

Support Groups For the State of Maine

October 2011



Office of Substance Abuse
An Office of the
Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

A REQUEST FOR A MINUTE OF YOUR TIME

The Office of Substance Abuse Information and Resource Center has put together this directory of support groups in order to help people in the State of Maine find local support groups.

Should you know of any changes or areas starting new meetings, please get in touch with us. We don't want to leave people without the best possible list of resources. Our contact information is listed below. You may also submit information using the change form located in the back of this publication.

If you are using a directory that is more than a year old, please call us to request a new one, as it is updated at least once a year.

This list was updated October 2011

Prepared By:

Information and Resource Center
Office of Substance Abuse
41 Anthony Avenue
11 State House Station
Augusta, ME 04333-0011
Tel: 1-800-499-0027
(207) 287-8900
Fax: (207) 287-8910
TTY: 1-800-606-0215
Web: <http://www.maineosa.org>
E-Mail: osa.ircosa@maine.gov

Definitions

A	Accessible Meeting Location
AA	Alcoholics Anonymous (For additional meeting and contact information 1-800-737-6237)
ACOA	Adult Children of Alcoholics
AIDS C&T	AIDS Counseling & Testing
AIDS Support	AIDS Support Group
Al anon	For Affected Others of Alcoholics (For additional meeting and contact information 1-800-498-1844)
Alateen	For Affected Teens of Substance Abusers
ABSI	As Bill Sees It
B	Beginners
BB	Big Book
C	Closed
CA	Cocaine Anonymous
CC	Child Care Provided (Recommended calling ahead)
CODA	Codependents Anonymous
D	Discussion
Debtor Anon	Debtors Anonymous
G	Gay (Homosexual Men)
GV	Grapevine-Subject Discussion
HTLN	Hotline
L	Lesbian (Homosexual Women)
Lit	Literature Discussed
MAPS	Medication Assisted Peer Support for Recovery
MED	Meditation
MH	Mental Health
NA	Narcotics Anonymous (For additional meeting and contact information 1-800-974-0062)
Nar Anon	For Affected Others of Substance Abusers
OA	Overeaters Anonymous
SP	Speaker
ST	Step
Tag	Taking Turns to Speak
TOPS	Take Off Pounds Sensibly
TTY	Teletypewriter (telecommunication for deaf persons)
W	Women Only
Yth	Youth (Early teen to young adult)
Workaholics Anon	Workaholics Anonymous

