

**HCT Discharge Outcomes for Youth in Service 6 Months or More
(Includes MaineCare members and Courtesy Reviews done by APS)**

Discharges between 04/01/2013 and 06/30/2013 and the new services authorized within 6 months of discharge

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Home and Community Based Treatment (HCT)** is a home-based intensive mental health treatment service for children and their families. The types of HCT included in this report are: HCT, HCT-FFT (Family Functional Therapy) and HCT-MST (Multisystemic Therapy). Children in the child welfare system and children living at home are both included.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using MaineCare. Youth in the MST service who are funded through the State Department of Corrections rather than MaineCare are not currently included in this report.

What This Report Measures: For members discharged from the HCT service after 6 months or more, this report shows what intensive mental health services the members has authorizations for within 6 months of discharge. For example, for a member discharged on March 1, 2013 after 7 months of treatment, this report checks to see whether or not the member was authorized for any of the services listed below by September 1, 2013, i.e. within 6 months of their discharge.

Total number of members discharged from HCT after 6 months or more: 342

of members admitted to child residential facilities (Child PNMI) : 10

Percent admitted to Child PNMI: 3%

of members admitted to children's inpatient psychiatric services:(Child Inpatient): 15

Percent admitted to Child Inpatient: 4%

of members admitted to EITHER child PNMI OR Inpatient or BOTH: 20

Percent admitted to a higher level of care: 6%

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
Gender								
Female	3	7	4	34	0	0	0	131
Male	7	8	7	35	0	0	0	211
Total	10	15	11	69	0	0	0	342
Child Age Groups								
0-3	0	0	0	6	0	0	0	15
4-5	0	0	1	8	0	0	0	49
6-12	3	10	5	36	0	0	0	180
13-17	7	5	5	18	0	0	0	93
18-20	0	0	0	1	0	0	0	5
Total	10	15	11	69	0	0	0	342

Note: Age as of 04/01/2013

* Youth who lack MaineCare IDs are not included since their use of other mental health services is not recorded in APS CareConnecton.

Providers	Child PNMI	Child Inpatient	Child Crisis	Return to HCT	Adult Inpatient	Adult Crisis	Adult PNMI	Total # of Discharges
Aroostook Mental Health Services	0	0	1	0	0	0	0	5
Assistance Plus	0	0	0	4	0	0	0	12
Care & Comfort	0	2	0	5	0	0	0	19
Care & Comfort - Dover	0	0	0	0	0	0	0	1
Catholic Charities Maine	0	0	0	0	0	0	0	2
Christopher Aaron Counseling Center	0	1	0	0	0	0	0	4
Community Care	0	0	0	3	0	0	0	25
Community Health & Counseling Services	1	1	0	2	0	0	0	5
Connections for Kids	0	0	0	1	0	0	0	12
Counseling Services Inc.	1	0	0	3	0	0	0	18
Families United	1	1	1	1	0	0	0	4
Harbor Family Services	0	0	0	1	0	0	0	8
Home Counselors Inc	0	0	0	1	0	0	0	7
Kennebec Behavioral Health	1	3	1	5	0	0	0	33
KidsPeace	0	1	0	3	0	0	0	23
MAS Home Care of Maine - Bangor	0	0	2	5	0	0	0	16
MAS Home Care of Maine - Westbrook	0	0	0	0	0	0	0	7
Northern Lighthouse	0	0	0	0	0	0	0	2
Northern Maine General	0	0	0	0	0	0	0	2
Port Resources	0	0	0	1	0	0	0	5
Providence	4	2	2	5	0	0	0	55
Saco River Health Service	0	0	0	2	0	0	0	9
Sequel Care of Maine	0	1	0	4	0	0	0	13
Smart Child & Family Services	0	1	0	2	0	0	0	4
Spurwink	0	0	0	1	0	0	0	8
Sweetser	1	0	1	2	0	0	0	4
Tri-County Mental Health	0	1	0	0	0	0	0	7
United Cerebral Palsy of Maine	1	1	2	17	0	0	0	31
Watch Me Shine Developmental Preschool, Inc.	0	0	1	1	0	0	0	1
Total	10	15	11	69	0	0	0	342