



## TRAINING SCHEDULE for SAVVY CAREGIVER PROGRAM (SCP-1)



**December 2011 – August 31, 2013**

**Updated April 18, 2012**

SAVVY CAREGIVER PROGRAM Training, sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging, provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. You will be asked to complete surveys. For more information, contact Kathryn Pears (207) 287-6640 or at Kathryn.Pears@maine.gov.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>A.</b>	<b>Southern Maine (Southern Maine Agency on Aging trainings)</b>	
<b>1.</b>	Windham Adult Education <b>Windham</b> , ME Trainer: Liz Weaver Contact: Ann O'Sullivan 1-800-427-7411, x 541	September 20 – October 25, 2011 (Tuesdays)
<b>2.</b>	Southern Maine Agency on Aging 136 US Route 1 <b>Scarborough</b> , ME 04074 Trainer: Liz Weaver Contact: Ann O'Sullivan 1-800-427-7411, x 541	October 26 – November 30, 2011 (Wednesdays)
<b>3.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough</b> , ME 04074 Trainer: Liz Weaver Contact: Ann O'Sullivan 1-800-427-7411, x541	January 10, 17, 24, 31 and February 7 & 15, 2012 (Tuesdays) 5:00 p.m. – 7:00 p.m.
<b>4.</b>	Bonny Eagle Adult Education <b>Standish</b> , ME 04084 Trainer: Kate Fallon Contact: Kate Fallon 1-800-427-7411 x558	March 1, 8, 15, 22, 29 and April 5, 2012 (Thursdays)  2:00 p.m. – 4 p.m.
<b>5.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough</b> , ME 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	March 6, 13, 20, 17 and April 3 & 10, 2012 (Tuesdays) 1:30 p.m. – 3:30 p.m.
<b>6</b>	Wells – Ogunquit Adult and Community Education <b>Wells</b> , ME 04090 <b>CANCELLED</b> Trainer: Liz Weaver <b>INSUFFICIENT REGISTRATIONS</b> Contact: Kate Fallon 1-800-427-7411 x558	April 25 and May 2, 9, 16, 23 & 30, 2012 (Wednesdays) 6:00 p.m. – 8:00 p.m.
<b>7.</b>	Bridgton Community Center 15 Depot St. <b>Bridgton</b> , ME 04009-1211 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	May 18, 25 and June 1, 8, 15 & 22, 2012 (Fridays) 9:30 a.m. – 11:30 a.m.

Revised: 4/19/2012 6:05 AM

<b>8.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	July 12, 19, 26 and August 2, 9 & 16, 2012 (Thursdays) 9:30 a.m. – 11:30 a.m.
<b>B.</b>	<b>Central Maine (Spectrum Generations)</b>	
<b>1.</b>	Spectrum Generations Cohen Center 22 Town Farm Road <b>Hallowell, ME</b> 04347 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	October 17, 24, 31 and November 7, 14, 21, 2011 (Mondays) 1:00 pm – 3:00 pm
<b>2.</b>	Spectrum Generations Cohen Center 22 Town Farm Road <b>Hallowell, ME</b> 04347 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	Dec.5, 12, 19 Jan.2 and 9 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
	Spectrum Generations Muskie Center 38 Gold Street <b>Waterville, ME.</b> 04901 <b>CANCELLED</b> <b>INSUFFICIENT REGISTRATIONS</b> Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	Jan 23, 30, Feb 6, 13, 27 <sup>th</sup> March 5 <sup>th</sup> 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
<b>DHHS STAFF</b>	Department of Health and Human Services 442 Civic Center Dr. <b>CANCELLED</b> <b>Augusta, ME</b> 04333 <b>INSUFFICIENT REGISTRATIONS</b> Trainer: Bonnie Tracey Contact: Becca Reynolds 1-800-282-0764 ext 127	March 9, 16, 23, 30 and April 6 & 13, 2012 (Fridays) Noon – 2:00 p.m.
<b>3.</b>	Spectrum Generations Muskie Center 38 Gold Street <b>Waterville, ME.</b> 04901 Trainers: Liz Crawford/Ashley Hoffman Contact: 1-800-282-0764 Ashley ext 127/Liz ext 139	March 19, 26, April 2, 9, 16 and 23 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
<b>4.</b>	Spectrum Generations Cohen Center 22 Town Farm Road <b>Hallowell, ME</b> 04347 Trainers: Liz Crawford/Ashley Hoffman Contact: 1-800-282-0764 Ashley ext 127/Liz ext 139	April 24, May 1, 8, 15, 22 and 29, 2012 (Tuesdays) 9:00 am – 11:00 am
<b>5.</b>	Spectrum Generations Southern Midcoast Center 112 Main Street <b>Topsham, ME</b> 04086 Trainers: Ashley Hoffman/Liz Crawford Contact: Liz Crawford 1-800-282-0764, x139	May 7, 14, 21 and June 4, 11, and 25, 2012 (Mondays) 1:00 pm – 3:00 pm
<b>6.</b>	Waldo County General Hospital – Education Building 118 Northport Avenue <b>Belfast, ME</b> 04915 Trainer: Ashley Hoffman Contact Ashley @ 1-800-282-0764, ext 127 or 338-1190.	June 15, 22, 29 and July 12, 19 and 26, 2012 (Fridays) 1:00 – 3:00 pm
<b>7.</b>	TBD <b>Rockland Area, ME</b>	June 21, 28 and July 12, 19, 26 and August 2, 2012

