

# **Maine Y-OQ<sup>®</sup> Clinical Webinar**

**Using the Y-OQ<sup>®</sup> and OQ<sup>®</sup>-Analyst  
in Clinical Supervision and CQI Efforts**

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# Big Picture Issues

- Balancing needs of clients, clinicians, and provider systems
- Facilitating growth of clients in spite of challenging circumstances



# Context: Purposes of Supervision

## 1. Monitoring/Evaluation

- [First, Do No Harm]
- Client Well-being
- Supervisee Competence

# Purposes of Supervision (cont.)

## 2. Supervisee Training

- Educating and guiding supervisee's clinical practice
- [Supervisor in teaching role]

## Purposes of Supervision (cont.)

### 3. Supervisee Support

- Facilitating supervisee personal and professional well-being
- [Supervisor in supportive/mentor role]

# Using the Y-OQ<sup>®</sup> in Supervision

- Caseload alert status at a glance
- Y-OQ<sup>®</sup> scores/alert status in case notes
- Therapists come prepared to discuss yellow/red alert cases
  - Critical items
  - Potential barriers to progress (MST principle)
  - TSM results and resources
- Examples

# Take Home

- The Y-OQ<sup>®</sup> helps bring more of the client's voice into the supervision session
- The Y-OQ<sup>®</sup> and TSM help focus supervision on actionable areas that are most likely to make a difference

# Y-OQ<sup>®</sup> and CQI

- YOQ as one component of overarching CQI effort
- Aggregate Y-OQ<sup>®</sup> scores: possibilities and pitfalls
- Change categories
- Timely review of Y-OQ<sup>®</sup> reports

# “Big Picture”

