



Attention Consumers!

If you want to go into a nursing home, regardless of how you plan to pay for your care, the guidelines below apply:

- √ Maine law requires that ALL consumers who want to enter a nursing home have a Long Term Care Assessment. The assessment is free.
- √ Contact Goold Health Systems at 1-800-609-7893 to request your assessment. The assessment will help you decide what choice is best for you.
- √ A nurse will visit you to review how much help you need to take care of yourself. The information will be recorded on a “Medical Eligibility Determination” form.
- √ The nurse who does the assessment will tell you about services available in your community that will help meet your needs.
- √ If the assessment indicates you do not need to go into a nursing home and you can pay with your own money, you may still choose to enter a nursing home. When your money is gone, you will have to have another assessment. You may be required to leave the nursing home if the assessment finds that you do not need nursing home care.
- √ **If you want MaineCare to pay for your stay in the nursing home, the assessment must indicate that you require that type of care to meet your needs. You must also apply to the regional office of Health & Human Services for a review of your financial circumstances.**

If at anytime you have questions about the process or the actual assessment, feel free to contact the Office of Elder Services at 1-800-262-2232 (Toll Free) or 287-9200 in the Augusta area. Our office hours are 8a.m. - 5p.m. Monday - Friday. You may leave a message at any time and we will get back to you.

We would appreciate your signing below to indicate that you have received and read this notice.
Thank You

Name

Date