

Injury Prevention / Youth Suicide Prevention Program

Maine Center for Disease Control and Prevention
Maine Department of Health and Human Services

Injury Facts for Maine Residents 2001-2005

- ❑ Injury was the leading cause of death among 1-44 year olds and a significant cause of death in all other age groups. An average of 713 Maine residents died from injuries each year.
- ❑ There were more than 8,000 injury hospitalizations each year. More injuries were treated and released from emergency rooms.
- ❑ The leading cause of injury deaths was unintentional motor vehicle traffic crashes. An average of 185 Maine residents died each year as a result of injuries sustained in crashes. Unintentional motor vehicle traffic crashes were also the 2nd leading cause of injury hospitalization.
- ❑ The leading cause of injury was unintentional falls. Of the nearly 3,600 unintentional fall injury hospitalizations, 70% involved people aged 65 and older.
- ❑ Unintentional poisoning was the 3rd leading cause of injury death and the 4th leading cause of injury hospitalization. There were an average of 107 unintentional poisoning deaths and 324 unintentional poisoning hospitalizations each year.
- ❑ There were 807 suicides among people aged 10 and over, an average of 161 per year. Suicide was the leading cause of injury death among 45-64 year olds and 2nd leading cause of injury death for those 10-44 and 65-74. Suicide was the 10th leading cause of death overall. There were 3,808 hospitalizations for self-inflicted injuries. Self-inflicted poisoning was the 3rd leading cause of injury hospitalization.



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Program Mission:

- ❑ To reduce injury morbidity and mortality from motor-vehicle, falls, poisoning and suicide.
- ❑ To provide leadership and coordination to agencies statewide, to integrate effective injury and violence prevention into their organizational practices.

Priority Populations:

Preventable injuries are a significant health problem among Maine residents across the lifespan. Children, teens and the elderly are particularly high-risk groups. The Maine Injury Prevention Program works with health (including public health, medical and mental health practitioners), education and safety personnel at the local and State levels who serve Maine residents.

Program Activities:

- ❑ Collecting, analyzing and disseminating injury morbidity and mortality data to monitor and identify emerging injury problems among Maine residents;
- ❑ Administering grants to community agencies and Universities working to prevent intentional and unintentional injuries;
- ❑ Conducting training to increase the knowledge and skills of individuals working with Maine residents at risk of serious injuries;
- ❑ Collaborating with local and State partners to improve injury prevention activities statewide by providing technical assistance with program evaluation;
- ❑ Providing education, information, resource materials and technical assistance on effective injury prevention strategies;
- ❑ Coordinating statewide child safety seat distribution program, providing education, information, resource materials and technical assistance on child passenger safety;
- ❑ Collaborating with local and State agencies to provide child passenger safety training to school bus drivers, aides and transportation directors statewide;
- ❑ Coordinating statewide youth suicide prevention program and contributing to other statewide prevention efforts;
- ❑ Collaborating to promote effective violence prevention strategies;
- ❑ Coordinating the Injury Prevention Group, a statewide collaborative effort to identify injury priorities and support related evidence-based intervention efforts.

Funding Sources:

Federal funding is provided through the Maternal and Child Health Block Grant, the Preventive Health and Health Services Block Grant, the Centers for Disease Control and Prevention, the Substance Abuse and Mental Health Services Administration, and the Maine Bureau of Highway Safety. State funds support some program activities.

Budget: FY 2007 - \$2,014,818 (66% Federal Funds 34% State Funds)

Staff Count: 6