Books of Interest

(Listings include: Title of Publication, Author, Publisher and the ISBN Number.)

Adopted from NY CACFP http://www.health.ny.gov/prevention/nutrition/resources/parentres.htm

GOOD READING FOR CHILDREN:

**Big Red Apple**

**The Very Hungry Caterpillar**
Eric Carle; Scholastic Inc.; ISBN: 0-590-29275-7

**Eating the Alphabet, Fruits and Vegetables from A to Z**
Lois Ehlert; Scholastic Inc.; ISBN: 0-590-05302-7

**The Cheerios Counting Book**
Barbara Barbieri McGrath; Cartwheel Books Scholastic Inc., ISBN: 0-590-68357-8

**Goldfish Counting Fun Book**

**Blue's #1 Picnic**

**Barney and Baby Bop Go To The Grocery Store**

**Barney's Book of Foods**

**D.W. the Picky Eater**

**I Eat Fruit**
Hannah Tofts; Zero to Ten Ltd.; ISBN: 1-84089-000-2

**I Eat Vegetables**
Hannah Tofts; Zero to Ten Ltd.; ISBN: 1-84089-001-0

**The Little Red Hen**

**The Berenstein Bears and Too Much Junk Food**
Stan and Jan Berenstain; Random House; ISBN: 0-394-87217-7
Growing Vegetable Soup

How Are You Peeling?

Round the Garden

American Indian Foods

Learning With Colors-Meat to Grow On

Learning with ABC's-Fruits and Vegetables to Grow On

Learning with Numbers-Bread and Cereal to Grow On

Learning with Shapes-Milk to Grow On

The Butter Battle Book
Dr. Seuss; Random House; ISBN: 0-394-86580-4

Green Eggs and Ham

Vegetables in the Garden
Pascale de Bourgoing and Gallimard Jeunesse; Scholastic Inc.; ISBN: 0-590-33946-X

The Berenstain Bears Cook-It-Breakfast for Mama
Stan and Jan Berenstain; Random House; ISBN: 0-679-97316-8

The Magic School Bus Gets Eaten, A Book About Food Chains
Joanna Cole; Scholastic; ISBN: 0-590-48414-1

The Magic School Bus Gets Baked in a Cake
Joanna Cole; Scholastic; ISBN: 0-590-22295-3

Everybody Cooks Rice
Norah Dooley; Scholastic; ISBN: 0-590-45597-4

This Is The Way We Eat Our Lunch
Edith Baer; Scholastic; ISBN: 0-590-46888-X
**Eating Fractions**  

**Bread, Bread, Bread**  

**The Little Mouse, The Red Ripe Strawberry, & the Big Hungry Bear**  
Don and Audrey Wood; Child's Play (International) Ltd.; ISBN: 0-85953-012-4

**Cloudy with a Chance of Meatballs**  
Judi Barrett; Scholastic; ISBN: 0-590-30384-8

**Peanut Butter and Jelly, A Play Rhyme**  

**Stellaluna**  

**Gregory the Terrible Eater**  
Mitchell Sharmat; Scholastic; ISBN: 0-590-43350-4

**Blueberries for Sal**  

**Each Orange Had 8 Slices**  

**More Spaghetti, I Say**  
Rita Golden Gelman; Scholastic; ISBN: 0-590-45783-7

**In The Night Kitchen**  

**The Human Body-A First Discovery Book**  

**Potatoes On Tuesday**  
Dee Lillegard; Good Year Books; ISBN: 0-673-36235-3

**Fish For Supper**  
FEEDING IN A CHILD CARE SETTING

Healthy Young Children, A Manual for Programs
Abby Shapiro Kendrick, Roxane Kaufmann, and Katherine P. Messenger, Editors; National Association for The Education of Young Children (NAEYC); ISBN: 0-935989-13-7

Nutrition and Meal Planning in Child Care Programs

Food, Nutrition, and the Young Child (Part II- Food Service Management Overview of Early Childhood Programs)

FEEDING CHILDREN

Child of Mine-Feeding with Love and Good Sense

How to Get Your Kid to Eat-But Not Too Much

A Worry-Free Guide to Feeding Young Children-A Healthy Start

Off to a Good Start - Practical Nutrition For Children
Catherine Romaniello, Nancy Van Domelen, and Laura Hill Tobler; Wildwood Resources, Inc.; ISBN: 0-9606862-2-3

Meals Without Squeals-Child Care Feeding Guide and Cookbook

Feeding Your Child for Lifelong Health

The Family Nutrition Book (Birth-Adolescence)

American Academy of Pediatrics Guide to Your Child's Nutrition
NUTRITION ACTIVITIES

More Than Graham Crackers: Nutrition Education and Food Preparation with Young Children

Cool Cooking for Kids
Pat McClenahan and Ida Jaqua; Fearon Teacher Aids; ISBN: 0-8224-1614-X (for preschoolers)

How to Teach Nutrition to Kids

Leader/Activity Guide, How to Teach Nutrition to Kids

Storybook Stew, Cooking with Books Kids Love

The Kids' Multicultural Cookbook: Food and Fun Around the World (Williamson Kids Can! Series)
Deanna F. Cook; Williamson Publishing Company; ISBN: 0-913589-91-8 (ages 4 and up)

Teaching Children About Food, A Teaching and Activities Guide

The Healthy Start Kids' Cookbook: Fun and Healthful Recipes that Kids Can Make Themselves

American Heart Association Kids' Cookbook