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
AA					
Abbott Village	D	Thurs	8 PM	Abbot Town Hall, 133 Tenney Hill Rd	
Acton	SP/A	Fri	7 PM	Acton Congregational Ch, H Road	
Alfred	SP/A	Sat	6:30 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	ST/A	Thurs	6:30 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Andover	D/C/Lit	Wed	7:30 PM	Andover Congregational Ch, 25 Elm St	
Aroostook Jct, NB	D	Wed/Sat	8 PM	Our Lady of Mercy Ch, Main St	
Ashland	D	Thurs	7:30 PM	Ashland Comm Lib, 57 Exchange St	
Auburn	W/ST/D	Sun	4 PM	Grace Lutheran Ch, 757 Summer St	
Auburn	ABSI	Tues	7 PM	First Universalist Ch, 169 Pleasant St	
Auburn	D	Sat	7:30 AM	St Michael's Ch, 78 Pleasant St	
Auburn	D/C	Sun	7 PM	High Street Congregational Ch, 35 High St	
Auburn	BB/D	Mon	7:30 PM	United Methodist Ch, 439 Park Ave	
Auburn	D	Mon-Fri	7 AM	St Michael's Ch, 78 Pleasant St	
Auburn	SP/A	Wed	8 PM	St Philips Ch, 2365 Turner Rd, Rt 4	
Auburn	ST/C	Fri	7 PM	St Michael's Ch, 78 Pleasant St	
Auburn	D	Thurs	7 PM	High Street Congregational Ch, 35 High St	
Augusta	D	Fri	Noon	7th Day Adventist Ch, 235 Eastern Ave	
Augusta	D	Wed	Noon	Green Street Methodist Ch, 13 Green St	
Augusta	D	Mon	6 PM	Kennebec Cty Corrections, 115 State St	
Augusta	BB/D/C	Thurs	7 PM	Prince of Peace Ch, 209 Eastern Ave	
Augusta	D/C	Sun	12:30 PM	Bread of Life Ministries, 157 Water St	
Augusta	D	Wed	7 PM	Togas VA Hosp,Bldg 210, 1 VA Center	
Augusta	BB/ST/C	Wed	7 PM	ME General Medical Ctr, Conf Rm 5 & 6	
Augusta	D	Sat	10 AM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	SP	Thurs	7:30 PM	St Augustine's Catholic Ch, 1 Kendall St	
Augusta	D/BB	Mon/Wed	6 PM	Riverview Psychiatric Hosp, Sebago Room	
Augusta	D	Tues/Thurs	10 AM	Kennebec Community Ch,5 Glenridge Dr	
Augusta	D	Mon	Noon	7th Day Adventist Ch, 235 Eastern Ave	
Augusta	SP	Sat	8 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D/SP	Tues/Wed	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	B	Fri	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	SP/D	Wed	7 PM	Bread of Life Ministries, 157 Water St	
Bangor	BB/ST	Mon	7 PM	St John's Episcopal Ch, 234 French St	
Bangor	D/A	Sun	11 AM	Acadia Hosp, 268 Stillwater Ave	
Bangor	W/BB	Wed	Noon	Congregational Ch, Hammond St	
Bangor	SP	Sun	7 PM	St John's Episcopal Ch, 234 French St	
Bangor	GV	Mon-Fri	7:30 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	ST/A	Sun	9 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	D/A	Sat	11 AM	Peabody Hall, Husson College, Rm 127	
Bangor	B/C/W	Mon/Wed	7:30 PM	Penobscot County Jail, 85 Hammond St	
Bangor	D/A	Sat	8 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	D/A	Thurs	8 PM	Capehart Community Ctr, Davis Rd	
Bangor	D	Thurs	Noon	Acadia Recovery, 268 Stillwater Ave	
Bangor	BB/ST	Thurs	7 PM	Pathway Wesleyan Ch,183 Harlow St	
Bangor	B	Mon	Noon	EMMC, 489 State St, Rm 177	
Bangor	D/A	Tues	Noon	Acadia Hosp, 268 Stillwater, Osprey Rm	
Bangor	BB/ST/A	Mon-Fri	Noon	Unitarian Universalist Ch, 120 Park St	
Bangor	BB/ST	Mon	7:30 PM	St John Episcopal Ch, 234 French St	
Bar Harbor	D	Wed/Thurs	Noon	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Fri	7 PM	Holy Redeemer Parish, 21 Ledge Lawn Ave	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge lawn Ave	
Bar Harbor	D	Mon/Sat	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Wed	7 PM	Mt Desert Island Hosp, 10 Wayman Lane	
Bath	D/M/A	Wed	7 PM	United Church of Christ, 150 Congress Ave	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Bath	B/A	Fri	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Sat	7 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Mon	8 PM	United Church of Christ, 150 Congress Ave	
Bath	ST	Thurs	7 PM	United Church of Christ, 150 Congress Ave	
Bath	Lit	Wed	Noon	Church of the Nazarene, 191 Centre St	
Bath	D	Tues	Noon	Church of the Nazarene, 191 Centre St	
Bath	BB/A	Tues	7 PM	United Church of Christ, 150 Congress Ave	
Bath	C/W/ST	Mon	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	SP/A	Fri	8 PM	United Church of Christ, 150 Congress Ave	
Beals Island	D	Sat	7 PM	RLDS Church, Main St	
Belfast	GV/A	Mon	6 PM	First Baptist Ch, 95 High St	
Belfast	B/D	Sat	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belfast	ST/A	Wed	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belfast	ST/D	Wed	8 PM	First Baptist Ch, 95 High St	
Belfast	D/A/C	Sun	10 AM	WCGH Ed Center, 118 Northport Ave	
Belfast	BB/D	Sun	6 PM	WCGH Ed Center, 118 Northport Ave	
Belfast	BB/D	Thurs	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	W/D	Wed	7 AM	First Baptist Ch, 95 High St	
Belfast	D	Mon-Fri	7 AM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	D/A	Tues	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belgrade Lakes	SP/D	Sun	2 PM	Union Church, Rt 27	
Belgrade Lakes	ST	Tues	7 PM	Union Church, Rt 27	
Berwick	M/BB	Tues	7:30 PM	Our Lady of Peace Ch, Berwick St	
Berwick S	BB/ST	Mon/Fri	7 PM	First Federated Ch, Academy St	
Bethel	D	Sat	4:30 PM	Snow Cap Inn, Conf Rm, Sunday River	
Bethel	D	Fri	6 PM	United Methodist Ch, 75 Main St	
Bethel	D	Tues	6 PM	United Methodist Ch, 75 Main St	
Bethel	BB	Sun	6 PM	United Methodist Ch, 75 Main St	
Biddeford	D/Lit/B	Fri	7 PM	Southern ME Medical Ctr, Caf� 4&5,2nd Fl	
Biddeford	BB/Lit	Sat	7:30 AM	Christ Episcopal Ch, 18 Crescent St	
Biddeford	SP/A	Wed	7 PM	Richard Martin Comm Ctr, 189 Alfred St	
Biddeford	D	Tues	7 PM	Southern ME Medical Ctr, Caf� 4&5,2nd Fl	
Biddeford	D/A	Sat	10 AM	Southern ME Medical Ctr, Caf� 4&5,2nd Fl	
Biddeford	SP/D	Mon-Fri	Noon	Second Parish Congr Ch, 19 Crescent St	
Bingham	ASBI	Fri	7 PM	Congregational Ch, 7 Meadow St	
Blue Hill	D	Wed	7:30 PM	Blue Hill Hosp In Service Rm, 57 Water St	
Blue Hill	ST/D	Fri	7 PM	Congregational Ch, Main St	
Blue Hill	D	Sat	10 AM	Odd Fellows Hall, Main St	
Blue Hill	D	Tues	Noon	St Francis Episcopal Ch, Hinckley Ridge Rd	
Blue Hill	D/A	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Boothbay Harbor	D	Thurs	Noon	Congregational Ch, 1 Eastern Ave	
Boothbay Harbor	D	Mon	7 PM	Methodist Ch, 75 Townsend Ave	
Boothbay Harbor	ST/A	Sun	6:30 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	D	Wed	7 PM	St Columbia Episcopal Ch, 32 Emery Lane	
Boothbay Harbor	BB	Sat	9:30 AM	Camp Knickerbocker, Barters Island Rd	
Bowdoinham	D	Mon	7 PM	Second Baptist Ch, 1 Church St	
Brewer	BB	Sat	6:30 PM	United Methodist Ch, 40 South Main St	
Brewer	D/A	Wed	8 PM	St Joseph Ch, 531 No. Main St, Rt 9	
Brewer	B/D/BB	Mon-Fri	6 PM	The Barn, 611 Hammond St	
Brewer	D	Mon-Fri	7 AM	The Barn, 611 Hammond St	
Brewer	M/D/C	Tues	8 PM	The Barn, 611 Hammond St	
Brewer	BB	Wed	6 PM	The Barn, 611 Hammond St	
Brewer	ABSI	Fri	Noon	The Barn, 611 Hammond St	
Brewer	ST	M/W/Th	Noon	The Barn, 611 Hammond St	
Brewer	D	Sat	11 PM	The Barn, 611 Hammond St	
Bridgeton	ST	Sat	7 PM	American Legion Hall, Depot St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Bridgeton	D/ST	Mon-Fri	Noon	American Legion Hall, Depot St	
Bristol Mills	D	Wed	7 PM	Congregational Ch Hall, 1263 Bristol Rd	
Bristol, S	D	Sat	8 AM	Union Ch Parish House, Rt 129 & Middle Rd	
Bristol, S	D	Thurs	7 PM	So Bristol Parish House, Middle Rd	
Brooklin	Lit/SP	Thurs	7 PM	Baptist Ch, 22 Bay Rd	
Brooks	D	Mon	8 PM	Varney Memorial Bldg, Main St, Rt 7	
Brunswick	ST	Thurs	Noon	First Parish Congr Ch, 217 Maine St	
Brunswick	D/Lit	Mon	Noon	First Parish Congr Ch, 217 Maine St	
Brunswick	D/ST	Sun	11 AM	Mid Coast Hosp, 123 Medical Center Dr	
Brunswick	D/A	Mon-Fri	7 AM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	SP/A	Tues	8 PM	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	D	Fri	10 PM	Universalist Ch, 7 Middle St	
Brunswick	ABSI	Fri	Noon	First Parish Congr Ch, 217 Maine St	
Brunswick	D	Thurs	5:30 PM	United Methodist Ch, 320 Church Rd	
Brunswick	D/Lit	Sat	Noon	First Parish Congr Ch, 217 Maine St	
Brunswick	B/Lit	Wed	7 PM	Addiction Resource Ctr, 66 Baribeau Dr	
Brunswick	SP/D	Tues	8 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	BB	Thurs	8 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	C/W/A	Sat	8:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	C/W/D/A	Wed	10:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	D/SP	Sat	8 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	C/ST	Sun	7 PM	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	D	Sun	11 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	BB/A	Mon	7 PM	Good Shepard Lutheran Ch, 330 Maine St	
Bucksport	ST	Sun	4:30 PM	Methodist Ch, 71 Franklin St	
Bucksport	D	Wed	7 PM	Congregational Ch, Elm St	
Bucksport	D	Sat	7 PM	Franklin Methodist Ch, 71 Franklin St	
Buxton	ST	Mon	7 PM	Bar Mill Community Ch, 13 Hermit Thrush Dr	
Calais	D/C	Mon	7 PM	Residence of 90 Boardman St	
Calais	D	Wed	Noon	St Ann's Episcopal Ch, 23 Church St	
Calais	GV/D	Sat	9 AM	United Methodist Ch, Main St	
Calais	BB/D	Fri	6:30 PM	United Methodist Ch, Main St	
Calais	SP/A	Thurs	7:30 PM	Calais Regional Hosp Café, 22 Hospital St	
Camden	D	Sat	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	ABSI/BB	Mon-Thurs	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	W	Fri	6 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB/ST	Sat	8:30 AM	Chestnut Baptist Ch, 29 Chestnut St	
Camden	D/ST/BB	Mon-Sat	7 AM	Methodist Church, 98 St John St	
Camden	SP	Fri	7:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB	Wed	7 PM	Congregational Ch, 55 Elm St	
Canaan	D	Tues	8 PM	Elementary School	
Cape Elizabeth	SP	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Cape Elizabeth	D/C	Wed	7 PM	St Bartholomews Ch, 8 Two Lights Rd	
Caribou	D	Mon	7:30 PM	Bethal Pentacostal Ch, 294 Access Highway	
Caribou	SP/D	Fri	7:30 PM	St Luke's Episcopal Ch, 650 S. Main St	
Caribou	BB	Thurs	7:30 PM	Cary Medical Ctr, 163 Van Buren Rd	
Caribou	D	Sat	9:30 AM	St Luke's Episcopal Ch, 650 S. Main St	
Carrabassett Valley	D	Sat	9 AM	Town Office/Fire House at Valley Crossing	
Casco	ABSI/C	Mon	5:30 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	MED	Sun	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	BB	Tues	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	D	Fri	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	ST	Thurs	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	GV	Mon	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	D	Mon/Thurs	7 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	W/ST	Thurs	7 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Casco	B/A	Sat	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	LIT	Wed	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	C/M/ST	Tues	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	MED	Sat	9 AM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	D	Wed	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Casco	SP/A	Sun	7 PM	Alliance Ch, Pt Sebago Rd, Rt 302	
Charleston	D/M	Wed	6:30 PM	Charleston Correctional Ctr, Rt 15	
Chester	ABSI	Tues	7 PM	Chester Baptist Ch, 2 South Chester Rd	
China	D	Sat	8 AM	China Baptist Ch, 36 Causeway Rd	
China	BB	Mon	7 PM	China Baptist Ch, 36 Causeway Rd	
Clinton	D	Fri	8 PM	Town Hall, Baker St	
Columbia Falls	BB	Thurs	7 PM	Faith Methodist Ch, 444 US Rt 1	
Columbia Falls	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Connor	D	Thurs	7:30 PM	Connor School, 1581 Van Buren Rd	
Coopers Mills	D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Corinna	D	Thurs	7 PM	Morse's Corner Baptist Ch, Exeter Rd	
Cumberland	ABSI	Sat	8:30 AM	United Methodist Ch, 52 Tuttle Rd	
Cumberland	SP/D	Tues	7 PM	United Methodist Ch, 52 Tuttle Rd	
Damariscotta	W/D	Mon	7:30 PM	Baptist Ch, 4 Bristol Rd	
Damariscotta	D/ST	Mon	6 PM	Methodist Ch, Church St	
Damariscotta	SP/D	Sat	8 PM	Baptist Ch, 4 Bristol Rd	
Damariscotta	SP/A	Wed	6:30 PM	Baptist Ch, 4 Bristol Rd	
Dedham	D	Mon	8 PM	Dedham Town Hall, 2073 Main Rd	
Deer Isle	D	Mon	7:30 PM	Town Hall, Route 15	
Denmark	D	Thurs	7 PM	Congregational Ch, Rt 117	
Dennysville	D	Sat	6 PM	Dennysville Housing ,200 Shipyard Rd	
Detroit	BB	Tues	7 PM	Town Hall, 355 Main St	
Dexter	D	Tues	7 PM	First Free Baptist Ch, 130 Spring St	
Dixfield	D/C	Fri	7 PM	Dirigo High School, 145 Weld St	
Dover Foxcroft	D	Sun	11 AM	Thompson Free Library, 76 East Main St	
Dover Foxcroft	D	Fri	7 PM	Living Word Comm Food Cupboard, Guilford R	
Drummond	D	Thurs	8 PM	Catholic Ch Basement, Tobique Rd	
Eagle Lake	D	Sun	7 PM	St Mary's Parish Hall, Rt 11	
Eastport	D	Mon	7:30 PM	St Joseph Parish Hall, 11 Chapel St	
Eastport	D/BB	Thurs	7:30 PM	Eastport Health Ctr, 30 Boynton Rd	
Eddington	B/C	Thurs	7 PM	United Methodist Ch, 31 Main Rd, Rt 9	
Edmondston NB	D/C	Mon	8:30 PM	12 Step Center, 15 Costello St Canada	
Edmondston NB	SP	Sat	8:30 PM	12 Step Center, 15 Costello St Canada	
Edmondston NB	SP	Fri	8 PM	Notre Dame des Septs Ch, Victoria St	
Edmondston NB	D	Sun	10:30 AM	12 Step Center, 15 Costello St Canada	
Edmondston NB	ST	Wed	8:30 PM	12 Step Center, 15 Costello St Canada	
Ellsworth	G/D	Fri	6:30 PM	Unitarian Universalist Ch,121 Bucksport R	
Ellsworth	D	Thurs	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	ST	Mon	6:30 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Ellsworth	SP	Mon	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	W/ST	Sat	10 AM	St Joseph's Catholic Ch, 231 Main St	
Ellsworth	D	Daily	Noon	Your Place, 8 Old Mill Rd	
Ellsworth	D	Fri	5:15 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Ellsworth	D	Fri	8 AM	United Baptist Ch, 28 Hancock St	
Ellsworth	W	Tues	5:30 PM	Your Place, 8 Old Mill Rd	
Ellsworth	BB	Wed	7 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Sat	6 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Sun	6 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Tues	6 PM	Hancock County Jail, State St	
Ellsworth	ST	Tues	8 PM	Congregational Ch, State St, Rt 179	
