

DHHS / OCFS – Children’s Behavioral Health Services

Provider Meeting Minutes

Districts 3, 4, 5

January 21, 2011

- Due to the snowstorm on this date, the scheduled people that were scheduled to present, were not able to attend this meeting. Therefore, Nadine Martin and Judy Adams Provided some CBHS updated information. An interchange with the attending audience was beneficial to all.
- **Waiver Proposal for Children’s Services:** Nadine Martin reports that the children’s waiver was oked by the feds. However at this point, every new initiative needs to be reviewed by the governor. It is hopeful that he will endorse this proposed waiver program for children.
- **Agency Changes:** Any providers that need changes with the location, office address and phone numbers need to send that information to Nadine Martin. As a reminder of when we deal with any location changes, they are connected to contracts and as a result we will need the agency representative to provide the Resource Coordinator with this information. When requesting that an agency utilize this new form, we will be maintaining a direct link to this entity and therefore have a history in our charts. In the future please note:
 1. Send any agency changes directly to the Resource Coordinator in your district
 2. Sometime soon, a revised form will be added to our website for the provider to access. We are in the process of making a couple of minor changes and then it will be posted on our website for agencies to access anytime they want to make a change.
- **Resources - Dental Services: MaineCare and/ or Reduced Costs:** Services for children and families without insurance can contact **Community Dental**, which has offices at:
 - 323 Franklin Health Common Suite 1, Farmington, Maine 04938-6143
Phone: 779-2659,;
 - 177 Main Street, Lewiston, Maine 04240 Phone: 777-7442;

- 60 Lowell Street, Rumford, Maine 04276 Phone: 369-3600
 - **Maine Dental:** Offers services for MaineCare patients. Their website is: www.medental.org They have dentists who are providing volunteer services and they will be matched with patients for **free** dental work.
- Judy Adams, Children's Mental Health Co-ordinator: She explains that she will first look at other alternatives for children that are in crisis. Judy pointed out that there is a new application process that was started in September. These forms are listed on our website.
 - Case managers are helpful for those people who are getting Out-of-Home Treatment. Documentation is needed to be gathered (Intensity, frequency and duration.). What behaviors are occurring right now?
 - The team meets when the applications come in. There is a two day turn around. Once eligibility is approved, recommendations are made for what facility they could be referred to. Once they reach residential, the focus is on what is needed for the child to come home.
 - Family Focus has a 90 day program that works intensively with the family. They need intense family involvement when the child goes home. The residential placement needs to work on transition with the family.

District 3, 4, and 5 (Androscoggin, Franklin, Lincoln, Kennebec, Knox, Oxford, Sagadahoc, Somerset, Waldo counties)

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Waldo, Knox & Lincoln non DOC
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Clinical Care Specialist: Participates at clinical reviews and audits children in residential programs. They work directly with children, discharge plans, and review charts looking at what the program is actually providing for services.

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Clinical Care Specialist

Knox, Sagadahoc, Oxford, Franklin, Androscoggin

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Clinical Care Specialist

Somerset, Kennebec, Waldo

Note: The Mental Health Coordinator is involved when the child is not in residential. They facilitate residential treatment or look at other options.

- **Flex Funds:** Judy Adams receives all flex fund requests for mental health. Kathy Alley receives all flex funds requests for developmental disabilities.
- **Vocational Clubhouses:** *David Whitestone, Ph.D. Director, Family Behavioral Health & Visitation Service:* David provided a description of a unique program this agency offers consumers between the ages of 18- 25. Although the Clubhouse is considered an "adult" program by MaineCare, clients can be receiving Children's Case Management services and also be involved in the Clubhouse (as long as the client meets the eligibility requirements - which are the same as those for Adult Case Management/Community Support). Consumers who have a diagnosis of Aspergers are candidates and perhaps may be accepted into this program. Below is a copy/paste from their agency website, describing a bit about the Clubhouses:

- The Vocational Clubhouses:
 - *The Clubhouse Model of Psychiatric Rehabilitation is used with success at both the Capitol Clubhouse in Augusta and the High Hopes Clubhouse in Waterville. Their mission is to improve the quality of life for adults who experience mental illness by providing social, educational and employment opportunities. High Hopes Clubhouse and Capitol Clubhouse are independent programs of Kennebec Behavioral Health.*

The Clubhouses help support members with overcoming barriers to employment by offering services such as job development, job placement, job coaching and job support. A major component of Clubhouse is Transitional Employment. Transitional Employment offers members the chance to work at a paid, part-time job for 6 to 9 months. The Clubhouses have established partnerships with local businesses that provide these Transitional Employment opportunities and there is extensive support from both the Clubhouse and employer.

The Clubhouses have an in-house prevocational program that focuses on members' strengths and not their illnesses. The Clubhouses offer educational resources to members and encourage them to further their education.

Some members may not be ready to work, but they are welcome to attend Clubhouse to deal with any feelings of loneliness and isolation. Membership provides an opportunity for growth and increased self-esteem as well as a sense of empowerment. The Clubhouse is a place where members can meet others, feel accepted, and where they are treated with dignity and respect.

Next Provider Meeting: April 7, 2011

Submitted by: Sharon Sylvester & Sandy Barringer

