

**Department of Health and Human Services
Office of Mental Health Services Resources for Cumberland County**

County and Agencies	Services	Towns
Cumberland		
Amistad PO box 992 Portland, ME 04104 Ph: 773-1956 TTY:		
	Peer Support	
	Peer Support	Portland
	Social Clubs & Drop-in Centers	Portland
	Warm Lines	
Casco Bay Mental Health 205 Ocean Avenue Portland, ME 04103 Ph: (207)773-7993 TTY:		
	Outpatient & Prof	Portland
Catholic Charities Maine Support Recovery Svcs PO Box 797 Portland, ME 04104 Ph: 871-7431 TTY:	ACT	Bar Mills
	ACT	Cape Elizabeth
	ACT	Portland
	ACT	Portland
	ACT	Portland
	ACT	Portland
	ACT	Portland
	ACT	S. Portland
	ACT	Westbrook
	Adult CI	Cape Elizabeth
	Adult CI	Chebeague Is.
	Adult CI	Cumberland Ctr
	Adult CI	East Baldwin
	Adult CI	Falmouth
	Adult CI	Freeport
	Adult CI	Gorham
	Adult CI	Gray
	Adult CI	Naples
	Adult CI	New Gloucester
	Adult CI	North Yarmouth
	Adult CI	Portland
	Adult CI	Portland
	Adult CI	Portland
	Adult CI	Portland
	Adult CI	Pownal
	Adult CI	Scarborough
	Adult CI	Sebago
	Adult CI	South Casco
	Adult CI	South Portland

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County and Agencies	Services	Towns
	Adult CI	Standish
	Adult CI	West Baldwin
	Adult CI	Westbrook
	Adult CI	Westbrook
	Adult CI	Windham
	Adult CI	Yarmouth
	Adult ICI	East Baldwin
	Adult ICI	Gorham
	Adult ICI	Gray
	Adult ICI	Portland
	Adult ICI	Portland
	Adult ICI	Portland
	Adult ICI	Portland
	Adult ICI	South Portland
	Adult ICI	Westbrook
	Adult ICI	Yarmouth
Community Counseling Center 343 Forest Avenue Portland, ME 04101 Ph: 874-1030 TTY:	Community Support	Cape Elizabeth
	Community Support	Casco
	Community Support	Falmouth
	Community Support	Gorham
	Community Support	Gray
	Community Support	Portland
	Community Support	Portland
	Community Support	South Portland
	Community Support	Westbrook
	Community Support	Yarmouth
	Day Treatment/Day Support	Cape Elizabeth
	Day Treatment/Day Support	Casco
	Day Treatment/Day Support	Freeport
	Day Treatment/Day Support	Gorham
Day Treatment/Day Support	Portland	
Day Treatment/Day Support	Portland	
Day Treatment/Day Support	South Portland	
Day Treatment/Day Support	Westbrook	
Day Treatment/Day Support	Yarmouth	
Individual and Group Cslg.	Cape Elizabeth	
Individual and Group Cslg.	Cumberland	
Individual and Group Cslg.	Freeport	
Individual and Group Cslg.	Portland	
Individual and Group Cslg.	Portland	
Individual and Group Cslg.	Pownal	
Individual and Group Cslg.	Scarborough	

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County and Agencies	Services	Towns
	Individual and Group Cslg.	South Portland
	Individual and Group Cslg.	Westbrook
	Individual and Group Cslg.	Windham
	Medication Clinic	Cape Elizabeth
	Medication Clinic	Portland
	Medication Clinic	Portland
	Medication Clinic	Westbrook
Counseling Services Inc 265 North Street Saco, ME 04072 Ph: 282-7504 TTY:	Outpatient & Prof	Westbrook
Creative Work Systems 443 Congress Street Portland, ME 04101 Ph: (207) 879-1140 TTY:	Supported Employment	Portland
	Vocational Services	Portland
Crossroads for Women 66 Pearl Street, Suite 202 Portland, ME 04101 Ph: (207) 773-9931 TTY: (207) 775-2396 Web site: www.crossroadforwomen.org	Individual & Group Counseling	Portland
	Medication Management	
Freeport Counseling Center 143 flying Point Road Freeport, ME 04032 Ph: (207) 865-3396 TTY:	Outpatient & Prof	Freeport
Ingraham 50 Monument Square Portland, ME 04101 Ph: 874-1055 TTY:	Community Residential	Portland
	Community Residential	Portland
	Community Residential	Portland
	Community Residential	Portland
	Community Residential	Scarborough
	Community Residential	South Portland
	Community Support	Portland
	Crisis Services	Portland
	Crisis Stabilization Mobile Resp.	Portland
	Crisis Stabilization Residential Facility	South Portland
	Medication Clinic	Portland

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County and Agencies	Services	Towns
	Medication Clinic	Portland
	Outpatient & Prof	Portland
	Skills Development	Portland
	Telephone Service	Portland
	Wraparound & Flexible Funds	Portland
	Wraparound & Flexible Funds	Portland
Maine Medical Center Dept of Psychiatry 22 Bramhall Street Portland, ME 04102 Ph: (207) 662-2733 TTY:	Clinical Consult	
	Crisis Services	
	Day Treatment/Day Support	
	Diagnosis and Eval	
	Emergency Involuntary Admis.	
	Inpatient	
	Medication Clinic	
	Outpatient & Prof	
	Peer Support	
	Specialized Direct	
	Specialized Group	
	Supported Employment	
	Vocational Services	
Maine Mental Health Connections 150 Union Street Bangor, ME 04401 Ph: 941-2907 TTY: 941-2998	Recreation, Social & Leisure	Portland
Medical Care Development 11 Parkwood Drive Augusta, ME 04330 Ph: 622-7566 TTY:	PNMI Room and Board	Windham
Mercy Hospital 14 State Street Portland, ME Ph: (207)879-3000 TTY:	Clinical Consult	Portland
	Day Treatment/Day Support	Portland
	Day Treatment/Day Support	Westbrook
	Diagnosis and Eval	Westbrook
	Emergency Involuntary Admis.	Westbrook
	Individual and Group Counseling	Westbrook
	Inpatient	Portland
Outpatient & Prof	Portland	