Fairfield	D	Mon	7 PM	Fairfield United Methodist Ch, Rt 201	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Fairfield	D/SP	Sat	7:30 PM	Fairfield United Methodist Ch, Rt 201	
Falmouth	SP/D	Tues	8 PM	Foreside Community Ch, 340 Foreside Rd	
Falmouth	SP	Tues	7 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	M/C/ST	Thurs	7:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmingdale	D	Thurs	7 PM	Seventh Day Adventist Ch, 333 Maine Ave	
Farmington	ST	Mon	7 PM	U of ME, Roberts Learning Ctr, Rm 105	
Farmington	BB	Thurs	7 PM	Congregational Ch, 227 Main St	
Farmington	D/C	Fri	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	D	Wed	7:30 PM	Henderson Baptist Ch, 110 Academy St	
Fort Fairfield	D	Tues	7:30 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Kent	D	Tues	7 PM	Northern ME Med Ctr, 100 West Main St	
Fort Kent	D	Fri	7 PM	Northern ME Med Ctr, 100 West Main St	
Freeport	SP/D	Wed	12:15 PM	First Parish Congregational Ch, 40 Main St	
Freeport	ST	Wed	7:30 PM	First Parish Congregational Ch, 40 Main St	
Fryeburg	ABSI/D	Mon	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	B/Lit	Wed	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	D	Sat	Noon	American Legion Hall, Bradley St	
Fryeburg	D	Sun	9 AM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	BB	Thurs	4 PM	St Elizabeth Catholic Ch, Rt 5	
Fryeburg	W/ST/C	Tues	5:30 PM	St Elizabeth Catholic Ch, Rt 5	
Fryeburg	M/ST/C	Tues	7:30 PM	Dearborn Precision, 80 Portland St	
Gardiner	BB/D	Tues	7 PM	United Methodist Ch, 31 Highland Ave	
Gardiner	D	Sun	7 PM	United Methodist Ch, 31 Highland Ave	
Gorham	D	Fri	7:30 PM	United Methodist Ch, Cressy Rd, Rt 25	
Gouldsboro	D	Sun	6 PM	Gouldsboro Firehouse	
Grand Falls NB	SP	Fri	8:30 PM	Knights of Columbus Hall, Front St	
Grand Falls NB	ST/C	Mon	7 PM	St George Catholic Ch	
Grand Falls NB	D	Sun	9 AM	Hill Top Hotel, Madawaska Rd	
Gray	D	Mon	10:30 AM	St Gregorys Ch, Rt 26, North Raymond Rd	
Gray	W/ST	Tues	7 PM	St Gregorys Ch, Rt 26, North Raymond Rd	
Gray	SP	Thurs	8 PM	St Gregorys Ch, Rt 26, North Raymond Rd	
Greenville	D	Fri	7 PM	Union Evengelst Ch, 114 South Main St	
Greenville	ST	Wed	7 PM	Union Evangelist Ch, 114 South Main St	
Guilford	D	Sat	7 PM	Guilford Methodist Ch, 3 School St	
Hallowell	BB	Thurs	Noon	St Mathew's Hall, 18 Union St	
Hallowell	SP/C/M	Mon	7 PM	Pre-Release, Stevens School, Winthrop St.	
Hallowell	ABSI	Tues	Noon	St Mathew's Ch, 18 Union St	
Hallowell	D	Tues	7 PM	St Mathew's Ch, 18 Union St	
Hallowell	M/D	Fri	Noon	St Mathew's Hall, 18 Union St	
Hallowell	ST/D	Sat	9 AM	St Mathews Ch, 18 Union St	
Hallowell	W/D	Fri	Noon	Cox Memorial Ch, 33 Central St	
Hallowell	ST/C	Wed	Noon	St Mathew's Ch, 18 Union St	
Hampden	ABSI	Fri	6 PM	Kiwanis Club, Main St	
Hampden	SP	Tues	8 PM	Methodist Ch, 44 Kennebec Rd	
Hampden	D	Sat	7:30 PM	Church of the Open Door, 270 N Main St	
Hampden	C/ST	Mon	8 PM	St Mathews Episcopal Ch, 70 Western Ave	
Hampden	D	Sun	5 PM	Kiwanis Club, Main St	
Hancock	D	Wed	7 PM	Hancock Community Ctr, Rt 1	
Hancock	D	Sun	10 AM	Hancock Community Ctr, Rt 1	
Harrison	ABSI	Sun	6:30 PM	United Parish of Harrison, 77 Main St	
Hartland	D/C	Sun	7 PM	Grace Lynn Methodist Ch, 8 Seekins St	
Hollis	D	Tues	7 PM	Salmon Falls Library, 28 Salmon Falls Rd	
Houlton	D	Daily	Noon	White House, 106 1/2 Main St	
Houlton	BB/D	S/M/W/Sat	7:30 PM	White House, 106 1/2 Main St	
Houlton	BB	Thurs	7:30 PM	Church of the Good Shepard, 116 Main St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Houlton	D	Tues	7:30 PM	Unitarian Church, 61 Military St	
Houlton	D	Fri	8 PM	Congregational Ch, High St	
Howland	B/C	Thurs	8 PM	United Methodist Ch, 23 Coffin St	
Indian Island	D	Fri	8 PM	St Ann's Parish Hall, 6 Down St	
Jackman	D/BB	Tues	7 PM	Jackman Public Library, 604 Main St	
Jay	C/M/ST/BB	Tues	7 PM	Niles Memorial Library, Rt 4	
Jay	W/ST/D	Thurs	6 PM	Niles Memorial Library, Rt 4	
Kennebunk	SP/A	Mon	7:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	C/W/A	Fri	10 AM	St David's Episcopal Ch, 138 York St	
Kennebunk	D	Wed/Thurs	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	G/D	Tues	8 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	D/Lit	Sun	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	C/ST/A	Sat	7:30 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	M/C/D/A	Sun	8 AM	American Legion Hall, Water St	
Kennebunk	M/C/D/A	Tues/Thurs	7 AM	American Legion Hall, Water St	
Kennebunk	BB/ST	Fri	6:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	ST/C	Mon-Sat	7:15 AM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	C/W/D/A	Sun	10 AM	American Legion Hall, Water St	
Kennebunkport	C/ABSI	Wed	8 PM	Community Hall, Temple St	
Kents Hill	B	Thurs	7 PM	United Methodist Ch, 1564 Main St	
Kezar Falls	ST	Tues	7:30 PM	Riverside Methodist Ch, 5 School St	
Kingfield	D	Wed	7:30 PM	Webster Hall, School St	
Kittery	SP/A	Sat	9 AM	St Raphael's Ch, Government St	
Kittery	SP/C	Sun	7:30 PM	Lion's Club, Rt 1, 117 State Rd	
Kittery	D	Sat	7 PM	Youth Connection Ctr, 10 Shapleigh Rd	
Kittery	BB	Mon-Fri	7:30 AM	Lion's Club, Rt 1, 117 State Rd	
Kittery	BB/D/A	Wed	7 PM	St Raphael's Ch, Government St	
Kittery Pt	D	Sun	4:30 PM	First Congregational Ch, 23 Pepperel Rd	
Kittery Pt	ST/M/C	Thurs	7:30 PM	First Congregational Ch, 23 Pepperel Rd	
Levant	ST/C	Tues	8 PM	Harvest Chapel, 3531 Union St	
Lewiston	M/D	Tues	6:30 PM	Calvary Methodist Ch, 59 Sabattus St	
Lewiston	D/A	Sun	9:30 AM	12 Hour Club, 120 Lisbon St	
Lewiston	SP	Sun	7 PM	Lewiston Baptist Ch, 1919 Lisbon Rd	
Lewiston	SP/D	Sat	8:15 PM	St Mary's Hospital, LePage Conf Rm	
Lewiston	C/W/D/A	Mon	5:30 PM	12 Hour Club, 120 Lisbon St	
Lewiston	SP/A	Sat	7 PM	Holy Family Ch Parish Ctr, 581 Sabbathus St	
Lewiston	SP	Fri	7 PM	Trinity Episcopal Ch, 247 Bates St	
Lewiston	ST/D/A	Mon	7 PM	Trinity Episcopal Ch, 247 Bates St	
Lewiston	BB	Tues	7 PM	St Mary's Reg Med Ctr, 99 Campus Ave	
Lewiston	D/BB/ST	Mon-Sat	Noon	12 Hour Club, 120 Lisbon St	
Limerick	D	Sat	8 PM	Faith Christian Ch, Rt 11	
Limerick	D	Mon-Thurs	Noon	Town Hall Downstairs	
Limestone	ST	Wed	7:30 PM	United Methodist Ch, 910 Main St	
Lincoln	D	Sat	8 PM	American Legion Hall, 3 Fleming St	
Lincoln	D	Wed	8 PM	Masonic Hall, 75 Main St	
Lincoln	ST	Fri	7 PM	Penobscot Valley Hosp, Transalpine Rd	
Lisbon Falls	BB	Tues	7:30 PM	St Mathews Episcopal Ch, 496 Lisbon St	
Livermore	D	Fri	7:30 PM	N Livermore Baptist Ch, 555 Federal Rd	
Lubec	BB/D	Thurs	7 PM	Regional Medical Ctr, 43 S Lubec Rd	
Machais	D	Fri	7:30 PM	Community Ch of Christ, North St	
Machias	Lit	Mon	7:30 PM	Congregational Ch, Center St	
Machias	D	Sun	7:30 PM	Community Ch of Christ, North St	
Machias	W/D	Sat	10 AM	St Aiden's Episcopal Ch, 36 Hill St	
Machias	D	Tues	7:30 PM	St Aiden's Episcopal Ch, 36 Hill St	
Madawaska	SP	Tues	7:30 PM	Senior Citizens Ctr, 5318 Main St	
Madawaska	BB/C/D	Sat	9:30 AM	Senior Citizens Ctr, 5318 Main St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Madison	D	Tues	7:30 PM	St Sebastian School, Pleasant St	
Madrid	D	Fri	7 PM	Old School (Summer Only)	
Manchester	D	Mon	7 PM	Manchester Lions Club, Route 17	
Mechanic Falls	D	Fri	7 PM	Vineyard Ch, 90 Lewiston Rd	
Mexico	C/D	Mon	7 PM	Green Congregational Ch, Main St, Rte 2	
Mexico	D/C	Sat	7 PM	Parish of the Holy Savior, 126 Maine Ave	
Milbridge	D	Mon	7 PM	Congregational Ch, 10 Bridge St	
Millinocket	SP	Sun	7 PM	Congregational Ch, 11 Maple St	
Millinocket	D/C	Mon	7 PM	Congregational Ch, 274 Katahdin Drive	
Millinocket	SP/C	Fri	7 PM	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	SP	Thurs	7 PM	Millinocket Reg Hosp, 200 Somerset St	
Millinocket	D/ST/BB	Mon-Fri	Noon	St Andrew Episcopal Ch, 40 Highland Ave	
Milo	D	Mon	7 PM	Milo Methodist Ch, 15 Park St	
Monhegan Island	D	Sun/Thurs	7:30 PM	Library, 1 Main St	
Monson	Lit	Sun	7 PM	Community Ch, 19 Greenville Rd	
NE Harbor	D	Sat	9:30 AM	St Mary's Parish Hall, 5 Kimball Rd	
New Denmark, NB	D	Tues	8 PM	Bethany Lutheran Ch Foley Brook Rd Canada	
New Portland	ST/C	Sat	7 PM	W New Portland Community Ch, Rt 146	
Newcastle	D	Tues	6:30 PM	Second Congregational Ch, 51 Main St	
Newcastle	D	Fri	6 PM	Second Congregational Ch, 51 Main St	
Newcastle	ST	Tues	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	D	Sun	7 PM	St Andrew's Ch, 11 Glidden St	
Newcastle	C/D	Fri	9 AM	Second Congregational Ch, 51 Main St	
Newcastle	BB	Thurs	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newfield W	D/A	Sun	7 PM	United Church of Christ, Maplewood Rd	
Newfield W	ST/A	Wed	7 PM	United Church of Christ, Maplewood Rd	
Newfield W	W/BB/D	Tues	7 PM	United Church of Christ, Maplewood Rd	
Newport	D/W	Wed	7 PM	United Methodist Ch, 131 Main St	
Newport	C/M	Wed	7 PM	United Methodist Ch, 131 Main St	
Newport	D	Mon	7 PM	United Methodist Ch, 131 Main St	
North Haven Island	C/D	Wed	7:30 PM	Baptist Church (Take Rockland Ferry)	
North Haven Island	D	Fri	7:30 PM	Islander, Take Rockland Ferry(Summer Only)	
North Haven Island	BB/C/A	Sun	6:30 PM	Baptist Church (Take Rockland Ferry)	
Norway	ST/BB	Mon	6:30 PM	First Universalist Ch, 479 Main St	
Norway	D	Thurs	8 PM	Christ Episcopal Ch, 35 Paris St	
Norway	D/C	Sun	8:30 AM	Weary Club Bldg, 385 Main St	
Norway	BB/A	Tues	6:30 PM	Stephen's Mem Hosp, 181 Main St, Boardroom	
Norway	B/D/A	Fri	6:30 PM	Stephen's Mem Hosp, 181 Main St	
Norway	C/D	Wed	8 PM	Weary Club Bldg, 385 Main St	
Norway	SP	Mon	8 PM	Second Congregational Ch, 201 Main St	
Norway	B/ST/BB	Mon-Fri	8 AM	Universalist Unitarian Ch, 497 Main St	
Norway	D	Thurs	6:30 PM	Second Congregational Ch, 201 Main St	
Norway	B	Mon	6:30 PM	Second Congregational Ch, 201 Main St	
Norway	D	Sat	10 AM	Universalist Unitarian Ch, 497 Main St	
Ogunquit	SP/A	Sun	7 PM	Dunaway Ctr, Town Hall, 23 School St	
Ogunquit	D/BB/ST	Mon/Wed/Fri	9 AM	Baptist Ch, 157 Shore Rd	
Ogunquit	D	Fri	5:30 PM	Ogunquit Chamber of Commerce, 36 US Rt 1	
Old Orchard Beach	ST	Mon	7 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	B/D	Sat	6:30 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	ST	Thurs	6:30 PM	Milestone, 28 Portland St	
Old Orchard Beach	SP/D	Sat	8 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	BB	Sun	7 PM	United Methodist Ch, Washington Ave	
Old Town	D/A	Sat	8 PM	United Methodist Ch, 744 Stillwater Ave	
Old Town	ABSI	Sun	7 PM	St James Episcopal Ch, Crn Center & Main	
Orland	D	Sat	7 PM	Orland Town Office, 23 School House Rd	
Orland	D/A	Mon	7:30 PM	Methodist Ch, Narramissic Dr	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Orono	D/ABSI	Mon/Wed/Fri	Noon	U of ME, Memorial Union, Library Circle	
Orono	D/A	Tues	7 PM	C.M. Parker Senior Ctr, Birch St	
Orrington	D/A	Fri	6 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrington	W/ST/D	Thurs	7 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrs Island	BB	Thurs	7 PM	Faith Methodist Ch, 1739 Harpswell Rd	
Palmyra	ST/C	Fri	7 PM	Palmyra Community Center	
Paris S	W/D	Tues/Thurs	8 AM	Trinity Lutheran Ch, 34 Buckfield Rd	
Paris S	ABSI	Fri	8 PM	First Congregational Ch, 17 East Main St	
Paris S	ST	Sun	7 PM	Deering Methodist Ch, 39 Main St	
Paris W	D	Sat	7:30 PM	First Universalist Ch, 200 Main St	
Parkman	B/BB	Thurs	6:30 PM	Parkman Town Hall, 771 Route 150	
Pembroke	D	Sun	7:30 PM	Grace Chapel, Leighton Point Rd	
Penobscot	BB	Thurs	7 PM	United Methodist Ch, Rt 176	
Penobscot	BB	Sat	9:30 AM	St Mathews Ch, 70 Western Ave	
Pittsfield	D	Thurs	7 PM	First Congregational Ch, 132 Somerset Ave	
Pittsfield	D	Sat	7 PM	Unitarian Universalist Ch, Easy St	
Pittston	D	Wed	7:30 PM	Congregational Ch, 285 Wiscasset Rd	
Plaster Rock, NB	D	Mon	8 PM	White Church behind Save Easy	
Pleasant Point	D	Tues	7:30 PM	Drop In Center, Back Rd	
Poland	D	Tues	8 PM	Poland Community Ch, 1212 Maine St	
Port Clyde	ST	Mon	7:30 PM	Church across from Post Office	
Porter	W/BB	Wed	6:30 PM	Kezar Falls Fire Station, Statton River St	
Portland	SP	Thurs	3 PM	Church of Holy Spirit, 1047 Congress St	
Portland	D/Lit/B	Mon-Sat	7 AM	First Parish Unitarian Ch, 425 Congress St	
Portland	D	Sun	7:30 PM	St Louis Catholic Ch, 279 Danforth St	
Portland	SP/D/Teen	Mon	7 PM	Hope Counseling, 449 Forest Ave, Suite 8	
Portland	B/D	Mon	5:30 PM	MMC, Dana Health Ed Ctr, 22 Bramhall St	
Portland	SP	Fri	8 PM	Ch of the Holy Spirit, 1047 Congress St	
Portland	D	Thurs	7 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	SP	Wed	7 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	B/D	Mon	6:30 PM	Olde St Paul Ch, 279 Congress St	
Portland	C/D/ABSI	Sat	8:30 AM	175 State St	
Portland	SP	Tues	8 PM	Serenity House, 30 Mellen St	
Portland	M/BB/ST	Sun	9 AM	Mercy Hosp, 144 State St, B2 Auditorium	
Portland	B	Wed	6:30 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	B/D	Thurs	6:30 PM	Sahara Club, 135 Washington Ave	
Portland	ST/CC	Sun	8 AM	Williston West Ch, 32 Thomas St	
Portland	SP/D	Fri	5:30 PM	Ch of the Holy Spirit, 1047 Congress St	
Portland	SP	Fri	8 PM	Church of Holy Spirit, 1047 Congress St	
Portland	ABSI/W	Thurs	7 AM	Residence of 158 Danforth St	
Portland	D	Thurs	7:30 PM	Cumberland Cty Jail PreRelease, 36 County	
Portland	G/SP	Sun	6:30 PM	MMC, Dana Ctr, 22 Bramhall St	
Portland	MED/CC	Sun	8 AM	Williston West Ch, 32 Thomas St	
Portland	BB/D	Wed	7 PM	MMC, New England Rehab, 335 Bridgton Ave	
Portland	SP	Wed	7:30 PM	Irish Heritage Ctr, 34 Gray St	
Portland	D/C	Wed	8 PM	Immanuel Baptist Ch, 156 High St	
Portland	ST	Fri	6 PM	Stroudwater Baptist, 1737 Congress St	
Portland	SP	Mon	8 PM	St Peter's Ch, 72 Federal St	
Portland	BB/D/A	Wed	7 PM	Sahara Club, 135 Washington Ave	
Portland	Tag/A	Sat	9 AM	Sahara Club, 135 Washington Ave	
Portland	SP	Sun	11 AM	Washington Gardens Ctr, 66 Pembroke St	
Portland	D/A	Mon-Fri	12:15 PM	Sahara Club, 135 Washington Ave	
Portland	G/Lit/M	Fri	6:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	ST/D	Mon	Noon	St Patricks Ch, 1342 Congress St	
Portland	BB/ST	Tues	7:30 PM	Woodford Congr Ch, 202 Woodford St	
