APS Healthcare

Department of Health and Human Services
Maine People Living Safe, Healthy and Productive Lives

OCFS Provider Contract Performance Measures Report:
HCT Services Treatment Outcome Standard- 80% Do Not Access ITRT Within 1 Year of Discharge
(Includes MaineCare members and Courtesy Reviews done by APS)
07/01/2012 To 09/30/2012

Report Source: Authorization data from APS CareConnection®

Definitions:

- **Courtesy Review** - APS completes courtesy reviews when a member is not MaineCare eligible at the time of admission, but is expected to be served using either MaineCare and/or state funds.
- **ITRT** - is an abbreviation for Intensive Residential Treatment. ITRTs provide residential treatment for youth under age 21 with mental illness or mental retardation or both. Crisis Units, Treatment Foster Care and Infant residential care are not included in the definition. In Maine, residential treatment is also called **PNMI.**
- **PNMI** stands for Private Non-Medical Institution (PNMI). PNMIs provide food, shelter, personal care, and treatment services to four or more residents in single or scattered site facilities. PNMI services are not provided in medical settings such as hospitals or nursing homes. There are four types of child PNMI as follows: Mental Health Level I & Level II and Mental Retardation Level I & Level II.
- **Home and Community Based Treatment (HCT)** is a higher intensity community-based mental health service than Outpatient Therapy but a lower intensity service than Children's Assertive Community Treatment (ACT). There are 3 types of HCT services.
  - **HCT** is the regular home and community based treatment service.
  - **HCT - FFT** is home and community based treatment service using the evidenced based treatment model of family functional
  - **HCT - MST** is home and community based treatment service using the evidenced based treatment model of multi-systems

What This Report Measures: The number of youth discharged from HCT and whether or not they enter residential treatment within one year of discharge. Note that this report is about youth discharged from services over a year ago. This allows time to pass before assessing the outcomes of treatment.

Total number of youth discharged from Home and Community Based Treatment: 811
Total number of youth who did NOT enter residential treatment within 1 Year: 770
Percent of youth who did NOT enter residential treatment within 1 Year: 95%

Providers	# NOT entering residential treatment within 1 year	# Discharged	% NOT entering residential treatment within 1 year
Aroostook Mental Health Services	4	5	80%
Assistance Plus	47	49	96%
Care & Comfort	39	39	100%
Casa, Inc.	1	1	100%
Catholic Charities Maine	8	8	100%
Christopher Aaron Counseling Center	5	6	83%
Community Care	40	42	95%
Community Health & Counseling Services	21	22	95%
Connections for Kids	33	35	94%
Counseling Services Inc.	35	36	97%
Families United	16	16	100%
Harbor Family Services	20	20	100%
Home Counselors Inc	9	9	100%
Kennebec Behavioral Health	99	105	94%
KidsPeace	33	34	97%
MAS Home Care of Maine - Bangor	11	12	92%
MAS Home Care of Maine - Westbrook	26	27	96%
New Day Counseling	1	1	100%

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Providers	# NOT entering residential treatment within 1 year	# Discharged	% NOT entering residential treatment within 1 year
NFI North	4	5	80%
Northeast Occupational Exchange	4	4	100%
Northern Lighthouse	6	6	100%
Northern Maine General	1	1	100%
Port Resources	10	11	91%
Providence	116	122	95%
Saco River Health Service	29	29	100%
Sequel Care of Maine	28	31	90%
Smart Child & Family Services	1	1	100%
Spurwink	22	23	96%
Sweetser	15	16	94%
Tri-County Mental Health	41	47	87%
Umbrella Mental Health Services	8	8	100%
United Cerebral Palsy of Maine	36	39	92%
Watch Me Shine Developmental Preschool, Inc.	1	1	100%
	770	**811**	**95%**