2002 Maine Behavioral Risk Factor Surveillance System

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HELLO, I'm calling for the (Maine Bureau of Health) and the Centers for Disease Control and Prevention. My name is (name). We're gathering information on the health of (Maine) residents. Your phone number has been chosen randomly, and I'd like to ask some questions about health and health practices.

Is this (phone number)?	If ''no''	Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. Stop
Is this a private residence?	If "no"	Thank you very much, but we are only interviewing private residences. Stop
		ves in your household to be interviewed. How many arself, are 18 years of age or older?
		Number of adults
If "1" Are you the	adult?	
ū	n you are the peow (Ask gender	erson I need to speak with. Enter 1 man or 1 women or if necessary).
spea		or a woman? Enter 1 man or 1 women below. May I him/her) from previous question]? Go to "correct ttom of page.
How many of these adults a	re men and hov	w many are women?
		Number of men
		Number of women
The person in your househo	old that I need to	o speak with is {If "you," go to page 2}

To correct respondent:

HELLO, I'm (name) calling for the Maine Bureau of Health and the Centers for Disease Control and Prevention. We're gathering information on the health of **Maine** residents. Your phone number has been chosen randomly to be interviewed, and I'd like to ask some questions about health and health practices.

I won't ask for your name, address, or other personal information that can identify you. You don't have to answer any question you don't want to, and you can end the interview at any time. The interview takes a short time and any information you give me will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

Section 1: Health Status

1.1. Would you say that in general your health is:

[PLEASE READ]

	1	Excellent
	2	Very good
	3	Good
	4	Fair
	or	
	5	Poor
[DO NOT READ]		
	7	Don't know/Not sure
	9	Refused

(72)

Section 2: Health Care Access

2.1.	Do you have any kind of health ca government plans such as Medicar		surance, prepaid plans such as HMOs, or	(73)
	1	Yes		
	2	No		
	7	Don't know/Not sure		
	9	Refused		
2.2.	Do you have one person you think	of as your personal doctor or he	ealth care provider?	(74)
[lf "no	," ASK "IS THERE MORE THAN ONE	OR IS THERE NO PERSON WHO	YOU THINK OF?"]	
	1	Yes, only one		
	2	More than one		
		No		
	3			
	7 9	Don't know/Not sure		
		Refused		
2.3	When you are sick or need advice go?	about your health, to which one	of the following places do you usually	(75)
Would	YOU SAY: [PLEASE READ]			
	1	A doctor's office		
	2	A public health clinic or comm	nunity hoalth contar	
	3			
		A hospital outpatient departme	ent	
	4	A hospital emergency room		
	5	Urgent care center		
	6	Some other kind of place		
	8	No usual place		
[DO N	OT READ.]			
	7	Don=t know		
	9	Refused		
2.4	W. 4		1	(7.6)
2.4.	Was there a time in the past 12 mg	onths when you needed medical	care, but could not get it?	(76)
	1	Yes		
	2	No	{Go to Next Section}	
	7	Don't know	{Go to Next Section}	
	9	Refused	{Go to Next Section}	
			(Go to reat section)	
2.5.	What is the main reason you did n	ot get medical care?		(77-78)
[Note:	IF MORE THAN ONE INSTANCE ASK	ABOUT THE MOST RECENT.]		
Would	YOU SAY: [PLEASE READ]			
	01	Cost [Include no insurance]		
	02	Distance		
	03	Office wasn't open when I cou	ıld get there	
	03			
		Too long a wait for an appoint		
	05	Too long a wait in waiting roo)III	
	06	No child-care		

	07 08	No transportation No access for people with disabilities
	09	The medical provider didn't speak my language.
	10	Other
[DO NOT READ.]	10	Oulei
	77	Don't know/ Not sure
	99	Refused

Section 3: Exercise

3.1.	During the past month, other than your regular job, did you participate in any physical activities or	
	exercises such as running, calisthenics, golf, gardening, or walking for exercise?	(79)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Section 4: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

4.1. How often do you drink fruit juices such as orange, grapefruit, or tomato?		(80-82)	
	1	Per day	
	2 3 4	Per week	
	3	Per month	
	4	Per year	
	555	Never	
	777	Don't know/Not sure	
	999	Refused	
4.2.	Not counting juice, how	v often do you eat fruit?	(83-85)
	1	Per day	
	2	Per week	
	12 23 4	Per month	
	4	Per year	
	555	Never	
	777	Don't know/Not sure	
	999	Refused	
4.3.	How often do you eat g	green salad?	(86-88)
	1	Per day	
	2	Per week	
	1 2 3 4	Per month	
	4	Per year	
	555	Never	
	777	Don't know/Not sure	
	999	Refused	
4.4.	How often do you eat p	potatoes not including french fries, fried potatoes, or potato chips?	(89-91)
	1	Per day	
	1 2 3	Per week	
	3	Per month	
	4	Per year	
	555	Never	
	777	Don't know/Not sure	
	999	Refused	

4.5. (92-94)How often do you eat carrots? Per day Per week Per month Per year 555 Never 777 Don't know/Not sure 999 Refused 4.6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (95-97) [EXAMPLE: A SERVING OF VEGETABLES AT BOTH LUNCH AND DINNER WOULD BE TWO SERVINGS] Per day Per week Per month Per year 555 Never 777 Don't know/Not sure

Refused

999

Section 5: Asthma

5.1.	Have you ever been told by a doctor, nurse or other health professional that you had asthma?			(98)
	1	Yes		
	2	No	{Go to Next Section}	
	7	Don't know/Not sure	{Go to Next Section}	
	9	Refused	{Go to Next Section}	
5.2.	Do you still have asthma?			(99)
	1	Yes		
	2	No		
	7	Don't know/Not sure		
	9	Refused		

Section 6: Diabetes

6.1. Have you ever been told by a doctor that you have diabetes?

(100)

[IF "YES" AND FEMALE, ASK "WAS THIS ONLY WHEN YOU WERE PREGNANT?"]

