

# Performance Based Contract Measures

## Office of Substance Abuse and Mental Health Services (SAMHS)

### Crisis Stabilization

April 26, 2012

#### Purpose:

To establish a set of performance measures that can be used for contracts that 1) focus on individuals receiving Crisis Stabilization services as a contracted service, and 2) provide a measure(s) that can transition to the Value Based Purchasing initiative for MaineCare funded Community Crisis Stabilization Services.

#### Standards/Strategies:

- Short-term, highly supportive, and supervised residential setting where an individual in psychiatric crisis can become stabilized and readjust to community living.
- Monitoring of behaviors.
- Therapeutic interventions including medications.
- Supportive counseling.
- Coordination with other community-based services, and supervision to assure personal safety.
- Services are provided by MHRT I staff or above and are directly supervised by a qualified mental health professional.
- Providers of Crisis Stabilization Unit Services will adhere to the Crisis Services Standards.

#### Goal:

To provide crisis stabilization residential services that reduces the frequency of inpatient psychiatric admissions.

#### Why are the measures proposed important in assessing contractor performance?

The purpose of Crisis Stabilization services is to provide an individualized therapeutic intervention to a person during a psychiatric emergency to address mental health and/or co-occurring mental health and substance abuse conditions for a time-limited post crisis period, in order to stabilize the person's condition.

#### Source:

MaineCare Manual

## Performance Based Contract Measures:

- 85% of individuals will have no psychiatric hospitalizations within 30 days following the discharge from a Crisis Stabilization Unit.

---

Office of Continuous Quality Improvement  
Department of Health and Human Services  
2 Anthony Avenue  
Augusta, Maine 04333-0011  
Contact: [jay.yoe@maine.gov](mailto:jay.yoe@maine.gov)  
Telephone: 207- 624-7983