Portland	W/ST	Thurs	12:15 PM	First Parish Unitarian Ch, 425 Congress St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Portland	SP	Sun	7 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	W/ST	Mon	7 PM	The New Church, 302 Stevens Ave	
Portland	ST/C/A	Mon	7:30 PM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D/A	Mon	6:30 PM	Universalist Ch, 524 Allen Ave	
Portland	D	Sat	8 AM	Williston West Ch, 32 Thomas St	
Portland	SP/D	Sat	7 PM	YMCA, 70 Forest Ave	
Portland	W/BB	Mon	6:30 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	D	Sat	7:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	C/M/D/M	Mon-Fri	Noon	First Parish Unitarian Ch,425 Congress St	
Portland	BB	Thurs	Noon	St Patricks Ch, 1342 Congress St	
Portland	D/A	Tues	7 PM	New England Rehab, Brighton Med Ctr, Rm 3	
Portland	ST/A	Wed	7 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	BB	Sun	5 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	SP/C	Mon	6:30 PM	Cumberland Cty Jail, 50 Country Way	
Portland	SP/D/A	Sat	6:30 PM	Congreg ETZ Chiam Synagogue,267 Congress St	
Portland	SP/D	Mon-Fri	7 AM	Old Paul's Ch, 279 Congress St	
Portland	BB/C/D	Mon	6:30 PM	St Peter's Ch, 72 Federal St	
Portland	SP/A	Tues	6 PM	Sahara Club, 135 Washington Ave	
Portland	D/A	Fri	8 PM	MMC, Dana Ctr, 22 Bramhall St, Rm 2	
Portland	SP	Wed	7 PM	First Baptist Ch of Portland,360 Canco Rd	
Portland	ST/W/C/A	Thurs	5 PM	Sahara Club, 135 Washington Ave	
Portland	SP/A	Sat	7 PM	Sahara Club, 135 Washington Ave	
Portland	D/ST	Mon-Fri	7:30 AM	Sacred Heart Ch, 80 Sherman St	
Portland	D/A	Fri	7:30 PM	Sahara Club, 135 Washington Ave	
Portland	SP/B/D/A	Sat	10:30 AM	Sahara Club, 135 Washington Ave	
Portland	SP/A	Fri	7 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	BB	Tues	5:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	W/ST	Mon	12:15 PM	First Parish Unitarian Ch,425 Congress St	
Portland S	M/ST/C	Thurs	7:30 PM	St John Evangelist Ch, 611 Main St	
Portland S	D	Tues	7:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	D	Wed	8 PM	So ME Comm College, Jewett Hall,Rm 109	
Portland S	D	Mon	7:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	SP	Sun	8 PM	St John Evangelist Ch, 611 Main St	
Portland S	D	Sat	2 PM	Congregational Ch, 301 Cottage St	
Portland S	D	Fri	6:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	ST	Sun	6:30 PM	People's United Methodist Ch,310 Broadway	
Presque Isle	D	Fri	Noon	MicMac Admin Bldg,Presque Isle Industrial	
Presque Isle	D	Wed/Sat	7:30 PM	Academy House, 150 Academy St	
Presque Isle	BB	Sun	7 PM	Academy House, 150 Academy St	
Princeton	D	Fri	Noon	Indian Township Health Ctr,Peter Dana Pt	
Princeton	SP	Sat	7 PM	Elderly Meal Center, Rt 1	
Princeton	SP/D	Tues	7:30 PM	Elderly Meal Center, Rt 1	
Randolph	D	Fri	7:30 PM	Randolph Methodist Ch, 16 Astbury St	
Rangeley	D	Tues	7 PM	Good Shepard Ch, 2614 Main St	
Rangeley	C/ST	Sat	7 PM	Congregational Ch, 2 High St	
Raymond	BB	Fri	7 PM	Raymond Village Ch, 27 Main St	
Richmond	ST	Sat	9 AM	Richmond Methodist Ch, 121 Pleasant St	
Richmond	BB	Mon	Noon	Richmond Methodist Ch, 121 Pleasant St	
Richmond	D	Sun	7 PM	Richmond Grange, Alexander Reed Rd	
Richmond	D	Fri	Noon	Richmond Methodist Ch, 121 Pleasant St	
Robinston	ST	Wed	7 PM	Robinston Elementary Sch,904 U.S. Rt1	
Rockland	D	Sun	7 PM	First Universalist Ch, 345 Broadway St	
Rockland	C/M/D	Mon	7 PM	Lutheran Ch, 179 Old County Way	
Rockland	D/A	Tues	7 PM	St Bernard's Church, 150 Broadway	
Rockland	D	Fri	7 PM	Recreational Ctr, 61 Limerock St	
Rockland	D/B	Thurs	6:30 PM	St Peter's Episcopal Ch, 11 White St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Rockland	D	Fri	6:45 AM	St Peter's Episcopal Ch, 11 White St	
Rockland	D	Mon-Sat	12:15 PM	Recreational Ctr, 61 Limerock St	
Rockland	ST/C	Sun	10:30 AM	Knox Center,Rockland Rm, 6 White St	
Rockland	D	Sat	7 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	W/D/C	Sat	8:30 AM	Unitarian Universalist Ch,345 Broadway St	
Rockland	C/D	Wed	7 PM	Knox County Jail, Upper Park St	
Rockport	ST/C	Tues	10:30 AM	Nativity Lutheran Ch, 170 Old County Rd	
Rockport	D	Sun	10:30 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	ST/BB	Sun	10 AM	Seniors Plus, 50 Congress St	
Rumford	SP/D/C	Tues/Thurs	7 PM	Seniors Plus, 50 Congress St	
Saco	C/M/D	Sun	9 AM	Oasis Club, 63 School St	
Saco	B/D	Thurs	7 PM	Oasis Club, 63 School St	
Saco	W/ST/C	Thurs	6 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	BB	Sun	8 PM	Saco Congregational Ch,191 Heath Rd	
Saco	BB/ST/B	Tues	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	D	Sun	9 AM	Saco Elks Lodge, 68 Ocean Park Rd	
Saco	D	Mon-Sat	7 AM	Oasis Club, 63 School St	
Saco	ASBI	Sun	10:30 AM	Oasis Club, 63 School St	
Saco	BB/SP	Mon	7:30 PM	Our Father's House, 325 North St	
Saco	D/A	Sun	7 PM	Oasis Club, 63 School St	
Saco	D/A	Mon-Fri	Noon	Oasis Club, 63 School St	
Saco	SP/A	Fri	7:30 PM	Oasis Club, 63 School St	
Saco	BB/ST	Mon	7 PM	Unitarian Universalist Ch, 60 School St	
Saco	W/ST/C	Thurs	6:30 PM	First Parish Congregationa Ch,12 Beach St	
Saco	SP/A	Wed	7:30 PM	Oasis Club, 63 School St	
Saco	SP/D	Tues	7:30 PM	Oasis Club, 63 School St	
Salisbury Cove	D	Thurs	7 PM	Eden Baptist Ch, Old Bar Harbor Rd	
Sanford	ST/W	Fri	10 AM	St George's Episcopal Ch, Main St	
Sanford	ABS/SP	Tues	Noon	St George's Episcopal Ch, Main St	
Sanford	BB/SP	Thurs	Noon	St George's Episcopal Ch, Main St	
Sanford	SP/D	Mon	Noon	St George's Episcopal Ch, Main St	
Sanford	SP/D/A	Thurs	6 PM	Holy Family Ch Basement, 66 North Ave	
Sanford	D/SP	Tues	6 PM	Holy Family Ch Basement, 66 North Ave	
Sanford	SP/A	Wed	6:30 PM	St George's Episcopal Ch, Main St	
Sanford	D	Daily	Noon	Holy Family Ch Basement, 66 North Ave	
Sanford	BB/ST	Sun	6 PM	Holy Family Ch Basement, 66 North Ave	
Scarborough	BB/D	Mon	Noon	St Maximillian Kolbe Ch,150 Black Pt Rd	
Scarborough	W/LS	Sat	8:30 AM	St Nicholas Episcopal Ch, 350 US Rt 1	
Scarborough	ST	Fri	8 PM	First Congregational Ch,161Black Point Rd	
Scarborough	W/D/C	Mon	5:30 PM	St Nicholas Episcopal Ch, 350 US Rt 1	
Scarborough	C/D/A	Thurs	7:30 PM	Scarborough Methodist Ch, Church St	
Scarborough	D	Mon-Fri	2 PM	Dimitri's Restaurant, 185 Rt 1	
Scarborough	B/SP/D	Fri	5:30 PM	MMC, Human Resource, 100 Campus Dr	
Searsport	D	Sun	7 PM	First Congregational Ch,Knox Brothers Ave	
Sebago	SP/D	Mon	7 PM	Church of the Nazarene, Rt 114	
Sedgewick	D	Sun	10 AM	Sedgewick Town Hall, Rt 172	
Sedgewick	C/W/D	Wed	6 PM	Sedgewick School, Rt 15	
Sidney	SP/D	Thurs	7:30 PM	ME General Men Recovery, 2093 Belgrade Rd	
Sinclair	D	Sun	7 PM	St Joseph Catholic Ch, 413 Shore Rd	
Skowhegan	D	Wed	8 PM	Notre Dame De Lourdes, 222 Water St	
Skowhegan	D/B	Thurs	10 AM	Notre Dame De Lourdes, 222 Water St	
Skowhegan	BB/ST	Mon	10 AM	Methodist Ch, 103 Dr Mann Rd,Rt 4	
Skowhegan	ST	Sat	10 AM	Reddington Fairview Hosp, Conf Rm C	
Skowhegan	SP/D	Fri	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	D	Sun	4 PM	Federated Ch, 12 Island Avenue	
Skowhegan	BB	Thurs	7 PM	Federated Ch, 12 Island Avenue	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Skowhegan	ST	Mon	7 PM	All Saints Episcopal Ch, Malbon Mills Rd	
Skowhegan	W/D	Tues	11 AM	Federated Ch, 12 Island Avenue	
Somesville	D	Wed	7:30 PM	Union Meeting Parish Hall, Main St	
Springvale	D	Tues	8 PM	Baptist Church, 429 Main St	
St Andrew's	D	Fri	8 AM	Anglican Ch Hall, 75 King St	
St Leonard NB	BB/D/C	Wed	8 PM	Boy Scout Building, Main St	
St Quentin NB	D/C	Wed	8 PM	Montcalm Theater	
St Stephen NB	SP	Sun	7 PM	Kirk McCall Ch, King St	
St Stephen NB	D/C	Wed	7 PM	Satellite Serenity Club, Mark St	
Standish	ST	Thurs	7 PM	Standish Congregational Ch,25 Oak Hill Rd	
Standish	D	Sat	8 AM	Standish Congregational Ch,25 Oak Hill Rd	
Stockholm	D	Sat	7:30 PM	Trinity Lutheran Ch, 8 Donworth St	
Stockton Springs	Lit/D	Fri	6:30 PM	Town Office, Main St	
Stonington	D	Sat	7 PM	Town Hall, Upstairs, Main St	
Stratton	ST/C	Mon	7 PM	St John's Catholic Ch,50 Main St	
Sullivan	D	Tues/Thurs	6 PM	Sullivan Baptist Ch, 34 Harbor View Drive	
Sullivan Harbor	D	Fri	6 PM	Sullivan Recreational Ctr, Rt 1	
SW Harbor	D	Sun	7 PM	Congregational Ch, High Rd	
SW Harbor	D	Thurs	7 PM	Congregational Ch, High Rd	
Swan's Island	D	Wed	7 PM	Library	
Tenants Hbr	D	Tues	7 PM	American Legion Hall, Rt 131	
Thomaston	D/B	Mon/Thurs	7 PM	St John the Baptist Ch, 112 Main St	
Thomaston	ST	Wed	7 PM	St John Episcopal Ch, 200 Main St	
Tobique NB	D	Sun	7:30 PM	Church Basement Tobique Reserve	
Tobique NB	D	Fri	7:30 PM	Tobique Rehab Ctr, on Reservation	
Togus	D	Mon	7 PM	USVA Hospital, Bldg 206, Rm 140	
Topsham	D	Sun	7 PM	United Baptist Ch, 1 Elm St	
Topsham	D	Wed	8 PM	United Baptist Ch, 1 Elm St	
Trenton	D	Fri	8 PM	Trenton Baptist Ch	
Turner	D/A	Tues	7 PM	Veterinary Hospital, 10 Business Parkway	
Union	D/A	Sat	8 PM	United Methodist Ch, Union Common	
Unity	D	Thurs	8 PM	Methodist Ch, Depot St	
Van Buren	D	Mon	7 PM	Community Center, 16 Champlain St	
Veazie	D	Mon	8 PM	Veazie Community Ctr, 1005 Olive St	
Vinalhaven	D	Tues	7:30 PM	Union Ch, 25 East Main St	
Waldoboro	ST	Thurs	6:30 PM	Broad Bay Congregational Ch,941 Main St	
Warren	C/D/A	Tues	7 PM	Congregational Ch, Main St	
Warren	D/C	Thurs	7 PM	Maine State Prison, 870 Cushing Rd	
Warren	D	Sun	8:30 AM	Maine State Prison, 870 Cushing Rd	
Warren	BB	Sat	12:30 PM	Maine State Prison, 870 Cushing Rd	
Waterboro	SP/D/A	Mon	7 PM	St Stephens Ch, Sokokis Rd, Rt 5	
Waterboro	GV/D	Fri	7 PM	Waterboro Town Hall, 24 Townhouse Rd	
Waterville	D	Wed	7 PM	St Joseph Ch, Front St	
Waterville	D	Mon	7:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	D	Fri	6 PM	Thayer Hospital, Dean Bldg, Rm 3 & 4	
Waterville	SP	Tues	8 PM	Seton Hospital, 6th Floor, 30 Chase Ave	
Waterville	D/ABSI	Sun	10 AM	Adolescent Center, Chase Ave	
Waterville	D	Wed	5 PM	Getchell Baptist Ch, Getchell St	
Waterville	ST/C	Tues	8 PM	Lutheran Ch, 36 Cool St	
Waterville	B/D	Sun	7 PM	ME General, Seton, Lecture Hall A & B	
Waterville	SP/A	Thurs	8 PM	Seton Hospital,Adolescent Unit,30 Chase A	
Waterville	W/D	Wed	8:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	ST/BB/D	Tues-Sat	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Tues-Fri	6:45 AM	United Methodist Ch, 61 Pleasant St	
Waterville	W/ST/C	Thurs	6:30 PM	United Methodist Ch, 61 Pleasant St	
Waterville	W/BB/ST	Mon	6:30 PM	United Methodist Ch, 61 Pleasant St	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Waterville	D	Mon	10 AM	Advent Christian Ch, 4 Pleasant St	
Wells	BB/D	Fri	7:30 PM	St Mary's Ch, 236 Eldridge Rd	
Wells	D/C	Thurs	8 PM	Congregational Ch, 1695 Post Rd	
Wells	D/B	Sat	8 AM	St Mary's Ch, 236 Eldridge Rd	
Westbrook	SP/D/A	Sat	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/C/A	Wed	6 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	SP/A	Sun	6:30 PM	Saccarappa Lodge, 573 Main St	
Westbrook	BB/A	Mon	6 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	C/M/D/A	Thurs	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/A	Sat	10 AM	Trinity Lutheran Ch, 612 Main Rd	
Westbrook	D/SP/A	Tues	12:15 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	ST/D/A	Sun	10:30 AM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	B/D/A	Thurs	8 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	B/D/A	Fri	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/B	Wed	7:30 PM	St Anthony Parish Ed Ctr, 295 Brown St	
Whitefield N	SP	Sat	10 AM	St Dennis Ch, 298 Grand Army Rd, Rt 126	
Whiting	D	Mon	7 PM	Cobscook Friends Meeting House, Rte 189	
Wilton	D/C	Mon	7:30 PM	St Lukes Ch Basement, 59 High St	
Wilton	D	Sat	7:30 PM	St Lukes Ch Basement, 59 High St	
Windham	BB	Mon	7:30 PM	Windham Union Ch, 723 Roosevelt Trail	
Windham	Lit/D	Wed	Noon	N Windham Union Ch, 723 Roosevelt Trail	
Windham	D/Lit/ABSI	Sun	7:30 PM	St Ann's Episcopal Ch, River Rd	
Windham	D	Tues	7:30 PM	So Windham Community Ch, 31 Main St	
Windham	BB	Sat	10 AM	St Ann's Episcopal Ch, River Rd	
Windsor	BB	Wed	6 PM	Memorial Baptist Ch, 9 Reed Rd, Rt 32	
Winslow	D	Sun	5 PM	St John the Baptist Ch, Monument St	
Winslow	D	Sun	8:30 AM	Rec Hall behind Fire Station	
Winslow	D	Thurs	5 PM	St John the Baptist Ch, Monument St	
Winslow	D	Tues	6 PM	Congregational Ch, 26 Lithgow St	
Winter Harbor	D	Tues	6 PM	Chart Room behind IGA, Main St	
Winterport	D	Fri	8 PM	St Gabriels Ch, Community House, Lower Main	
Winthrop	D	Mon	7 PM	United Methodist Ch, Main St	
Winthrop	D	Fri	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	ST/D	Wed	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Thurs	Noon	Congregational Ch, 11 Bowdoin St	
Woodstock First Nation	BB/C	Thurs	8 PM	First Nation Health Ctr, 10 Turtle Lane	
Yarmouth	W/ST	Mon	7 PM	Church of the Nazarene, US Rt 1	
Yarmouth	W/ST/C	Mon	5:30 PM	Unitarian Universalist Ch, 97 Main St	
Yarmouth	BB	Thurs	7:30 PM	St Bartholomews Ch, Gilman Rd	
Yarmouth	B/C	Wed	7:30 PM	N Yarmouth Congregational Ch, 3 Gray Rd	
Yarmouth	D	Mon	7:30 PM	First Congregational Ch, Main St	
Yarmouth	B	Fri	7:30 PM	Sacred Heart Ch, 362 Main St	
York	SP	Tues	7:30 PM	Methodist Ch, 1026 US Rt 1	
York	D	Mon	7:30 PM	Methodist Ch, 1026 US Rt 1	
York	W/ST	Sun	6 PM	Health Center, York Hospital	
York Beach	ST/C	Tues	Noon	Union Congregational Ch, 29 Church St	
York Beach	BB/ST	Mon	7:30 AM	Union Congregational Ch, 29 Church St	
York Harbor	D/W	Wed	9:30 AM	St Christopher Ch, York St	
York Harbor	ST	Mon	6 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP/B/D	Thurs	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Fri	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	BB	Sat	Noon	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	C/D	Wed	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP	Sun Last	9 AM	York Harbor Inn, Rt 1A	Last Sun of Month only
York Village	SP/A	Sat	8 PM	York Hospital, Purple Bldg, 15 Hospital Dr	