1	Yes
2	Yes, but female told only during pregnancy
3	No
7	Don't know/Not sure
9	Refused

Section 7: Oral Health

7.1. How long has it been since you last visited a dentist or a dental clinic for any reason? (101)

[INCLUDE VISITS TO DENTAL SPECIALISTS, SUCH AS ORTHODONTISTS]

[READ ONLY IF NECESSARY]

- Within the past year (anytime less than 12 months ago)
 Within the past 2 years (1 year but less than 2 years ago)
 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know/Not sure
- 8 Never9 Refused
- 7.2. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

(102)

(103)

[INCLUDE TEETH LOST DUE TO "INFECTION"]

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 Don't know/Not sure
- 9 Refused

{IF Q7.1 = 8/NEVER OR Q7.2 = 3/ALL, SKIP TO NEXT SECTION}

7.3. How long has it been since you had your teeth cleaned by a dentist or dental hygienist?

[READ ONLY IF NECESSARY]

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know/Not sure
- 8 Never
- 9 Refused

Section 8: Immunization

8.1. During the past 12 months, have you had a flu shot? (104)

1	Yes	
2	No	{Go to Q8.3}
7	Don't know/Not sure	{Go to Q8.3}
9	Refused	{Go to O8.3}

8.2. At what kind of place did you get your last flu shot?

(105-106)

WOULD YOU SAY: [READ ONLY IF NECESSARY]

01	A doctor's office or health maintenance organization
02	A health department
03	Another type of clinic or health center
	[Example: a community health center]
04	A senior, recreation, or community center
05	A store [Examples: supermarket, drug store]
06	A hospital or emergency room
07	Workplace
	or
08	Some other kind of place
77	Don't know
99	Refused

8.3. Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine. (107)

1 Yes
2 No
7 Don't know/Not sure
9 Refused

Section 9: Tobacco Use

9.1. Have you smoked at least 100 cigarettes in your entire life? (108)[5 PACKS = 100 CIGARETTES] Yes 2 {Go to Next Section} No 7 Don't know/Not sure {Go to Next Section} 9 Refused {Go to Next Section} 9.2. Do you now smoke cigarettes every day, some days, or not at all? (109)1 Every day 2 Some days 3 {Go to Next Section} Not at all 9 Refused {Go to Next Section} 9.3. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (110)1 Yes 2 No 7 Don't know/Not sure 9 Refused

Section 10: Alcohol Consumption

10.1.	A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or shot of liquor. During the past 30 days, how often have you had at least one drink of any alcoholic beverage?		
	1 2 8 8 8 7 7 7 9 9 9	Days per weekDays in past 30 No drinks in past 30 days Don't know/Not sure Refused Go to Next Section {Go to Next Section}	}
10.2.	On the days when you drank, abo	ut how many drinks did you drink on the average?	(114-115)
	77 99	Number of drinks Don't know/Not sure Refused	
10.3.	Considering all types of alcoholic more drinks on an occasion?	beverages, how many times during the past 30 days did	you have 5 or (116-117)
	88 77 99	Number of times None Don't know/Not sure Refused	
10.4	During the past 30 days, how mar	y times have you driven when you've had perhaps too r	much to drink? (118-119)
	88 77 99	Number of times None Don't know/Not sure Refused	

Section 11: Use of Seatbelts

How often do you use seatbelts when you drive or ride in a car? (120)

	•	•	
	1	Always	
	2	Nearly always	
	3	Sometimes	
	4	Seldom	
	5	Never	
[DO NOT READ]			
	7	Don't know/Not sure	
	8	Never drive or ride in a car	
	9	Refused	

Section 12: Demographics

12.1.	What is your age?		(121-122)
	07 09	Code age in years Don't know/Not sure Refused	
12.2.	Are you Hispanic or Latino?		(123)
	1 2 7 9	Yes No Don't know/Not sure Refused	
12.3.	Which one or more of the follow	ing would you say is your race?	(124-129)
[PLEAS	SE READ] [MARK ALL THAT APPL	Y]	
[Do no	1 2 3 4 5 or 6 8 OT READ] 7 9	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native Other [specify] No additional choices Don't know/Not sure Refused	
12.4.	Which one of these groups would	I you say best represents your race?	(130)
	1 2 3 4 5 6 7	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native Other [specify] Don't know/Not sure Refused	

12.5. Are you:		(131)
[PLEASE READ]		
1 2 3 4 5 or 6 [Do not read]	Married Divorced Widowed Separated Never married A member of an unmarried couple Refused	
12.6. How many children less t	han 18 years of age live in your household?	(132-133)
88 99	Number of children None Refused	
12.7. What is the highest grade	or year of school you completed?	(134)
[READ ONLY IF NECESSARY]		
1 2 3 4 5 6 9	Never attended school or only attended kindergarten Grades 1 through 8 (Elementary) Grades 9 through 11 (Some high school) Grade 12 or GED (High school graduate) College 1 year to 3 years (Some college or technical school) College 4 years or more (College graduate) Refused	
12.8. Are you currently:		(135)
[PLEASE READ]		
1 2 3 4 5 6 7 or 8	Employed for wages Self-employed Out of work for more than 1 year Out of work for less than 1 year A Homemaker A Student Retired Unable to work	
9	Refused	

