

DEPARTMENT OF BEHAVIORAL AND DEVELOPMENTAL SERVICES
SERVICE DEFINITIONS

FY04

ACTIVITY NUMBER	SERVICE CATEGORY	SERVICE POPULATION	DEFINITION	MAINE CARE SECTION	PROC CODE	PERFORMANCE INDICATOR	LICENSING CATEGORY
1500 OUTPATIENT AND PROFESSIONAL SERVICES							
1501	Alternative Therapies	General	unique, highly individualized services that may be purchased pursuant to an individual care plan	NO MAINE CARE SERVICE		Outpatient and Professional	
1502	Clinical Consultation	General					
		Adult Mental Health	Specialized professional services provided to individuals with specific clinical needs that cannot be met through other types of treatment. These services are provided by specifically qualified/licensed individuals.			Outpatient and Professional	
		Adult Mental Retardation					
		Children's	Clinical consultation services involves work with families, teachers and other school personnel, and in the community at large. Services shall include support and training for families to increase their child's communication, social, vocational and other skills; assisting teachers with behavioral/skill teaching and modeling; sharing consistent information/strategies among parents and providers; assisting with functional activities in community settings.			Outpatient and Professional	

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1503	Day Treatment/Day Support	General					
		Adult Mental Health	Services designed to assist the individual in the acquisition, retention, or improvement of self-help, socialization and adaptive skills. These are provided in an agency environment and most often in a group setting.	17.04-7		Day Support	
		Adult Mental Retardation	not used.				
		Children's	the structured developmental or rehabilitative programs designed to improve a child's functioning in daily living and community living. To be reimbursable, Day Treatment Services must have the primary purpose of diagnosis, treatment, or rehabilitation of a mental disorder or a dysfunction resulting from a mental disorder. Programs commonly include a mixture of individual, group, and activities therapy, and may also include therapeutic treatment oriented toward developing a child's emotional and physical capability in areas of daily living, community integration and interpersonal functioning. Services will be provided as prescribed in the treatment plan and may include elements of partial hospitalization services.	65.04-3B		Outpatient and Professional	

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1504	Diagnosis and Evaluation	General	comprehensive evaluation to provide recommendations for treatment and service needs				
		Adult Mental Health				Outpatient and Professional	
		Adult Mental Retardation	Dave's definition				
		Children's	Comprehensive evaluations may include psychiatric, psychological, personality, family/social, child developmental, educational, language, intelligence, and supplemental assessments. Evaluations provide treatment and skill-building recommendations and objectives and may also include identification and screening in school and primary medical care settings.			Outpatient and Professional	
1505	Dental Services	General					

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1506	Individual and Group Counseling	General	a method of treatment of mental disorders using the interaction between a therapist and a patient to promote emotional or psychological change to alleviate mental disorder. My be provided in one-on-one sessions or in group sessions. Services are provided by independently licensed practitioners within the scopes of their professional practices.				
		Adult Mental Health	professional assessment, counseling, and therapeutic services to adults, the purposes of which are to promote positive orientation, relief of excess stress, and growth toward more integrated and independent levels of functioning.	65.05-3B		Outpatient and Professional	
		Adult Mental Retardation	not used				

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		Children's	<p>Children's Outpatient Services include professional assessment, counseling and therapeutic services to children, the purposes of which are to promote positive orientation, relief of excess stress, and growth toward more integrated and independent levels of functioning. Family Psychoeducation Treatment Program Services are provided to those eligible children as defined in Section 65.04-1(E) in multi-family groups and single family sessions. Counseling Services engage the recipient and, if appropriate, family members in problem-solving discussions about mental health problems. The goal of such counseling is to promote in the recipient positive orientation, relief of excess stress, and growth toward more integrated and independent levels of functioning. Services are delivered through a scheduled series of evaluation intervention, and treatment processes. Their purpose is to identify and then treat the developmental and emotional needs and problems of the recipient.</p>	<p>Children's OP 65.04-3F Family Psychoed 65.04-1E and 65.04-3I Couns'ing Services 37.01-8</p>		<p>Outpatient; EI (Infant MH &/or infant/toddler group)</p>	

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1507	Medication Services	General					
		Adult Mental Health	Services directly related to prescription, administration, education and/or monitoring of medications			Medication Services	
		Adult Mental Retardation	not used				
		Children's	Professional psychiatric services for the purpose of providing medication management			Medication Services	

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1508	Specialized Direct Services	General					
		Adult Mental Health	specialized professional services such as diagnosis and evaluation, consultation to treating teams or caregivers, and direct services provided only to the extent permitted by licensure and approval to practice conditions. Outpatient Services shall mean professional assessment, counseling and therapeutic services, the purposes of which are to promote positive orientation, relief of excess stress, and growth toward more integrated and independent levels of functioning. Services are delivered through planned interaction involving the use of physiological, psychological, and sociological concepts, techniques and processes of evaluation and intervention. Components of service may include diagnosis and assessment, psychometric evaluation, intervention services by psychological examiners, individual, group, family therapy, medication review and chemotherapy and similar professional therapeutic services which must include a direct client encounter.			Outpatient & Professional	

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		Adult Mental Retardation					
		Children's				Outpatient & Professional	
1509	Specialized Group Services	General					
		Adult Mental Health	Education, peer and family support, provided in a group setting to assist the individual focus on recovery, wellness, meaningful activity and community tenure.	17.04-8		Outpatient & Professional	
		Adult Mental Retardation					
		Children's				Outpatient & Professional	