



Department of Health and Human Services
 Health and Environmental Testing Laboratory
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Human immunodeficiency virus (HIV-1/HIV 2) – Western Blot <u>Serum, Plasma, Oral Fluids</u> Laboratory Submission Information Sheet	
Reporting of suspect case to Maine CDC:	Yes: Human Immunodeficiency Virus (HIV) is a Notifiable Condition. If you have not already done so, please report suspect or confirmed cases to the Maine CDC via the disease reporting line: 1-800-821-5821 (24hrs/day 7 days/week.)
Required To Submit Laboratory Specimen:	Clinical laboratories are NOT required to submit specimens.
Required Information:	Information on requisition must include: suspected organism, patient name, DOB, date of collection, specimen source or type, submitter name and contact information. Specimen must be labeled with patient name. IMPORTANT: ALL SPECIMENS MUST BE LABELED WITH PATIENT NAME AND BE ACCOMPANIED BY AN HETL REQUISITION Requisition form: PDF
Specimen Requirements:	Oral fluids, serum or plasma
Collection Instructions:	Oral fluids: Instruct patient to place the collection pad (oriented down) inside their mouth between the lower gum and cheek, gently rubbing the pad back and forth along the gum line until the pad is moist. Hold in place for a minimum of two minutes and a maximum of five minutes. Insert the pad into the Specimen Vial and push the pad all the way to the bottom of the vial. NOTE: Please refer to package insert for more details Serum/plasma: The correct ratio of anticoagulant quantity to specimen volume as recommended by manufacturer of anticoagulant is required. Remove serum or plasma from the clot or red cells as soon as possible to avoid hemolysis. When possible, clear, nonhemolyzed specimens should be used. Specimens containing precipitate may give inconsistent results. Such specimens should be clarified prior to testing. Do not use heat-inactivated specimens.
Specimen Handling and Transport:	Oral Fluids: Store specimens at 4°C to 37°C until ready for shipping. Serum/Plasma: Store specimens at 2-8°C until ready for shipping. . Use cold packs to maintain 2-8°C during delivery. Specimens should be submitted to lab as soon as possible. For faster turn around time to obtain results, consider hand delivery to HETL. For shipping purposes, clinical specimens are category B
Turn Around Time:	Serology results are generally available within 24-48 hours after arrival.
<i>MeCDC Epidemiologists only</i>	<i>N/A</i>
Unacceptable Conditions:	Only oral fluids submitted in an Ora-Sure®HIV-1 collection device will be tested. Hemolyzed specimens. Specimens in poorly labeled or leaking containers will not be tested.
Results Include:	HIV detected or HIV not detected
Results:	All results will be reported only to submitter as stated on requisition via mail or fax.
Laboratory Testing Fee:	EIA - \$20.00 WBT - \$111.50
Applicable CPT Codes: Additional Information:	87603 (EIA) 86706 (OMT) 86689 (WBT) For HIV specific questions contact Maine HETL - Virology at 207-287-1722