12.9.	Is your annual house	ehold income fr	rom all sources:			(136-137)
[READ	AS APPROPRIATE]					
	04	4	Less than \$25,000 (\$20,000 to less than		5; if "yes," ask 03	
	03	3	Less than \$20,000 (\$15,000 to less than	If "no," code 04	4; if "yes," ask 02	
	02	2	Less than \$15,000 (\$10,000 to less than	If "no," code 03	3; if "yes," ask 01	
	01	1	Less than \$10,000	410,000)	If "no," code 02	
	05	5	Less than \$35,000 (\$25,000 to less than	1 \$35,000)	If "no," ask 06	
	06	5	Less than \$50,000		If "no," ask 07	
	07	7	(\$35,000 to less than Less than \$75,000 (\$50,000 to less than		If "no," code 08	
	08	8	\$75,000 or more	2 4 . 2 , 0 0 0)		
[Do no	T READ]		,			
-	- 77 99		Don't know/Not sure Refused	e		
	93	7	Keruseu			
12.10.	About how much do	o you weigh wit	thout shoes?			(138-140)
	_	Weight	_			
	•	_	FRACTIONS UP]			
		77 99	Don't know/Not sure Refused			
12.11.	About how tall are y	you without sho	pes?			(141-143)
		_/Height				
		inches [ROUNI	FRACTIONS DOWN]			
		77 99	Don't know/Not sure Refused	2		
12 12	What county do you		Refused			(144-146)
12.12.	what county do you	i iive iii:				(144-140)
		FIPS co	ounty code			
		77	Don't know/Not sure	e		
	99	99	Refused			
12.13.	Do you have more t that are only used by			ousehold? Do no	ot include cell phones or numbers	(147)
	1		Yes			
	2		No		{Go to Q12.15}	
	7		Don't know/Not sure	e	{Go to Q12.15}	
	9		Refused		{Go to Q12.15}	

	Reside	ntial telephone numbers [6=6 or m	nore]	
	7	Don't know/Not sure	-	
	9	Refused		
12.15. Indicate sex of	respondent.			(149)
[ASK ONLY IF NECESS	ARY]			
	1	Male	{Go to Next Section}	
	2	Female	(00001011011)	
{If respondent 45 year	rs old or olde	er, go to Q13.1. }		
12.16. To your know	vledge, are yo	u now pregnant?		(150)
	1	Yes		
	2	No		
	7	Don't know/Not sure		
	9	Refused		

(148)

12.14. How many of these are residential numbers?

Section 13: Family Planning

If respondent is female and 45 years of age or older, or pregnant, or male 60 years or older, go to next section.

QUESTIONS ARE ASKED OF FEMALES 18-44 YEARS OF AGE AND MALES 18-59 YEARS OF AGE.

The next few questions ask about pregnancy and ways to prevent pregnancy.

13.1. Are you or your [if female, insert husband/partner; if male, insert wife/partner] doing anything now to keep [if female, insert "you"; insert "her" if male] from getting pregnant? Some things people do to keep from getting pregnant include not having sex at certain times, using birth control methods such as the pill, Norplant, shots or Depo-provera, condoms, diaphragm, foam, IUD, having their tubes tied, or having a vasectomy.

(151)

[IF MULTIPLE PARTNERS, CONSIDER USUAL METHOD.]

1	Yes	
2	No	{Go to 13.4}
3	No partner/not sexually active	{Go to Next Section}
4	Same sex partner	{Go to Next Section}
7	Don't know/Not sure	{Go to Next Section}
9	Refused	{Go to Next Section}

13.2. What are you or your [if female, insert husband/partner; if male, insert wife/partner] doing now to keep [if female, insert you; insert her if male] from getting pregnant? (152-153)

[INTERVIEWER: RECORD RESPONDENT'S CONDITION IF BOTH HAVE HAD STERILIZATION PROCEDURES]

[READ ONLY IF NECESSARY]

01	Tubes tied (sterilization)	{Go to Next Section}
02	Vasectomy (sterilization)	{Go to Next Section}
03	Pill	
04	Condoms	
05	Foam, jelly, cream	
06	Diaphragm	
07	Norplant	
08	IUD	
09	Shots (Depo-Provera)	
10	Withdrawal	
11	Not having sex at certain times	(rhythm)
12	No partner/Not sexually active	{Go to Next Section}
13	Other method(s)	
77	Don't know/not sure	{Go to Next Section}
99	Refused	{Go to Next Section}

[READ ONLY IF NECESSARY]

01	Tubes tied (sterilization)	{Go to Next Section}
02	Vasectomy (sterilization)	{Go to Next Section}
03	Pill	{Go to Next Section}
04	Condoms	{Go to Next Section}
05	Foam, jelly, cream	{Go to Next Section}
06	Diaphragm	{Go to Next Section}
07	Norplant	{Go to Next Section}
08	IUD	{Go to Next Section}
09	Shots (Depo-Provera)	{Go to Next Section}
10	Withdrawal	{Go to Next Section}
11	Not having sex at certain times	(rhythm) {Go to Next
		Section}
12	No partner/Not sexually active	{Go to Next Section}
13	Other methods(s)	{Go to Next Section}
87	NO other method(s)	{Go to Next Section}
77	Don't know/not sure	{Go to Next Section}
99	Refused	{Go to Next Section}

13.4. **{FEMALES}** What is your main reason for not doing anything to keep you from getting pregnant? **{MALES}** What is your main reason for not doing anything to keep your partner from getting pregnant?