Abused Men

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
-------------	-------------	------------	-------------	--------------	-----------------------

Abused Men

Statewide				Battered Men Support Groups, Call for Info	1-877-643-1120 x757
-----------	--	--	--	--	---------------------

Abused Women

Androscg, Franklin, Oxfrd			24 HRS	SAFE Voices	1-800-559-2927
Aroostook Cty				Aroostook Band of MicMacs Family Violence	1-800-750-1435
Aroostook Cty			24 HRS	Hope & Justice Project	1-800-439-2323
Aroostook Cty				Houlton Band Maliseet Domestic Violence	532-6401
Cumberlnd, Sagadahoc			24 HRS	Family Crisis Srvs/Call for Information	1-800-537-6066
Eastport				Passamaquoddy Peaceful Relations	853-2613
Franklin Cty			24 HRS	Abused Women's Advocacy	1-800-559-2927
Hancock, Washington			24 HRS	Next Step Domestic Violence Project	1-800-315-5579
Kennebec, Somerset			24 HRS	Family Violence Project	1-877-890-7788
Knox, Lincoln, Waldo			24 HRS	New Hope for Women (338-6569)	1-800-522-3304
National			24 HRS	National Domestic Violence	1-800-799-7233
Penobscot				Penobscot Nation/Spruce Run (631-4886)	1-800-863-9909
Penobscot			24 HRS	Spruce Run	1-800-863-9909
Piscataquis			24 HRS	WOMANCARE	1-888-564-8165
Statewide				United Somali Women of Maine	207-753-0061
Statewide				Tengo Voz (Latin American, I Have Voice)	207-553-2252
Statewide				Sudanese Development Institute of Maine	207-879-2281
Statewide			24 HRS	Domestic Violence Helpline	1-866-834-4357
Washington Cty			24 HRS	Next Step	1-888-604-8692
York County			24 HRS	Caring Unlimited/Call for Information	1-800-239-7298

Abuser Education

Augusta				Men's Work for Abusive Men	623-7252
Statewide	M		24 HRS	For Abusive Men (795-4020)	1-800-559-2927

ACOA

Augusta	D			Therapeutic Support Grp (Call for Info)	623-8375
---------	---	--	--	---	----------

Addiction/MH

Aroostook Cty				Peer Resource Ctr, Call for Information	1-888-565-5522
Statewide		Mon-Fri	5PM-3AM	Advocacy Incentive Network, Amistad	1-866-771-9276

AIDS Counseling & Testing

Aroostook Cty				Aroostook County Action Program(768-3056)	1-800-432-7881
Auburn		Mon-Fri		Auburn/Lewiston STD Clinic (795-4019)	1-800-587-9354
Augusta				HealthReach Harm Reduction, 9 Green St	621-3793
Bangor		Mon-Fri		Wabanaki Mental Health	990-0605
Bangor		Mon-Fri		Penquis CAP Health Services	1-800-215-4942
Bangor		Mon-Fri	8:30-4:30	Bangor STD Clinic, 103 Texas Ave	947-0700
Bangor				Eastern ME AIDS Network, 990-3626	1-877-990-3626
Brunswick				Merrymeeting AIDS Support	725-4955
Damariscotta		Mon-Wed	8:30-4:30	Damariscotta Family Planning	338-3736
Ellsworth			24 HRS	Downeast Health Services (667-3506)	1-800-669-0893
Farmington		Mon-Fri	8-4 PM	Tri County Health Srvs (778-4553)	1-800-645-9636
Fort Kent				ACAP Health First	834-3513
Gardiner		Mon-Fri	9-5 PM	Horizon Program, 150 Dresden Ave	621-5376
Houlton				ACAP Health First	532-5303
Lewiston				St Mary's Reg Med Ctr, 99 Campus Ave	777-8507
Lubec				Healthways HIV Program (733-4763)	1-877-270-4139
Machias				Downeast AIDS Network	255-5849
Portland				Frannie Peabody Ctr, 615 Congress St	774-6877
Portland				Portland STD Clinic	874-8446
Presque Isle				ACAP Health First	768-3062
Rockland		M/T/Th/F	8:30-4:30	Mid Coast Health Family Planning	594-6880

AIDS Counseling & Test

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Statewide				Maine DHHS HIV/STD Program	287-3747
Statewide				Maine AIDS Hotline	1-800-851-2437
Waldo		Mon-Thurs	8:30-4:30	Belfast Family Planning	338-3736
Wilton			24 HRS	Western Maine Community Action (645-3764)	1-800-645-9636

AIDS Support

Bangor		Mon-Fri	8-5 PM	Eastern ME AIDS Network, 80 Exchange St	990-3626
Ellsworth		Mon-Fri	8-4 PM	DownEast AIDS Network, 25 Pine St, Ste A	667-3506
Gardiner		Mon-Fri	9-5 PM	Horizon Program, 150 Dresden Ave	621-3790
Portland		Mon-Fri	9-5 PM	Frannie Peabody Ctr, 615 Congress St	749-6818

Al anon

Andover	D	Wed	7:30 PM	Andover Congregational Ch, 25 Elm St	
Auburn	D	Wed	10 AM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Wed	8 PM	St Philips Ch, 2365 Turner Rd, Rt 4	
Auburn	D	Sat	7 PM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Mon	7:30 PM	United Methodist Ch, 439 Park Ave	
Augusta	D	Fri	12:30 PM	Unitarian Universalist Ch, Winthrop St	
Augusta	D	Thurs	5:30 PM	Augusta Masonic Hall, 317 Water St, Upstair	
Augusta	D	Tues	7 PM	St Mark's Episcopal Ch, 9 Summer St	
Bangor	D	Sat	1 PM	St John's Episcopal Ch, 234 French St	
Bangor	D	Fri	Noon	St John's Episcopal Ch, 234 French St	
Bangor	D	Thurs	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	ST	Wed	10 AM	Boyd's Place, 21 Boyd St	
Bangor	D	Mon	Noon	St John's Parish, 234 French St	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 LedgeLawn Ave	
Bar Harbor	D	Fri	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Thurs	7 PM	United Church of Christ, 150 Congress Ave	
Belfast	D	Thurs	7 PM	First Baptist Ch, 95 High St	
Belfast	D	Sat	10 AM	St Margaret Lighthouse, 100 Court St	
Belfast	D	Mon	Noon	First Baptist Ch, 95 High St	
Berwick S	D	Mon	10 AM	First Federated Ch, Academy St	
Biddeford	D	Tues	7:45 PM	Second Parish Congr Ch, 19 Crescent St	
Blue Hill	D	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Blue Hill	D	Wed	Noon	Blue Hill Public Library, Parker Point	
Boothbay Harbor	D	Mon	7 PM	St Columbia Episcopal Ch, 32 Emery Lane	
Brewer	D	Tues	6 PM	First United Methodist Ch, 40 S. Main St	
Brewer	D	Sun	6 PM	Redeemer Lutheran Ch, 540 Essex St	
Bridgeton	B/D	Tues	7 B/ 7:30 PM	St Joseph Catholic Ch, 225 High St	
Brunswick	D	Wed	10 AM	7th Day Adventist Ch, Fellowship Hall	
Brunswick	D	Sun	7 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	D	Mon	Noon	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Fri	Noon	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	D	Sat	7:30 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Bucksport	D	Wed	7 PM	Congregational Ch, Elm St	
Buxton	D	Tues	6:30 PM	North Congregational Ch, 22 Churchill Rd	
Calais	D	Wed	6:30 PM	Old Calais Hospital, 24 Hospital Lane	
Camden	D	Tues	7 PM	Our Lady of Good Hope Ch, 7 Union St	
Cape Elizabeth	D	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Cape Elizabeth	D	Thurs	7:30 PM	United Methodist Ch, 280 Ocean House, Rt 77	
Caribou	D	Sat	11 AM	St Luke's Episcopal Ch, 650 S. Main St	
Casco	D	Sun	6:30 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Columbia	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Coopers Mills	D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Damariscotta	D	Tues	7 PM	Mobius Bldg, Rt 1	
Damariscotta	D	Wed	6:30 PM	Miles Memorial Hosp, 35 Miles St	
Ellsworth	D	Tues/Thurs	Noon	Unitarian Universalist Ch, 121 Bucksport R	

Al anon

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Ellsworth	D	Mon	7 PM	First Congregational Ch, Church St	
Falmouth	D	Fri	5:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	D	Tues	7B/8 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Fri	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Wed	7 PM	Franklin Memorial Hosp, Waldon Rm	
Fort Fairfield	D	Tues	7:30 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Kent	D	Fri	6:30 PM	Fort Kent Public Library, Main St	
Fort Kent	D	Mon	1 PM	Rock's Diner, 378 West Main St	
Freeport	D	Wed	7:30 PM	First Parish Congregational Ch,40 Main St	
Fryeburg	D	Tues	10 AM	American Legion Hall, Bradley St	
Gardiner	D	Sun	5 PM	Boys & Girls Club, Use side entrance	
Gray	D	Thurs	8 PM	St Gregor's Ch, Rt 26, North Raymond Rd	
Hancock	D	Wed	Noon	Union Congregational Ch, Rt 1	
Hartland	D	Wed	6:30 PM	Irving Tanning Community Ctr, Elm St	
Houlton	D	Wed	2:30 PM	Church of the Good Shepard, 116 Main St	
Houlton	D	Wed	7 PM	Houlton Outreach Ctr, 18 Military St	
Kennebunk	D	Mon	8 PM	Advent Christian Ch, Sea Rd	
Kents Hill	D	Thurs	7 PM	Torsey Memorial Methodist Ch, Rt 17	
Kezar Falls	D	Wed	7 PM	Riverside Methodist Ch, 5 Porter St	
Kingfield	D	Mon	10:30 AM	United Methodist Ch, 51 High St	
Kittery Pt	D	Tues	7:30 PM	First Congregational Ch, 23 Pepperal Rd	
Lewiston	D	Wed	12:15 PM	Center for Wisdom's Women,97 Blake St	
Limerick	D	Fri	7 PM	St Mathews Catholic Ch, 19 Dora St	
Lincoln	D	Fri	7 PM	Penobscot Valley Hosp, Conf Rm B	
Lubec	D	Thurs	7 PM	Regional Medical Ctr, 43 S Lubec Rd	
Madawaska	D	Tues	7 PM	Residence of 291 Newberry St, Suite 105	
Mexico	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Mexico	D	Tues	7 PM	Mexico Congregational Ch, 163 Main St	
Monroe	D	Wed	7:30 PM	Monroe Ch, 26 West Main St	
Naples	D/B	Thurs	7:30 B/8 PM	United Methodist Ch, use side doors	
Newcastle	D	Mon/Wed	9 AM	Faith Baptist Ch, 144 Mills Rd, Suite 215	
Newcastle	D	Fri	9 AM	St Andrew's Ch, 11 Glidden St	
Oakland	D	Fri	10:30 AM	Oakland Bapt Ch,47 Church St,Ministry Ctr	
Old Town	D	Wed	6:30 PM	Independent Resources, 276 Main St	
Orrington	D	Fri	6 PM	Orrington Congreg Ch,58 Johnson Mills Rd	
Oxford	D	Wed	7:30 PM	Oxford Town Office, 85 Pleasant St	
Portland	D	Mon	7B/8 PM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D	Wed	7 PM	First Baptist Ch, 360 Canco Rd	
Portland	D	Sun	7 PM	MMC, Dana Ctr, 22 Bramhall St, Rm 5	
Portland	D	Fri	9:30 AM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D	Tues	Noon	St Paul Guild Hall, 279 Congress St	
Portland	D	Mon	10 AM	St Ansgar Evangelical Lutheran Ch	
Portland	D	Wed	6 PM	St Pious Catholic Ch, 492 Ocean Ave	
Portland S	B/D	Sat	8:30B/9D AM	First Congregational Ch, 301 Cottage Rd	
Portland S	D	Sat	7 PM	First Congregational Ch, 301 Cottage Rd	
Rockland	D	Thurs	6:30 PM	Rockland Public Library, 80 Union St	
Rockport	D	Sat	10 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Saco	D	Mon	10 AM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	D	Fri	8 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Sanford	D	Mon	7 PM	Holy Family Ch Basement, 66 North Ave	
Sanford	D	Wed	7 PM	Notre Dame Spiritual Ctr, 133 Shaker Hill	
Sanford	D	Fri	11 AM	St George's Episcopal Ch, Main St	
Scarborough	D	Wed	10 AM	United Methodist Ch, 2 Church St	
Skowhegan	D	Tues	7 PM	Federated Ch, 12 Island Avenue	

Al anon

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Stonington	D	Thurs	9 AM	Island Community Ctr, 2 Memorial Lane	
SW Harbor	D	Sun	7 PM	SW Harbor Congregational Ch, High Rd	
Thomaston	D	Mon	7 PM	St John Episcopal Ch, 200 Main St	
Van Buren	D	Tues	3 PM	St Peter Parish, 180 Main St	
Waterville	D	Sun	10 AM	Inland Hosp, Ford Conf Rm, 200 KM Drive	
Waterville	D	Tues	7 PM	Inland Hosp, Library, 200 KM Drive	
Waterville	D	Wed	Noon	St Mark's Ch, 60 Eustis Parkway	
Wells	D	Thurs	7:30 PM	Congregational Ch, 1695 Post Rd	
Winthrop	D	Mon	7 PM	United Methodist Ch, 12 Main St	
York	D	Wed	10 AM	First Congregational Ch, York St	
York Harbor	D	Mon	7 PM	First Congregational Ch Hall, York St	

