

**HCT MST Discharge Outcomes for Youth in Service 6 Months or More
(Includes MaineCare members and Courtesy Reviews done by APS)**

Discharges between 07/01/2013 and 09/30/2013 and the new services authorized within 6 months of discharge

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Home and Community Based Treatment (HCT)** is a home-based intensive mental health treatment service for children and their families.
- **Multisystemic Therapy (MST)** is an evidenced based type of HCT for youth with serious anti-social behavior and involvement in the juvenile justice system.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using MaineCare. Youth in the MST service who are funded through the State Department of Corrections rather than MaineCare are not currently included in this report.

What This Report Measures: The number of members discharged from the HCT-MST service after 6 months or more and whether or not the member receives various intensive mental health services within 6 months of discharge. For example, for a member discharged on March 1, 2013, this report checks to see whether or not the member was authorized for any of the services listed below by September 1, 2013, i.e. within 6 months of their discharge.

Total number of members discharged from HCT-MST after 6 months or more: 17

of members admitted to child residential facilities (Child PNMI) : 2

Percent admitted to Child PNMI: 12%

of members admitted to children's inpatient psychiatric services:(Child Inpatient): 2

Percent admitted to Child Inpatient: 12%

of members admitted to EITHER child PNMI OR Inpatient or BOTH: 4

Percent admitted to a higher level of care: 24%

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
Gender								
Male	2	2	1	4	0	0	0	17
Total	<u>2</u>	<u>2</u>	<u>1</u>	<u>4</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>17</u>

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
Child Age Groups								
6-12	0	0	0	0	0	0	0	1
13-17	2	2	1	4	0	0	0	16
Total	<u>2</u>	<u>2</u>	<u>1</u>	<u>4</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>17</u>

Note: Age as of 07/01/2013

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
Providers								
Kennebec Behavioral Health	1	1	1	3	0	0	0	9
Tri-County Mental Health	1	1	0	1	0	0	0	8
Total	<u>2</u>	<u>2</u>	<u>1</u>	<u>4</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>17</u>

	<u>Child PNMI</u>	<u>Child Inpatient</u>	<u>Child Crisis</u>	<u>Return to HCT</u>	<u>Adult Inpatient</u>	<u>Adult Crisis</u>	<u>Adult PNMI</u>	<u>Total # of Discharges</u>
Discharge Type								
MaineCare Funded	2	2	1	4	0	0	0	17
Total	<u>2</u>	<u>2</u>	<u>1</u>	<u>4</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>17</u>

* Some youth in the HCT MST are funded through state Department of Corrections funds. If these youth also have a MaineCare ID, they are included in this report. If not, they do not have a MaineCare ID they are not included since their use of other mental health services is not recorded in APS CareConnection.