(156-157)

[READ ONLY IF NECESSARY]

01	Not sexually active/no partner
02	Didn't think was going to have sex/no regular partner
03	You want a pregnancy
04	You or your partner don't want to use birth control
05	You or your partner don't like birth control/fear side effects
06	You can't pay for birth control
07	Lapse in use of a method
08	Don't think you or your partner can get pregnant
09	You or your partner had tubes tied (sterilization)
10	You or your partner had a vasectomy (sterilization)
11	You or your partner had a hysterectomy
12	You or your partner are too old
13	You or your partner are currently breast-feeding
14	You or your partner just had a baby/postpartum
15	Other reason
16	Don't care if get pregnant
17	Same sex partner
18	Partner is pregnant now
77	Don't know/not sure
99	Refused

{If respondent is male, Go to Next Section.}

Section 14: Women's Health

14.1.	A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?			(158)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q14.3} {Go to Q14.3} {Go to Q14.3}	
14.2.	How long has it been since you h	ad your last mammogram?		(159)
[READ	ONLY IF NECESSARY]			
	1 2 3 4 5 7 9	Within the past year (anytime less the Within the past 2 years (1 year but less Within the past 3 years (2 years but within the past 5 years (3 years but 5 or more years ago Don't know/Not sure Refused	ess than 2 years ago) less than 3 years ago)	
14.3.	A clinical breast exam is when a you ever had a clinical breast exa	doctor, nurse or other health professionam?	al feels the breast for lumps. Have	(160)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q14.5} {Go to Q14.5} {Go to Q14.5}	
14.4.	How long has it been since your	last breast exam?		(161)
[READ	ONLY IF NECESSARY]			
	Within the past year (anytime less than 12 months ago) Within the past 2 years (1 year but less than 2 years ago) Within the past 3 years (2 years but less than 3 years ago) Within the past 5 years (3 years but less than 5 years ago) Sor more years ago Don't know/Not sure Refused			

14.5.	14.5. A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?			(162)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q14.7} {Go to Q14.7} {Go to Q14.7}	
14.6.	How long has it been since you ha	nd your last Pap smear?		(162)
[READ	ONLY IF NECESSARY]			
{If res	1 2 3 4 5 7 9 ponse to Q 13.4 is 11 (had hystered	Within the past year (anytime less the Within the past 2 years (1 year but less than 1 years but less than 1 years (2 years but less than 2 years (3 years but less than 2 years	ess than 2 years ago) less than 3 years ago) less than 5 years ago)	
14.7.	Have you had a hysterectomy?			(164)
[A HY	STERECTOMY IS AN OPERATION TO I	REMOVE THE UTERUS (WOMB)]		
	1 2 7 9	Yes No Don't know/Not sure Refused		

Section 15: Prostate Cancer Screening

{If respondent is 39 years old or younger, or is female, go to Q16.1} $\,$

15.1.	A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test? (1			(165)
	1	Yes		
	2	No	{Go to Q15.3}	
	7	Don't Know/not sure	{Go to Q15.3}	
	9	Refused	{Go to Q15.3}	
	,	Refused		
15.2.	How long has it been since you	had your last PSA test?		(166)
[READ	ONLY IF NECESSARY]			
	1	Within the past year (anytime less that	an 12 months ago)	
	2	Within the past 2 years (1 year but le		
	3	Within the past 3 years (2 years but l	ess than 3 years)	
	4	Within the past 5 years (3 years but 1	ess than 5 years)	
	5	5 or more years ago		
	7	Don't know		
	9	Refused		
15.3.		in which a doctor, nurse or other health hape, and hardness of the prostate gland. Yes No Don't know/Not sure Refused		(167)
15.4.	How long has it been since your 1 2 3 4 5 7 9		an 12 months ago) ss than 2 years) ess than 3 years)	(168)

15.5.	Have you ever been told by a doctor, nurse or other health professional that you had prostate cancer?		
	1 Yes		

Yes No 1 2 7 9 Don't know/Not sure Refused

Section 16: Colorectal Cancer Screening

{If respondent 49 years old or younger, go to Q17.1}

16.1.	A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?			(170)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q16.3} {Go to Q16.3} {Go to Q16.3}	
16.2.	How long has it been since you ha	ad your last blood stool test using a hor	ne kit?	(171)
[READ	ONLY IF NECESSARY]			
	1 2 3 4 7 9	Within the past year (anytime less t Within the past 2 years (1 year but 1 Within the past 5 years (2 years but 5 or more years ago Don't know/Not sure Refused	ess than 2 years ago)	
16.3.		are exams in which a tube is inserted in oblems. Have you ever had either of the		(172)
	1	Yes		
	2	No {Go	to Next Section}	
	7	Don't know/Not sure {Go	to Next Section}	
	9	Refused {Go	to Next Section}	
16.4.	How long has it been since you ha	ad your last sigmoidoscopy or colonoso	copy?	(173)
•	1 2	Within the past year (anytime less the Within the past 2 years (1 year but le		
	3	Within the past 5 years (2 years but I		
	4	Within the past 10 years (5 years bu		
	5	10 or more years ago	<i></i>	
	7	Don't know/Not sure		
	9	Refused		

Section 17: HIV/AIDS

[INCLUDE SALIVA TESTS]

2

{If respondent is 65 years old or older, Go to Next Section.}

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

I'm going to read two statements about HIV, the virus that causes AIDS. After I read each one, please tell me whether you think it is true or false, or if you don't know.

	,	,		
17.1.	A pregnant woma her baby.	n with HIV can g	get treatment to help reduce the chances that she will pass the virus on to	(174)
		1	True	
		2	False	
		_ 7	Don't know/Not Sure	
		9	Refused	
17.2.	There are medical longer.	treatments avail	able that are intended to help a person who is infected with HIV to live	(175)
		1	True	
		2	False	
		_ 7	Don't know/Not Sure	
		9	Refused	
17.3.	-		or people to know their HIV status by getting tested?	(176)
Wouli	D YOU SAY: [PLEAS	E READ]		
		1	Very important	
		2	Somewhat important	
		or		
		3	Not at all important	
[Do No	T READ]			
		8	Depends on risk	
		7	Don't know/Not sure	
		9	Refused	
17.4.	Have you ever bee	en tested for HIV	?? Do not count tests you may have had as part of a blood donation.	(177)

{Go to Q17.8}

{Go to Q17.8}

{Go to Q17.8}

Yes

No

Refused

Don't know/Not sure

17.5. Not including blood donations, in what month and year was your last HIV test?

(178-183)

[INTERVIEWER NOTE: IF RESPONSE IS BEFORE JANUARY 1985 CODE "DON'T KNOW".]

