the health and safety of Maine citizens through the reduction of the overall impact of substance use, abuse, and dependency.

Treatment: The treatment team works with the statewide provider network to assure access to a full continuum of quality treatment services and provides technical assistance to providers around program development, implementation, and best practices in alcohol and drug treatment programs.

Treatment Services:

- ❑ Medication Assisted Treatment is the combination of the stabilizing effects of medication coupled with rehabilitation counseling to assist patients/clients in their recovery from addiction. Medication improves quality of life in areas, such as employability, housing, reunifies families, reduces crime, reduces infections transmittable diseases, and aids in stabilizing behavioral disorders.
- ❑ Women and Adolescent Services include youth under the age of 21 and pregnant women who are IV drug users. OSA contracts with community providers treatment services. OSA analyzes policy options, at both state and local levels, for increasing the effectiveness of services provided to women and adolescents.
- ❑ Co-Occurring State Integration Initiative (COSII) serving people with co-occurring mental health and substance abuse disorders.
- ❑ Criminal Justice is focused on providing treatment services to correctional clients involved with the Maine Department of Corrections (MDOC). The overarching goal is to reduce recidivism in the Maine Adult prisons and to provide an alternative to incarceration via the Maine Adult Drug Treatment Courts by providing evidence based substance abuse treatment.
- ❑ Substance Abuse Recovery Services collaborates with treatment providers, the recovery community, state offices and partners to augment services to those in recovery from substance abuse.

The Office of Substance Abuse uses these initiatives to improve access and retention in treatment statewide for individuals with addictive disorders and co-occurring conditions.

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