

**Report Number: 16i**  
**Average Length of Stay in Child Home and Community Treatment**  
**(Includes MaineCare members and Courtesy Reviews done by APS)**

**Report Dates: 03/01/2014 To 03/31/2014**

**Report Source: Authorization data from APS CareConnection®**

**Definitions:**

- **Home and Community Based Treatment (HCT)** is a higher intensity community-based mental health service than Outpatient Therapy but a lower intensity service than Children's Assertive Community Treatment (ACT). There are 3 types of HCT services.
  - **HCT** is the regular home and community based treatment service.
  - **HCT - FFT** is home and community based treatment service using the evidenced based treatment model of family functional therapy.
  - **HCT - MST** is home and community based treatment service using the evidenced based treatment model of multi-systems therapy.
- **ALOS** - average length of stay in days of members discharged in CareConnecton® from children's home and community based treatment during this month.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected

**What This Report Measures:** Average length of stay of members discharged from HCT services during this month. Members may be discharged more than once.

Total number of members discharged = 215

Average length of stay (ALOS) in days for all types of HCT services = 138

Average length of stay (ALOS) in days for Regular HCT = 143

Average length of stay (ALOS) in days for HCT - FFT = 95

Average length of stay (ALOS) in days for HCT - MST = 121

<b>Gender</b>	<b>Regular HCT</b>		<b>HCT - FFT</b>		<b>HCT - MST</b>		<b>Totals</b>	
	<b># of Discharges</b>	<b>ALOS</b>						
Female	76	140			16	120	92	136
Male	99	145	3	95	21	121	123	140
<b>Total</b>	<b>175</b>	<b>143</b>	<b>3</b>	<b>95</b>	<b>37</b>	<b>121</b>	<b>215</b>	<b>138</b>
<b>Age Groups</b>	<b># of Discharges</b>	<b>ALOS</b>						
0-3	9	159					9	159
4-5	21	150					21	150
6-12	82	140			8	98	90	136
13-17	60	142	3	95	28	126	91	136
18-20	3	125			1	170	4	137
<b>Total</b>	<b>175</b>	<b>143</b>	<b>3</b>	<b>95</b>	<b>37</b>	<b>121</b>	<b>215</b>	<b>138</b>
<b>Child/Adult</b>	<b># of Discharges</b>	<b>ALOS</b>						
Children (ages 0 -17)	172	143	3	95	36	119	211	138
Adult (ages 18+)	3	125			1	170	4	137
<b>Total</b>	<b>175</b>	<b>143</b>	<b>3</b>	<b>95</b>	<b>37</b>	<b>121</b>	<b>215</b>	<b>138</b>

<u>District</u>	<u>Regular HCT</u>		<u>HCT - FFT</u>		<u>HCT - MST</u>		<u>Totals</u>	
	<u># of Discharges</u>	<u>ALOS</u>						
District 1/ York County	36	130	2	141	14	104	52	123
District 2/ Cumberland County	29	169			4	130	33	164
District 3/ Androscoggin, Franklin, and Oxford Counties	26	146	1	4	7	146	34	142
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	12	122			1	128	13	122
District 5/ Somerset and Kennebec Counties	38	127			9	140	47	129
District 6/ Piscataquis and Penobscot Counties	22	163					22	163
District 7/ Washington and Hancock Counties	6	160					6	160
District 8/ Aroostook County	5	141					5	141
Unknown	1	112			2	43	3	66
<b>Total</b>	<b>175</b>	<b>143</b>	<b>3</b>	<b>95</b>	<b>37</b>	<b>121</b>	<b>215</b>	<b>138</b>

<u>Providers</u>	<u>Regular HCT</u>		<u>HCT - FFT</u>		<u>HCT - MST</u>		<u>Totals</u>	
	<u># of Discharges</u>	<u>ALOS</u>						
Aroostook Mental Health Services	2	87					2	87
Assistance Plus	11	137					11	137
Care & Comfort	9	107					9	107
Christopher Aaron Counseling Center	2	217					2	217
Community Care	14	171					14	171
Community Health & Counseling Services	2	160					2	160
Connections for Kids	12	143					12	143
Counseling Services Inc.	7	141			13	101	20	115
Families United	3	206					3	206
Harbor Family Services	3	193					3	193
Home Counselors Inc	3	146					3	146
Kennebec Behavioral Health	8	165			12	136	20	147
KidsPeace	13	161					13	161
MAS Home Care of Maine - Bangor	3	103					3	103
MAS Home Care of Maine - Westbrook	9	73					9	73
Mid Coast Mental Health	1	87					1	87
Northeast Occupational Exchange	1	108					1	108
Northern Lighthouse	2	228					2	228
Port Resources	3	165					3	165
Providence	32	155					32	155
Saco River Health Service	6	70					6	70
Sequel Care of Maine	10	120					10	120
Smart Child & Family Services	4	144					4	144
Spurwink	4	117	3	95			7	108
Sweetser	2	180					2	180
Tri-County Mental Health					12	128	12	128
United Cerebral Palsy of Maine	8	153					8	153
Woodfords Family Services - Home and Community Treatment	1	146					1	146
<b>Total</b>	<b>175</b>	<b>143</b>	<b>3</b>	<b>95</b>	<b>37</b>	<b>121</b>	<b>215</b>	<b>138</b>