

## Health Care Worker Talked About Weight Gain During Prenatal Care Visit\*

2011 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups	Population	No			Yes		
		%	CI		%	CI	
<b>Total</b>	<b>12,696</b>	<b>27.7</b>	<b>24.6</b>	<b>- 31.1</b>	<b>72.3</b>	<b>68.9</b>	<b>- 75.4</b>
<b>Age</b>							
<20 years	868	25.2	14.9	- 39.3	74.8	60.7	- 85.1
20-24 years	3,112	18.5	13.3	- 25.2	81.5	74.8	- 86.7
25-34 years	7,025	29.1	24.9	- 33.7	70.9	66.3	- 75.1
35+ years	1,691	38.5	29.9	- 47.9	61.5	52.1	- 70.1
<b>Mother's Race</b>							
White	11,943	27.4	24.2	- 30.8	72.6	69.2	- 75.8
Black	404	#	#	- #	#	#	- #
Other	330	#	#	- #	71.9	51.4	- 86.1
<b>Hispanic Origin</b>							
No	12,474 <sup>^</sup>	27.7	24.6	- 31.1	72.3	68.9	- 75.4
Yes	207 <sup>^</sup>	#	#	- #	#	#	- #
<b>Education</b>							
< High School	1,304	27.4	16.6	- 41.7	72.6	58.3	- 83.4
High School	4,094	29.0	23.5	- 35.1	71.0	64.9	- 76.5
> High School	7,251	26.5	22.7	- 30.6	73.5	69.4	- 77.3
<b>Marital Status</b>							
Married	7,407	28.3	24.4	- 32.6	71.7	67.4	- 75.7
Not Married	5,289	26.9	22.0	- 32.4	73.1	67.6	- 78.0
<b>Income</b>							
\$14,999 or less	3,122 <sup>**</sup>	22.8	17.0	- 29.8	77.2	70.2	- 83.0
\$15,000-24,999	1,540 <sup>**</sup>	30.8	22.3	- 40.7	69.3	59.3	- 77.7
\$25,000-49,999	2,292 <sup>**</sup>	27.0	20.4	- 34.7	73.0	65.3	- 79.6
\$50,000 or more	4,084 <sup>**</sup>	28.4	23.4	- 34.0	71.6	66.0	- 76.6

Enrolled in WIC						
No	6,960**	30.6	26.5 - 35.0	69.4	65.0 - 73.5	
Yes	4,966**	23.3	18.8 - 28.6	76.7	71.4 - 81.2	
Enrolled in MaineCare/Medicaid						
No	5,455**	29.1	24.7 - 34.0	70.9	66.0 - 75.3	
Yes	6,510**	26.5	22.3 - 31.3	73.5	68.7 - 77.7	
Infant's birth weight						
<2500 grams	855	25.6	22.4 - 29.0	74.4	71.0 - 77.6	
2500 grams or more	11,831	27.9	24.5 - 31.4	72.1	68.6 - 75.5	

**NOTES:**

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted. Unknowns are excluded from all tabulations.

\* *Survey Question 23: During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about how much weight you should gain during your pregnancy?*

\*\* Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2011 birth file.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval