

Mother Exercised Before Pregnant*

2012 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups	Population	No			Yes		
		%	CI		%	CI	
Total	12,692	49.0	44.6	- 53.4	51.0	46.6	- 55.4
Age							
<20 years	799	42.6	27.1	- 59.7	57.5	40.4	- 72.9
20-24 years	2,971	55.9	47.0	- 64.4	44.1	35.6	- 53.0
25-34 years	7,233	47.6	41.8	- 53.5	52.4	46.5	- 58.2
35+ years	1,689	44.2	32.1	- 56.9	55.8	43.1	- 67.9
Mother's Race							
White	11,875	49.9	45.4	- 54.4	50.1	45.6	- 54.6
Black	414	#	#	- #	#	#	- #
Other	390	0.0	0.0	- 0.0	0.0	0.0	- 0.0
Hispanic Origin							
No	12,481 [^]	48.8	44.4	- 53.3	51.2	46.7	- 55.6
Yes	202 [^]	#	#	- #	#	#	- #
Education							
< High School	1,225	55.1	40.4	- 69.0	44.9	31.0	- 59.6
High School	4,005	56.7	48.9	- 64.3	43.3	35.8	- 51.2
> High School	7,396	43.3	37.7	- 49.0	56.7	51.0	- 62.3
Marital Status							
Married	7,403	45.5	39.9	- 51.3	54.5	48.7	- 60.1
Not Married	5,289	52.9	46.2	- 59.6	47.1	40.4	- 53.9
Income							
\$14,999 or less	3,749 ^{**}	54.5	46.1	- 62.6	45.5	37.5	- 53.9
\$15,000-24,999	1,942 ^{**}	55.4	44.2	- 66.0	44.7	34.1	- 55.8
\$25,000-49,999	2,395 ^{**}	50.7	40.9	- 60.4	49.3	39.6	- 59.1
\$50,000 or more	3,583 ^{**}	40.0	32.6	- 47.8	60.0	52.2	- 67.4

Enrolled in WIC							
No	6,668**	43.8	38.1 - 49.6	56.3	50.4 - 62.0		
Yes	5,439**	55.2	48.4 - 61.9	44.8	38.2 - 51.6		
Enrolled in MaineCare/Medicaid							
No	5,080**	41.4	35.1 - 48.0	58.6	52.0 - 64.9		
Yes	7,170**	54.4	48.5 - 60.2	45.6	39.8 - 51.5		
Infant's birth weight							
<2500 grams	848	48.5	43.2 - 53.8	51.5	46.2 - 56.8		
2500 grams or more	11,838	49.0	44.4 - 53.7	51.0	46.3 - 55.6		

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.
Unknowns are excluded from all tabulations.

* *Survey Question 7b: During the 12 months before you got pregnant with your new baby, did you exercise 3 or more days of the week?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2012 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval