



STATE OF MAINE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
11 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0011

JOHN ELIAS BALDACCI
GOVERNOR

JOHN R. NICHOLAS
COMMISSIONER

IMPORTANT CONTACT NUMBERS

TO MAKE A REFERRAL FOR A LONG TERM CARE ASSESSMENT:

**GOOLD HEALTH SYSTEMS
PO Box 1090, Augusta ME 04332
Toll Free: 1-800-609-7893
Fax: 1-800-368-0965
Local: 621-1346**

TO INQUIRE ABOUT A CURRENT “CONSUMER CARE PLAN”

Contact

ELDER INDEPENDENCE OF MAINE

Lewiston:

**PO Box 659
Lewiston ME 04243-0659
Toll Free: 1-888-234-3920
Fax: 1-207-795-4009
Local: 795-7213**

Bangor:

**81 Main Street
Bangor ME 04401
Toll Free: 1-866-456-2322
Fax: 1-207-990-2401
Local: 990-1581**

ALPHA ONE

South Portland:

**127 Main Street
South Portland 04106
Toll Free: 1-800-640-7200
Fax: 207-799-8346
Local: 207-767-2189**

Bangor:

**1048 Union Street
Bangor, ME 04401
Toll Free: 1-800-300-6016
Fax: 207-941-6410
Local: 207-941-6553**

BUREAU OF ELDER AND ADULT SERVICES: COMMUNITY OPTIONS

**Toll Free: 1-800-262-2232
Fax: 1-207-287-9229
Local: 1-207-287-9200**