	Trainer: Ashley Hoffman Contact Ashley @ 1-800-282-0764, ext 127 or 338-1190.	(Thursdays) 1:00 pm – 3:00 pm
8.	Spectrum Generations Coastal Community Center 521 Main Street <b>Damariscotta</b> , ME 04543 Trainer: Liz Crawford Contact: 1-800-282-0764, ext 139	July 9, 16, 23, 30 and August 6 and 13, 2012 (Mondays) 1:00 – 3:00 pm
<b>C.</b>	<b>Eastern Maine (TBD: Penobscot, Piscataquis) (Eastern Area Agency on Aging: Washington &amp; Hancock)</b>	
1.	Hospice Volunteers of Hancock County 14 McKenzie Street <b>Ellsworth</b> , ME 04605 Contact: Deb Poulton Trainer: Kathryn Pears, Dementia Care Strategies, Inc.	October 8, 15, 22, 29 and November 5 & 19, 2012 (Saturdays) 10:00 am – 12 Noon
2.	Phillip-Strickland House 21 Boyd St. <b>Bangor</b> , ME 04401 (Penobscot) Trainer: Darlene Field Contact: Cindy Beck 772-0015 (Alzheimer's Association)	December 7 & 14, 2011 (Wednesdays) 10:00 a.m. until noon
3.	Downeast Community Hospital 11 Hospital Drive <b>Machias</b> , Maine 04654 (Washington) Trainer: Lisa King Contact: Karen Grass, EAAA 1-800-432-7812	March 21, 28 and April 4, 11, 18 & 25, 2012 (Wednesdays) 2:00 pm – 4:00 pm
4.	Bar Harbor YWCA <b>Bar Harbor</b> , ME 04609 (Hancock) Trainer: Josephine Cirrinone Contact: Karen Grass, EAAA 1-800-432-7812	May 23, 30 and June 6, 13 & 20, 27 2012 (Wednesdays) 1:30 pm – 3:30 pm
5.	Eastport Health Care 30 Boynton Street <b>Eastport</b> , Maine (Washington) Trainer: Lisa King Contact: Karen Grass, EAAA 1-800-432-7812	June 13, 20, 27 and July 11, 18 & 25, 2012 (Wednesday)
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8.		
<b>D.</b>	<b>Western Maine (Dementia Care Strategies)</b>	
1.	Seniors Plus Education Center 8 Falcon Road <b>Lewiston</b> , ME 04240 Trainer: Kathryn Pears, Dementia Care Strategies, Inc.	February 8, 15, 22, 29 and March 7 & 14, 2012 (Wednesdays) 1:30 pm to 3:30 pm

	Contact: Kathryn Pears 1-800-732-4693	
2.	TBD (Had been scheduled for February 2012 but was decided to hold off to allow KP time to get settled in as statewide coordinator.) <b>TBD, ME</b>	
<b>E.</b>	<b>Northern Maine (Aroostook Agency on Aging trainings)</b>	
1.	Heritage View Apartments Day Room 159 Station Road <b>Stockholm, ME</b> 04762 Contact: Sharon Ann Berz 764-3396 Trainer: Charlie Stewart/Sharon Ann Berz	February 10, 17, 24 and March 2, 9, & 16, 2012 (Fridays) 10:00 am – 12 noon
2.	Hodgdon Firehouse 179 Hodgdon Mills Road <b>Hodgdon, ME</b> 04730 Contact: Sharon Berz 764-3396 Trainer:	March 3, 10, 17, 24, 31 and April 7, 2012 (Saturdays) Time: <b>????</b>
3.	Caribou Gardens 166 Sweden Street <b>Caribou, ME</b> 04736 Contact: Sharon Ann Berz 764-3396 Trainer: Katie Burby	March 5, 12, 19, 26 and April 2, 9 & 16, 2012 (Mondays) 1:00 pm - 3:00 pm
4.	Presque Isle Gathering Place 33 Davis Street <b>Presque Isle, ME</b> 04769 Contact: Sharon Ann Berz 764-3396 Trainer: Katie Burby/Sharon Berz	April 20, 27 and May 4, 11, 18 and 25, 2012 (Fridays) 10:00 am – 12 noon
5.	Northern Maine Medical Center Acadia School 460 Main Street <b>Madawaska, ME</b> 04756 Contact: Sharon Ann Berz 764-3396 Trainer: Charlie Stewart	May 2, 9, 16, 23, 30 and June 6, 2012 (Wednesdays) 1:00 pm – 3:00 pm
6.	<b>Place TBD</b> <b>Houlton, ME</b> <b>zip code</b>	May 4, 11, 18, 25 and June 1, 8, 2012 (Fridays) 10:00 am – 12 noon
7.	University of Maine at Presque Isle 181 Main Street <b>Presque Isle, ME</b> 04769 Contact: Sharon Ann Berz 764-3396 Trainer: Katie Burby/Sharon Berz	July 2, 9, 16, 23, 30 and August 6, 2012 (Mondays) 11:00 am – 1:00 pm
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