Alateen

Augusta	D	Tues	6:45 PM	Unitarian Universalist Ch, 69 Winthrop St	
Bangor	D	Sat	1 PM	St John Parish House, 234 French St	
Bangor	D	Sat	Noon	Bangor Area Recovery Netwk,611 Hammond St	561-9444
Deer Isle	D	Wed	11:30 AM	Deer Isle Stonington HS,251 Deer Isle Rd	
Deer Isle	D	Tues	12:30 PM	Deer Isle Elementary, 249 N Deer Isle Rd	
Gardiner	D	Sun	5 PM	Boys & Girls Club, Use side entrance	
Portland	D	Mon	7 PM	Trinity Episcopal Ch, 113 Coyle St	
Readfield	D	Mon	11 AM	Maranacook HS Health Ctr,2250 Milland St	

Chronic Pain

Brunswick		Mon 1st/3rd	6 PM	Mid Coast Hosp,123 Medical Center Conf Rm	Jennifer Kimball 725-7854
-----------	--	-------------	------	---	---------------------------

Cocaine Anonymous

Portland	SP	Thurs	7 PM	Lost Coin Café, 70 Portland St	
Portland	SP/D	Sun	7 PM	Portland YMCA, 70 Forest Ave	
Portland	BB/D	Fri	5:15 PM	Immanuel Baptist Ch, 156 High St	
Portland	SP/D	Mon	7 PM	Portland YMCA, 70 Forest Ave	
Saco	SP/D	Wed	7:30 PM	Our Father's House, 325 North St	
Westbrook	B/ST	Wed	8 PM	Mercy Detox, 40 Park Rd	

Codependents Anonymous

Portland	D	Tues	6 PM	MMC,Brighton Campus	
Portland	D	Fri	12:30 PM	Sacred Heart Ch, 80 Sherman St	

Debtors Anonymous

Augusta	D	Mon	7 PM	St Mark's Episcopal Ch, 9 Summer St	
Freeport	D	Sat	9 AM	First Parish Congregational Ch,40 Main St	
Freeport	D	Wed	5:30 PM	First Parish Congregational Ch,40 Main St	
Portland	D	Tues	7 PM	Woodfords Congr Ch, 202 Woodford St	

Dual Recovery

Augusta	D	Tues/Thurs	Noon	Crisis & Counseling, 32 Winthrop St	215-0565
---------	---	------------	------	-------------------------------------	----------

Families Anonymous

Caribou	D	Wed	6 PM	Cary Medical Ctr, 163 Van Buren Rd	896-3028
Westbrook	D/A	Wed	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	650-5468

Food Addicts

Augusta	D	Tues	7 PM	Prince of Peace Ch, 209 Eastern Ave	Joe 623-1924
Augusta	D	Sun	6:30 PM	Maine General Hosp,6 East Chestnut St	Patty R 582-2883
Bangor	D/A	Sun	4 PM	Acadia Hosp, 268 Stillwater, Osprey Rm	Ann 667-3303
Bath	D	Fri	6 PM	Grace Episcopal Ch, 110 Washington St	Pamela 442-7557
Bath	D	Wed	9 AM	United Church of Christ, 150 Congress Ave	Belita 512-5797
Belfast	D	Mon	6:30 PM	Belfast Ctr, Rm 306, 9 Field St	Sue 338-4142
Brunswick	D	Sat	9 AM	Mid Coast Hosp,123 Medical Center DrCnf 1	Shirley 865-9160

Food Addicts

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Brunswick	D	Mon	9 AM	St Paul's Episcopal Ch, 27 Pleasant St	Mel 729-3861
Ellsworth	D	Wed	6:30 PM	St Duston's Ch, 134 State St	Arlene 735-7956
Freeport	D	Thurs	9 AM	First Parish Congregational Ch,40 Main St	Sandi 838-8991
Lewiston	D	Thurs	6:30 PM	St Mary Reg Medical Ctr,Lepage Small	Jill 786-2171
Newcastle	D	Tues	6:30 PM	Faith Baptist Ch, 144 Mills Rd	Sue 563-6414
Portland	D	Tues	9 AM	MMC, Learning Resource Ctr, Conf Rm 100	Sue 603-964-6251
Rockland	D	Sat	8:30 AM	Knox Center,Rockland Rm, 6 White St	542-2367
Topsham	D	Wed	7 PM	Mid Coast Presbyterian Ch,84 Main St	Katie 441-1550
Waterville	D	Fri	6:30 PM	Inland Hosp, Med Arts Bldg,200 KM Drive	Joe 623-1924
Westbrook	D	Thurs	7 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	Roberta 839-6452
Westbrook	D	Sat	8 AM	Larrabee Village Adm Bldg, Liza Harmon Dr	Danielle 856-5588
Westbrook	D	Mon	6:30 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	Kathy 839-8808

Gambler's Anonymous

Lewiston	D	Wed	6:30 PM	YWCA, 130 East Avenue	
Portland	D	Thurs	7 PM	MMC, Dana Ctr, 22 Bramhall St	
York	ST	Sat	9 AM	York Hosp,Hall House,gray bldg by helipad	

HTLN AA

Bath				Pine Tree Society, 149 Front St	443-3341 V&TTY
Fort Kent		Daily	6-12 PM	Fort Kent/New Brunswick	506-739-7515
New York		Mon-Fri	8:30-4:45	National General Service Office	212-870-3400
Portland				Signers Hearing Impaired(AA Central Srv)	774-4335
Statewide			9-5 PM	Statewide AA Meetings,Central Services	1-800-737-6237

HTLN Abuse

National			24 HRS	National Child Abuse Hotline	1-800-422-4453
----------	--	--	--------	------------------------------	----------------

HTLN AIDS

Maryland			24 HRS	Center for Disease Control (Spanish Line)	1-800-344-7432
Maryland	TTY	Mon-Fri	10AM-10PM	Center for Disease Control Information	1-800-243-7889
National		Mon-Fri	24 HRS	CDC National Aids Hotline	1-800-342-2437
Portland		Mon-Fri	9-5 PM	ME Civil Liberties, 401 Cumberland Ave	774-5444
Statewide		Mon-Fri	9-5 PM	Maine Statewide AIDS Hotline	1-800-851-2437

HTLN AI anon

Statewide				211 Maine	211
Virginia			24 HRS	AI Anon Family Group Headquarters	757-563-1600

HTLN Anger Mngt

Augusta				Men's Work, Call for Information	623-7252
---------	--	--	--	----------------------------------	----------

HTLN Behavioral Health

Statewide				National Alliance on Mental Illness Maine	1-800-464-5767
-----------	--	--	--	---	----------------

HTLN Child Abuse

National			24 HRS	Childheld USA, National Hotline	1-800-422-4453
Statewide			24 HRS	Reporting Child Abuse & Neglect	1-800-452-1999

HTLN Drug Enforcement

Statewide			24 HRS	Bureau Intergovernmental Drug Enforcement	1-800-452-6457
-----------	--	--	--------	---	----------------

HTLN Eating Disorders

Portland				Mercy Recovery Ctr, 40 Park Rd	879-3795
Statewide				Mainely Girls (call for information)	230-0170

HTLN Elderly

Androscoggin Cty		Mon-Fri	8-5 PM	Seniors Plus, 8 Falcon Rd (795-4010)	1-800-427-1241
Aroostook Cty		Mon-Fri	8-4:30 PM	Aroostook Area Agency on Aging	1-800-439-1789
Cumberland, York		Mon-Fri	8-4:30 PM	Southern Maine Agency on Aging	1-800-427-7411
Kennebec Cty		Mon-Fri	8-4:30 PM	Spectrum Generations, One Weston Court	1-800-639-1553

HTLN Elderly

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Knox Cty		Mon-Fri	9-2 PM	Spectrum Generations, 61 Park St	596-0339
Lincoln Cty		Mon-Fri	8-3 PM	Coastal Community Ctr, 521 Main St	563-1363
Penobscot County		Mon-Fri	8-4:30 PM	Eastern Maine Agency on Aging, 450 Essex S	1-800-432-7812
Sagadahoc Cty		Mon-Fri	8-4 PM	Spectrum Generations, 12 Main St	729-0475
Somerset Cty		Mon-Fri	8-2 PM	Somerset Community Ctr, 30 Leavitt St	474-0866
Statewide			24 HRS	Reporting Elder Abuse	1-800-624-8404
Waldo Cty		Mon-Fri	8-4:30 PM	Waldo County Community Ctr, 18 Merriam Rd	338-1190

HTLN Family Violence

Kennebec				Call for Information	1-877-890-7788
Statewide			24 HRS	ME Coalition to End Domestic Violence	1-866-834-4357

HTLN Gamblers

Los Angeles CA				Gamblers Anonymous Headqtrs	213-386-8789
National			24 HRS	National Council on Problem Gambling	1-800-522-4700
New York				Gam Anon PO Box 157, Whitestone NY	718-352-1671
Portland			24 HRS	211 Maine	211
Statewide				Gamblers Anonymous	1-888-424-3577

HTLN Homeless

National			24 HRS	Homeless Crisis Hotline	800-438-3890
----------	--	--	--------	-------------------------	--------------

HTLN Information

Statewide			24 HRS	211 Maine	211
-----------	--	--	--------	-----------	-----

HTLN NA

Statewide			24 HRS	State of Maine NA Meetings	1-800-974-0062
-----------	--	--	--------	----------------------------	----------------

HTLN OA

Portland			24 HRS	211 Maine	211
----------	--	--	--------	-----------	-----

HTLN Parents

Statewide				Parent TalkLine	1-800-249-5506
-----------	--	--	--	-----------------	----------------

HTLN Poison

Statewide			24 HRS	Poison Control Ctr	1-800-442-6305
-----------	--	--	--------	--------------------	----------------

HTLN Rape

Statewide			24 HRS	Statewide	1-800-871-7741
-----------	--	--	--------	-----------	----------------

HTLN Runaways

National			24 HRS	Runaway Hot Line	1-800-621-4000
----------	--	--	--------	------------------	----------------

HTLN Sex & Love Addict

Portland			24 HRS	211 Maine	211
----------	--	--	--------	-----------	-----

HTLN Smokers

Statewide				Maine Tobacco Helpline	1-800-207-1230
-----------	--	--	--	------------------------	----------------

HTLN Smokers Anonymous

Portland			24 HRS	211 Maine	211
----------	--	--	--------	-----------	-----

HTLN State Police

Statewide			24 HRS	Maine State Police	1-800-452-4664
-----------	--	--	--------	--------------------	----------------

HTLN Substance Abuse

National		Daily	12PM-3AM	SAMHSA/Treatment	1-800-662-4357
----------	--	-------	----------	------------------	----------------

HTLN Suicide

National			24 HRS	National Veteran's Crisis Line	1-800-273-8255 x1
National			24 HRS	National Suicide Prevention Initiative	1-800-273-8255
Statewide			24 HRS	Statewide Crisis Hotline DHHS	1-888-568-1112

HTLN Veterans

HTLN Veterans

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Androscoggin Cty		Mon-Fri	8:30-5 PM	Lewiston Veterans Center, 29 Westminister	783-0068
Aroostook Cty		Mon-Fri	8:30-5 PM	Caribou Veterans Center, 456 York St	496-3900
Cumberland Cty		Mon-Fri	8:30-5 PM	Portland Veterans Center, 475 Stevens Ave	780-3584
National		Daily	24 HRS	National Veteran's Crisis Line	1-800-273-8255 x1
Penobscot Cty		Mon-Fri	8:30-5 PM	Bangor Veterans Center, 368 Harlow St	947-3391
Statewide		Daily	24 HRS	Maine Military & Community Network	1-888-365-9287
Statewide		Daily	24 HRS	Military Onesource	1-800-342-9647
York County		Mon-Fri	8:30-5 PM	Sanford Veterans Center, 628 Main St	490-1513

Incest Survivor

Augusta			24 HRS	Sexual Assault & Support Svcs (626-0660)	1-800-871-7741
Portland			24 HRS	Sexual Assault Response Svcs (774-3613)	1-800-313-9900

Medication Assist Peer Support

Bangor	D	Wed	5:30 PM	Community Health & Counseling,42 Cedar St	Bill 862-5448
--------	---	-----	---------	---	---------------

Mental Illness

National		Mon-Fri	8-4:30 PM	National Alliance on Mental Illness	1-800-950-6264
----------	--	---------	-----------	-------------------------------------	----------------

NA

Alfred	D	Tues	7 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	Lit/A	Thurs	8 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Augusta	D	Mon	7:30 PM	Grace Methodist Ch,13 Green St	
Augusta	D/Lit/C	Tues	5 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Sat	6 PM	Riverview Psychiatric Hosp,250 Arsenal St	
Bangor	ST/D	Mon/Wed/Fri	7 PM	Community Health & Counseling,42 Cedar St	
Bangor	D/A	Sat	7 PM	EMMC, 489 State St, Conf Rm 2B	
Bangor	D/ST	Thurs	7 PM	Mana Inc, 629 Main St	
Bath	D/ST	Tues	7:30 PM	Church of the Nazarene, 191 Centre St	
Beals Island	ST	Sat	Noon	Community Ch of Christ, Church St	
Belfast	D	Mon	6:30 PM	First Church of Belfast, 55 Spring St	
Belfast	D	Sat	10 AM	United Methodist Ch, 23 Mill Lane	
Belfast	D	Thurs	6:30 PM	United Methodist Ch, 23 Mill Lane	
Biddeford	D	Sat	5:45 PM	New Beginnings Christian Ch,82 Alfred St	
Brewer	ST	Sun/Tues	7 PM	First Congregational Ch, 35 Church St	
Bridgeton	D/Lit	Mon	7 PM	Community Center, 15 Depot St	
Brunswick	B/D	Thurs	7 PM	Mid Coast Hosp,123 Medical Ctr Dr,Conf Rm	
Casco	Lit	Mon	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Damariscotta	ST	Wed	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Damariscotta	D	Fri	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Ellsworth	D/Lit	Fri	Noon	Your Place, 8 Old Mill Rd	
Ellsworth	D/ST	Mon/Tues/Fri	7 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Sun	7 PM	Your Place, 8 Old Mill Rd	
Farmington	ST/Lit	Thurs	7 PM	Franklin Memorial Hosp, 111 Health Common	
Farmington	D/A	Sat	9 AM	Franklin Memorial Hosp, Crosby Rm	
Farmington	ST	Tues	6:30 PM	Henderson Baptist Ch, 110 Academy St	
Fort Kent	D	Thurs	7:30 PM	Wellness Ctr, 82 W Main St	
Jonesport	D	Sun	7 PM	Community Ch of Christ, West Main St	
Kennebunk	D/Lit	Sun	6:30 PM	Christ Church, 6 Dane St, Corner Rt 35	
Kennebunk	D	Mon	7 PM	St David's Episcopal Ch, 138 York St	
Kezar Falls	D	Fri	7 PM	Riverside Methodist Ch, 5 School S	
Lewiston	D	Wed	5:45 PM	12 Hour Club, 120 Lisbon St	
Madawaska	D	Fri	7:30 PM	St John Valley Assoc,291 Newberry Dr	
Madawaska	D	Sun	2 PM	St John Valley Assoc 291 Newberry Dr	
Mechanic Falls	D	Thurs	6 PM	90 Lewiston St, Rt 11, 121 Minot Ave	
Norway	D	Wed	6 PM	Universalist Unitarian Ch, 479 Main St	
Portland	D	Thurs	7 PM	Sacred Heart Ch, 80 Sherman St	
Portland	D/A	Wed	7 PM	St Luke's Cathedral, 143 Park St Entrance	