[INCLUDE SALIVA TESTS]

__/__Code month and year
777777 Don't know/Not sure
99999 9 Refused

I am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the MAIN reason for your last HIV test? (184-185)

[PLEASE READ]

	Reason code
01	It was required
02	Someone suggested you should be tested
03	You thought you may have gotten HIV through sex or drug
	use
04	You just wanted to find out whether you had HIV
05	You were worried that you could give HIV to someone
06	IF FEMALE: You were pregnant
07	It was done as part of a routine medical check-up
08	Or you were tested for some other reason
7 7	Don't Know/Not Sure
9 9	Refused
	02 03 04 05 06 07 08

17.7. Where did you have your last HIV test–at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at home, or somewhere else? (186-187)

		Facility code
	$\overline{01}$	Private doctor or HMO
	02	Counseling and testing site
	03	Hospital
	04	Clinic
	05	In a jail or prison (or other correctional facility)
	06	Home
	07	Somewhere else
[DO NOT READ]		
	77	Don't Know/Not Sure
	99	Refused

17.8	I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't	
	need to tell me which one.	(188)

You have used intravenous drugs in the past year

You have been treated for a sexually transmitted or venereal disease in the past year

You have given or received money or drugs in exchange for sex in the past year

You had anal sex without a condom in the past year

Do any of these situations apply to you?

1	Yes
2	No
_	D 1. T7

7 Don't Know/Not Sure

9 Refused

The next question is about sexually transmitted diseases other than HIV, such as syphilis, gonorrhea, chlamydia, or genital herpes.

17.9 In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use? (189)

1	Yes
2	No

7 Don't Know/Not Sure

9 Refused

Section 18: Firearms

The next three questions are about firearms. We are asking these in a health survey because of our interest in firearm-related injuries.

Please include weapons such as pistols, shotguns, and rifles; but not BB guns, starter pistols, or guns that cannot fire. Include those kept in a garage, outdoor storage area, or motor vehicle.

18.1 Are any firearms kept in or around your home? (190)1 Yes 2 No {Go to next section} 7 Don't Know/Not Sure {Go to next section} 9 Refused {Go to next section} 18.2. Are any of these firearms now loaded? (191)1 Yes 2 {Go to next section} No 7 Don't know/Not sure {Go to next section} 9 Refused {Go to next section} 18.3 Are any of these loaded firearms also unlocked? By "unlocked" we mean you do not need a key or combination to get the gun or to fire it. We don't count a safety as a lock. (192)1 Yes 2 No 7 Don't Know/Not Sure

Refused

Module 1: Diabetes

TO BE ASKED FOLLOWING CORE Q6.1 IF RESPONSE IS "YES"

1.	How old were you when you were	told you have diabetes?	(193-194)
	9 8 9 9	Code age in years [97 = 97 and older] Don't know/Not sure Refused	
2.	Are you now taking insulin?		(195)
	1 2 9	Yes No Refused	
3.	Are you now taking diabetes pills?		(196)
	1 2 7 9	Yes No Don't know/Not sure Refused	
4.		ar blood for glucose or sugar? Include times when checked by a family de times when checked by a health professional.	(197-199)
	1 2 3 4 888 777 999	Times per day Times per week Times per month Times per year Never Don't know/Not sure Refused	
5.		or feet for any sores or irritations? Include times when checked by a bit include times when checked by a health professional.	(200-202)
	1 2 3 4 888 555 777 999	Times per day Times per week Times per month Times per year Never No feet Don't know/Not sure Refused	



- 6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (203)
 - 1 Yes
 - 2 No
 - 7 Don't know/Not sure
 - 9 Refused
- 7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (204-205)

	Number	of times	[76 =	- 76 or 1	more]
--	--------	----------	-------	-----------	-------

- 88 None
- 77 Don't know/Not sure
- 99 Refused
- 8. A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months.

 About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (206-207)

Number of times [76 = 76 or more]

- 88 None
- 98 Never heard of hemoglobin "A one C" test
- 77 Don't know/Not sure
- 99 Refused

{If "no feet" to Q5, go to Q10}

9. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (208-209)

__ Number of times [76 = 76 or more]

- 88 None
- 77 Don't know/Not sure
- 99 Refused

10.	When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.		(210)
[REA	D ONLY IF NECESSARY]		
	1	Within the past month (anytime less than 1 month ago)	
	2	Within the past year (1 month but less than 12 months ago)	
	3	Within the past 2 years (1 year but less than 2 years ago)	
	4	2 or more years ago	
	8	Never	
	7	Don't know/Not sure	
	9	Refused	
11.	Has a doctor ever told you that	at diabetes has affected your eyes or that you had retinopathy?	(211)
	1	Yes	
	2	No	
	7	Don't know/Not sure	
	9	Refused	
12.	Have you ever taken a course	or class in how to manage your diabetes yourself?	(212)
	1	Yes	
	2	No	
	7	Don't know/Not sure	
	9	Refused	

Module 4: Physical Activity

{If "employed" or "self-employed" to core Q12.8, continue. Otherwise go to Q2.}

1. When you are at work, which of the following best describes what you do? (218)

Would you say: [PLEASE READ]

[IF RESPONDENT HAS MULTIPLE JOBS, INCLUDE ALL JOBS]