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County and Agencies	Services	Towns
Merrymeeting Behavioral Health Assoc 76 Pleasant Street Brunswick, ME 04011 Ph: (207)721-0214 TTY:		
	Daily Living Support	Brunswick
	Skills Development	Brunswick
Mid Coast Hospital 123 Medical Center Drive Brunswick, ME 04011 Ph: (207)721-0214 TTY:		
	Community Inpatient	Brunswick
	Crisis Services	Brunswick
	Day Treatment/Day Support	Brunswick
	Emergency Involuntary Admis.	Brunswick
	Medication Clinic	
	Specialized Direct	
NOE 29 Franklin Street Bangor, ME 04401 Ph: 992-2258 TTY: 947-3164		
	Crisis Services	Portland
	Diagnosis and Eval	Portland
	Individual and Group Counseling	Portland
	Medication Clinic	Portland
	Other Housing and Support	Portland
	Outpatient & Prof	Portland
	Skills Development	Portland
Specialized Group	Portland	
	Telephone Service	Portland
	Vocational Services	Portland
Parkview Adventist Medical Center 329 Maine Street Brunswick, ME 04011 Ph: (207)373-2000 TTY:		
	Emergency Department	Brunswick
	Inpatient	Brunswick
	Inpatient	Freeport
Peregrine Corp 233 Oxford Street Portland, ME 04101 Ph: (207)879-0847 TTY:		
	Community Residential	Portland
Phoenix Mental Health Services 444 Stillwater Avenue, Suite 202 Bangor, ME 04401 Ph: 941-1113 TTY:		
	Individual and Group Counseling	Portland

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County and Agencies	Services	Towns
Portland Help Center 477 Congress Street, Suite 408 Portland, ME 04101 Ph: 773-7811 TTY:	Adult ICI	Portland
	Clinical Consult	Portland
	Community Support	Portland
	Diagnosis and Eval	Portland
	Individual and Group Counseling	Portland
	Medication Clinic	Portland
	Outpatient & Prof	Portland
Preble Street PO Box 1459 Portland, ME 04104 Ph: 775-0026 TTY:	Other Supports and Services	Portland
Shalom House Inc PO Box 560 Portland, ME 04112 Ph: 874-108 TTY:	Adult CI	Portland
	Adult ICI	Portland
	Community Residential	Portland
	Daily Living Support	Portland
	Medication Clinic	Portland
	Peer Support	Portland
	Rental Subsidies	Portland
	Residential Treatment	Portland
	Skills Development	Portland
	Specialized Group	Portland
	Supported Housing	Portland
	Wraparound & Flexible Funds	Portland
Spring Harbor Hospital 123 Andover Road Westbrook, Me 04092 Ph: (207)761-2200 or 888-524-0080 TTY:	ACT	
	ACT	
	ACT	
	Adult ICI	
	Clinical Consult	
	Diagnosis and Eval	
	Emergency Involuntary Admis.	
	Inpatient	
	Medication Clinic	
	Outpatient & Prof	
	Specialized Direct	
Specialized Group		

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County and Agencies	Services	Towns
Sweetser 329 Bath Rd. Suite 1 Brunswick, ME 04011 Ph: (207)373-3012 TTY:	ACT	
	Adult CI	
	Adult ICI	
	Crisis Services	
	Crisis Stabilization Mobile Resp.	
	Crisis Stabilization Residential Facility	
	Individual and Group Counseling	Brunswick
	Individual and Group Counseling	Portland
	Medication Clinic	Brunswick
	Medication Clinic	Portland
	Other Housing and Support	Brunswick
	Peer Support	
	Rental Subsidies	Brunswick
	Telephone Service	
Wraparound & Flexible Funds		
Transitions Counseling Inc 15 Holly Street, Suite 208 Scarborough, ME 04074 Ph: (207)396-5335 TTY:		
	Outpatient & Prof	Bridgton
	Outpatient & Prof	Brunswick
	Outpatient & Prof	Gorham
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Portland
	Outpatient & Prof	Scarborough
	Outpatient & Prof	Scarborough
Outpatient & Prof	Scarborough	
Outpatient & Prof	Windham	
Outpatient & Prof	Yarmouth	
Tri-County Mental Health Services PO Box 2008 Lewiston, ME 04241 Ph: 783-9141 TTY:		
	Adult CI	Bridgton
	Day Treatment/Day Support	Bridgton
	Individual and Group Counseling	Bridgton
	Medication Clinic	Bridgton
	Specialized Group	Bridgton
Wraparound & Flexible Funds	Bridgton	

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County and Agencies	Services	Towns
Volunteers of America 81 Ocean Street South Portland, ME 04106 Ph: TTY:		
	Residential Treatment	Portland
	Residential Treatment	South Portland