

Penquis District Coordinating Council  
MINUTES  
January 13, 2011

**In attendance:** Kate Yerxa (UMaine Cooperative Extension), Karen Hawkes (Healthy SV), Jane McGillicuddy ((PHNP), Robin Mayo (PPHC), Lee Averill (EMHS), Rev. Bob Carlson (PCHC), Shawn Yardley (Bangor Health and Community Services), Lisa Sockabasin (Maine CDC, Office of Minority Health), Clarissa Webber (Tribal Public Health), Linda McGee (PHNP), Shelly Drew (Millinocket Regional), Jamie Comstock (Bangor Health and Community Services), Lisa Dunning (EAAA), David Proffitt (Acadia Hospital), Penny Townsend (RSU 19), Jessica Fogg (OLPH), Tom Lizotte (Mayo Regional Hospital), Robin Carr-Slaunwhite (PHNP)

Item	Discussion	Action
Welcome	<p>Kate Yerxa welcomed everyone and introductions were made around the room</p> <p>MOTION was made and seconded to accept the minutes of the October 15, 2010 meeting – Motion carried</p>	
Updates	<p><b>State Coordinating Council Update from 12/9/10 meeting Penquis Unorganized Territories and Local Health Officer Coverage National Association of Local Boards of Health (NALBOH) Membership</b></p> <p>Robin Mayo reported that the Annual Report on the Public Health Infrastructure to Members of the Joint Standing Committee on Health and Human Services report has been sent out, along with documents that show how far we have come. David Proffitt asked if an assessment of the State Public Health System has been done and where do we sit in accreditation. There was a lengthy discussion regarding this subject.</p> <ul style="list-style-type: none"> <li>• Apply in 2012</li> <li>• Going through State assessment results</li> <li>• Accreditation committee formed</li> <li>• Anticipate funds will not be tied to accreditation at first</li> <li>• Still learning from Portland who is going</li> </ul>	