NA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Portland	D	Sat	9:30 AM	First Parish Unitarian Ch,425 Congress St	
Portland	ST	Sun	6 PM	First Parish Unitarian Ch,425 Congress St	
Portland	D/C	Mon	7 PM	First Parish Unitarian Ch,425 Congress St	
Portland	ST	Tues	7 PM	Unitarian Universalist Ch, 159 State St	
Portland	ST/D/C	Fri/Sat	7 PM	Immanuel Baptist Ch, 156 High St	
Portland S	D	Thurs	6 PM	United Methodist Ch, 168 Elm St	
Presque Isle	D	Tues/Fri	7:30 PM	Academy House, 150 Academy St	
Rockland	D/B/ST	Wed	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D	Tues	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Saco	ST	Wed	5:30 PM	Community Ctr,1500 Ledgewood Terrace	
Thomaston	D/C	Sat	6:30 PM	People's United Methodist Ch,13 Chapel St	
Waterville	D/Lit/C	Fri	6 PM	First Congregational Ch, 7 Eustis Parkway	
Waterville	D	Tues	7:30 PM	St Mark's Ch, 60 Eustis Parkway	
Waterville	SP/C	Mon	7:30 PM	St Mark's Ch, 60 Eustis Parkway	
Westbrook	D/A	Tues	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Winthrop	D	Thurs	7 PM	Winthrop Baptist Ch, 93 Old Village Rd	

Nar Anon

Bangor	D	Thurs	6:30 PM	St Francis Ctr, 294 Center St	
Ellsworth	D	Thurs	6 PM	Your Place, 6 Old Mill Rd	
Rockland	D	Tues	6:30 PM	Rockland Public Library, 80 Union St	
Westbrook	D/A	Tues	6 PM	Mercy Recovery Ctr, 40 Park Rd	

Nicotine Anonymous

Bangor	D	Wed	6:30 PM	Maine Veterans Home, Conf Rm, Hogan Rd	
--------	---	-----	---------	--	--

OA

Ashland	D	Thurs	7:30 PM	Ashland Comm Lib, 57 Exchange St	
Augusta	ST	Sat	10 AM	ME Gen'l Med Ctr, 6 E Chestnut St,Conf C	Lynn 633-0788
Bangor	D	Tues	6:30 PM	Hammond St Cong Ch, Harold Sinnott Rm	
Bangor	D	Mon	10 AM	Boyd's Place, 21 Boyd St	
Bangor	D	Sun	7 PM	St Joseph Hosp, 900 Broadway	
Bangor	D	Thurs	Noon	Redeemer Lutheran Ch, 540 Essex St	
Bangor	D	Sat	9 AM	St Joseph Hosp, 900 Broadway	
Bar Harbor	D	Mon	5:30 PM	St Saviors Parish, 41 Mt Desert St	
Bath	D	Tues	Noon	United Church of Christ, 150 Congress Ave	
Belfast	D	Fri	Noon	Unitarian Universalist Ch, 37 Miller St	
Berwick S	D	Wed	7 PM	So Berwick Medical Ctr, 57 Portland St	
Blue Hill	D	Thurs	5 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Brunswick	D	Mon	5:30 PM	Seventh Day Adventist Ch, 335 Maine Ave	
Brunswick	D	Sun	9 AM	Mid Coast Hosp,123 Medical Center Dr	
Brunswick	D	Thurs	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Ellsworth	D	Tues	7 PM	St Joseph's Catholic Ch, 231 Main St	
Fort Kent	D	Sat	2 PM	School of Religion, Pleasant St	
Houlton	D	Wed	6:30 PM	Houlton Regional Hosp, 20 Hartford St	
Houlton	D	Sat	10 AM	The White House, 106 1/2 Main St	
Kennebunkport	D	Sun	6 PM	Village Baptist Ch, 6 Maine St	
Lewiston	D	Sat	10 AM	CMMC, 12 High St, Conf Rm H	
Madison	D	Sun	6 PM	Madison Congregational Ch, 124 Main St	
Patten	D	Mon	9 AM	Residence of 25 Meadow Brook Apt 5	
Portland	D	Sat	9:30/10 AM	MMC, Dana Ctr, 22 Bramhall St, Rm 11	
Portland	D	Tues	6 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	D	Sun	7 PM	Brighton Hosp, 335 Brighton Ave, 3rd Fl	
Rockland	D	Tues	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D	Sat	9 AM	St Peter's Episcopal Ch, 11 White St	
Scarborough	D	Mon	10 AM	Scarborough Methodist Ch, Church St	
Searsport	D	Thurs	6:30 PM	First Congregational Ch, 8 Church St	

OA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Stonington	D	Mon	Noon	Old School, School St #43, Rm C	
Vinalhaven	D	Mon	5:30 PM	Vinal Haven Public Library, Carver St	
Waterville	D	Thurs	7 PM	First Congregational Ch, 7 Eutus Parkway	
York	D	Sat	8 AM/9AM	York Hospital ,Purple Bldg,15 Hospital Dr	
York	D	Mon	7 PM	York Hospital ,Purple Bldg,15 Hospital Dr	
York	D	Fri	10 AM	First Parish Ch, 180 York St	

Opioid Addiction

Augusta	D	Tues	Noon	Unitarian Universalist Ch, 69 Winthrop St	
Waterville	D	Tues	12:30 PM	Eskelund Ctr,Children's Home 93 Silver St	Oct,Dec,Feb,Apr,Jun
Waterville	D	Wed	12:30 PM	Eskelund Ctr,Children's Home 93 Silver St	Nov,Jan,Mar,May,Jul

Parent Assistance

Bath				Coastal Economic Development,Parent Assis	1-800-221-2221
------	--	--	--	---	----------------

Parent Support

Boothbay Harbor	D	Thurs	5:30 PM	Congregational Ch, 1 Eastern Ave	
Sanford				Southern ME Parent Awareness	324-2337
Statewide				Parents of Sexual Abused Children,MECASA	1-800-871-7741
Statewide				Maine Parent Federation, 1 Medical Dr	297-8250
Waterville				Families First Kennebec Child Abuse Couns	626-3428

Recovery

Augusta	D	Thurs	Noon	Green Street Methodist Ch, 13 Green St	Peter 626-3448
Bangor	ST	Mon	Varies	Columbia St Baptist Ch, 63 Columbia St	Call Aric745-5521for time
Belfast	D/Yth	Wed	5:30 PM	WCGH Ed Ctr, 118 Northport Ave,Classroom	Tim 567-3813
Lewiston	D	Thurs	6:30 PM	Pathway Vineyard Church, 9 Foss Rd	Torie 784-9500
Portland	D	Wed	Noon	Hope Gate Way, 185 High St	Ronni 756-8116

Recovery International

Portland	D	Sat	10 AM	MMC, Dana Ctr, 22 Bramhall St, Rm 5	Diana 892-9529
----------	---	-----	-------	-------------------------------------	----------------

Sex&Love Addiction

Statewide				211 Maine	211
-----------	--	--	--	-----------	-----

Sexual Abuse

Southern ME			24 HRS	Sexual Assault Response Srvs of So ME	1-800-313-9900
Statewide			24 HRS	ME Coalition Against Sexual Assault	1-800-871-7741

Smart Recovery

Statewide				On line meeting www.smartrecovery.org	
-----------	--	--	--	--	--

Smoking Anonymous

Norway				Healthy Oxford Hills,Call for information	743-5933 x775
--------	--	--	--	---	---------------

Social Club Consumer Support

Augusta		Mon-Sat	Varies	LINC Social Club, 265 State St	626-5736
Bangor		Mon-Fri	8-4 PM	Together Place,150 Union St Call for Info	941-2897
Bridgeton				The Gathering Place, Bridgton Comm Ctr	583-5235
Brunswick				Learning & Recovery Ctr, 174 Mere Pt Rd	373-4273
Caribou				Harvest Inn Social Club,43 Hatch Dr	498-2347
Jay		Mon/Tues/Thurs	1-4 PM	Friends Together Social Club, 70 Main St	897-1010
Kittery				Center for Life Enrichment, 581 US Rt 1	468-0147
Lewiston		Mon-Sat	Varies	100 Pine Street Social Club	795-6719
Madawaska				Valley Social Club, 272 Main St, Ste 101	728-4806
Portland		Mon-Sat	9-5 PM	Amistad, 66 State St, Call for Info	773-1956
Rumford		Daily	Varies	Beacon House, 150 Congress St	369-0868
Saco		Daily	Varies	Common Connections, 32 Alfred St	364-2143
Sanford		Daily	Varies	Harmony Support Center, 19 Washington St	490-5253

Social Club Consumer S

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Waterville		Daily	Varies	Waterville Social Club, 32 Ticonic St	873-1027
Waterville		Daily	9AM-9PM	Central Maine Recovery Ctr,77 College Ave	877-9922

Survivors of Suicide

Augusta	D	Tues	6 PM	Hosice Volunteers,ME General Medical Ctr	
Belfast	D	As Needed		Hospice Volunteers Waldo Call for Info	930-2677
Brunswick	D			CHANS Hospice & Volunteers,Ctr for Grief	721-6782
Harpswell	D	1st Thurs	5:30 PM	Elijah Kellogg Cong Ch,917 Harpswell Neck	833-6386
Portland	D			Ctr for Grieving Children, 555 Forest Ave	775-5216
Portland	D	2nd/4th Mon	7 PM	MMC, Dana Ctr, 22 Bramhall St	662-4226
Rockport	D			Coastal Family Hospice, Call for Info	593-9355
Waterville	D	As Needed		Hospice Volunteers Waterville Call for In	873-3615

TOPS

Addison	D	Thurs	6 PM	Indian River Grange, 1431 Indian River Rd	
Albion	D	Mon	8:45 AM	Lovejoy Hlth Clinic, 2 School St	
Alna	D	Wed	6:30 PM	Alna Baptist Ch, Rt 194 Head Tide Rd	
Auburn	D	Wed	6:30 PM	Grace Lutheran Ch, 757 Summer St	
Augusta	D	Fri	1 PM	UMA,Randall Student Ctr,46 University Dr	
Baileysville	D	Wed	4 PM	People's United Methodist Ch, 20 Third Av	
Bangor	D	Thurs	9:30 AM	St Joseph Hosp,900 Broadway,Willette Conf	
Bangor	D	Thurs	5:30 PM	St Joseph Hosp,900 Broadway,Willette Conf	
Belfast	D	Wed	6 PM	First Baptist Ch, 95 High St	
Bethel	D	Wed	6:30 PM	Bethal Alliance Ch, 251 Walkers Mills Rd	
Biddeford	D	Mon	6 PM	Christ Episcopal Ch, 18 Crescent St	
Blue Hill	D	Mon	3 PM	Ken-Rose Farm B&B, 1381 Pleasant St	
Brewer	D	Tues	6 PM	Brewer Housing,1 Colonial Circle, Comm Rm	
Brunswick	D	Thurs	6:40 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	D	Wed	9:30 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Bucksport	D	Thurs	5:30 PM	Jewett School, 66 Bridge St, Comm Ed Bldg	
Buxton	D	Thurs	6 PM	Buxton Ctr Baptist Ch, 938 Long Plains Rd	
Calais	D	Tues	5:30 PM	United Methodist Ch, 849 Main St	
Camden	D	Mon	6 PM	Camden First Aid Bldg, 123 John St	
Caribou	D	Tues/Thurs	5:30 PM	Cary Medical Ctr, 163 Van Buren Rd	
Cherryfield	D	Sun	2:15 PM	Narraguagus Estates, 16 Estate St	
Clinton	D	Tues	6:15 PM	Brown Methodist Ch, 13 Church St	
Corinna	D	Wed	9:15 AM	Member's home, 602 Corinna Center Rd	
Corinth	D	Mon	6:15 PM	Corinth Manor, 27 Manor Dr, Rec Room	
Cornish	D	Mon	5:30 PM	Cornish Station Apt,133 Cumberland St	
Dexter	D	Wed	6:10 PM	Dexter Fire Station, 98 Church St	
Dixfield	D	Thurs	6 PM	7th Day Adventist Ch,1 Blayne St	
Dover Foxcroft	D	Wed	9 AM	Jesus Christ of Latter Day Saints	
Ellsworth	D	Tues	7 PM	Family Bible Church, 461 High St	
Fairfield	D	Mon	5:30 PM	First Baptist Ch, 12 Newhall St	
Fairfield	D	Thurs	6:30 PM	Nazarene Ch, 81 Main St, Dining Rm	
Fairfield	D	Wed	5:30 PM	United Methodist Ch, Skowhegan Rd,Rt 201	
Fairfield	D	Wed	6 PM	Lawrence HS, 9 School St, Library	
Fort Fairfield	D	Tues	5:15 PM	Member's home, 35 Fort Hill St	
Fort Kent	D	Wed	6 PM	Wellness Ctr, 82 W Main St	
Fryeburg	D	Thurs	6 PM	First Assembly of God, 8 Drift Rd	
Gardiner	D	Thurs	6:30 PM	Laura Richards School, Brunswick Ave,Café	
Gardiner	D	Wed	11:30 AM	First Baptist Ch, 47 Church St	
Gray	D	Mon	6 PM	American Legion Hall, 15 Lewiston Rd	
Hallowell	D	Mon	8:30 AM	William Cohen Ctr, 22 Town Farm Rd	
Hollis Center	D	Wed	6 PM	Hollis Community Bldg, 34 Town Farm Rd	
Houlton	D	Tues	5 PM	Madigan Estates, 93 Military St,Conf Rm	
Houlton	D	Fri	9 AM	Aldergate Bldg, 21 High St	

