

**Report Number: 6b**  
**Child Members Authorized for Outpatient Services**  
**(Includes MaineCare members and Courtesy Reviews done by APS)**  
**Report Dates: 07/01/2013 To 01/31/2014**

**Definitions:**

- **Outpatient** While the term outpatient services sometimes refers to all services not delivered in a hospital or residential setting, for this report outpatient is defined as either: a.) individual therapy b.) group therapy c.) medication management that is authorized by APS.
  - Group Therapy-** includes group therapy at a mental health facility, independent psychologists (H0004 HQ and H0004HQ independent psychological services)
  - Individual therapy-** includes individual therapy with a single clinician (H0004 codes including outpatient therapy, independent psychological services and substance abuse therapy).
  - Medication Management:-** includes traditional medication management and telehealth medication management authorized by APS (H2010). Note: Hospitals providing medication management do not use the APS authorization process.
- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.

**What This Report Measures:** Year to date count of youth in each of these types of outpatient services: group therapy, individual therapy and medication management. This report counts people ages 21 and younger authorized for child mental health services. If a youth is authorized for both individual therapy and medication management they are counted once in each column.

Total members authorized for any child mental health service or children members authorized independent psychological services = 24,868

Total number of children with MaineCare = 135,875\* % of MaineCare children with outpatient services = 18.3%

Members authorized for child individual outpatient services = 16,070

% of total members authorized for child Individual outpatient services = 11.8%

Members authorized for child group outpatient services = 1,222

% of total members authorized for child group outpatient services = 0.9% (9.0 per 1,000 members)

Members authorized for child medication management services = 5,844

% of total members authorized for child medication management services = 4.3%

| <u>Gender</u>     | <u>Individual Therapy</u> | <u>Group Therapy</u> | <u>Med Management</u> |
|-------------------|---------------------------|----------------------|-----------------------|
| Female            | 7,915                     | 580                  | 2,489                 |
| Male              | 8,155                     | 642                  | 3,355                 |
| <b>Total</b>      | <b>16,070</b>             | <b>1,222</b>         | <b>5,844</b>          |
| <u>Age Groups</u> | <u>Individual Therapy</u> | <u>Group Therapy</u> | <u>Med Management</u> |
| 0-3               | 442                       | 21                   | 24                    |
| 4-5               | 1,211                     | 81                   | 185                   |
| 6-12              | 7,807                     | 576                  | 2,305                 |
| 13-17             | 5,648                     | 481                  | 2,566                 |
| 18-20             | 910                       | 62                   | 696                   |
| 21-24             | 48                        | 1                    | 68                    |
| Unknown           | 4                         | 0                    | 0                     |
| <b>Total</b>      | <b>16,070</b>             | <b>1,222</b>         | <b>5,844</b>          |

\*This is the number of people under age 21 who were MaineCare members at any time in the previous quarter.

**Child/Adult**

Children (ages 0 -17)  
Adult (ages 18+)  
Unknown

**Total**

**Individual Therapy**

15,108  
958  
4

**16,070**

**Group Therapy**

1,159  
63  
0

**1,222**

**Med Management**

5,080  
764  
0

**5,844**

**District**

District 1/ York County  
District 2/ Cumberland County  
District 3/ Androscoggin, Franklin, and Oxford  
Counties  
District 4/ Knox, Lincoln, Sagadahoc, and Waldo  
Counties  
District 5/ Somerset and Kennebec Counties  
District 6/ Piscataquis and Penobscot Counties  
District 7/ Washington and Hancock Counties  
District 8/ Aroostook County  
Unknown

**Total**

**Individual Therapy**

2,320  
2,649  
3,327  
1,843  
2,153  
1,860  
894  
912  
112

**16,070**

**Group Therapy**

67  
70  
145  
72  
805  
34  
7  
11  
11

**1,222**

**Med Management**

1,345  
1,016  
514  
884  
1,173  
387  
200  
267  
58

**5,844**