1	Mostly sitting or standing	
2	Mostly walking	
or		
3	Mostly heavy labor or physically demanding work	
7	Don't know/Not sure	
9	Refused	
	3 7	

We are interested in two types of physical activity: vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

2. Now, thinking about the moderate physical activities you do [fill in (when you are not working) if "employed" or "self-employed" to core Q12.8] in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate? (219)

1	Yes	
2	No	{Go to Q5}
7	Don't know/Not sure	{Go to Q5}
9	Refused	{Go to O5}

3. How many days per week do you do these moderate activities for at least 10 minutes at a time? (220-221)

88	Days per week Do not do any moderate physic	cal activity for at least 10
	minutes at a time	{Go to Q5}
77	Don't know/Not sure	
99	Refused	

4.	On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (222-22		(222-224)	
	777 999	Hours and minutes per day Don't know/Not sure Refused		
5.	"employed" or "self-emplo	yed" to core Q12.8] in a usual we running, aerobics, heavy yard wo	ll in (when you are not working) if eek, do you do vigorous activities for at leas rk, or anything else that causes large	(225)
	1 2 7	Yes No Don't know/Not sure	{Go to next module} {Go to next module}	
	9	Refused	{Go to next module}	(22 (227)
6.	How many days per week do	you do these vigorous activities f	or at least 10 minutes at a time?	(226-227)
	88	Days per week Do not do any vigorous ph minutes at a time	ysical activity for at least 10 {Go to next module}	
	77 99	Don't know/Not sure Refused	{Go to next module} {Go to next module}	
7.	On days when you do vigoro you spend doing these activit		s at a time, how much total time per day do	(228-230)
	777 999	Hours and minutes per day Don't know/Not sure Refused		

Module 14: Tobacco Indicators

{If "yes" to core Q9.1, continue. Otherwise, go to Q6}

Previously you said you have smoked cigarettes.

1	How old were you the first time	vou smoked a cigarette	even one or two puffs?	(326-327)
1.	Tiow old were you the first time	you sinoked a cigarette.	, even one of two pulls:	(320-321)

Code age in years
Don't know/Not sure

99 Refused

2. How old were you when you first started smoking cigarettes regularly?

(328-329)

___ Code age in years

88 Never smoked regularly {Go to Q6}

77 Don't know/Not sure

99 Refused

{If "refused to core Q9.2, go to Q6}

{If "not at all" to core Q9.2, continue. Otherwise, go to Q4.}

3. About how long has it been since you last smoked cigarettes regularly?

(330-331)

[READ ONLY IF NECESSARY]

0 1	Within the past month (anytime less than 1 month ago)
	{Continue to Q4}
0 2	Within the past 3 months (1 month but less than 3 months
	ago) {Continue to Q4}
0 3	Within the past 6 months (3 months but less than 6 months
	ago) {Continue to Q4}
0 4	Within the past year (6 months but less than 1 year ago)
	{Continue to Q4}
0 5	Within the past 5 years (1 year but less than 5 years ago)
	{Go to Q6}
0 6	Within the past 10 years (5 years but less than 10 years ago)
	{Go to Q6}
0 7	10 or more years ago {Go to Q6}
7 7	Don't know/Not sure {Go to Q6}
9 9	Refused {Go to Q6}

4.	In the past 12 months, have you se yourself?	een a doctor, nurse or other health	professional to get any kind of care for	(332)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q6} {Go to Q6} {Go to Q6}	
5.	In the past 12 months, has a docto	r, nurse or other health profession	al advised you to quit smoking?	(333)
	1 2 7 9	Yes No Don't know/Not sure Refused		
6.	Which statement best describes th	e rules about smoking inside you	home?	(334)
[PLEAS	e Read]			
	1 2 3	Smoking is not allowed anywhord Smoking is allowed in some plasmoking is allowed anywhere is or	aces or at some times	
[Do no	4 T READ]	There are no rules about smoking	ng inside the home	
	7 9	Don't know/Not sure Refused		
{If "em	aployed" or "self-employed" to co	re Q12.8, continue. Otherwise,	go to next module.}	
7.	While working at your job, are yo	u indoors most of the time?		(335)
	1 2 7 9	Yes No Don't Know/Not Sure Refused	{Go to next module} {Go to next module} {Go to next module}	

common areas, such as lobbies, rest rooms, and lunch rooms? (336)[FOR WORKERS WHO VISIT CLIENTS, "PLACE OF WORK" MEANS THEIR BASE LOCATION] [PLEASE READ] 1 Not allowed in any public areas 2 Allowed in some public areas 3 Allowed in all public areas \mathbf{or} No official policy [DO NOT READ] 7 Don't know/Not sure 9 Refused 9. Which of the following best describes your place of work's official smoking policy for work areas? (337)[PLEASE READ] 1 Not allowed in any work areas 2 Allowed in some work areas 3 Allowed in all work areas or No official policy 4 [DO NOT READ] 7 Don't know/Not sure 9 Refused

Which of the following best describes your place of work's official smoking policy for indoor public or

8.

