



MetLife Foundation

2009 NATIONAL FAMILY CAREGIVING AWARDS PROGRAM

The National Alliance for Caregiving and MetLife Foundation are pleased to announce that applications are being accepted for the 2009 National Family Caregiving Awards Program. Now in its fourth year, this program is intended to improve the quality of life of family caregivers by recognizing and supporting the important work of community agencies and other organizations that support family caregivers as a significant part of their mission.

The Award Categories

Three awards will be given in each of the following two categories:

- ***Caregiver Education Awards*** will go to groups that have developed exemplary training programs to educate caregivers on topics such as: assisting with activities of daily living, financial planning, time management, and others.
- ***Caregiver Support Awards*** will go to organizations that provide family caregiver support programs such as respite, counseling, or corporate eldercare in a truly innovative way.

Details

- One award in each category will go to an organization working in a community with a population of 100,000 or less.
- Two awards in each category will go to an organization working in a community with a population of 100,000 or greater.
- Each award will carry a cash value of \$25,000 that will be designated for use in the awardee's caregiver program.

Recognition Awards

- ***Alzheimer's Recognition Award*** will be given to one of the above award recipients that innovatively support family caregivers of those with Alzheimer's disease—and meets the other criteria in the category in which they apply.
- ***Cultural Diversity Recognition Award*** will be given to one of the above award recipients that innovatively support family caregivers of diverse older adults and meets the other criteria in the category in which the applicant applies.

Award for Older Caregivers Caring for Adult Children with Disabilities

A growing number of older adults are responsible for the care of their physically, mentally, or developmentally disabled adult child. As these parents age, they require more support as they are less able to provide direct care for their adult children. The Alliance will provide one \$25,000 award to a non-profit organization that has established an innovative and effective program to meet the needs of older persons caring for their adult children with disabilities. Potential programs could include counseling to plan for the future needs after the parent dies or innovative support programs to address the immediate needs of the older caregiver.

The awards will be presented at a luncheon ceremony held at the National Association of Area Agencies on Aging (n4a) 34th Annual Conference and Tradeshow, which will take place in Minneapolis, Minnesota on July 21. Travel and hotel costs for an awardee representative to attend this event will be paid for by the National Family Caregiving Awards program.

On-line applications are now being accepted. The Request for Applications and the on-line application are available at [http://web.raffa.com/nac/caregiver awards](http://web.raffa.com/nac/caregiver_awards) . The deadline for applications is April 24, 2009. Please contact Kathleen Cameron at kathleen56@caregiving.org with questions about the National Family Caregiving Awards Program.

MetLife Foundation was established in 1976 by MetLife to carry on its long-standing tradition of corporate contributions and community involvement. The Foundation has been involved in a variety of aging-related initiatives addressing issues of caregiving, intergenerational activities, mental fitness, health and wellness programs and civic involvement. More information about the Foundation is available at www.metlife.org.

Established in 1996, **The National Alliance for Caregiving** is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations. The Alliance was created to conduct research, do policy analysis, develop national programs and increase public awareness of family caregiving issues. Recognizing that family caregivers provide important societal and financial contributions toward maintaining the well-being of those they care for, the Alliance's mission is to be the objective national resource on family caregiving with the goal of improving the quality of life for families and care recipients. To learn more about the National Alliance for Caregiving, visit www.caregiving.org.