

**Report Number: 6b**  
**Child Members Authorized for Outpatient Services**  
**(Includes MaineCare members and Courtesy Reviews done by APS)**

**Report Dates: 07/01/2013 To 04/30/2014**

**Definitions:**

- **Outpatient** While the term outpatient services sometimes refers to all services not delivered in a hospital or residential setting, for this report outpatient is defined as either: a.) individual therapy b.) group therapy c.) medication management that is authorized by APS.
  - Group Therapy-** includes group therapy at a mental health facility, independent psychologists (H0004 HQ and H0004HQ independent psychological services)
  - Individual therapy-** includes individual therapy with a single clinician (H0004 codes including outpatient therapy, independent psychological services and substance abuse therapy).
  - Medication Management-** includes traditional medication management and telehealth medication management authorized by APS (H2010). Note: Hospitals providing medication management do not use the APS authorization process.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.

**What This Report Measures:** Year to date count of youth in each of these types of outpatient services: group therapy, individual therapy and medication management. This report counts people ages 21 and younger authorized for child mental health services. If a youth is authorized for both individual therapy and medication management they are counted once in each column.

Total members authorized for any child mental health service or children members authorized independent psychological services = 27,427

Total number of children with MaineCare = 134,015\* % of MaineCare children with outpatient services = 20.5%

Members authorized for child individual outpatient services = 18,314

% of total members authorized for child Individual outpatient services = 13.7%

Members authorized for child group outpatient services = 1,533

% of total members authorized for child group outpatient services = 1.1%

Members authorized for child medication management services = 6,424

% of total members authorized for child medication management services = 4.8%

<u>Gender</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
Female	9,048	742	2,756
Male	9,266	791	3,668
<b>Total</b>	<b>18,314</b>	<b>1,533</b>	<b>6,424</b>
<u>Age Groups</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
0-3	548	27	36
4-5	1,492	116	232
6-12	8,874	711	2,557
13-17	6,364	615	2,806
18-20	982	63	725
21-24	49	1	68
Unknown	5	0	0
<b>Total</b>	<b>18,314</b>	<b>1,533</b>	<b>6,424</b>

\*This is the number of people under age 21 who were MaineCare members at any time in the previous quarter.



<u>Child/Adult</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
Children (ages 0 -17)	17,278	1,469	5,631
Adult (ages 18+)	1,031	64	793
Unknown	5	0	0
<b>Total</b>	<b>18,314</b>	<b>1,533</b>	<b>6,424</b>

  

<u>District</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
District 1/ York County	2,644	96	1,460
District 2/ Cumberland County	3,022	77	1,121
District 3/ Androscoggin, Franklin, and Oxford Counties	3,725	180	604
District 4/ Knox, Lincoln, Sagadahoc, and Waldo Counties	2,105	90	942
District 5/ Somerset and Kennebec Counties	2,523	1,004	1,274
District 6/ Piscataquis and Penobscot Counties	2,098	41	451
District 7/ Washington and Hancock Counties	995	6	205
District 8/ Aroostook County	1,055	25	298
Unknown	147	14	69
<b>Total</b>	<b>18,314</b>	<b>1,533</b>	<b>6,424</b>