Module 15: Other Tobacco Products

1.	Have you ever used or tried	any smokeless tobacco products such a	s chewing tobacco or snuff?	(338)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q3} {Go to Q3} {Go to Q3}	
2.	Do you currently use chewin	g tobacco or snuff every day, some day	ys, or not at all?	(339)
	1 2 3 7 9	Every day Some days Not at all Don't know/Not sure Refused		
3.	Have you ever smoked a cig	ar, even one or two puffs?		(340)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q5} {Go to Q5} {Go to Q5}	
4.	Do you now smoke cigars ev	very day, some days, or not at all?		(341)
	1 2 3 7 9	Every day Some days Not at all Don't know/Not sure Refused		
5.	Have you ever smoked tobac	eco in a pipe, even one or two puffs?		(342)
	1 2 7 9	Yes No Don't know/Not sure Refused	{Go to Q7} {Go to Q7} {Go to Q7}	

6.	Do you now smoke a pipe eve	ry day, some days, or not at all?		(343)
	1 2 3 7 9	Every day Some days Not at all Don't know/Not sure Refused		
7.	A bidi is a flavored cigarette f	rom India. Have you ever smoke	ed a bidi, even one or two puffs?	(344)
	1	Yes		
		No	{Go to next module}	
	2 7	Don't know/Not sure	{Go to next module}	
	9	Refused	{Go to next module}	
8.	Do you now smoke bidis every	y day, some days, or not at all?		(345)
	1	Every day		
		Some days		
	2 3	Not at all		
	7	Don't know/Not sure		
	9	Refused		

Module 16: Arthritis Module

1.		joints. Please do NOT include the back or neck. DURING THE PAST 30 oms of pain, aching, or stiffness in or around a joint?	(346)
	1 2 7 9	Yes No On't Know/Not Sure Refused Go to Q4 Go to Q4 Go to Q4 Go to Q4	
2.	Did your joint symptoms FIRST	begin more than 3 months ago?	(347)
	1 2 7 9	Yes No Don't Know/Not Sure Refused	
3.	Have you EVER seen a doctor o	or other health professional for these joint symptoms?	(348)
	1 2 7 9	Yes No Don't Know/Not Sure Refused	
4.	Have you EVER been told by a crheumatoid arthritis, gout, lupus,	doctor or other health professional that you have some form of arthritis, or fibromyalgia?	(349)
INTERV	1 2 7 9	Yes No Don't Know/Not Sure Refused	
* rheur * osteo * tendo * carpa * joint * anky	matism, polymyalgia rheumatica parthritis (not osteoporosis) onitis, bursitis, bunion, tennis elboval tunnel syndrome, tarsal tunnel sy infection, Reiter's syndrome losing spondylitis; spondylosis or cuff syndrome	w	

{IF EITHER Q1 = 1 OR Q4 = 1 THEN CONTINUE. OTHERWISE, {GO TO NEXT SECTION}.}

* connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome

* vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

5.	Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?		(350)
	1	Yes	
	2	No	
	7	Don't Know/Not Sure	
	9	Refused	

Note: If a respondent question arises about medication, then the interviewer should reply: "Please answer the question based on how you are when you are taking any of the medications or treatments you might use."

{If age is between 18-64 continue, otherwise {Go to Next Section}.}

- 6. In this next question we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do? (351)
 - 1 Yes 2 No 7 Don't Kno
 - 7 Don't Know/Not Sure
 - 9 Refused

State Added: Asthma

{If $5.1 = 2,7,9 \text{ OR } 5.2 = 2,7,9 \text{ (No, Don't know/Not sure, or Refused), go to ME2_1}$

Previously you said you were told by a doctor or other health professional that you had asthma.

ME1_1. Besides emergency room visits, during the past 12 months, how many times did you see a doctor or other health professional for urgent treatment of worsening asthma symptoms? (352-353)

_____ Number of visits
[87 = 87 or more]
8 8 None
8 9 Don't Know/not sure
9 9 Refused

ME1_2. During the past 12 months, how many times did you see a doctor or other health professional for a routine checkup for your asthma? (354-355)

_____Number of visits
[87 = 87 or more]
8 8=None
8 9=Don't Know/not sure
9 9=Refused

ME1_3. During the past 12 months, how many days were you unable to work or carry out your usual activities because of your asthma? (356-358)

_____Number of days
8 8 None
8 9 Don't Know/not sure
9 9 Refused

State Added: Skin Protection

The next questions are about what you do to protect your skin when you go outside.

ME2_1. When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sun block?

(359)

WOULD YOU SAY: PLEASE READ

1	Always
2	Nearly always
3	Sometimes
4	Seldom
or	
5	Never

DO NOT READ THE FOLLOWING RESPONSES:

- 8 Don't stay out more than an hour {Go to next section}
- Don't know/Not sure
- Refused

ME2_2. When you go outside on a sunny summer day for more than one hour, how often do you stay in the shade? (360)

WOULD YOU SAY: PLEASE READ

1	Always
2	Nearly always
3	Sometimes
4	Seldom
or	
5	Never

DO NOT READ THE FOLLOWING RESPONSES:

- Don't know/Not sure 7
- 9 Refused

ME2_3. When you go outside on a sunny summer day for more than one hour, how often do you wear a widebrimmed hat or any other hat that shades your face, ears, and neck from the sun? (361)

WOULD YOU SAY: PLEASE READ

1	Always
2	Nearly always
3	Sometimes
4	Seldom
or	
5	Never

DO NOT READ THE FOLLOWING RESPONSES:

Don't know/Not sure

9 Refused

ME2_4. When you go outside on a sunny summer day for more than one hour, how often do you wear long sleeved

shirts? (362)

WOULD YOU SAY: PLEASE READ

1	Always
2	Nearly always
3	Sometimes
4	Seldom
or	
5	Never

DO NOT READ THE FOLLOWING RESPONSES:

7 Don't know/Not sure 9 Refused

State Added: Sexual Health

ME3_1. Earlier you were asked some questions about sexual health. I have one additional question about condom use. Remember that your responses will be kept completely confidential.

(363)

Within the past 12 months, was a condom used the last time you had sexual intercourse?

1 Yes 2 No

Didn't have sexual intercourse during past 12 months

DO NOT READ THE FOLLOWING RESPONSES:

7 Don't Know/not sure

9 Refused

State Added: Injury

I have just a few more questions about injuries. By injuries I'm including accidental injuries such as those from car crashes, household accidents, falls, assaults, suicide attempts, poisoning and so forth.