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	<p>through the PH accreditation process currently.</p> <p>Robin Mayo also shared that many PH districts have selected similar work for the District Public Health Improvement Plan (DPHIP). For example other districts have identified immunization to work on as part of their DPHIP. Looking at ways to work together on issues impacting several districts.</p> <p>Unorganized territories (UT) and LHO Coverage – The office of Local Public Health will continue to work with County Government to address coverage issues in the Uts.</p> <p>National Association of the Local Boards of Health NALBOH Each DCC has a membership to NALBOH, membership includes: Newsletters, publications, emails, webinars, etc...</p> <p>Healthy ME 2020 – a review Healthy Maine 2010 and how DPHIP to be included to engage districts in Healthy Maine 2020 was presented at the SCC meeting</p> <ul style="list-style-type: none"> <li>• Healthy Maine (HM) 2020 has a year to be completed – districts are encouraged to be give feedback after receiving draft</li> <li>• Nationally there are 3600 objectives which is an increase from 2010 – a review of HM 2010 – objectives should remain same to maintain consistency</li> </ul> <p><b>Tribal Health Presentation</b></p> <p>Lisa Sockabasin presented information regarding the tribes in Maine She provided a PowerPoint presentation which showed statistics regarding life expectancy, health related and economic issues that are faced by people of the tribes.</p> <ul style="list-style-type: none"> <li>• Life expectancies lower than national average</li> <li>• Needs Assessment currently being done</li> </ul>	
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	<p>within the Tribes in Maine</p> <ul style="list-style-type: none"> <li>• Poverty, substance abuse, diabetes and other chronic diseases are a major problem among the tribes</li> <li>• The PowerPoint is available for use with permission – please contact Lisa Sockabasin directly lisa.socakbasin@maine.gov</li> </ul> <p><b>District Public Health Improvement Plan Workgroup Reports (DPHIP)</b></p> <p><u>Obesity Workgroup</u>- has had good geographic representation at meetings. Using the DCC approved logic model format for the plan.</p> <p>Two action items – (1) survey developed to review and inventory obesity interventions available in the Penquis District. (2) The workgroup is working on a plan on how to communicate obesity inventory results and next steps.</p> <p>A copy of the survey and text will be sent out to DCC members – in order to get a clear picture of issues in the Penquis District.</p> <p>A representative from 211 is expected at a future workgroup meeting.</p> <p><u>Flu and Pneumonia Workgroup</u></p> <ul style="list-style-type: none"> <li>• Primary focus is communication – where to posting clinic information- use of 211 could be increased by providers</li> <li>• Public needs access to vaccination information</li> <li>• Determine best way to educate/outreach – providers or communities about the importance of vaccination</li> <li>• Other topics the workgrouo is addressing: How do we remain ready for pandemic</li> <li>• How do we keep vaccination infrastructure intact especially in rural areas</li> <li>• Medical Reserve Corps are in</li> </ul>	
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	<p>development at the Public Health District Level and Penquis Public Health District has had an active MRC for years.</p> <ul style="list-style-type: none"> <li>• There is membership cross representation on both the DCC workgroup and Beacon Community. Beacon is working on improving the IMMPACT to record vaccination for adults in the health record duplication. The DCC workgroup continues to monitors and will try and enhance Beacon efforts as necessary.</li> </ul> <p><u>Substance Abuse</u></p> <ul style="list-style-type: none"> <li>• Comprised of a diverse group of providers and public health partners</li> <li>• Talked about need for provider education on prescribing partices</li> <li>• Significant gap in knowledge provider has on use of pain killers</li> <li>• Over-prescribing medications to too many pateints</li> <li>• Group examining whether physician to physican education on prescribing partices more effective than other types of education that is more passive</li> <li>• Need for physicians training in substance abuse how to treat and recognize – consolidate trainings and education and present district-wide</li> <li>• EMHS is developing priorities around substance abuse – Jess and Jamie will be invited to these meetings</li> <li>• Healthy SV has tracking brochure which hospital is giving to out to patients and is available at the pharmacy – can this be brought to EMHS</li> <li>• The penquis district is one of three entities in the State with an Overdose Prevention Specialist</li> <li>• Scott Davis – formerly with Betty Ford – now at PCHC has agreed to serve on Substance Abuse Committee</li> </ul>	
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	<p><b>UPDATES:</b></p> <p>Linda McGee – Busy working on RFP</p> <p>Lee Averill – 5201 Let’s Go in schools – working with health care providers about how to ask questions and talk about obesity and healthy lifestyles</p> <p>Tom Lizotte – Governor’s budget includes paying hospitals what is owed by Maine Care</p> <p>Robin Mayo – Working on Living Well – Substance Abuse – linking law enforcement with primary care providers to help identify users – Milo has been identified as gateway by DEA agents</p> <p>Tom and Robin – Have been hosting golf tournament for a number of years in honor of CFO who passed away – approximately \$20,000 raised per year – have been able to provide 38 AEDs in the past two years from this fund</p> <p>Karen Hawkes – Farm Share – 10 farms – shares with senior citizens and food pantries to provide fresh product – working on grant to increase participation</p> <p>Penny Townsend – knapsack training taking place</p> <p>Jane McGillicuddy – HMP grant writing and Responsible Beverage Server Training – approx 30 attendees at last training</p> <p>EAAA – Living Well, people don’t understand the concept – need to adopt a system to get the word out – conducting 4-day training next week with 7 from PCHC and Vista Volunteers throughout the area – will be speaking to area practices to inform them</p> <p>Robin Carr-Slauenwhite – Lack of transportation for dental appointments is a concern and issue. Suggested she speak with Shannon at Penquis to</p>	
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	<p>have her explain how this works for medical and methadone appointments.</p> <p>Kate Yerxa – Maine Nutrition Council meeting at Augusta Civic Center – will get info to Jessica Have bedbug video is anyone is interested</p> <p>Jessica reported that there is a Bedbug Forum on March 18 at the Black Bear Inn – she invited all members to attend.</p>	
	<p><b>Next meeting scheduled for Friday, May 13, 2011, 9 – Noon, Orono Council Chambers.</b></p>	

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