TOPS

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Jonesport	D	Thurs	6 PM	Moosabec Ambulance Bldg, 140 Main St	
Kenduskeag	D	Wed	6 PM	Kenduskeag Union Ch, 826 Kenduskeag Rd	
Kents Hill	D	Thurs	5:45 PM	United Methodist Ch, Main St	
Lewiston	D	Thurs	5:45 PM	Montello Heights, 550 College St,2nd Fl	
Lewiston	D	Mon	6:20 PM	First Assembly of God Ch, 70 Hogan Rd	
Limington	D	Thurs	6:15 PM	Limington Town Hall, Sokokis Ave, Rt 11	
Lincoln	D	Thurs	9 AM	HAN Bldg, 175 West Broadway	
Litchfield	D	Wed	6:30 PM	Carrie Ricker School, 573 Richmond Rd	
Lyman	D	Thurs	6:30 PM	Goodwin Mills Methodist Ch,55 Church St	
Machias	D	Tues	11 AM	U of ME Machias,Simpson Conf Rm,O'Brien A	
Machias	D	Mon	6 PM	Nortre Dame De Lordes Parish Ctr,Water St	
Madawaska	D	Thurs	6:15 PM	Madawaska Public Library, 363 Main St	
Mechanic Falls	D	Tues	6:30 PM	Congregational Ch, 64 Elm St	
Mexico	D	Thurs	5:45 PM	Mexico Congregational Ch, 163 Main St	
Millinocket	D	Tues	9 AM	American Legion Hall,213 Aroostook Ave	
NE Harbor	D	Mon	4:30 PM	Mt Desert Nursing Association,12 Summit R	
Newport	D	Thurs	6 PM	Jesus Christ of Latter Day Saints	
Norridgewock	D	Wed	9 AM	Community Baptist Ch Vestry, 22 Main St	
Norway	D	Tues	4:30 PM	Community Hall, 99 Town & Country Dr	
Oakland	D	Tues	6:15 PM	United Baptist Ch,45 Church St	
Old Orchard Beach	D	Tues	6:15 PM	Cider Hill, 2 Cider Hill Dr	
Old Town	D	Thurs	5:15 PM	YMCA, 472 Stillwater Ave, Senior's Rm	
Old Town	D	Thurs	6 PM	Penobscot River House,120 Main St	
Orrington	D	Mon	6 PM	First United Methodist Ch, 14 Center Dr	
Paris S	D	Mon	6 PM	Market Sq Health Care Ctr, 3 Market Sq	
Pittsfield	D	Thurs	9:45 AM	First Congregational Ch, 132 Somerset Ave	
Portland	D	Thurs	5:45 PM	MMC, Dana Ctr, 22 Bramhall St,Rm Cl 4	
Portland	D	Thurs	6:30 PM	Ch of the Holy Spirit, 1047 Congress St	
Portland	D	Thurs	6:30 PM	Church of the Holy Spirit, 1047Congress	
Portland S	D	Tues	5:30 PM	Thornton Heights Meth Ch,100 Westbrook St	
Presque Isle	D	Mon	5:30 PM	Presque Isle Congregational Ch,27 Church	
Presque Isle	D	Wed	10 AM	Presque Isle Congregational Ch,27 Church	
Presque Isle	D	Wed	5:30 PM	Grant Memorial Methodist Ch, 79 Fleetwood	
Randolph	D	Thurs	6:30 PM	Randolph Methodist Ch, 16 Astbury St	
Rangeley	D	Wed	5:30 PM	Rangeley Elderly Housing,14 School St	
Rockland	D	Tues	5:30 PM	First Baptist Ch, 215 Limerock St	
Rockland	D	Thurs	6 PM	Stella Maris, 148 Broadway	
Saco	D	Fri	9:30 AM	Saco Community Ctr,75 Franklin St	
Saco	D	Tues	5:30 PM	Cornerstone United Methodist 20 Jenkins R	
Saco	D	Tues	6:30 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Sanford	D	Wed	6 PM	Sanford Fish & Game Club, Route 4	
Sanford	D	Fri	10:15 AM	Sanford Fish & Game Club, Route 4	
Skowhegan	D	Thurs	10:30 AM	Skowhegan Grange Hall, 97 Hesselton St	
Stillwater	D	Thurs	6 PM	Federated Church, 335 Benock St	
Stockholm	D	Wed	3:30 PM	St Theresa's Catholic Ch, Main St	
Strong	D	Thurs	5 PM	Strong Methodist Parish House, Main St	
Thorndike	D	Tues	4:45 PM	Thorndike Fire Station, 85 Gordan Hill Rd	
Turner	D	Thurs	5:45 PM	LL Well Drilling, 220 Howes Corner	
Unity	D	Mon	6 PM	Unity Union Ch, Depot St	
Van Buren	D	Tues	5 PM	Van Buren Community Ctr,Champlain St	
Waldoboro	D	Tues	6 PM	American Legion Hall, 181 Jefferson St	
Washburn	D	Mon	5:30 PM	Trailrunners Snowmobile Club,48 Station R	
Waterboro	D	Tues	6:30 PM	Waterboro Town Hall, 24 Townhouse Rd	
Waterville	D	Thurs	6:30 PM	Salvation Army, 225 Main St	
Westbrook	D	Wed	5:45 PM	Westbrook Community Ctr, 426 E Bridge St	
Westbrook	D	Wed	8 AM	Westbrook Hous Authority,30 Liz Harmon Dr	

TOPS

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Westbrook	D	Tues	6:15 PM	Warren Congregational Ch, 810 Main St	
Wilton	D	Mon	7 PM	Wilton Methodist Ch, Main St	
Windham	D	Tues	6 PM	N Windham Union Ch,723 Roosevelt Trail	
Winterport	D	Mon	6 PM	Ellingwood Corner Methodist Ch,Lebanon Rd	

Workaholics Anonymous

Portland	D	Tues	7:30 PM	Maine Medical Ctr, Dana Ctr, Rm 2	
----------	---	------	---------	-----------------------------------	--

On Line Self Help Groups (Updated 9/21/2011)

Adult Children of Alcoholics World Services Office

PO Box 3216, Torrance ,CA 90510

Telephone: (562) 595-7831

Web: www.adultchildren.org

Email: www.adultchildren.org/contact

Alanon/Alateen Family Group Headquarters

1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

Telephone: (757) 563-1600

Web: www.al-anon.alateen.org

Email: wso@al-anon.org

Alanon/Alateen (Maine)

PO Box 3652, Portland, ME 04104

Telephone: 1-800-498-1844

Web: www.maineafg.org

Alcoholics Anonymous World Service Office

PO Box 459, New York, NY 10163

Telephone: (212) 870-3400

Web: <http://www.aa.org>

Alcoholics Anonymous (Maine)

78 Portland Street, Portland, ME 04101

Telephone: 1-800-737-6237 or (207) 774-4335

Web: <http://www.csoaamaine.org>

Email: cso@csoaamaine.org

Cocaine Anonymous World Service Office

PO Box 492000, Los Angeles, CA 90049-8000

Telephone: (310) 559-5833

Web: <http://www.ca.org>

Email: cawso@ca.org

Northern New England Cocaine Anonymous

Contact number for Maine: (207) 294-2592

Web: <http://nne-ca.org/>

Email: nneaca@gmail.com

Codependents Anonymous

PO Box 33577, Phoenix, AZ 85067-3577

Telephone: (888) 444-2359

Web: <http://www.coda.org>

Email: outreach@coda.org

Crystal Meth Anonymous

CMA General Services
4470 W.Sunset Blvd., Suite 107, PMB 555
Los Angeles, CA 90027-6302
Telephone: (213) 488-4455
Web: <http://www.crystalmeth.org>
Email: www.crystalmeth.org/contact-us.html

Families Anonymous

701 Lee Street, Suite 670, Des Plaines, IL 60016-4508
Telephone: 1-800-736-9805
Web: <http://www.FamiliesAnonymous.org>
Email: famanon@FamiliesAnonymous.org

Food Addicts Anonymous World Service Office

400 W. Cummings Park #1700, Woburn, MA 01801
Telephone: (781) 932-6300
Web: <http://www.foodaddicts.org>
Email: office@foodaddicts.org

Food Addicts Anonymous, Maine Chapture

PO Box 1722, Scarborough, ME 04072
Telephone: 775-2132
Email: meoffice@foodaddicts.org

Gamblers Anonymous International Service Office

PO Box 17173, Los Angeles, CA 90017
Telephone: (213) 386-8789
Web: <http://www.gamblersanonymous.org>
Email: isomain@gamblersanonymous.org

Gamblers Anonymous Maine Hotline

Telephone: 888-424-3577

Marijuana Anonymous World Services

PO Box 7807, Torrence, CA 90504
Telephone: 1-800-766-6779
Web: <http://www.marijuana-anonymous.org>
Email: office@marijuana-anonymous.org

Methadone Anonymous

Methadone Support Org.
10034 E. Evans Drive, Scottsdale, AZ 85260
Telephone: (480) 361-5489
Web: <http://www.methadonesupport.org>
Email: Carol@methadonesupport.info

Narcotics Anonymous World Service Office

PO Box 9999, Van Nuys, CA 91409

Telephone: (818) 773-9999

Web: <http://www.na.org>

Email: fsmail@na.org

Maine Area Narcotics Anonymous

MASCNA

PO Box 5309, Portland, ME 04101

Telephone: 1-800-974-0062

Web: <http://www.namaine.org>

Email: <http://namaine.org/contact.html>

Nar-Anon Family Group Headquarters

22527 Crenshaw Blvd, Suite 200 B, Torrance, CA 90505

Telephone: (310) 534-8188

Web: <http://www.nar-anon.org>

Email: wso@nar-anon.org

National Alliance on Mental Illness (NAMI)

3803 N. Fairfax Dr., Suite 100, Arlington, VA 22203

Telephone: 1-800-950-6264 or (703) 524-7600

Web: <http://www.nami.org>

National Alliance on Mental Illness (NAMI Maine)

1 Bangor Street, Augusta, ME 04330

Telephone: 1-800-464-5767 or (207) 622-5767

Web: <http://www.namimaine.org>

Email: .info@namimaine.org

National Domestic Violence Hotline

PO Box 161810, Austin, TX 78716

Telephone: 1-800-799-7233 or TTY 1-800-787-3224

Web: <http://www.ndvh.org>

Email: ndvh@ndvh.org/get-help/contact-the-hotline/

Nicotine Anonymous World Services

6333 E. Mockingbird, #147-817, Dallas, TX 75214

Telephone: (877) 879-6422

Web: <http://www.nicotine-anonymous.org>

Email: info@nicotine-anonymous.org

Overeaters Anonymous World Service Office

PO Box 44020, Rio Rancho, NM 87174-4020

Telephone: (505) 891-2664

Web: <http://www.oa.org/>

Email: <http://www.oa.org/contact.php>

Rational Recovery

Box 800, Lotus, CA 95651

Telephone: (530) 621-2667

Web: <http://www.rational.org>

Email: <http://www.rational.org/contact.html>

Secular Sobriety (SOS)

4773 Hollywood Blvd, Hollywood, CA 90027

Telephone: (323) 666-4295

Web: <http://www.cfiwest.org/sos>

Email: sos@cfiwest.org

Sex and Love Addicts Anonymous

1550 NE Loop 410, Suite 118, San Antonio, TX 78209

Telephone: (210) 828-7900

Web: <http://www.slaafws.org>

Email: www.slaafws.org/contact/General+Questions

Take Off Pounds Sensibly (TOPS)

4575 South Fifth St, PO Box 70360, Milwaukee, WI 53207

Telephone: (414) 482-4620

Web: <http://www.tops.org>

Email: topsinteractive@tops.org

Workaholics Anonymous World Service Organization

PO Box 289, Menlo Park, CA 94026-0289

Telephone: (510) 273-9253

Web: <http://www.workaholics-anonymous.org>

Email: wso@workaholics-anonymous.org

Workaholics Anonymous (Maine)

Web: <http://sites.google.com/site/waportlandme/>

Email: WAPortlandME@gmail.com

Support Group Additions/Deletions/Changes

If you should know of a support group that is just beginning, one that is not included in our listings or one that is no longer meeting, please help us by completing this form and mailing it to the address below.

Your name and telephone number (for verification purposes only)

Phone: _____

This is a meeting: Addition Deletion Change

Type of Meeting: _____

Circle the meeting descriptions that apply to this meeting:

Step	Beginners	Big Book	Closed	Discussion
Child Care Provided		Accessible	Gay	Grapevine
Lesbian	Men Only	Women Only	Tag	Speaker
Youth	Spanish/French	Sign Language	Interpreted	
As Bill Sees It		Literature	Meditation	

Day of the week the meeting occurs: _____

Time of day: _____ AM or PM

City or town in which the meeting takes place: _____

Location of the meeting (please include building name, street or road name and number): _____

Optional: Contact person and telephone number (to be listed in our public listing): _____ Phone: _____

Please return to: Office of Substance Abuse/Information & Resource Center
41 Anthony Avenue
11 State House Station
Augusta, ME 04333-0011
Phone: 1-800-499-0027 TTY: 1-800-606-0215
FAX: 207-287-8910



Department of Health and Human Services

*Maine People Living
Safe, Healthy and Productive Lives*

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

The Department of Health and Human Services does not discriminate on the basis of disability, race, color, creed, gender, sexual orientation, age or national origin in admission or access to or operations of its programs, services, or activities, or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Act of 1964 as amended, Section 504 of the Rehabilitation Act of 1973 as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act. Questions, concerns, complaints or requests for additional information regarding the ADA may be forwarded to DHHS ADA Compliance/EEO Coordinator, SHS #11, Augusta, ME 04333; (207) 287-4289 (V) or (207) 28703488 (V), TTY: 800-606-0215. Individuals who need auxiliary aids or services for effective communication in programs and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinator. This information is available in alternate formats upon request. **This document is in the public domain and may be duplicated.**