

Report Number: 16i
Average Length of Stay in Child Home and Community Treatment
(Includes MaineCare members and Courtesy Reviews done by APS)

Report Dates: 12/01/2013 To 12/31/2013

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Home and Community Based Treatment (HCT)** is a higher intensity community-based mental health service than Outpatient Therapy but a lower intensity service than Children's Assertive Community Treatment (ACT). There are 3 types of HCT services.
 - **HCT** is the regular home and community based treatment service.
 - **HCT - FFT** is home and community based treatment service using the evidenced based treatment model of family functional therapy.
 - **HCT - MST** is home and community based treatment service using the evidenced based treatment model of multi-systems therapy.
- **ALOS** - average length of stay in days of members discharged in CareConnecton® from children's home and community based treatment during this month.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected

What This Report Measures: Average length of stay of members discharged from HCT services during this month. Members may be discharged more than once.

Total number of members discharged = 250

Average length of stay (ALOS) in days for all types of HCT services = 148

Average length of stay (ALOS) in days for Regular HCT = 157

Average length of stay (ALOS) in days for HCT - FFT = N/A. (No discharges this month.)

Average length of stay (ALOS) in days for HCT - MST = 94

Gender	Regular HCT		HCT - FFT		HCT - MST		Totals	
	# of Discharges	ALOS						
Female	84	158			11	97	95	151
Male	128	157			27	93	155	146
Total	212	157	0	0	38	94	250	148
Age Groups	# of Discharges	ALOS						
0-3	23	128					23	128
4-5	25	127					25	127
6-12	106	164			5	94	111	161
13-17	55	172			33	94	88	143
18-20	3	126					3	126
Total	212	157	0	0	38	94	250	148

<u>Child/Adult</u>	<u>Regular HCT</u>		<u>HCT - FFT</u>		<u>HCT - MST</u>		<u>Totals</u>	
	<u># of Discharges</u>	<u>ALOS</u>						
Children (ages 0 -17)	209	158			38	94	247	148
Adult (ages 18+)	3	126					3	126
Total	212	157	0	0	38	94	250	148
<u>District</u>	<u># of Discharges</u>	<u>ALOS</u>						
District 1/ York County	37	161			9	107	46	150
District 2/ Cumberland County	28	182			12	84	40	153
District 3/ Androscoggin, Franklin, and Oxford Counties	24	153			11	80	35	130
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	12	154			2	99	14	146
District 5/ Somerset and Kennebec Counties	52	131			1	139	53	131
District 6/ Piscataquis and Penobscot Counties	41	162			3	128	44	160
District 7/ Washington and Hancock Counties	11	164					11	164
District 8/ Aroostook County	6	224					6	224
Unknown	1	213					1	213
Total	212	157	0	0	38	94	250	148

<u>Providers</u>	<u>Regular HCT</u>		<u>HCT - FFT</u>		<u>HCT - MST</u>		<u>Totals</u>	
	<u># of Discharges</u>	<u>ALOS</u>						
Aroostook Mental Health Services	3	258					3	258
Assistance Plus	10	165					10	165
Care & Comfort	15	146					15	146
Care & Comfort - Dover	1	120					1	120
Casa, Inc.	1	213					1	213
Christopher Aaron Counseling Center	3	283					3	283
Community Care	15	229					15	229
Community Health & Counseling Services	5	120					5	120
Connections for Kids	4	174					4	174
Counseling Services Inc.	16	137			9	120	25	131
Families United	4	128					4	128
Harbor Family Services	2	195					2	195
Home Counselors Inc	5	128					5	128
Kennebec Behavioral Health	17	117			6	127	23	120
KidsPeace	12	153					12	153
MAS Home Care of Maine - Bangor	11	224					11	224
MAS Home Care of Maine - Westbrook	6	125					6	125
Mid Coast Mental Health	1	26					1	26
Northern Lighthouse	3	221					3	221
Port Resources	7	180					7	180
Providence	30	152					30	152
Saco River Health Service	4	123					4	123
Sequel Care of Maine	7	183					7	183
Smart Child & Family Services	4	129					4	129
Spurwink	9	124					9	124
Sweetser	1	230					1	230
Tri-County Mental Health					23	75	23	75
United Cerebral Palsy of Maine	14	112					14	112
Woodfords Family Services - Home and Community Treatment	2	204					2	204
Total	212	157	0	0	38	94	250	148

Regular HCT

HCT - FFT

HCT - MST

Totals