ME4_1. In the past 12 months, how many times did you have an injury for which you received medical care from a doctor or other health professional? (364-365)

	Number of time	
88	None	{Go to question ME4-6 Intro}
77	Don't know/Not sure	{Go to question ME4-6 Intro}
99	Refused	{Go to question ME4-6 Intro}

ME4_2. For the most recent injury, did your treatment include staying overnight in a hospital?

(366)

1 Yes {Go to question ME4-4} No

DO NOT READ THE FOLLOWING RESPONSES:

7	Don't know/Not sure	{Go to question ME4-4}
9	Refused	{Go to question ME4-4}

ME4_3. Where did you receive medical care?

(367)

PLEASE READ

1	A doctor's office
2	A public health clinic or community health center
3	A hospital outpatient department
4	A hospital emergency room
5	An urgent care center

DO NOT READ THE FOLLOWING RESPONSES:

7	Don't know
9	Refused

PLEASE READ:

01	Car accident
02	Bicycle accident
03	Pedestrian injury

04 ATV/Snowmobile/Recreational Vehicle Accident

05 Fall

O6 Sports injury

READ ONLY IF NECESSARY:

07 Burn from a fire or smoke inhalation
08 Scald from hot liquid, steam or acid
09 Accidental poisoning
10 Other type unintentional injury

Self-inflicted injury (not accidental)
Violence related injury

13 Other

DO NOT READ THE FOLLOWING RESPONSES:

77 Don't know/Not sure

99 Refused

ME4_5. Where did this injury occur?

(370-371)

PLEASE READ:

01	At home

O2 At someone else's home

03 At work 04 At school

O5 At a park/recreation or sports center

06 Street or Road 07 At some other place

DO NOT READ THE FOLLOWING RESPONSES:

77 Don't know 99 Refused

ME4_6. Introduction:

Sometimes people feel so depressed and hopeless about the future that they may consider suicide, that is, taking some action to end their own life. The next questions ask about attempted suicide.

ME4_6. During the past 12 months, did you ever seriously consider attempting suicide?

(372)

Do not read:	2	No	{Go To Pre-ME4_9}
	7	Don't Know/not sure	{Go To Pre-ME4_9}
	9	Refused	{Go To Pre-ME4_9}

ME4_7. During the last 12 months, did you make a plan about how you would commit suicide?			(373)	
	1	Yes		
	2	No	{Go To Pre-ME4_9}	
DO NOT READ THE FOL	LOWING RES	PONSES:		
	7	Don't Know/not sure	{Go To Pre-ME4_9}	
	9	Refused	{Go To Pre-ME4_9}	
If you had attempted su	icide during	the past 12 months,		
ME4_8. Did any suicid healthcare pro		ult in an injury, poison or overdose	that had to be treated by a doctor or	(374)
	1	Yes		
	2	No		
DO NOT READ THE FOL	LOWING RES	PONSES:		
	7 9	Don't Know/not sure Refused		
{If ME4_6=1 then rea	d; else go to	ME4_9}		
			s due to suicide, they can get help on the doctor or other health provider.]	he
ME4_9. During the last	t 12 months, l	have you been subject to any physic	cal or sexual violence?	(375)
	1	Yes		
	2	No		
DO NOT READ THE FOL	LOWING RES	PONSES:		
	7	Don't know/Not sure		
	9	Refused		
ME4_10. On the most i	recent incider	nt of physical or sexual violence, wl	no was the violent person?	(376)
PLEASE READ				
	1	A stranger		
	2	An acquaintance or friend		
	3	A family member or other	relative	
	4	Your spouse/boy/girlfrience		
	5	A former spouse/boy/girlfi	riend or partner	
DO NOT READ THE FOL	LOWING RES	PONSES:		

ME4_11. For the most recent injury, did your treatment include staying overnight in a hospital?

1 Yes {Go to injury ending statement}
2 No

DO NOT READ THE FOLLOWING RESPONSES:

7 Don't know/Not sure {Go to injury ending statement}
9 Refused {Go to injury ending statement}

ME4_12. Where did you receive medical care? (378)

Don't Know/not sure

Refused

PLEASE READ

1 A doctor's office
2 A public health clinic or community health center
3 A hospital outpatient department
4 A hospital emergency room
5 An urgent care center

DO NOT READ THE FOLLOWING RESPONSES:

7

9

7 Don't know9 Refused

{if ME4_9=1; else go to next section}

Injury ending statement

If anyone you know is at risk of injuries due to violent acts, they can get help on the phone by calling 1-888-568-1112. You can also speak directly to your doctor or other health provider

2003 Test Questions: State-Added Well Water

<u>Intro</u>: Now I would like to ask some questions about well water. When I ask about using well water, I am asking about the water you currently use for drinking, cooking or bathing.

ME5_1. Do you get any of your water from a well?		(379)
1	Yes	
2	No (Go to closing statement)	
7	Don't Know (Go to closing statement)	
9	Refused (Go to closing statement)	
ME5_2. Have you ever had yo	our current well water tested?	(380)
1	Yes	
2	No (Go to closing statement)	
7	Don't Know (Go to closing statement)	
9	Refused (Go to closing statement)	
ME5_3. Why did you have you	ur well water tested, was it because:	(381)
1	You regularly test your well water	
2	You bought or sold a home with a well	
3	You had some problem with your well	
4	Some other reason	
7	Don't know (Go to closing statement)	
9	Refused to answer (Go to closing statement)	
ME5_4. Not all water tests che	eck for arsenic. Have you tested your well water for arsenic?	(382)
1	Yes	
2	No (Go to closing statement)	
3	Don't Know (Go to closing statement)	
4	Refused (Go to closing statement)	
	(· · · · · · · · · · · · · · · · ·	

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

Last saved by knejman