

Report Number: 6b
Child Members Authorized for Outpatient Services
(Includes MaineCare members and Courtesy Reviews done by APS)
Report Dates: 07/01/2013 To 02/28/2014

Definitions:

- **Outpatient** While the term outpatient services sometimes refers to all services not delivered in a hospital or residential setting, for this report outpatient is defined as either: a.) individual therapy b.) group therapy c.) medication management that is authorized by APS.
 - Group Therapy-** includes group therapy at a mental health facility, independent psychologists (H0004 HQ and H0004HQ independent psychological services)
 - Individual therapy-** includes individual therapy with a single clinician (H0004 codes including outpatient therapy, independent psychological services and substance abuse therapy).
 - Medication Management:-** includes traditional medication management and telehealth medication management authorized by APS (H2010). Note: Hospitals providing medication management do not use the APS authorization process.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.

What This Report Measures: Year to date count of youth in each of these types of outpatient services: group therapy, individual therapy and medication management. This report counts people ages 21 and younger authorized for child mental health services. If a youth is authorized for both individual therapy and medication management they are counted once in each column.

Total members authorized for any child mental health service or children members authorized independent psychological services = 25,637

Total number of children with MaineCare = 135,875* % of MaineCare children with outpatient services = 18.9%

Members authorized for child individual outpatient services = 16,759

% of total members authorized for child Individual outpatient services = 12.3%

Members authorized for child group outpatient services = 1,312

% of total members authorized for child group outpatient services = 1.0% (9.7 per 1,000 members)

Members authorized for child medication management services = 6,005

% of total members authorized for child medication management services = 4.4%

<u>Gender</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
Female	8,251	624	2,568
Male	8,508	688	3,437
Total	16,759	1,312	6,005
<u>Age Groups</u>	<u>Individual Therapy</u>	<u>Group Therapy</u>	<u>Med Management</u>
0-3	479	24	27
4-5	1,315	90	195
6-12	8,141	617	2,374
13-17	5,839	517	2,635
18-20	933	63	706
21-24	48	1	68
Unknown	4	0	0
Total	16,759	1,312	6,005

*This is the number of people under age 21 who were MaineCare members at any time in the previous quarter.

Child/Adult

Children (ages 0 -17)
Adult (ages 18+)
Unknown

Total

Individual Therapy

15,774
981
4

16,759

Group Therapy

1,248
64
0

1,312

Med Management

5,231
774
0

6,005

District

District 1/ York County
District 2/ Cumberland County
District 3/ Androscoggin, Franklin, and Oxford
Counties
District 4/ Knox, Lincoln, Sagadahoc, and Waldo
Counties
District 5/ Somerset and Kennebec Counties
District 6/ Piscataquis and Penobscot Counties
District 7/ Washington and Hancock Counties
District 8/ Aroostook County
Unknown

Total

Individual Therapy

2,422
2,766
3,433
1,918
2,266
1,934
931
961
128

16,759

Group Therapy

79
70
151
74
864
38
5
19
12

1,312

Med Management

1,379
1,037
544
898
1,195
407
204
275
66

6,005